Cell Cycle Regulation and Differentiation in Cardiovascular and Neural Systems

Antonio Giordano Umberto Galderisi *Editors*



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Preface

The brain and heart have been used as metaphors for thinking and feeling, for cognition and emotion. These ideas have been demonstrated to have a high scientific value. In fact, complex physiopathological relationships exist between these two organs. This book will deal with several aspects of the cardiovascular and nervous systems from a new viewpoint. It will describe the differences and similarities in their differentiation pathways with a peculiar emphasis on the role of cell cycle regulation and cell differentiation.

Cell cycle exit represents the fundamental step to trigger differentiation of cells and induction of a novel program of gene expression leading to the elaboration of a specialized phenotype. Moreover, there is evidence demonstrating that several components of the cell cycle machinery play a major role also in cell specification and differentiation both in neural and cardiovascular systems.

The differentiation process will be evaluated starting from the most early cell precursor, i.e., stem cells. The attention of readers will be focused also on transcription factors with differentiating properties and on their relationship with cell cycle regulators.

In summary, this book will offer an in-depth analysis of the differentiation process in two systems that have profound relationships with one another and, therefore, will help us to better understand their biology by providing the tools to dissect the molecular basis of pathological conditions.

The book will prompt the scientific community to perceive cell cycle regulation and differentiation under a novel and more comprehensive light.

Contents

Part	I Introduction to Cell Cycle and Differentiation	
1	Short Introduction to the Cell Cycle	3
2	The Basic Helix-Loop-Helix Transcription Factorsin Neural DifferentiationToshiyuki Ohtsuka and Ryoichiro Kageyama	15
3	Transcription Factors and Muscle Differentiation Gérard Cabello, François Casas, and Chantal Wrutniak-Cabello	35
Part	II Stem Cells	
4	The Neural Stem Cells	71
5	Cardiac Stem and Progenitor Cells	79
6	Muscle Stem Cells	105
7	Marrow Stromal Mesenchymal Stem Cells	121
Part	III Cell Cycle and Differentiation in the Nervous System	
8	Neurogenesis in the Central Nervous System: Cell Cycle Progression/Exit and Differentiation of Neuronal Progenitors Dimitra Thomaidou, Panagiotis K. Politis, and Rebecca Matsas	141

Part IV Cell Cycle and Differentiation in the Cardiovascular System			
9 Cell Cycle and Differentiation in the Cardiovascular System	179		
10 Cell Cycle and Differentiation in Vessels	203		
Part V Cell Cycle and Differentiation in the Muscle			
Cell Cycle Regulation in Myogenesis Cristina Giacinti and Antonio Giordano	231		
Subject Index			

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Part I Introduction to Cell Cycle and Differentiation

Chapter 1 Short Introduction to the Cell Cycle

Antonio Giordano and Umberto Galderisi

Abstract Molecular pathways that regulate cell growth and differentiation are now beginning to be understood. This is mainly due to the identification of molecules that orchestrate the cell cycle. Cyclins and the cyclin-dependent kinases (CDKs) are the major players in the control of cell cycle progression. Cyclins do not have enzymatic activity and CDKs are inactive without a partner cyclin. The CDKs regulate the function of multiple proteins involved in DNA replication and mitosis by phosphorylating them at specific regulatory sites, activating some and inhibiting others to coordinate their activities. In this way cyclin/CDK complexes coordinate an ordered passage from a cell cycle phase to the next one. Multiple levels of regulation of cyclin/CDK complexes are present in "cell machinery" to obtain a tight control of cell cycle progression. In this chapter we will address these items.

Keywords Cell cycle \cdot Cyclins \cdot Cyclin-dependent kinases (CDKs) \cdot Cyclin kinase inhibitors (CKIs) \cdot Retinoblastoma proteins

1 Introduction

In order for an organism to develop, two kinds of processes are fundamental: cell division and cell differentiation. Both of these formative pathways must be carefully regulated and coordinated for normal growth to occur. The mechanisms that control cell growth and differentiation are now beginning to be understood. This is mainly due to the identification of molecules that orchestrate the cell cycle.

What is a "cell cycle"? It is the series of ordered events in a eukaryotic cell between one cell division and the next. During this time period a cell duplicates its chromosomes and then gives rise to two daughter cells, each with the same DNA

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content. Cell cycle can be described in terms of four distinct phases: G_1 phase, S phase, G_2 phase, and M phase. During G_1 phase a strong increase in RNA and protein synthesis occurs before cell duplicates its DNA (S phase). During G_2 phase DNA replication is completed and cell increases in size in order to give rise to the two daughter cells. Following G_2 phase, cell enters into mitosis (M phase), during which nuclear division occurs. At the end of this process cell splits into two new cells (cytokinesis). Cells can also enter in a quiescent state (G_0 phase) where they arrest cellular division for long periods of times even indefinitely. This exit from cell cycle represents the fundamental step to trigger differentiation of cells and induction of a novel program of gene expression leading to the elaboration of a specialized phenotype [1, 2].

On the other hand, cells can permanently arrest division due to age or accumulated DNA damage and enter the "senescent state." Senescence is the alternative to apoptosis, the programmed cell death, that eliminates "damaged" cells [3, 4].

Key molecules controlling cell cycle progression are the cyclins and the cyclindependent kinases (CDKs). Cyclins are the regulatory subunits and CDKs the catalytic subunits of an activated heterodimer. Cyclins do not have enzymatic activity and CDKs are inactive without a partner cyclin. The CDKs regulate the function of multiple proteins involved in DNA replication and mitosis by phosphorylating them at specific regulatory sites, activating some and inhibiting others to coordinate their activities. In this way cyclin/CDK complexes coordinate an ordered passage from a cell cycle phase to the next one [5].

Multiple levels of regulation of cyclin/CDK complexes are present in "cell machinery" to obtain a tight control of cell cycle progression. Such regulation relies on (1) controlled expression and degradation of cyclins, (2) activating and inhibitory phosphorylation and dephosphorylation of the CDKs, and (3) expression and destruction of inhibitory proteins, the CDK inhibitors (CKIs), that associate with CDK/cyclin complexes [5–11].

Cell concentration of cyclins changes during cell cycle since they are produced and degraded as needed. For example, growth factors can promote G_1 cyclin production, then to pass to the next phase of cycle the cyclins have to be degraded by proteases [12–14].

CDKs are regulated by phosphorylation and dephosphorylation of critical residues. Important targets of this regulation are some threonine and tyrosine residues present in the ATP-binding domain. The cyclin kinase inhibitors (CKI), also called CDKIs, negatively regulate CDK activity. There are two CKI classes. The first one includes $p21^{Cip1}$, $p27^{Kip1}$, and $p57^{Kip2}$. These bind to G_1 /S CDKs; second class is the INK4 family (p15/INK4B, p16/INK4A, p18/INK4C, and p19/INK4D). These act on cyclin D complexed to CDK4 or CDK6 [15–18].

2 The G₁ Phase

In a cell, following extrinsic or intrinsic cell growth signaling, the cyclin/CDK complexes of G_1 phase are activated to drive the cell in S phase. This is accomplished by promoting the expression of transcription factors that in turn induce the expression of S cyclins and of enzymes required for DNA replication. The G₁ cyclin/CDK complexes also promote the degradation of molecules that function as S phase inhibitors by targeting them for ubiquitination, that is, a proteolytic process that degrades proteins. The G₁/S transition is the key step for cell cycle progression and is controlled by D-type cyclins/CDK4, D-type cyclins/CDK6, which act in mid-G₁, and by cyclin E/CDK2, which operates in late G₁ [1, 19–23].

Unlike many other cyclins, the level of D-type cyclins (cyclin D1, D2, and D3) does not change during the cell cycle, but rather their levels are controlled mainly by mitogens. Several evidences have proved that D-type cyclins are functionally redundant. Nevertheless, each of them has unique tissue-specific functions [24, 25].

One key substrate of cyclin D/CDK complexes is the nuclear tumor suppressor pRb (and its related proteins pRb2/p130 and p107), which is phosphorylated on serine and threonine residues during G_1 phase. pRb phosphorylation results in the liberation of E2F transcription factors, whose activity is required for entry into S phase [1, 19–23].

There are at least eight members of E2F transcription factor family [26]. In addition, several E2F isoforms are generated by alternative splicing. E2F1–E2F5 are the most studied members of this family and a have well-recognized role in cell cycle regulation through interaction with RB family proteins. These E2F proteins can recognize specific DNA *cis*-elements forming heterodimers with partially related proteins called DP. In this way they activate transcription from genes responsible for cell cycle control, initiation of replication, and DNA synthesis (DHFR, thymidine kinase, HsOrc1, and DNA polymerase alpha, PCNA, cyclin E, cyclin A, cdc2), as well as several proto-oncogenes such as c-myb, B-myb, and c-myc [26, 27].

Cell cycle progression is strictly associated with Rb activity. The cell responds to mitogenic stimuli and progresses through the various phases of the cell cycle only during a limited phase of its cycle. In fact, the cell needs stimulation only during the first two-thirds of its G_1 phase where it may decide to continue its advance and complete its cell cycle. This point is termed "restriction point" (R point) or "checkpoint"; it is a central event in normal cellular proliferation control. It has been demonstrated that pRb is the molecular device that serves as the R point switch [28–30].

pRb is hypophosphorylated in resting G_0 cells, is increasingly phosphorylated during progression through G_1 , and is maintained in a hyperphosphorylated state until late mitosis [31, 32]. pRb phosphorylation seems to be related to mitogenic signals, which converge on the cell cycle machinery, represented by the cyclin D1/CDK4 (CDK6) complex in the early and mid- G_1 , and composed of cyclin E/CDK2 in late G_1 [1, 20, 22].

The phosphorylation Rb protein releases E2F transcription factors and allows the expression of proteins required for S phase progression. Among these the expression of cyclin E determines a positive feedback of Rb phosphorylation, since cyclin E in complex with CDK2 will continue to phosphorylate Rb, contributing to an irreversible transition into the S phase [1, 20, 22].

The G₁/S progression is regulated also by members of CKI family. In fact, formation of active complexes among D-type cyclins and CDK4 and CDK6 is influenced by the INK4 proteins, namely p15^{INK4b}, p16^{INK4a}, p18^{INK4c}, and p19^{INK4d}. These proteins bind to the catalytic subunits and inhibit the association of D-type cyclins with CDKs [5, 15, 16].

Proteins of the second class of CKI (p21^{CIP1}, p27^{KIP1}, and p57^{KIP2}) are broadspectrum inhibitors of different cyclin–CDK complexes [10, 15, 16, 33].

Delineating the mode of action for this protein family is more complicated, since these proteins can have a role both in promoting cyclin/CDK complex formation and in inhibiting their activity. It has been observed that p21^{CIP1} levels increase immediately following mitogenic stimulation of serum-starved human fibroblasts, before declining at the G₁/S boundary [34]. Moreover, the assembly of cyclin D/CDK4 correlates concomitantly with the binding of CIP–KIP proteins and is impaired in mouse embryonic fibroblasts lacking either p21^{CIP1} or p27^{KIP1}. In order to explain this double role of CIP–KIP family member, a titration model has been proposed, where cyclin D/CDK4/6 complexes act as activators of cyclin E/CDK2 complexes by titrating CIP/KIP proteins away from, and thus releasing the inhibition of, cyclin E/CDK2 complexes [2, 15, 16, 33, 35].

Cyclin D/CDK4/6 and cyclin E/CDK2 complexes are regulated by several proteins, including Wee1/Myt1/Mik1 kinases, CDK-activating kinase (CAK), and Cdc25 phosphatase. CAK is a complex that is composed of a catalytic subunit, p40MO15, also called CDK7, a regulatory subunit, cyclin H, and an assembly factor MAT1. CAK adds an activating phosphate to the CDK proteins, while Wee1 adds an inhibitory phosphate. The presence of both activating and inhibitory phosphates inactivates cyclins/CDKs complexes. To activate the complexes, component of the Cdc25 phosphatase family activates CDK/cyclin complexes deleting the Wee1 phosphorylation [16, 36–39].

In summary, biochemical events are protein synthesis and degradation, primarily phosphorylation, dephosphorylation, promoting the complex formation and/or inhibiting its activity, with the overall mission to either prevent or induce a new cell cycle through the Rb pathway.

3 The S and G₂ Phases

In S phase of cell cycle DNA replication occurs. Main regulator of this and related events is the cyclin A. In fact, cyclin A is thought to contribute to the G_1/S transition, S phase progression, and G_2/M transition. This protein is expressed at low levels in G_1 , then its levels increase from S phase through G_2 , finally during M phase it declines again [40, 41].

Support for a key role of cyclin A in S phase comes from the observations that microinjection of neutralizing antibodies against cyclin A resulted in a failure to replicate DNA in fibroblasts. Moreover, cyclin A knockout drosophila embryos cannot enter mitosis. Cyclin A associates with two CDKs: CDK2 and Cdc2 (now called CDK1). Cyclin A/CDK2 complex is present in both S and G₂ phase, cyclin A/Cdc2 activity is present only in G₂ [42–44].

Several studies suggest that cyclin A/CDK2 complex is required for S phase progression, and cyclin A/Cdc2 activity is required for G_2/M progression. In fact, in cell-free extracts CDK2 is essential for DNA synthesis, while mouse cells expressing temperature-sensitive mutated Cdc2 arrest specifically in G_2 phase. A few targets for CDK2 and Cdc2 kinases have been identified; among these are histone proteins. This is in agreement with the observation that cyclin A/CDKs phosphorylate proteins that make up the pre-replication complexes assembled during G_1 phase on DNA replication origins. These phosphorylation events activate already assembled pre-replication complex and, at the same time, prevent formation of new complexes to ensure that every region of DNA will be replicated once and only once [2, 42–44].

The RB protein is also a target of cyclin A/CDK complexes. It has been demonstrated that RB, with a mutation in its phosphorylation sites, was capable of blocking progression through S phase, suggesting that the continued hyperphosphorylation of RB could be a key event for cell cycle progression. It is interesting to note that RB represses both cyclin A and Cdc2 expression; this could create a fine "feedback regulation loop" [2, 20, 22].

4 The M Phase

During S and G_2 phases are synthesized mitotic cyclin/CDK complexes that are kept inactive till entry into M phase when they promote the initiation of mitosis by stimulating downstream proteins involved in chromosome condensation and mitotic spindle assembly [45, 46].

Cyclin B/Cdc2 complex is the main component of the mitotic promoting factor (MPF), whose activity triggers mitotic entry. The expression of cyclin B changes through the cell cycle: cyclin B is initially synthesized during S phase, increases in G_2 , and declines by proteasome degradation during the anaphase of mitotic division. Cyclin B1, B2, and B3 are the three cyclin B isoforms so far described [47–50].

The activity of MPF complex is determined through phosphorylation of Cdc2 as well as subcellular localization of the cyclin B/Cdc2 complex. Cyclins B1 and B2 are cytoplasmic till mitotic division, whereas cyclin B3 appears to be nuclear. At the beginning of mitosis, cyclin B1 and B2 translocate to the nucleus prior to nuclear-envelope breakdown, this nuclear localization is necessary for normal cyclin B activity [48, 51, 52].

During G_2 phase, the Wee1 and Myt1 kinases phosphorylate and inactivate Cdc2. At mitotic onset, these inhibitory phosphorylations are removed by Cdc25 phosphatases, such as Cdc25A, Cdc25B, and Cdc25C. Also Polo-like kinase-1 protein has a role in mitotic entry through activation of Cdc25C and nuclear translocation of Cdc25C and cyclin B. Moreover, as for other CDKs, CAK phosphorylation is required for complete activation of Cdc2 [40, 53–57].

As described, progression from G_2 to M phase is driven by activation of the cyclin B/Cdc2. However, this complex must be active from the prophase to the

metaphase of mitotic division. Subsequent entry into the anaphase critically relies on the sudden destruction of the cyclin B/Cdc2 activity. At the end of the metaphase, the anaphase-promoting complex (APC) destroys cyclin B to allow mitosis to proceed. The APC, a polyprotein complex with ubiquitin ligase activity, recruits cyclin B, causes its ubiquitination, and thus targets it for degradation by the 26S proteasome. To complete mitosis, APC promotes also degradation of structural proteins associated with the chromosomal kinetochore [58–60].

5 Cell Cycle Checkpoints

In normal cells, there are several "checkpoints" that allow the cell to determine if conditions are favorable for the cell cycle to continue. If a cell fails to meet the requirements of a phase it will not be allowed to proceed to the next phase until the requirements have been met. Alternatively, cells may undergo apoptosis with or without growth arrest or enter an irreversible G_0 state, called senescence [61, 62].

Several checkpoints are designed to ensure that damaged or incomplete DNA is not inherited by daughter cells. During a life cycle, continuous DNA damages occur into cells. These are caused either by endogenous phenomena, such as the activity of reactive oxygen species (ROS), DNA replication errors, stalling of DNA replication forks, or by exogenous factors, such as ionizing radiation, UV lights, chemicals. Check on DNA status occurs at the end of the G_1 phase, G_2 phase, and after replication (S phase). Moreover, at the end of the M phase a checkpoint is present to stop cytokinesis in case the chromosomes are not properly aligned on the mitotic spindle (spindle checkpoint). A delay in activation or inactivation of a particular set of cyclin/CDK complex is the way through which checkpoints arrest cell cycle progression [61, 62].

6 The G₁ Checkpoint

The strict regulation of CDK phosphorylation on tyrosine and residues is a key event of G_1 checkpoint. For example, UV lights induce a phosphorylation on Tyr 17 of CDK4, and this blocks the activity of cyclin/CDK complex and a G_0/G_1 arrest will occur. During cell cycle, CDK2 is inhibited by phosphorylation on Tyr 15, and Cdc25 phosphatases relieve this block. DNA damaging agents interfere with CDC25 enzymes and maintain CDK2 in its phosphorylated form to arrest cell cycle progression [63–67].

 G_1 arrest associated with DNA damages is heavily dependent on p53-related pathways. This is a transcription factor that is mutated in a high percentage of human tumors. Several carcinogens that cause DNA damages (such as ionizing radiations) trigger a strong p53 activation and G_1 arrest. Cells lacking a functional p53 enter S phase regardless of radiations [68–73].



Fig. 1.1 Schematic diagram of cell cycle. Cyclins/CDKs and some of the proteins involved in their regulation are depicted in the picture. Cyclin/CDK complexes promote cell cycle progression through phosphorylation of several targets. Cyclin/CDK complexes are inactivated by cyclin kinase inhibitors, such as those belonging to INK4 family and to Cip/Kip family. Cyclin kinase activators (CAK) act on cyclin/CDKs and promote cell cycle progression. APC: anaphase-promoting complex

The promoter of $p21^{CIP1}$ genes has binding sites for p53 transcription factor. For this reason, p53 activation can induce $p21^{CIP1}$ gene expression, besides several other genes. $p21^{CIP1}$ can inhibit the activity of cyclin/CDK complexes acting in G₁ phase and arrest cell cycle. In agreement, the overexpression of $p21^{CIP1}$ in cycling cells determines G₁ arrest, while cells lacking this protein exhibit a reduced arrest in G₁ phase, following treatment with ionizing radiations [33, 74–76].

Also the proteins of INK4 family play a role in regulation of cell cycle progression. However, it is not clear if they contribute to cell cycle checkpoint.

7 The S Checkpoint

Few minutes following exposure to DNA damaging agents, eukaryotic cells in cultures show a significant reduction in DNA synthesis. In detail, there is a quick suppression of formation of new DNA replicons and, subsequently, the arrest of initiated replicons. The block of DNA synthesis is accomplished through the inhibition of cyclin A/CDK2 complex. ATM gene has a key role in S checkpoint. This gene is mutated in patients suffering from ataxia-telangiectasia. Mutation of ATM causes defective cell cycle checkpoint along with reduced capacity for repair of DNA double-strand breaks and abnormal apoptosis, all of which contribute to the major features of ataxia-telangiectasia including genome instability, increased cancer risk, and neurodegeneration [29, 77–80].

8 The G₂ Checkpoint

As for the others, also in G_2 checkpoint, regulation of CDK phosphorylation on tyrosine residues is a key event. For example, treatment of cell cultures with DNA damaging agents induces phosphorylation on Thr 14 and Tyr 15 of cdc2 protein, resulting in the inhibition of cyclin B/cdc2 activity. In cell lines harboring mutated cdc2 that cannot be phosphorylated, cell cycle arrest in G_2 phase is partially eliminated. The phosphorylation/dephosphorylation of cdc2 relies on a complex pathway including the Cdc25 phosphatases. These proteins have to be phosphorylated to be active on cdc2. In cells treated with DNA damaging agents the Cdc25 enzymes are not phosphorylated, which in turn maintain cdc2 in inactive state and block cell cycle progression [81–85].

Inactivation of cdc2 can be reached also by regulation of cyclin B/cdc2 cellular distribution. During S/G₂ phases, this complex is present in cytoplasm, then it is transferred to nucleus as cell traverses G_2/M phases. Ionizing radiation treatment of cell cultures can induce an arrest of cell cycle progression and accumulation of cyclin B/cdc2 into cytoplasms [86, 87].

9 The Spindle Checkpoint

This checkpoint ensures proper chromosome segregation, avoiding aneuploidia. The spindle checkpoint delays anaphase onset until all chromosomes are correctly attached in a bipolar fashion to the mitotic spindle. The core spindle checkpoint proteins are Mad and Bub proteins that were identified in budding yeast by genetic screens for mutants that failed to arrest in mitosis when the spindle was destroyed [88–91].

Complex molecular interactions regulate both chromosome attachment and formation of microtubules. Checkpoint proteins can monitor these interactions. In fact, lack of microtubule attachment elicits the checkpoint response. This is due to a careful screening of tension forces. Tension is established across the sister kinetochores by the pulling forces of the spindle when a chromosome is attached to microtubules from opposite poles. Experiment aiming to the laser ablation of the last unattached kinetochore induced the elimination of the checkpoint-dependent arrest and the cell reached anaphase without a proper completion of mitosis [92–94].

Spindle checkpoint has a major role also in controlling duplication of centrosomes. These organelles duplicate before cells enter M phase. Failure in duplication event can determine polyploidy because most cells return to interphase without division. On the other site, if centrosomes duplicate more than once in a cell cycle, chromosomes are unequally distributed to daughter cells because of multipolar spindle assembly [92–94].

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- 1 Short Introduction to the Cell Cycle
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Chapter 2 The Basic Helix-Loop-Helix Transcription Factors in Neural Differentiation

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Abstract During the development of the central nervous system, neural stem cells initially expand their own population by symmetric cell divisions, in which both progeny re-enter the cell cycle. By mid-gestation, the cells initiate neurogenesis by adopting a mode of asymmetric cell division, in which one daughter cell differentiates into a neuron while the other continues to cycle in the ventricular zone. Neural stem cells gradually alter their characteristics during development and thus give rise to different types of neurons over time, and finally switch to gliogenesis. The basic helix-loop-helix (bHLH) genes coordinately govern these processes and play a key role in the fate choice and the cell diversity. The repressor-type bHLH gene *Hes* is essential for maintenance of neural stem cells. *Hes* genes antagonize the activator-type bHLH genes such as *Mash1*, *Math*, and *Neurogenin* (Ngn), which induce neuronal differentiation by activating the neuronal-specific genes. The activator-type bHLH genes not only promote the neuronal fate determination but also regulate the neuronal subtype specification. They also induce expression of Notch ligands such as Delta, which activate Notch signaling and upregulate Hes1 and Hes5 expression in neighboring cells, thereby maintaining these cells undifferentiated. Thus, the activator-type and repressor-type bHLH genes regulate each other, allowing only subsets of cells to undergo differentiation while keeping others to stay neural stem cells. This regulation is essential for generation of complex brain structures of appropriate size, shape, and cell arrangement.

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1 Introduction

During the development of the central nervous system (CNS), multipotent neural progenitor cells in the ventricular zone (VZ) initially expand their own population by symmetric cell divisions, in which both progeny re-enter the cell cycle. By mid-gestation, the cells initiate neurogenesis by adopting a mode of asymmetric cell division, in which one daughter cell differentiates into a neuron while the other continues to cycle [1, 2]. Many of the progenitor cells in the VZ exhibit characteristics of neural stem cells, which include the capacity to generate many cell types, including neurons, astrocytes, and oligodendrocytes (multipotentiality), and the ability to divide symmetrically to duplicate their own population or divide asymmetrically to continually replenish the progenitor pool (self-renewal) [3, 4].

Neuroepithelial cells are first generated from the ectoderm, forming the neural plate. These cells are neural stem cells and undergo a symmetric cell division to produce more neural stem cells [5, 6]. After neural tube is formed from the neural plate, neuroepithelial cells become radial glia by acquiring some glial features. Radial glia has a cell body in the ventricular zone and long radial fibers extending from the internal surface to the pial (outer) surface. This cell type was long thought as specialized glia that guides neuronal migration along the radial fibers, but recent studies revealed that it is an embryonic neural stem cell [5–9]. Radial glia undergoes many rounds of asymmetric cell divisions, forming one radial glial cell and one neuron (or a neuronal precursor) from each cell division. After production of neurons, radial glial cells finally give rise to glial cells such as oligodendrocytes and astrocytes. Thus, neural stem cells change their characteristics of both morphology and competency over time during development. It takes a certain period of time for neural stem cells to change their characteristics, and maintenance of these cells until late stages is essential to generate all cell types. Premature differentiation allows differentiation of early-born cell types only and disorganizes the shape and cytoarchitecture of the brain. It has been shown that multiple bHLH genes play a critical role in regulation of neural stem cell differentiation [10, 11].

There are two types of bHLH genes, the repressor type and the activator type. The repressor-type bHLH genes include *Hes* genes, mammalian homologs of *Drosophila hairy* and *Enhancer of split* [*E*(*spl*)], while the activator-type bHLH genes include *Mash1*, *Math*, *Neurogenin* (*Ngn*), and *NeuroD*, homologs of *Drosophila* proneural genes *achaete-scute* complex and *atonal*. *Hes* genes negatively regulate neuronal differentiation and maintain neural stem cells while *Mash1*, *Math*, *Ngn*, and *NeuroD* promote neurogenesis. This chapter describes an overview of the roles of bHLH genes in neural differentiation and their significance in brain morphogenesis.

2 Maintenance of Neural Stem Cells by the Repressor-Type bHLH Genes: *Hes*

2.1 Structure and Transcriptional Activities of Hes Factors

There are seven members in the *Hes* family. Among them, *Hes1*, *Hes3*, and *Hes5* are highly expressed by neural stem cells in the developing nervous system [12–14]. Hes factors have three characteristic conserved domains: the bHLH domain, the Orange domain (the helix 3-helix 4 domain), and the WRPW (Trp-Arg-Pro-Trp) domain, which are essential for transcriptional activities (Fig. 2.1A).

The bHLH domain in the amino-terminal region is important for dimer formation and DNA binding [12]. bHLH factors form homodimers or heterodimers through the HLH domain and bind to DNA targets via the basic regions. Hes factors have a conserved proline residue in the middle of the basic region (Fig. 2.1A, asterisk), suggesting that this may be involved in the specificity of the target DNA sequences, although the exact significance of this proline residue remains to be determined. Hes1 exhibits a higher binding affinity to the N box (CACNAG) and the class C site (CACGCG) than to the E box (CANNTG) sequence and represses the expression of neurogenic bHLH factors such as Mash1 (active repression, Fig. 2.1B), while other activator-type bHLH factors bind to the E box with a higher affinity (Fig. 2.1D).

Hes factors also have a less conserved region, called the Orange domain [15], located just downstream of the bHLH domain (Fig. 2.1A). This domain is suggested to consist of two amphipathic helices and is known to confer specificity for protein–protein interaction between the bHLH factors [15, 16]. For example, the Hes-related bHLH factor Hairy interacts with the bHLH factor Scute efficiently, while another Hes-related bHLH factor E(spl)m8 does not, and this difference in the interaction specificity is attributed to the Orange domain [15]. This domain is also shown to mediate transcriptional repression [17], although a co-repressor interacting with this domain is not known yet.

Another structural feature is a repression domain called the WRPW domain (Trp-Arg-Pro-Trp sequence) located at or near the carboxyl terminus (Fig. 2.1A). The co-repressor TLE/Grg, a homolog of *Drosophila* Groucho, interacts with the WRPW domain and modifies the chromatin structure by recruiting the histone deacetylase Rpd3, thereby inactivating the chromatin and transcription [18, 19]. It is suggested that Groucho mediates long-range transcriptional repression that can affect over distances of several kilobases in *Drosophila* embryos [20]. *Hes* genes thereby actively repress transcription and thus are classified into the repressor-type bHLH genes.

The target genes for Hes factors include the activator-type bHLH genes such as *Mash1*. Hes1 represses *Mash1* expression by directly binding to the promoter (Fig. 2.1B) [21]. Hes1 can bind to these sites not only as a homodimer (Fig. 2.1Ba) but also as a heterodimer with Hes-related bHLH factors such as Hesr [22] and exerts strong repressor activity (Fig. 2.1Bb). The activator-type bHLH factors form a heterodimer with another bHLH activator E47 (e.g., Mash1–E47 heterodimer)



A Structure and function of Hes factors

Fig. 2.1 Structure and transcriptional activities of Hes factors. (A) The conserved domains of Hes factors. The basic, HLH, Orange, and WRPW domains and their functions are indicated. Asterisk indicates a conserved proline residue in the basic region. (B) Active repression: Hes factors bind to the N box or class C site by forming homodimers (a) or heterodimers with Hesr (b) and actively repress transcription by interacting with co-repressors, such as Groucho homologs. (C) Passive repression: Hes factors form non-DNA-binding heterodimers with bHLH activators such as E47 and inhibit transcriptional activation. (D) Activation: activator-type bHLH factors such as Mash1 and E47 form heterodimers that bind to the E box and activate transcription by recruiting co-activators such as CBP/p300

and promote neuronal differentiation from neural stem cells (Fig. 2.1D). Hes1 forms heterodimers with other bHLH factors such as Mash1 and its partner E47, which do not bind to DNA (non-functional heterodimers), and thus can passively inhibit neurogenesis by sequestering them (Fig. 2.1C) [12]. Thus, Hes1 antagonizes Mash1 and inhibits neuronal differentiation via two different mechanisms: repressing the expression at the transcriptional level and inhibiting the activity at the protein–protein interaction level.

Likewise, the HLH factor Id, which lacks the basic region [23] and thus lacks the DNA-binding activity, can inhibit neurogenesis by forming a non-functional heterodimer with neurogenic bHLH factors. It was reported that Id also forms a heterodimer with Hes1, but this heterodimer does not bind to DNA [24]. There are also several Hes-related bHLH genes such as Hesr/Hey/HRT/Herp/CHF/Gridlock [22] and Heslike [25], which compose distinct subfamilies of repressor-type bHLH factors.

2.2 Regulation of Hes Genes by Notch Signaling

It has been well characterized that expression of *Hes1* and *Hes5* is regulated by Notch signaling [26, 27]. Notch, a transmembrane protein, is activated by the ligands Delta and Jagged, which are also transmembrane proteins expressed by neighboring cells (Fig. 2.2). Upon activation, Notch is processed to release the intracellular domain (ICD), which is transferred into the nucleus and forms a complex with the DNA-binding protein RBP-J [28, 29]. In the *Hes1* promoter, there are two tandem repeats of the RBP-J binding sites (the core sequence: TGGGAA) at nucleotide positions -70 and -84 (relative to the transcription initiation site). The Hes5 promoter also has two RBP-J binding sites at nucleotide positions -77 and -293. RBP-J itself is a transcriptional repressor and represses Hes1 and Hes5 expression by binding to their promoters (Fig. 2.2). However, when RBP-J forms a complex with Notch ICD, this complex becomes a transcriptional activator and induces Hes1 and Hes5 expression (Fig. 2.2). Thus, Notch activation leads to upregulation of *Hes1* and *Hes5* expression. Notch is known to inhibit neuronal differentiation and maintain neural stem cells [30]. In the absence of *Hes1* and *Hes5*, however, Notch fails to inhibit neuronal differentiation, indicating that Hes1 and Hes5 are essential effectors of Notch signaling [27]. *Hes1* and *Hes5* are expressed within the VZ throughout the developing CNS, where they function downstream of Notch signaling as negative regulators of neuronal differentiation [27, 31–34] and promotes a neural stem cell identity [35].

In contrast to *Hes1* and *Hes5*, there is no evidence that *Hes3* expression is controlled by Notch signaling [36]. In addition, initial *Hes1* expression occurs at early stages before *Notch* and *Delta* are expressed (see below), indicating that Notch signaling is not the sole regulator of *Hes* expression. BMP (bone morphogenic protein), Shh (sonic hedgehog), and Wnt signaling pathways have also been shown to induce *Hes* expression [37–39]. Thus, *Hes* expression is controlled by multiple signaling pathways, in addition to Notch signaling.



Fig. 2.2 Notch–Hes signaling. Notch signaling is triggered when the ligands (DSL family) expressed on the surface of neighboring cells interact with Notch receptors. Upon ligand binding, Notch receptors undergo successive proteolytic cleavage. The first cleavage by an extracellular protease of the ADAM (a disintegrin and metalloprotease) family, TNF- α converting enzyme (TACE), generates an active membrane-tethered form of Notch. The truncated product is further processed by the γ -secretase activity of Presenilins 1 and 2, which release the intracellular domain of Notch (NICD) from the plasma membrane. The NICD translocates to the nucleus and associates with the DNA-binding transcription factor RBP-J. As a result, RBP-J is converted from a transcriptional repressor to an activator. In this process, NICD, RBP-J, and mastermind-like proteins (MAML family, MAML1-3) assemble on target DNA and form a RBP-J–NICD–MAML ternary complex. This transcriptional activation complex is formed through displacement of the co-repressor complex (CoR/HDAC: histone deacetylase) and recruitment of the co-activators (HAT: histone acetyltransferase). Thus, Notch signaling activates the transcription of target genes, such as *Hes1* and *Hes5*. Hes factors then subsequently repress the transcription of proneural genes such as *Mash1*

2.3 Maintenance of Neural Stem Cells by Hes Genes

Hes genes are expressed by neural stem cells. At the initial stage, *Hes1* and *Hes3* are widely expressed by neuroepithelial cells (Fig. 2.3) [14, 40]. However, *Hes3* expression is gradually downregulated in the ventral part of the neural tube and



Fig. 2.3 Maintenance of neural stem cells by *Hes* genes. Neuroepithelial cells initially form the neural plate and thin wall of the neural tube. These cells gradually develop into radial glial cells, which have a cell body in the ventricular zone (VZ) and a radial fiber reaching the pial surface. Radial glial cells give rise to neurons by asymmetric cell divisions. After the production of distinct types of neurons, radial glial cells give rise to or differentiate into non-neuronal cells such as oligodendrocytes, astrocytes, and epedymal cells. *Hes* genes maintain neuroepithelial cells and radial glial cells during early development and promote astrocyte formation during late development. Based on their expression patterns, *Hes1* and *Hes3* are important for the maintenance of neuroepithelial cells, while *Hes1* and *Hes5* are required for most radial glial cells. Activator-type bHLH genes such as *Mash1*, *Math*, *Ngn*, and *NeuroD* promote neurogenesis. Unlike other *Hes* genes, *Hes6* also promotes neurogenesis

disappears from most regions at later stage except for the isthmus, the boundary between the midbrain and hindbrain [14, 41]. As *Hes3* expression is downregulated, *Hes5* expression is upregulated (Fig. 2.3). Upregulation of *Hes5* expression synchronizes with that of Delta and Notch expression, suggesting that *Hes5* expression is controlled by Notch signaling while initial *Hes1* and *Hes3* expression is not. *Hes1* expression is maintained even after *Hes3* expression is repressed, but it is likely that *Hes1* expression at later stages may depend on Notch signaling.

Roles of *Hes* genes in neural stem cells have been investigated by gain-offunction and loss-of-function experiments. Misexpression of *Hes1*, *Hes3*, or *Hes5* in the embryonic brain inhibits neuronal differentiation and maintains radial glial cells [31, 35, 42]. Conversely, in *Hes1;Hes5* double knockout mice, many radial glial cells are not maintained and prematurely differentiate into neurons [27, 40, 43, 44]. Furthermore, *Hes1(-/-);Hes5(-/-)* neurospheres do not expand properly even in the presence of bFGF and EGF, in contrast to the wild-type neurospheres, which proliferate extensively [27]. Thus, *Hes1* and *Hes5* are essential for maintenance and proliferation of neural stem cells by preventing premature onset of the neurogenic bHLH gene expression in the embryonic brain. Although many radial glial cells prematurely differentiate into neurons in *Hes1;Hes5* double knockout mice, neuroepithelial cells and some radial glial cells are still maintained, suggesting that *Hes3* may compensate for *Hes1* and *Hes5* deficiency. Agreeing with this notion, in *Hes1;Hes3;Hes5* triple knockout mice, many neuroepithelial cells prematurely differentiate into neurons as early as E8.5, in contrast to the wild type, in which neuroepithelial cells do not differentiate into neurons [40]. Furthermore, in the triple-mutant mice, virtually all radial glial cells prematurely differentiate into neurons by E10.0 at the expense of the later born cell types: later born neurons, oligodendrocytes, astrocytes, and ependymal cells [40]. Thus, *Hes1, Hes3*, and *Hes5* are essential to generate cells in correct numbers and full diversity by maintaining neural stem cells until later stages. The premature neuronal differentiation in *Hes*-mutant mice is associated with upregulation of the activator-type bHLH genes.

Even in *Hes1;Hes3;Hes5* triple-mutant mice, still neuroepithelial cells are initially formed, suggesting that formation of neuroepithelial cells is independent of *Hes* gene activities (Fig. 2.4). It remains to be determined which genes are responsible for the initial formation of neural stem cells. However, in the absence of *Hes* genes, neuroepithelial cells and radial glial cells prematurely differentiate, indicating that their maintenance depends on *Hes* gene activities [40]. Neural stem cells thus change their characteristics over time as follows: *Hes*-independent neuroepithelial cells, *Hes*-dependent neuroepithelial cells (transitory neuroepithelial cells), and *Delta/Notch/Hes*-dependent radial glial cells (Fig. 2.4). Based on their expression patterns, *Hes1* and *Hes3* are important for the maintenance of neuroepithelial cells, while *Hes1* and *Hes5* are required for most radial glial cells.

Notch and Delta are not expressed at the neuroepithelial stage, during which the initial Hes1 and Hes3 expression occurs, indicating that Hes1 and Hes3 expression in neuroepithelial cells is not controlled by Notch signaling [40]. After E8.5 onward, Hes5 expression starts and Hes3 expression is downregulated while Hes1 expression is maintained. The onset of *Hes5* expression coincides with that of *Notch* and *Delta* expression, indicating that expression of *Hes5*, and possibly *Hes1* at this stage also, is controlled by Notch signaling. It remains to be determined which upstream factors are responsible for the initial expression of *Hes1* and *Hes3*. Recent studies revealed that there are at least two types of neural stem cells depending on the developmental stages: primitive and definitive neural stem cells [45]. Definitive neural stem cells are derived from later stages and depend on Notch signaling, while primitive neural stem cells are derived from earlier stages and do not depend on Notch signaling but on LIF signaling [45]. Because initial *Hes1* and *Hes3* expression in neuroepithelial cells is not controlled by Notch signaling, this expression could be controlled by LIF signaling or by a related signaling pathway. Cytokine signaling is known to regulate neural stem cells. In response to the activation of cytokine receptors, JAK2 phosphorylates tyrosine residues of STAT3, and this phosphorylated STAT3 can promote maintenance of neural stem cells. Interestingly, JAK2-STAT3 signaling depends on Notch signaling [46]. The Notch effectors Hes1 and Hes5 physically



Fig. 2.4 Change of characteristics of neural stem cells during development. Neuroepithelial cells are formed independently of *Hes* genes, but their maintenance critically depends on *Hes* genes and not on Delta/Notch signaling. Radial glial cells depend on Delta, Notch, and Hes activities. Thus, neural stem cells change their characteristics over time as follows: *Hes*-independent neuroepithelial cells, *Hes*-dependent neuroepithelial cells (transitory neuroepithelial cells), and *Delta/Notch/Hes*-dependent radial glial cells, which produce neurons by asymmetric cell divisions

interact with both JAK2 and STAT3, and this complex facilitates the phosphorylation and activation of STAT3 by JAK2 [46], thus highlighting the significance of the cross talk between the Notch–Hes and JAK–STAT pathways in neural stem cells. In *Drosophila*, E(spl) expression is controlled by Notch while *hairy* expression is not. Based on the expression profiles, *Hes1* and *Hes3* expressed at early stages are similar to *hairy*, while *Hes1* and *Hes5* expressed at later stages are similar to E(spl). Thus, it is likely that *Hes1* has mixed features of *Drosophila hairy* and E(spl). Primitive neural stem cells thus could be Hes-dependent or Hes-independent neuroepithelial cells, while definitive neural stem cells could be Hes-dependent radial glial cells.

Neural stem cells are also important for maintenance of the structures of the developing nervous system. Both neuroepithelial and radial glial cells have epithelial features such as the apical junctional complex and the basal lamina, which form the inner and outer barriers of the neural tube, respectively. In the absence of *Hes* genes, both the apical junctional complex and the basal lamina are disrupted due to the premature loss of neural stem cells, leading to spilling of neurons

into the lumen as well as into the surrounding tissues [40]. Thus, neural stem cells are essential for the structural integrity of the nervous system. In wild-type embryos, by the time neural stem cells disappear, the ependymal cells are differentiated at the apical side and form the apical junctional complex, while astrocytes are differentiated and contribute to the basal lamina formation at the basal side. These results indicate that the normal timing of cell differentiation and maintenance of neural stem cells are important for the structural integrity of the nervous system.

Hes-related bHLH genes, *Hesr1* and *Hesr2*, are also expressed by neural stem cells in the embryonic brain, and misexpression of *Hesr1* and *Hesr2* promotes maintenance of neural stem cells [47]. *Hesr* expression is also controlled by Notch signaling, and Hesr and Hes proteins form heterodimers and act as repressors [22]. Thus, it is possible that Hesr and Hes cooperatively regulate maintenance of neural stem cells.

3 Neurogenesis by the Activator-Type bHLH Genes: *Mash1*, *Math*, *Ngn*, and *NeuroD*

3.1 Neuronal Determination and Subtype Specification

In mammals, bHLH genes homologous to *Drosophila achaete–scute* complex (*Mash*) and atonal (*Math*, *Ngn*, *NeuroD*) have been identified. These activator-type bHLH genes are expressed by neural precursor cells and/or differentiating neurons (Fig. 2.5). These factors form a heterodimer with a ubiquitously expressed bHLH factor, E47, and activate neuronal-specific gene expression by binding to the E box (Fig. 2.1D). Misexpression of these genes in neural stem cells promotes the determination of neuronal fate and accelerates the neurogenesis. Some cyclin-dependent kinase (CDK) inhibitors are involved in the cell cycle exit which accompanies the neuronal differentiation. For example, $p27^{Xic1}$ is shown to play a role in the coordination of cell cycle exit and differentiation and enhance neurogenesis by stabilizing the neurogenin protein during early neurogenesis in *Xenopus* embryos [48]. It was reported in neuroblastoma cells that NeuroD and E47 activate the expression of *TrkB* and $p21^{Cip1}$ by binding to the E box sequences in their promoters [49]. This establishes a direct transcriptional link between the regulation of cell cycle and neuronal differentiation.

These bHLH genes promote the neuronal subtype specification as well. For example, in the forebrain, Mash1 is expressed in the ventral region and specifies the GABAergic neurons while Ngn2 is expressed in the dorsal region and specifies the glutamatergic neurons [50, 51]. In the absence of Ngn2, Mash1 is ectopically expressed in the dorsal telencephalon, leading to ectopic GABAergic neurogenesis in the dorsal telencephalon. Likewise in the peripheral nervous system, the activator-type bHLH genes regulate the neuronal subtype specification. Ngn1 and Ngn2 promote generation of sensory neurons while Mash1 promotes autonomic



Fig. 2.5 The bHLH gene network in neural development. *Hes1*, *Hes3*, and *Hes5* repress activatortype bHLH gene expression and maintain neural stem cells. In contrast, activator-type bHLH genes induce *Hes6*, which inhibits Hes1 and promotes neuronal differentiation. Thus, these bHLH genes regulate each other in a mutually antagonistic manner. Activator-type bHLH genes also play an important role in keeping neighboring cells as neural stem cells via Delta–Notch signaling by activating the expression of Notch ligands such as *Delta* in differentiating cells. Neural stem cells that retain *Hes1/Hes5* expression finally become glial cells

neurogenesis from neural crest stem cells [52]. Furthermore, Ngn1 and Ngn2 are required for the specification of distinct sensory precursor populations. Ngn2 is essential for development of the epibranchial placode-derived cranial sensory ganglia [53], while Ngn1 is essential for the determination of neuronal precursors for proximal cranial sensory ganglia [54]. In dorsal root ganglia (DRG), Ngn2 is required only for the development of early-generated TrkC+ and TrkB+ neurons, whereas Ngn1 is required for most or all later generated TrkA+ neurons [55]. For other examples, it was reported that the bHLH genes Nscl-1 and Nscl-2 synergistically determine the GnRH (gonadotropin releasing hormone)-1 neurons [56], and Hand2 determines the noradrenergic phenotype in the sympathetic nervous system [57]. Thus, the activator-type bHLH genes can regulate the neuronal subtype identity, in addition to the pan-neuronal phenotypes. Similarly in *Drosophila* peripheral nervous system, achaete-scute complex bHLH genes promote generation of sensory organs while atonal bHLH gene promotes generation of chordotonal organs. It has been shown that the basic regions of the bHLH factors are important for the neuronal subtype-specific activities [58].
The activator-type bHLH factors not only induce the neuronal-specific gene expression but also inhibit the glia-specific gene expression. *Glial fibrillary acidic protein (GFAP)*, an astroglia-specific gene, is upregulated by Stat1/3 and Smad1, which are bridged by the co-activator p300 [59]. Ngn1 sequesters the p300/Smad complex from the glial promoters and thereby inhibits glial-specific gene expression [60]. Thus, the activator-type bHLH factors seem to reinforce the process of neuronal fate specification by inhibiting the alternative fate. Agreeing with this notion, in *Mash1;Math3* double knockout or *Mash1;Ngn2* double knockout mice, the cells that should normally become neurons adopt the glial fate instead [61, 62]. Thus, there is a fate switch from neurons to glia in the absence of the activator-type bHLH genes, indicating that *Mash1, Math*, and *Ngn* regulate neuronal versus glial cell fate determination.

Proneural bHLH genes such as *Mash1* override the inhibitory activities of *Hes* genes and promote neuronal differentiation. This process involves another member of the *Hes* family, *Hes6*, which has a unique function in neuronal differentiation. Hes6 can form a heterodimer with Hes1, but this complex does not bind to DNA [63]. Furthermore, Hes6 was shown to inhibit the interaction between Hes1 and Groucho/TLE/Grg and induce degradation of Hes1 protein [64]. As a result, Mash1 is relieved from Hes-induced inhibition. Thus, Hes6 inhibits Hes1 activity but supports Mash1 and promotes neuronal differentiation in the developing brain and retina (Fig. 2.5) [63–65]. *Hes6* expression is induced by the activator-type bHLH genes such as *Neurogenin* (Fig. 2.5) [65]. Thus, the proneural bHLH genes inhibit *Hes1/3/5* genes by inducing *Hes6*, while *Hes1/3/5* genes inhibit the proneural bHLH genes, indicating that these bHLH genes regulate each other in a mutually antagonistic manner (Fig. 2.5). *Hes6* also has an activity to inhibit astrocyte differentiation independently of its ability to promote neurogenesis [66].

While the activator-type bHLH genes promote neuronal specification, they are also important for maintenance of neural stem cells. These genes are known to activate expression of Notch ligands such as *Delta* (Fig. 2.5). In *Mash1;Math3* double knockout mice, *Delta* expression is lost in the hindbrain, leading to inactivation of Notch signaling and premature loss of neural stem cells [67]. Thus, the activator-type bHLH genes also play an important role in keeping neighboring cells as neural stem cells via Delta–Notch signaling (Fig. 2.5).

3.2 Combinatorial Functions of bHLH Genes for the Cell-Type Diversity

Although the activator-type bHLH genes regulate the neuronal subtype specificity, they alone are not sufficient to generate diverse types of neurons. For example, in the retina, stem cells give rise to six types of neurons, which are aligned in specific layers. The activator-type bHLH genes alone are not sufficient but coexpression of homeodomain genes is required for specification of six types of neurons [68, 69]. It is likely that homeodomain genes regulate the layer identity while activator-type bHLH genes determine the neuronal fate specific for each layer.

In some cases, combinations of two distinct bHLH genes can induce different types of neurons from those induced by each bHLH gene alone. The bHLH factor Heslike is structurally related to Hes factors, but unlike Hes, it has neither a proline residue in the basic region nor the WRPW domain at the carboxy terminus [25], indicating that *Heslike* does not belong to the *Hes* family. Heslike is coexpressed with Mash1 in the ventricular zone that gives rise to GABAergic neurons. The expression occurs mainly in the midbrain and diencephalon, but not in the hindbrain or spinal cord. Heslike or Mash1 alone does not give rise to GABAergic neurons whereas they together can give rise to GABAergic neurons in the midbrain and diencephalon [25]. Thus, combinations of bHLH genes can specify different types of neurons from those induced by each bHLH gene alone. The bHLH genes Olig1 and Olig2 are structurally related to Drosophila proneural gene atonal but form a distinct subfamily. Interestingly, these bHLH genes alone promote oligodendrocyte development but not neuronal development [70, 71]. However, when Ngn2 is coexpressed, Olig2 can promote motor neuron development [72, 73]. Thus, Olig2 regulates development of both neurons and oligodendrocytes in a context-dependent manner (whether or not Ngn2 is coexpressed). These results indicate that different combinations of bHLH genes can specify different types of cells, which could be one of the strategies for limited numbers of transcription factors to regulate specification of a diversity of cell types.

4 Gliogenesis by the bHLH Genes: *Hes*, *Olig*, and *Scl*

At later stages, when gliogenesis occurs, *Hes1* and *Hes5* are transiently expressed by astrocytes in the developing brain [38, 74] and by Müller glial cells in the developing retina [75, 76]. Misexpression of *Hes1* and *Hes5* at later stages increases generation of astrocytes in the brain and Müller glial cells in the retina (Fig. 2.5) [35, 75, 76]. Conversely, in the absence of *Hes1* and *Hes5*, production of Müller glial cells is decreased [75–77]. Thus, *Hes1* and *Hes5* are involved in gliogenesis at later stages, indicating that *Hes* genes exhibit different activities depending on their developmental stages: maintenance of neural stem cells at early stages and promotion of gliogenesis at later stages. However, it remains to be determined whether Hesl and Hes5 instructively promote the glial fate or just maintain neural stem cells until the gliogenic phase. It has been shown that the proneural bHLH gene Neurogenin1 (Ngn1) has two activities: promotion of neurogenesis and inhibition of gliogenesis [60]. Ngn1 sequesters the CBP–Smad1 transcriptional complex away from the glial-specific promoters and recruits the complex to the neuronal-specific promoters, thereby promoting neurogenesis while inhibiting alternative fates. Conversely, inactivation of the proneural genes such as Mash1, Ngn2, and Math3 blocks neurogenesis while enhancing gliogenesis [61, 62]. Thus, suppression of the proneural genes could be one of the major mechanisms for Hes1- and Hes5-induced gliogenesis. Recent studies show that, at least, subsets of GFAP-positive glia-like cells serve as neural stem cells in the adult brain, and *Hes1* and *Hes5* may be involved in formation/maintenance of such adult neural stem cells.

Numerous studies have revealed that *Olig1* and *Olig2* genes are essential for oligodendrocyte development [70, 71]. *Olig* genes act downstream of Shh and regulate the establishment of the pMN domain and the sequential generation of motor neurons and oligodendrocytes in developing neural tube. Ectopic expression of *Olig1* promotes oligodendrocyte formation in the developing cortex [70], and forced expression of *Olig2* and *Nkx2.2* in the spinal cord promotes ectopic induction of oligodendrocyte precursors and precocious oligodendrocyte differentiation [71]. Olig proteins seem to promote oligodendrocyte cell fate while inhibiting astrocyte development. Conversely, the bHLH gene *Scl* regulates astrocyte versus oligodendrocyte cell fate acquisition in the p2 domain of the developing spinal cord [78]. *Scl* function is necessary and sufficient for p2-associated astrocyte development, and it represses the production of oligodendrocyte precursors through cross-antagonistic interactions between *Scl* and *Olig2* [78].

5 Cell Cycle Regulation and Boundary Formation by Hes1

The developing nervous system is partitioned into many compartments by boundaries, such as the zona limitans intrathalamica (Zli) and the isthmus (Fig. 2.6A). The Zli is the boundary between the thalamus and the prethalamus, whereas the isthmus is the boundary between the midbrain and the hindbrain. Boundaries are formed by specialized neuroepithelial or radial glial cells, which have unique features, including slow proliferation, delayed or no neurogenesis, and organizer activities that regulate specificity of neighboring compartments. For example, the Zli and the isthmus function as organizing centers by secreting morphogens such as Shh and Wnt1/Fgf8, respectively, and by regulating the regional specification of neighboring compartments [79] (Fig. 2.6A). Cells migrate within each compartment but do not usually cross boundaries; thus, each compartment forms a unit that consists of a distinct set of cell types [79].

The isthmic cells express *Hes1* and *Hes3* and do not give rise to any neurons. In the absence of *Hes* genes, however, proneural genes are ectopically expressed in boundaries, leading to ectopic neurogenesis and the loss of organizer activity [41, 80]. The isthmic cells prematurely lose *Wnt1* and *Fgf8* expression, and as a result, the midbrain and hindbrain neurons are not properly specified. For example, oculomotor and trochlear nuclei and dopaminergic neurons of the midbrain and locus ceruleus neurons of the hindbrain are missing in *Hes1;Hes3* double-mutant embryos [41]. Thus, *Hes1* and *Hes3* are essential for maintenance of the isthmic organizer and development of the midbrain and hindbrain. In zebrafish, Hes-related bHLH genes *her3* and *her5* have similar activities, inhibiting neurogenesis and contributing to the formation of the midbrain—hindbrain boundary [81, 82]. It has been reported that the expression in boundaries of the mouse nervous system could also be independent of this pathway.



Fig. 2.6 Differential *Hes1* expression between compartments and boundaries. (A) Lateral view of the developing central nervous system (CNS) in the mouse at E10.5. The CNS is partitioned into many compartments by boundaries, such as the zona limitans intrathalamica (Zli) and the isthmus. These boundaries and the roof and floor plates function as organizing centers by expressing *Shh*, *Wnt1*, or *Fgf8*. Cells in these compartments undergo active proliferation and neurogenesis, whereas those in boundaries undergo slower proliferation and no neurogenesis. (B) The *Hes1* expression mode is different between compartments and boundaries: (a) variable expression (could be oscillatory) in compartments and (b) persistently high expression in boundaries. In compartments, when Hes1 levels are low, Mash1 levels are high, and vice versa. These cells finally lose *Hes1* expression and differentiate into neurons. By contrast, in boundaries, *Hes1* expression modes may confer compartment versus boundary characteristics

Although *Hes1* is expressed in both compartments and boundaries, the mode of expression is different in the two structures [80]. In compartments, Hes1 levels are variable: high levels occur in some cells, whereas, in others, levels are lower (Fig. 2.6Ba) [80]. It was found that *Hes1* expression is oscillating in these cells (Fig. 2.6Ba) [83]. By contrast, Hes1 is persistently expressed at high levels by many boundary cells (Fig. 2.6Bb) [80]. There is an inverse correlation between Hes1 and Mash1 levels: cells that express high levels of Hes1 express low levels of Mash1 and vice versa (Fig. 2.6Ba). Within boundaries, persistent and high levels of *Hes1* expression constitutively repress the expression of proneural genes, such as *Mash1*, thereby inhibiting neurogenesis (Fig. 2.6Bb) [80].

It has been shown that Hes1 regulates cell cycle progression. During the G1 phase, cyclin-dependent kinase (CDK) promotes cell cycle progression by forming complexes with cyclins, whereas the CDK inhibitors p21 and p27 antagonize this process. Low levels of Hes1 promote cell proliferation by downregulating p21 and p27 [84]. However, persistent and high levels of *Hes1* expression have been shown to inhibit the cell cycle, probably because Hes1 also represses the expression of some cell cycle regulators such as E2F-1, which promotes the G1–S phase transition [17, 80, 85, 86]. Thus, within boundaries, persistent and high levels of *Hes1* expression may contribute to slowing cell proliferation as well as to the inhibition of differentiation, raising the possibility that persistent versus variable *Hes1* expression

differentially regulates cell cycle progression and boundary versus compartment characteristics (Fig. 2.6B).

6 Perspective

Neural stem cells change their competency over time during development, giving rise to different types of cells sequentially. Thus, the timing of differentiation and the number of cell cycle by the onset of differentiation should be strictly regulated to ensure normal brain size and cellular components. Previous studies have revealed that the balance between the repressor-type and the activator-type bHLH genes governs the stem cell versus neuronal fate choice, but it remains to be determined how their exact temporal expression is controlled. For example, it is not known which factors induce the initial *Hes* expression independently of Notch signaling, how the onset of expression of Notch and its ligand is controlled, and which factors upregulate the expression of activator-type bHLH genes to sufficient level for initiating the mode of neurogenesis. Changes of competency of neural stem cells during development are likely due to changes of sets of transcription factors expressed in neural stem cells, but it is totally unknown how these changes occur over time. Elucidation of the mechanism which controls the timing of such gene expression and neuronal/glial differentiation will be required for further understanding of neural development.

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Chapter 3 Transcription Factors and Muscle Differentiation

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Abstract Through their ability to repress irreversible cell cycle arrest, some transcription factors such as cellular oncogenes are considered as potent repressors of myoblast differentiation. Interestingly, their expression and/or activity are regulated by ligand-dependent transcription factors. Indeed, functional interactions between these proteins are deeply involved in the shift from proliferation to differentiation. Whereas c-Myc efficiently represses myoblast withdrawal from the cell cycle and terminal differentiation, c-Jun exerts a dual myogenic influence. In proliferating cells, it inhibits cell cycle arrest through sequestration of MyoD in a TR/c-Jun/MyoD complex; in parallel, high levels of Jun/Fos AP-1 complexes inhibit MyoD and myogenin expression. At the onset of myoblast differentiation, RXR dissociates the TR/c-Jun/MyoD complex, thus restoring a full MyoD transcriptional activity; in addition, it allows the liganded T3 nuclear receptor to inhibit TPA-inducible AP-1 activity, an event favouring c-Jun/ATF2 formation, a complex stimulating myogenin expression. In addition, inhibition of TPA-inducible AP-1 activity induces the expression of BTG1, a potent coactivator of myogenic factors transcriptional activity. In parallel, RXR expression, through the synthesis of its truncated form addressed into mitochondria, could potentiate the activity of p43, a mitochondrial T3-dependent transcription factor. This results in a stimulation of mitochondrial activity inducing a strong downregulation of c-Myc expression leading to cell cycle arrest and terminal differentiation. Overall, targeting of cellular oncogenes by ligand-dependent transcription factors regulates myoblast withdrawal from the cell cycle. In addition, it appears that RXR has to be considered as a master gene able to reverse the myogenic influence of c-Jun and TR, also involved in a downregulation of c-Myc expression.

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1 Introduction

Skeletal muscle development involves complex events, occurring during embryonic life and initiated in the somitic area. Acquisition of the muscle lineage results from signals secreted by the neural tubule and the notochord inducing the expression of Pax3, one of the earlier markers of the myogenic precursors, in the dorso-median part of the dermomyotome [1]. Expression of Myf5 and MyoD is detected thereafter in the highly proliferating cells myocytes and myoblasts, which undergo terminal differentiation. This last process leads to the formation of myotubes, plurinucleated structures considered as precursors of muscle fibres, after a phase of maturation. Along all these processes the crucial role of myogenic, muscle-specific bHLH transcription factors (Myf5, MyoD, myogenin, MRF4) is well established. In vitro experiments have established the myogenic potency of each factor in demonstrating that independent overexpression of Myf5, MyoD, myogenin or MRF4 induces a skeletal muscle phenotype in non-myogenic cells [2–6]. In vivo experiments using gene disruption in mice have provided a more clear-cut knowledge of their respective involvement in the different steps of muscle development. While Myf5 and MyoD appear to be involved in acquisition of the muscle phenotype [7], myogenin plays a major role in the induction of terminal differentiation [8, 9]. For a long time, the influence of MRF4 has been restricted to myotube maturation; however, MRF4 mRNA levels in mice display a particular biphasic pattern, with a transient expression detected between days 9 and 11 post-coitum (pc) and a permanent expression occurring after day 16 pc [10]. In a more recent study, Kassar-Duchossoy et al. [11] demonstrated that, in parallel to Myf5 and MyoD, the transient earlier expression of MRF4 was also involved in the induction of muscle lineage.

The importance of processes following the determination of the myogenic lineage is well illustrated by the absence of a significant increase observed in the number of muscle fibres following the perinatal period in most vertebrates. Consequently, this number partly defines the potency of postnatal muscle growth, which essentially occurs through myofibre hypertrophy. Therefore, all processes of muscle tissue development during the foetal life display particular importance. Submitted to tight regulation, myoblast terminal differentiation represents a major step in muscle development. As only postmitotic cells are able to undergo this process, irreversible myoblast withdrawal from the cell cycle is an absolute prerequisite for myotube formation and expression of major muscle-specific proteins. This event is of crucial importance, with an occurrence too early leading to a reduced duration of myoblast proliferation decreasing both the number of cells able to fuse into myotubes and consequently the definitive number of muscle fibres. Conversely, an exit failure from the cell cycle would lead to impaired myotube formation and muscle mass development.

Several studies have focused on the influence of MyoD on the irreversible cell cycle arrest allowing terminal differentiation through an interaction with the retinoblastoma protein (Rb). Rb phosphorylation is strongly involved in myoblast withdrawal from the cell cycle by regulating the formation of Rb/E2F complexes. Their formation leads to inactivation of the E2F/DP1 transcriptional complex normally upregulating the expression of genes needed for cell cycle completion [12, 13]. After Rb hyperphosphorylation by cyclinD/cdk4 and cyclinD/cdk6 complexes, E2F is released allowing cell proliferation [14]. Interestingly, by interacting with Rb, and probably inhibiting its phosphorylation, MyoD restores the ability of Rb to sequestrate E2F and stop progression of the cell cycle [15]. Therefore, MyoD appears to be involved in irreversible myoblast withdrawal from the cell cycle. In addition, through its transcriptional activity, this myogenic factor also upregulates the expression of numerous muscle-specific genes involved in differentiation, like myogenin, and in muscle functionality, such as genes encoding contractile proteins. However, several studies have suggested an influence of cell cycle control on MyoD transcriptional activity. For instance, cyclin D1 expression in proliferating myoblasts increases cdk4 nuclear localization, thus favouring the formation of MyoD/cdk4 complexes and inhibiting the transcriptional activity of the myogenic factor [16]. In agreement with this possibility, other studies have shown that cyclin D1/cdk inhibits MyoD and myogenin activity [17, 18]. Consequently, inhibition of the activity of these complexes by p21 and p16 CKI leads to a stimulation of MyoD transcriptional activity [18]. As MyoD induces p21 expression, such a mechanism provides a positive amplification loop able to enhance MyoD activity.

Intriguingly, however, in vitro experiments show that although highly expressed during the proliferation phase in practically all kinds of myoblast cultures, MyoD fails to induce myoblast withdrawal from the cell cycle and in turn terminal differentiation. In most myoblast cell lines, terminal differentiation is only inducible after decreasing the concentration of serum in the culture medium. In other words, repressive MyoD-dependent or independent mechanisms occurring in proliferating myoblasts must be overcome to allow the induction of differentiation by myogenic factors.

This aspect has been particularly addressed while studying MyoD interacting partners. MyoD transcriptional activity is exerted through dimeric complexes with E12/E47 proteins [19]. Several factors have been characterized for their ability to interfere with this transcriptional activity. Among them, Id proteins displaying a helix-loop-helix (HLH) domain do not bind to DNA but either compete with MyoD for dimerization with E12/E47 proteins or directly interact with myogenic factors to produce transcriptional inactive complexes [20]. Strikingly, their high expression level recorded during proliferation strongly decreases at the induction of terminal differentiation [20]. A similar expression pattern has also been described for Mist 1 and MyoR, two other bHLH proteins repressing MyoD transcriptional activity by either competitive binding to E boxes (MyoD responsive elements) or sequestration of MyoD in inactive complexes [21, 22]. Other negative regulators such as Twist and ZEB have also been identified [23, 24]. Theoretically, the influence of these negative regulators acting by competition with myogenic factors should be overcome

by MyoD overexpression. In contrast, however, several experimental data indicate that MyoD or myogenin overexpression fails to induce terminal differentiation in myoblasts either expressing high levels of proto-oncogenes [25, 26] or displaying a depressed mitochondrial activity [27]. These results clearly suggest that, besides the expression and/or functionality of myogenic factors, important inhibiting processes non-related to MyoD competitors need turning off to allow myoblast differentiation.

The possibility of turning on mechanisms to potentiate the activity of MRFs at the onset of terminal differentiation has also been investigated, alongside more recent underlining of the role of transcriptional coactivators. The ubiquitous acetyl-transferase coactivator CBP/p300 interacts with numerous transcription factors including myogenic factors, increasing their activity [28, 29]. Although CBP or p300 expression does not clearly differ during myoblast proliferation and differentiation, changes in p300 ability to target PCAF for interaction with MyoD and acetylation of this MRF could play an important role in MyoD activity [30, 31]. More recently, it has also been shown that the expression of BTG1 (B-cell translocated gene 1), another MyoD and myogenin coactivator [32], is induced at the onset of differentiation [33, 34]. Therefore, changes in the activity (CBP/p300) or the expression (BTG1) of MRF coactivators are probably involved in the induction of complete MyoD and myogenin activity, needed to undergo the differentiation processes.

Through their ability to repress irreversible cell cycle arrest, some transcription factors such as cellular oncogenes are considered as potent repressors of myoblast differentiation. This influence occurs at least partly independently of MRF and needs inhibiting to allow terminal differentiation. Interestingly, their expression and/or activity are regulated by ligand-dependent transcription factors. Indeed, functional interactions between these proteins are deeply involved in the shift from proliferation to differentiation. This review is focused on such mechanisms, and more particularly on the interplay with cellular oncogenes such as c-Myc and c-Jun, and ligand-dependent transcription factors like triiodothyronine nuclear receptors (TR) and 9-*cis*-retinoic acid receptors (RXR). Moreover, the unexpected influence of mitochondrial transcription factors targeting cellular oncogenes will also be reviewed. Our aim is to illustrate with some examples how these mechanisms could allow irreversible myoblast withdrawal from the cell cycle, in some cases by reversing the myogenic potency of the transcription factor.

2 Cellular Oncogenes

2.1 c-Jun and the AP-1 Complex

The AP-1 (activator protein 1) transcription factor is involved in multiple cellular regulations including proliferation and differentiation. Initially known as different heterodimers of members of the Jun (c-Jun, JunB and JunD) and Fos (c-Fos, FosB, Fra1 and Fra2) families [35–40], they also include homo- or heterodimerical

complexes of Jun proteins displaying reduced stability. However, AP-1 complexes have progressively revealed an important diversity with members of the ATF/CREB family (ATF2, ATF3, ATF4) [41] shown to interact with members of the Jun family. Lastly, Maf proteins were also identified as physical partners of Jun and Fos proteins in these complexes [42, 43].

All these proteins share a charged DNA binding domain rich in basic amino acids (b), adjacent to a common amphipathic leucine zipper dimerization sequence (zip) [44, 45]. A more divergent transactivation domain is located in their N-terminal part (Fig. 3.1). Dimerization seems to be required to induce high-affinity binding of AP-1 to specific response elements. However, each complex displays a particular affinity for different responsive elements occurring in the promoter of AP-1 target genes. Jun/Fos heterodimers preferentially bind to TPARE (tetradecanoyl phorbol acetate-responsive element) [36], whereas Jun/ATF bind to CRE (cAMP-responsive element) [41] and Jun/Maf to MARE (Maf-responsive elements) [42]. These different patterns of sequence recognition suggest that c-Jun could activate the expression of different sets of genes according to the identity of its heterodimerization partner, with different consequences at the cellular level and in particular on terminal differentiation.



Fig. 3.1 Functional domains of c-Jun, c-Maf, c-Fos and ATF2 proteins. TAD: transactivation domain; b: basic domain; Zip: leucine zipper dimerization domain

The c-Jun promoter is highly conserved between species and displays binding sites for different transcription factors (for review [46]). In particular, one AP-1 binding site which preferentially binds c-Jun/ATF2 heterodimers has been characterized in the proximal region of the murine promoter [47]. A second AP-1 binding site identified in the distal part of this regulatory region mediates the influence of TPA or growth factor on the expression of this cellular oncogene [48, 49]. Consequently, c-Jun can positively autoregulate its own expression through the binding of Jun/ATF complexes in particular to these responsive elements. In addition, MEF-2 (myocyte enhancer factor-2) responsive elements have also been identified [50] in agreement with the observation that MEF-2A increases c-Jun expression during myoblast differentiation [51].

Activation of preformed AP-1 complexes is induced by several kinases mediating the influence of either TPA and growth factors (ERK: extracellular-signal regulated kinases; FRK: Fos-regulating kinase) or cytokines and genotoxic factors (JNK, p38). Whereas ERK and FRK phosphorylate c-Fos [52, 53], p38 phosphorylates ATF2 [54], leading to an activation of each protein. In addition, JNK (Jun N-terminal kinase), belonging to the MAPK family, phosphorylates several serines and threonines in the N-terminal part of c-Jun. This event increases the affinity for DNA [55] and the transcriptional activity of c-Jun through recruitment of CBP, a histone acetylase coactivator [56, 57]. In addition, it increases the stability of the protein by reducing its ubiquitination level [58].

2.1.1 The c-Jun Myogenic Influence

Different experimental approaches decreasing c-Jun expression and/or activity in fibroblasts have clearly established the important role of c-Jun in processes of cell growth. Microiniections of c-Jun antibodies or of AP-1 binding sites in order to sequestrate AP1 complexes induce marked alterations in cell proliferation and inhibit cell entry into S phase [59, 60]. Conversely, according to Pfarr et al. [61] c-Jun overexpression increases the proportion of cells in S, G2 and M relative to the G1 phase. Studies surrounding the mechanisms supporting this influence have led to the identification of AP-1 binding sequences in the promoter of genes involved in the cell cycle, with a positive regulation of cyclin D1 expression by AP1 activity [62]. In addition, the strong alteration in the proliferation rate of c-Jun-depleted fibroblasts is related to an increased expression of p53 and its target p21 [63, 64]. Altogether, these data underlining the c-Jun regulation of cell cycle genes, in particular p53 and p21 involved in myoblast withdrawal from the cell cycle [64], suggest the need to inhibit c-Jun expression and/or activity to allow irreversible cell cycle arrest in muscle cells. However, other studies have provided a different theory suggesting more subtle influences. For instance, Riabowol et al. [60] reported that the progressive alteration of proliferation occurring during fibroblast senescence is associated with changes in the nature of predominant AP-1 complexes, thus suggesting that not all complexes promote an efficient cell growth. Although not yet performed in myoblasts, these studies indicate that some AP-1 transcription factors could exert a strong repression of myoblast withdrawal from the cell cycle.

The influence of AP-1 on cell differentiation depends on the cell type. For instance, c-Fos and c-Jun expression is induced during myeloid cell differentiation [65], whereas c-Jun overexpression induces macrophage differentiation in U-937 cells [66]. Similarly, stimulation of c-Jun/c-Fos activity by TPA induces human keratinocyte differentiation [67]. In contrast, however, TPA-inducible AP-1 activity (Jun/Fos) is considered a potent repressor of adipocyte [68] or chondrocyte differentiation [69].

In myoblasts, stimulation of AP-1 activity by TPA or okadaic acid abrogates terminal differentiation [70, 71], supporting the initial conclusion that c-Jun should be considered a major myogenic repressor. Although this influence remained more or less understood, it was generally assumed that this repression involved undefined AP-1 complexes. As with overexpression of c-Jun, stimulation of Jun/Fos AP-1 activity by TPA or coexpression of c-Jun/c-Fos or c-Jun/Fra2 efficiently represses myoblast withdrawal from the cell cycle [72]. This suggests that c-Jun exerts essentially its inhibitory myogenic influence through TPA-inducible AP-1 complexes. This possibility agrees with the observation that c-Jun/c-Fos binds to the MyoD promoter and decreases MyoD expression [73]. Similarly, coexpression of c-Jun and c-Fos also reduces myogenin expression at the onset of differentiation [72]. Another explanation of this repressive c-Jun myogenic influence resides in the ability of TPA-inducible AP-1 complexes to directly inhibit the expression of BTG1, a transcriptional coactivator of Myf5, MyoD and myogenin [32]. Furthermore, a TPARE sequence occurring in the sheep myostatin promoter [74] indicates the ability of Jun/Fos complexes to increase the expression of this potent repressor of myoblast differentiation [75]. Lastly, Bengal et al. [76] reported the occurrence of physical interactions of c-Jun with MyoD and myogenin, leading to a potent repression of their transcriptional activity. Overall, it is reasonable to conclude from these studies that c-Jun is essentially a myogenic repressor, targeting either by itself or through AP-1 complexes the expression and activity of myogenic factors and inducing the expression of other myogenic repressors such as myostatin.

However, other studies have provided another theory on the myogenic activity of c-Jun. Thinakaran and Bag [77] reported no impairment of myogenin expression or terminal differentiation in L6 myoblasts with high c-Jun levels. In the same way, the expression of this cellular oncogene transiently increases at the onset of avian myoblast differentiation in contradiction with a potential role as myogenic repressor [72]. This is probably due to the stimulation of c-Jun transcription by MEF-2A [51]. Similarly, Maf expression is directly increased by MyoD during differentiation, indicating that the c-Jun/Maf AP-1 complex does not repress myoblast differentiation [78]. Recent studies have argued against c-Jun being considered only as a myogenic repressor. Indeed it regulates several important differentiation processes through complex mechanisms involving ligand-dependent transcription factors and transcriptional coactivators. Although stable c-Jun overexpression in avian myoblasts significantly delays myoblast withdrawal from the cell cycle through Jun/Fos complexes and physical interaction with MRFs, it subsequently induces a significant stimulation of terminal differentiation through Jun/ATF2 complexes [72]. These data agree with results concerning the myogenic influence of kinases stimulating different AP-1 complexes. Whereas Jun/Fos activity is regulated by the ERK pathway (extracellular signal-regulated kinases) [52, 53], Jun/ATF2 activity is specifically stimulated by the p38 pathway [79, 80]. Interestingly, p38 activation induces L8 or C2C12 myoblast differentiation [81–83] whereas activation of the Ras/MEK/ERK pathway exerts exactly the reverse influence [84].

2.2 The c-Myc Cellular Oncoprotein

In humans, the c-Myc cellular oncogene encodes a major 64 kDa transcription factor, considered, like c-Jun and c-Fos, as an immediate early gene product. It belongs to the Myc family comprising L-Myc and N-Myc, all members displaying a deregulated expression in numerous tumours [85]. The c-Myc protein includes a bHLH and a leucine zipper motif, all located in its terminal part (Fig. 3.2). A transactivation domain with two well-conserved regions, MB1 (Myc Box 1) and MB2 (Myc box 2) located in the N-terminal part of the protein, mediates its transcriptional activity.



Fig. 3.2 Functional domains of c-Myc and Max proteins. TAD: transactivation domain; b: basic domain; HLH: helix-loop-helix sequence; Zip: leucine zipper dimerization domain; MB1: Myc 1 box; MB2: Myc 2 box; NLS: nuclear localization signal

c-Myc binds to DNA essentially as a heterodimerical complex with Max (Mycassociated factor X), a bHLH/bzip protein devoid of a transactivation domain. The responsive elements recognized are particularly E boxes such as CACGTG, CACATG or CAyGTG. After DNA binding, interaction of c-Myc with proteins involved in the transcriptional machinery such as the TATA box binding protein (TBP), or in chromatin remodelling such as histone acetyltransferase, helicase or CBP/p300, stimulates transcription of its target genes. With a modest transcriptional efficiency it has been proposed that c-Myc weakly activates the expression of a broad spectrum of important regulator genes for cell proliferation [86]. In addition, c-Myc also represses the expression of some of its target genes, in particular, directly reducing the transcription of its own gene according to a negative regulatory loop [87, 88]. According to this repressive transcriptional activity, the inhibition of genes involved in cell adhesion probably contributes to the loss of contact inhibition associated with c-Myc-induced cell transformation. As the c-Myc variant devoid of a transactivation domain conserves this repressive activity and induces a wild-type c-Myc cell transformation and apoptosis [89], this transrepressive activity appears to play an important role in the c-Myc influence on oncogenesis, proliferation and apoptosis [90].

The transcriptional activity of c-Myc is regulated by a large number of proteins able to inhibit Myc activity according to competition for dimerization with Max and/or binding to Myc responsive elements. For instance, proteins belonging from the Mad family interact with Max and repress c-Myc target genes by recruiting a complex including NCor, Sin3a, Sin3b and histone deacetylases 1 and 2 [91].

In addition to the regulation of its activity, c-Myc expression is tightly regulated at the transcriptional and post-transcriptional level. Among numerous regulators of its expression, the pathway c-Src, through the tyrosine kinase abl, has been identified [92]. In addition, the influence of the cAMP pathway, calcium signalling or reactive oxygen species production through the NFkB transcription factor have been particularly studied [93–97]. Stability of c-Myc transcripts is also a major way of controlling c-Myc amounts, with a half-life lower than 30 min. At the protein level, dysregulation of c-Myc translation has been reported in several cancers [98, 99], and an increase in c-Myc protein stability is observed in Burkitt's lymphoma [100]. Indeed, protein half-life seems to be also an important target as c-Myc displays three sequences involved in protein stability: a C-terminal stabilization signal (stabilon) [101], a degradation signal (degron) and an additional destabilizator signal (the D-element) [102]. Therefore, the amount of the c-Myc protein in a particular cell is the result of complex mechanisms influencing transcription, translation and/or stability of the transcript and the protein.

2.2.1 c-Myc Is a Potent Inhibitor of Myoblast Differentiation

Besides a clear activation of cell proliferation, c-Myc is known to abrogate differentiation in numerous cell types. Indeed, a decrease in c-Myc expression is considered an important event required to allow differentiation in most cell types tested. In addition, inhibition of c-Myc expression by itself is often sufficient to induce differentiation, an event strongly inhibited by c-Myc overexpression. The repressive transcriptional activity of c-Myc mentioned previously could play a significant role in the ability of this cellular oncogene to maintain cell proliferation. For instance, c-Myc represses the expression of genes involved in cell differentiation such as c/EBP α in preadipocytes [103, 104] or those inhibiting the cell cycle such as p27^{KIP1} or p21 [105–108].

In myoblasts, as in other cell types, c-Myc expression decreases at the onset of terminal differentiation [109–111], and its overexpression abrogates myoblast differentiation [26, 112]. Strikingly, the influence of some myogenic regulators involves changes in c-Myc expression and/or activity. Expressed in myotome, myoblasts and myofibres, the paired-related homeobox gene Pitx 2C plays a central role during development, possibly by balancing proliferation versus differentiation. Interestingly, its ability to enhance the proliferative potential of myoblasts and decrease their terminal differentiation is clearly associated with a potent rise in c-Myc expression [113]. Similarly, Stat 3, besides its ability to interact with MyoD and inhibit the transcriptional activity of this MRF, also upregulates c-Myc expression thereby promoting cell cycle progression and repressing myoblast withdrawal from the cell cycle [114]. Conversely, in L6E9 myoblasts, TGF β 1 quickly decreases c-Myc expression in a mitogen-rich medium, delays progression through the G1 phase of the cell cycle and stimulates cell commitment to terminal differentiation [115]. Similarly, the murine protein p202a, expressed during the fusion of myoblasts to myotubes [116], can be induced by interferon. Its overexpression in C2C12 myoblasts inhibits proliferation, at least partly by a direct interaction with c-Myc disrupting Myc/Max complexes. This event leads to inhibition of c-Myc transcriptional activity and a consecutive decrease in the expression of its target genes [117]. In the same way, the activity and expression of double-stranded RNA-activated protein kinase PKR increases from the onset of myoblast differentiation, and it has been shown to inhibit proliferation and potentiate differentiation, in association with a downregulation of c-Myc [118].

Undoubtedly, the c-Myc antimyogenic activity is partly exerted at the level of the cell cycle. Earlier studies clearly suggested that c-Myc affects the expression and activity of factors regulating the cell cycle [119–121]. In hematopoietic cells, c-Myc abrogates differentiation via an inhibition of p21 expression, mediated by

Miz-1 [107, 122]. In CV1 cells, Kitaura et al. [123] reported a direct interaction of c-Myc with p21, leading to inactivation of this kinase and completion of the cell cycle. Reciprocally, p21 represses the transcriptional activity of c-Myc, by inhibiting formation of Myc-Max heterodimers. Therefore, the balance of the reciprocal inactivation between c-Myc and p21 may determine the course of cellular proliferation and differentiation processes. Another mechanism mediating the influence of c-Myc on proliferation has been reported by Lasorella et al. [124]. According to this study, c-Myc induces the expression of Id2, which besides inhibiting MyoD activity also interacts with pocket proteins Rb, p107 or p130 which regulate the cell cycle, thus disrupting their antiproliferative activity. Overall, c-Myc inhibits myoblast differentiation by impairing expression and activity of proteins involved in regulating the cell cycle, thereby inhibiting irreversible proliferation arrest.

However, besides its negative influence on myoblast withdrawal from the cell cycle, c-Myc also appears to interfere with the expression and/or activity of myogenic factors. In quail myoblasts, La Rocca et al. reported that v-Myc, the viral counterpart of c-Myc, represses myoblast terminal differentiation and depresses Myf5, MyoD and myogenin expression [125, 126]. According to these authors, v-Myc inhibits MyoD expression by reducing its promoter activity, whereas MyoD overexpression restores terminal differentiation. This suggests that MyoD transcriptional repression could be a major and rate-limiting step in the negative influence of v-Myc or c-Myc on myoblast differentiation. In contrast, Crescenzy et al. [112] had already reported data suggesting that the differentiation block induced by v-Myc in quail myoblasts did not clearly depend on the transcriptional silencing of MyoD. A similar conclusion could be drawn from a study performed in NIH-3T3 cells where even though c-Myc overexpression could suppress the MRF-induced myogenic commitment of these cells, neither additional MyoD nor myogenin overexpression could bypass the myogenic block induced by c-Myc. In agreement with these last results, more recent studies have established that in quail myoblasts (Sever et al., unpublished data) or murine C2C12 myoblasts [26], c-Myc overexpression only inhibits myogenin expression, without any influence on Myf5 or MyoD expression. Moreover, this cellular oncogene fully abrogates the ability of MyoD or myogenin overexpression to potentiate myoblast differentiation [26].

Overall, in myoblasts, the c-Myc cellular oncogene appears to play a major role in the balance between proliferation and differentiation. Clearly, a high expression level seems incompatible with the induction of a differentiation programme, in agreement with downregulated expression levels in all myoblast lines tested at the onset of differentiation. One major target of c-Myc is probably the irreversible cell cycle arrest, mediated by regulating the expression and/or activity of proteins involved in cell cycle progression, such as p21, Rb, p107 or p130. In addition, despite some discrepancies, myogenin expression seems a major target of c-Myc. Furthermore, several reports also suggest that c-Myc abrogates the ability of MyoD or myogenin to induce myogenic differentiation, but the mechanisms involved remain unclear. One attractive possibility is that the strong repression of myoblast withdrawal from the cell cycle cannot be overcome by MRFs, due to the inefficiency of MyoD/Rb interactions caused either by the c-Myc-induced impairment of Rb antiproliferative activity [124] or the downregulation of p21 [107, 122].

3 Ligand-Dependent Transcription Factors: Triiodothyronine Receptors

3.1 Triiodothyronine (T3) Nuclear Receptors

Nuclear receptors belong to a superfamily of ligand-dependent transcription factors including more than 50 members. A number of them are orphan receptors for which no specific ligands are known. They share a structural similarity with the occurrence of four functional domains: (i) the N-terminal domain, involved in ligand-independent transcriptional activity; (ii) the DNA binding domain, including two zinc fingers largely involved in DNA binding, conferring the recognition of specific hormone responsive elements (HREs), and including a dimerization sequence; (iii) the hinge domain, containing interacting sequences with transcriptional corepressors; (iv) the ligand binding domain including a succession of amphipathic helices allowing dimerization, and a C-terminal sequence allowing interaction with transcriptional coactivators (Fig. 3.3).



Fig. 3.3 Functional domains of the TR α receptor. (A) Ligand-independent transactivation domain; (B) DNA binding domain including two zinc fingers; (C) hinge region including interacting sequences with transcriptional corepressors (TCR) and a nuclear localization signal (NLS); (D) ligand binding domain including a dimerization sequence and an interacting sequence with transcriptional coactivators (AF2)

In the absence of ligand, members belonging to the glucocorticoid receptor subgroup sequestrate in a cytosolic complex needing hormone binding to translocate into the nucleus and bind to their specific HREs, leading to transcription of their target genes [127]. In contrast, members belonging to the thyroid hormone receptor (TR) subgroup (vitamin D3 receptor, VDR; retinoic acid receptors, RAR; retinoid X receptor, in fact 9-*cis*-retinoic acid receptors, RXR; peroxysome proliferator activated receptors, PPAR) display a constitutive nuclear localization and bind to their HREs independently of T3 presence [128]. These features confer a dual transcriptional activity to TR. In the absence of their ligands they repress transcription, whereas ligand binding induces a potent stimulation of transcription of their target genes [128]. However, negative HREs have been described for TR, inducing, respectively, a decrease and an increase in gene expression in the presence and absence of T3 [129–131].

Triiodothyronine nuclear receptors are encoded by two genes c-erbA α and c-erbA β located on chromosomes 17 and 3 in humans [132, 133], respectively. Each gene gives rise to several mRNAs via distinct promoters or alternative splicing processes. In addition to the nuclear receptor TR α , the c-erbA α 1 mRNA also encodes three other proteins using internal AUG codons that allow differential translation (Fig. 3.4). Overall, a multitude of proteins are encoded by these two genes (Fig. 3.5) [134], but only in a restricted number do we really know the physiological role.



Fig. 3.4 The c-erbA α 1 transcript encodes four different proteins by the use of different AUGs. Whereas p30 and TR α display a nuclear localization, p28 and p43 are specifically imported into mitochondria. P30 is believed to act as a negative regulator of TR α and β activity. P43 is a mitochondrial T3 receptor. The function of p28 in mitochondria remains unknown

TRs generally bind in heterodimeric complexes with other receptors belonging to the same subgroup II. TR heterodimers have been described with VDR [135], PPAR [136] or RAR [137, 138], but the TR/RXR heterodimer is considered the major transcriptional complex, possibly representing more than 80% of all TR transcriptional complexes [139]. In the absence of T3, TR interacts with transcriptional corepressors such as NCoR or SMRT, large proteins interacting with HDACs (histone deacetylases) [128]. This induces histone deacetylation and chromatin compaction, resulting in a repression of gene expression. By contrast, in the presence of T3, TR interacts with transcriptional coactivators which are either HACs (Histone acetyltransferases) or proteins recruiting HACs, thereby inducing histone



Fig. 3.5 Genes TR β and TR α encode a multiplicity of proteins. TR β receptors only differ by their N-terminal sequence. All proteins bind T3. TR α proteins are more or less truncated in their N-terminal part, relatively to the classical TR α nuclear receptor (α 1). Due to alternative splicing α 2 and $\Delta\alpha$ 2 proteins display a different C-terminal part from other α proteins. α 2, $\Delta\alpha$ 2 and $\Delta\alpha$ 1 proteins do not bind T3

acetylation, DNA decompaction and potent stimulation of target gene expression [128].

In addition to this direct transcriptional activity, TRs interact with other transcription factors such as AP-1. In RXR expressing cells, a functional interaction of TR with AP-1 strongly inhibits the transcriptional activity of each transcription factor [140, 141]. Through such mechanisms, TRs also indirectly regulate the expression of genes targeted by different transcription factors. Interestingly, direct and indirect TR transcriptional activities are involved in mechanisms controlling the balance between proliferation and differentiation in myoblasts.

3.1.1 The TR Myogenic Influence

Although the in vivo myogenic influence of T3 has been widely accepted over the last 50 years, it is only recently that its molecular basis has been elucidated. In vitro studies using cultured avian myoblasts demonstrated that physiological amounts of this hormone strongly stimulate myoblast differentiation essentially by potentiating irreversible myoblast withdrawal from the cell cycle [33, 142]. In addition, this influence was increased by TR overexpression and strongly potentiated by RXR coexpression [143]. These data initially led a search for TR/RXR target genes able to induce myoblast differentiation.

Using C2C12 murine myoblasts, Downes et al. [144] first demonstrated that in the presence of T3, TRs directly increase MyoD and myogenin expression, after binding to specific TREs (thyroid hormone responsive elements) occurring in the

promoter of these two genes. Increasing the relative amounts MRFs compared to their antagonists could improve their ability to induce terminal differentiation. However, due to the absence of TREs on MyoD and myogenin, this mechanism does not function in avian myoblasts [33]. This suggests that a more general fundamental mechanism supports the TR myogenic influence. In agreement with this hypothesis, it appears that TR exerts its strong myogenic potency by way of different, sometimes contradictory, pathways including interferences with MyoD and AP-1 activities, as outlined in this review.

3.2 T3 Mitochondrial Receptors

The physiological importance of mitochondrial activity has, for a long time, been restricted to its involvement in ATP synthesis and cell fuel metabolism. However, in the last decade, numerous data have underlined its involvement in cell proliferation [145–147] and differentiation [27, 148–151]. Moreover, the discovery of their involvement in the induction of apoptosis (for review [152]) has led to the concept that these organelles influence all developmental processes. In addition to in vitro experiments, studies using transgenic mice have indicated that inhibition of mitochondrial activity induced by Tfam gene disruption (Tfam is a nuclear gene encoding a constitutive transcription factor of the mitochondrial genome) is associated with embryonic lethality around the 11th day *post-coitum* [153]. Furthermore, it is currently well accepted that all genetic abnormalities leading to deficiencies in mitochondrial activity are associated with degenerative diseases affecting a wide variety of tissues, including muscle [154]. All these data clearly suggest that these organelles not only influence in utero developmental processes but also the maintenance and regeneration of adult tissues.

In particular, several studies have reported a significant influence of mitochondrial activity on myoblast differentiation. Whereas inhibition of the organelle activity by different drugs reducing the mitochondrial membrane potential (FCCP) or the mitochondrial protein synthesis (chloramphenicol) strongly depresses terminal differentiation, stimulation of mitochondrial activity enhances myoblast differentiation [26, 27]. In line with these observations, a stimulation of mitochondrial activity occurs just before differentiation and persists throughout the differentiation period [155].

One crucial element involved in the regulation of mitochondrial activity is the control of mitochondrial genome transcription by specific mitochondrial transcription factors. Among them, Tfam is probably the best known, binding to specific sequences of the D-loop, a regulatory region of mitochondrial DNA transcription [156]. Interaction of Tfam with the transcriptional machinery including mt-F1B, mt-F2B and mt-RNA pol leads to a constitutive stimulation of organelle transcription [157, 158], through the synthesis of a polycistronic RNA subsequently cleaved into mature transcripts. More recently, other ligand-dependent transcription factors have been discovered.

3.2.1 P43: A Mitochondrial T3 Receptor Acting as a Ligand-Dependent Transcription Factor

In addition to the T3 nuclear receptor TR α 1, the c-erbA α 1 transcript also encodes a 43 kDa truncated form of this receptor, synthesized through the use of an internal AUG during the translational process (Fig. 3.3). This protein (p43), devoid of the N-terminal part of the nuclear receptor, is imported into the mitochondrial matrix [159]. P43 is detected in practically all tissues of all studied species (human, rat, mice, rabbit, chicken, bovine, pig, etc.), with the exception of brain tissue [159, 160]. In the mitochondrial matrix, p43 specifically binds to five sequences (mt-TREs) [161] of the mitochondrial genome in dimeric complexes and in the presence of T3 stimulates mitochondrial DNA transcription, protein synthesis, respiratory chain activity and mitochondriogenesis [159, 162].

Other truncated forms of nuclear receptors are also imported into mitochondria, such as mt-PPAR (devoid of the C-terminal part of PPAR γ 2) or mt-RXR (devoid of the N-terminal part of RXR α) [160, 163]. Although the mitochondrial influence of mt-PPAR remains unknown, similar to p43, mt-RXR is a ligand-dependent transcription factor of the mitochondrial genome. In addition, as its nuclear counterpart, it forms heterodimerical complexes with p43 which bind to mt-TRE, potentiating the transcriptional activity of the mitochondrial T3 receptor [163]. Therefore, the hormonal regulation of mitochondrial transcription displays striking analogies with that occurring for nuclear genes.

3.2.2 The p43 Pathway Induces Irreversible Cell Cycle Arrest and Myoblast Differentiation

In order to test the influence of this mitochondrial transcription factor on myoblast differentiation, p43 has been stably overexpressed in the C2C12 or QM7 cell lines. Strikingly, p43 induces terminal differentiation, even in the presence of high serum concentration in a culture medium considered inadequate to allow myoblast withdrawal from the cell cycle [27]. In addition to this surprising observation, studying the cell cycle by FACS (fluorescent analyzer cell sorter) clearly indicates that stimulation of mitochondrial activity by this pathway involves the induction of irreversible cell cycle arrest needed for terminal differentiation [26]. Moreover, after serum removal, p43 strongly stimulates myoblast differentiation [26, 27]. Conversely, chloramphenicol, a drug specifically inhibiting mitochondrial protein synthesis and consequently the p43 pathway downstream of mt-DNA transcription, abrogates myoblast differentiation, in particular by reducing myoblast withdrawal from the cell cycle [26, 27].

Another interesting finding was that p43 expression not only stimulates myoblast differentiation but also induces a preferential synthesis of slow myosin isoform (MHC I) through upregulation of calcineurin expression, thus leading to the formation of oxidative slow-type myotubes [164]. This last finding has recently been validated in transgenic mice specifically overexpressing p43 in skeletal muscle

[165]. Clearly, this mitochondrial transcription factor plays a major role in the proliferation/differentiation balance and is probably involved in the acquisition of the contractile and metabolic status of muscle fibres.

4 Targeting of Cellular Oncogenes by Ligand-Dependent Transcription Factors Regulates Myoblast Withdrawal from the Cell Cycle

4.1 TR Represses MyoD Transcriptional Activity in Proliferating Myoblasts

Downes et al. [166] initially reported an unexpected finding that could possibly alter TR activity in C2C12 myoblasts. They observed a lack of expression of RXR isoforms in proliferating cells, with expression induced simultaneously with the initiation of terminal differentiation. This surprising result confirmed later on in the avian QM7 myoblast line [143] raised the question of the identity of the transcriptional complex allowing the regulation of T3 target gene expression during myoblast proliferation. This led to the discovery of a complex including TR, c-Jun and MyoD mediating the transcriptional activity of the T3 receptor in the absence of RXR [143, 167]. Indeed, several findings demonstrate the simultaneous occurrence of the oncoprotein and the MRF in this complex: (i) c-Jun induces no TR transcriptional activity in cells not expressing MRFs; (ii) stable or transient MyoD expression in these cells restores this capacity; and (iii) in non-myogenic cells, an antibody raised against c-Jun coimmunoprecipitates TR only after MyoD transfection [167]. Furthermore, it was shown that RXR expression efficiently disrupts this transcriptional complex by inducing formation of the typical TR/RXR heterodimer [167]. These data led to the conclusion that different complexes mediate TR transcriptional activity during myoblast proliferation (TR/c-Jun/MyoD) and terminal differentiation (TR/RXR) with several consequences for gene expression.

The first consequence relates to the differential recognition of TREs by the two complexes. Whereas TR/c-Jun/MyoD transactivates reporter genes driven by DR4, TREpal or Ipal-TREs, TR/RXR only transactivates reporter genes under the control of DR4-TREs, thus indicating possible differences in the set of TR target genes during proliferation and terminal differentiation. In agreement with this possibility, a microarray study performed in our lab clearly indicated that, in addition to a common set of genes, different T3 target genes are recorded during these two phases of the culture. Furthermore, this analysis clearly suggested that RXR expression occurring at the onset of myoblast differentiation allows TR to change the expression pattern of genes clearly involved in the regulation of this process [168].

Another important consequence is that formation of the TR/c-Jun/MyoD complex recruits the myogenic factor into a complex able to bind to different TREs but unable to recognize E boxes, the specific responsive elements of MRFs. Consequently, in proliferating myoblasts, TR efficiently represses MyoD transcriptional activity [169]. The relevance of this mechanism was underlined later on discovering that disruption of the TR/MyoD physical interaction with a novel TR



variant (TR- Δ E6) stimulates myoblast differentiation [170]. Therefore, despite the fact that the T3 pathway displays a strong myogenic influence, it appears that TR must be considered as a MyoD antagonist during myoblast proliferation. However, RXR expression abrogates this repressive activity by disrupting the TR/c-Jun/MyoD complex, thus allowing the MRF to stimulate transcription of muscle-specific genes (Fig. 3.6) [167].

4.2 TR Only Represses AP-1 Activity at the Induction of Myoblast Differentiation

As previously mentioned, in the presence of T3, TR has been shown to inhibit the TPA (tetra decanoyl phorbol acetate)-inducible AP-1 activity mediated by the c-Jun/c-Fos or c-Jun/Fra2 complexes (Jun/Fos complexes) in RXR expressing cells. As these AP-1 complexes are considered major repressors of myoblast withdrawal from the cell cycle and terminal differentiation, such a regulation could play an important role in the transition occurring between proliferation and differentiation. Similar studies to those previously performed in CV1 or HeLa cells [140, 141] led to the conclusion that this mechanism is non-functional in proliferating myoblasts. Furthermore, transient or stable RXR expression in these cells induced the ability of the liganded TR to inhibit basal or TPA-stimulated AP-1 activity in these cells [143, 171]. Therefore, these data clearly suggest that RXR is a major TR partner involved not only in its direct transcriptional activity but also in its inhibition of AP-1 activity. In terms of myogenesis, this indicates that liganded TR may only facilitate the induction of myoblast differentiation at a particular stage of progression in the differentiation programme, characterized by RXR expression.

4.3 The Dual Myogenic Influence of TR Is Governed by RXR Expression

Overall these data highlight a dual influence of TR in the induction of terminal differentiation. The inhibition of MyoD transcriptional activity by TR in proliferating cells probably delays the induction of terminal differentiation, in a way similar to that occurring with Id, Mist 1 or MyoR. In contrast, with respect to the onset of terminal differentiation, the liganded receptor inhibits the transcriptional activity of AP-1, a major repressor of myoblast differentiation, thus allowing the progression of this process.

One interesting feature of this regulation is the observation that the expression of only one ligand-dependent transcription factor, RXR, plays a key role in the reversion of TR myogenic activity from repression to stimulation of myoblast differentiation. This makes RXR particularly important in the process inducing the shift from proliferation to differentiation. Indeed, RXR expression abolishes the repressive myogenic TR activity by disrupting the TR/c-Jun/MyoD complex and restoring a full MyoD transcriptional activity through E boxes. Simultaneously, RXR expression also allows the liganded TR to inhibit the repressive AP-1 activity. These data underline that the induction of myoblast differentiation involves reversing the influence of one transcription factor, TR, from a mechanism initially preventing an anticipated differentiation to another stimulating terminal differentiation. As TR and T3 are present at very early stages of embryonic development [172], the requirement of RXR expression for the functionality of this mechanism prevents an anticipated myoblast differentiation induced by T3 and TR. Such a process is probably needed to optimize muscle tissue development.

4.4 RXR Expression Also Reverses the Myogenic Influence of c-Jun Through TR-Dependent Mechanisms

Two independent studies each reported that c-Jun physically interacts with MyoD and Myogenin, repressing their transcriptional activity [76, 173]. Interestingly, some indications clearly suggest that this interaction strongly resembles that previously described in this review concerning TR, c-Jun and MyoD: (i) similar to TR, c-Jun represses MyoD activity; (ii) identical c-Jun functional domains show involvement in the repression of MyoD transcriptional activity and the stimulation of TR activity [76, 167]; (iii) TR physically interacts with MyoD [167], and MyoD with c-Jun [76]. Therefore, TR interaction with MyoD induces the recruitment of c-Jun in a complex inducing TR activity in the absence of RXR but repressing MyoD activity

through an E box. Similar interactions have been shown with Myogenin, resulting in inhibition of the transcriptional activity of this MRF [76, 169]. As discussed earlier, RXR expression occurring at the onset of differentiation disrupts these complexes, thereby abolishing this inhibiting activity of MRF via TR and c-Jun. These results indicate that c-Jun is involved in mechanisms repressing MRF transcriptional activity in proliferating myoblasts that are relieved by RXR expression during terminal differentiation.

Furthermore, as previously mentioned, RXR expression occurring at the onset of myoblast differentiation also allows the liganded TR to repress TPA-inducible AP-1 activity. In agreement with this event, target genes of c-Jun/c-Fos are downregulated at the onset of myoblast differentiation, as shown for c-Fos and Fra2. Consequently, their expression level decreases after the induction of differentiation. In parallel, as the level of another c-Jun partner, ATF2, remains unchanged, this event favours preferential formation of c-Jun/ATF2 heterodimers relative to c-Jun/c-Fos or c-Jun/Fra2 complexes [72]. In contrast to the Jun/Fos AP-1 complex which efficiently represses myogenic differentiation, c-Jun/Fra2 stimulates myogenin promoter activity and myogenin mRNA and protein expression and potentiates terminal differentiation. In accordance with this, stimulation of myogenin expression by c-Jun is observed during differentiation but is abolished after cotransfection of a dominant negative form of ATF2, indicating a major role of the c-Jun/ATF2 complex [72]. Such a mechanism could explain the unexpected observation that c-Jun overexpression delays avian myoblast withdrawal from the cell cycle, but stimulates terminal differentiation when induced by decreasing serum concentration in the culture medium [72].

All these data demonstrate that, as shown for TR myogenic activity, c-Jun exerts a dual myogenic influence either alone or through different AP-1 complexes. The oncoprotein first represses myoblast withdrawal from the cell cycle and thereafter stimulates terminal differentiation. RXR expression occurring at the onset of myogenic differentiation seems again to play a major role in this reversal.

4.4.1 BTG1, A Downstream Target of AP-1 Activity

The *btg1* (B-cell translocation gene 1) gene coding sequence was isolated from a translocation break point t(8; 12) (q24; q22) in a case of B-cell chronic lymphocytic leukaemia [174]. The encoded protein belongs to the BTG family, all members displaying a high degree of conservation in two regions of 22 and 20 amino acids named boxes A and B [175]. BTG1 and related proteins inhibit proliferation of several cell lines and are therefore believed to be members of an antiproliferative protein family [176, 177].

BTG1 expression is induced at the onset of myoblast differentiation [33, 34]. At this step, the protein displays a nuclear and cytosolic localization, due to the presence of an atypical but functional nuclear localization signal and a nuclear export signal. In addition, domains involved in cytosolic or nuclear retention have been characterized [178]. The importance of this gene for myoblast differentiation has been concluded from studies demonstrating that BTG1 nuclear localization is

enhanced by positive myogenic regulators such as T3 or by transient cAMP release [33]. Studies concerning the induction of BTG1 expression at the onset of differentiation established that TPA-inducible AP-1 activity (c-Jun/c-Fos) efficiently represses BTG1 expression at the transcriptional level. This led to the concept that inhibition of this activity by TR occurring at the induction of differentiation is an important event allowing BTG1 expression [34].

Studies of the influence of BTG1 in myoblasts established that its overexpression potentiates myoblast irreversible cell cycle arrest and stimulates terminal differentiation [34]. In addition, use of BTG1 mutants displaying a specific nuclear or cytosolic localization led to the conclusion that the myogenic activity of this protein is induced at the nuclear level. The search for the molecular basis of this myogenic influence led to the demonstration that BTG1 physically interacts with nuclear receptors known to stimulate myoblast differentiation, such as TR or retinoic acid receptors [32]. Even more interesting was the discovery that BTG1 also interacts with Myf5, MyoD and myogenin [32]. Furthermore, a similar interaction also occurs with c-Jun; as BTG1 is expressed at a step where c-Jun/ATF2 complexes are prevalent AP-1 heterodimers, it also concerns a transcription factor displaying a positive myogenic influence. As a result, these physical interactions lead to a potent stimulation of the transcriptional activity of each BTG1 partner. As deletion of BTG1 sequences abrogating these physical interactions fully suppresses this stimulation and the myogenic influence of BTG1, these data clearly indicate that BTG1 stimulates myoblast differentiation through its transcriptional coactivator activity [32].

Overall, these data provide evidence for the inhibition of AP-1 activity occurring at the onset of myoblast differentiation inducing the expression of a transcriptional coactivator which in turn stimulates the activities of TR, RAR, c-Jun/ATF2 and myogenic factors. This thereby implies an important role of AP-1 activity regulation in the ability of these factors to induce and/or to stimulate terminal differentiation.

4.5 c-Myc, a Target Involved in the Control of Myoblast Differentiation by Mitochondrial TR Isoforms

Several studies have been performed in order to understand the unexpected myogenic influence of the T3-dependent mitochondrial transcription factor p43, a TR-related protein encoded by the same gene that codes for the T3 nuclear receptor TR α . Experiments conducted in human fibroblasts indicated that overexpression of p43 induces a defective myogenic phenotype in these cells, which express only the Myf5 MRF and some muscle-specific proteins such as desmin, slow MHC and connectin, and displays a strong ability to fuse into myotube-like structures [179]. This observation raises the question of the possible involvement of this pathway in early processes of muscle development, in particular in determining muscle lineage.

Moreover, in experiments dedicated to better understanding the molecular mechanisms driving the influence of p43 on myoblast terminal differentiation, it appeared that overexpression of this receptor induces myogenin expression in the presence of high serum levels in culture medium and an increased expression of this MRF in differentiating myoblasts. In contrast, by blocking the p43 pathway, chloramphenicol abrogates myogenin expression even after serum removal [27]. However, c-Myc is probably a major target of this pathway. While p43 overexpression severely depresses the expression of c-Myc, blocking this pathway with chloramphenicol significantly increases c-Myc expression [26]. The direct implication of c-Myc on the myogenic influence of p43 is demonstrated following the restoration of c-Myc expression levels in p43 expressing cells which abrogates the myogenic influence of this mitochondrial receptor. Moreover, in the same way than chloramphenicol which inhibits the p43 pathway [27], c-Myc overexpression strongly inhibits myogenin expression and the ability of overexpressed myogenic factors to induce terminal differentiation [26].

In addition to this mechanism involving c-Myc, p43 overexpression also increases the expression of the calcium-dependent phosphatase calcineurin via stimulation of mitochondrial activity. Conversely, inhibition of this pathway by chloramphenicol reduces calcineurin expression [164]. As this phosphatase stimulates myogenin expression and myoblast differentiation [180–182], regulation of its expression by the p43 pathway probably represents another mechanism of regulating terminal differentiation. Another consequence for muscle development is related to the ability of calcineurin to favour slow myosin expression and the acquisition of slow contractile features of muscle fibres [180, 183, 184]. In C2C12 myoblasts, upregulation of calcineurin expression by p43 increases the amount of slow relative to fast myosin [164], indicating an involvement in the acquisition of the contractile phenotype of muscle fibres. This is in concordance with the observation that in transgenic mice, p43 overexpression in skeletal muscle changes the more rapid phenotype towards a slower one [165]. Interestingly, preliminary results from the lab suggest that decreasing c-Myc expression induced by p43 also represents an upstream event inducing calcineurin upregulation.

Altogether these data demonstrate that regulation of mitochondrial activity by transcription factors addressed into the organelle plays an important role in controlling the transition between proliferation and differentiation in myoblasts. Moreover, as a decrease in c-Myc expression is often considered as an absolute prerequisite for myoblast withdrawal from the cell cycle, downregulation of its expression level likely represents a crucial mechanism in p43 myogenic activity. In line with this possibility, studies have shown that a rise in mitochondrial activity precedes myoblast terminal differentiation, an event that does not occur in differentiationdeficient myoblasts. Interestingly, this event occurs simultaneously to the induction of RXR expression. We have shown that RXR α is partially cleaved by a cytosolic calpain, and that the resulting protein, mt-RXR, is imported into the mitochondrial matrix where it potentiates the transcriptional activity of p43 [163]. Therefore, it can be hypothesized that through this truncated form, RXR expression occurring at the onset of myoblast differentiation could, in this instance, potentiate p43 transcription of the mitochondrial genome and hence its stimulatory influence on mitochondrial activity and terminal differentiation (Fig. 3.7).



Fig. 3.7 c-Myc is a potent repressor of cell cycle arrest, myogenin expression and myoblast differentiation. Through stimulation of mitochondrial activity, p43 and mt-RXR inhibit c-Myc expression, allowing cell cycle arrest and stimulating myogenin expression and myoblast differentiation. In parallel, this mechanism upregulates calcineurin expression, also increasing myogenin expression and myoblast differentiation. In addition, calcineurin favours the acquisition of a slow oxidative myofibre type

4.5.1 Regulation of Myoblast Differentiation Through the Mitochondrial Nuclear Crosstalk

One intriguing question was to know how a mitochondrial transcription factor could induce changes in nuclear gene expression leading to the onset of the differentiation programme. The involvement of ATP synthesis by mitochondria has been ruled out with the observation that ATP stores are not affected after p43 overexpression [27]. Similarly, inhibition of this pathway by chloramphenicol only transiently decreases ATP stores, which are quickly restored by anaerobic glycolysis [27].

However, mitochondria are considered as important Ca^{2+} accumulation compartments, via captation of this anion through a Ca uniport probably involving uncoupling 2 and 3 proteins (UCP2 and 3) [185]. In parallel, mitochondria independently release Ca^{2+} into the cytosol through a Na⁺/Ca²⁺ exchanger and the permeability transition pore [186]. These events lead to changes in calcium pulses which govern Ca²⁺ signalling [187]. With respect to the influence of mitochondrial activity on c-Myc expression mentioned above, calcium is known to regulate the expression of this proto-oncogene [188, 189]. In parallel to this, mitochondria produce continuously reactive oxygen species (ROS) through its oxidative activity, considered as signalling molecules, inducing changes in DNA binding and activity of different transcription factors including AP-1, NF κ B and p53 [190–192]. In agreement with this organelle signalling, p43 injection in Xenopus eggs stimulates mitochondrial respiration associated with significant changes in calcium pulses [193]. Similarly, in human fibroblasts, p43 expression also stimulates ROS production [179], thereby affecting the mitochondrial nuclear crosstalk. Although the involvement of the ROS pathway in myogenic activity of the organelle remains to be established, recent studies indicate that calcium signalling should probably be considered [194, 195].

This set of data clearly suggests that ligand-dependent mitochondrial transcription factors are important regulators of myoblast differentiation. Overall, these results have led us to propose that mitochondria regulate developmental processes by ensuring coordination between ATP synthesis (needed for the energy-consuming processes of development) and via the induction or downregulation of expression of a set of nuclear genes [196], in particular those involved in muscle development.

5 Conclusions

In this review, we provide evidence that mechanisms allowing myoblast withdrawal from the cell cycle and terminal differentiation involve a functional interaction between several transcription factors. In particular, RXR genes seem to be master genes for the induction of myogenic differentiation. Their expression at a particular step of muscle development reverses the myogenic activity of other transcription factors, initially repressing terminal differentiation. In the presence of RXR, these factors become involved in the induction of myoblast withdrawal from the cell cycle, a key event promoting differentiation.

During myoblast proliferation, in the absence of RXR isoforms, TR and c-Jun inhibit MyoD transcriptional activity via a complex sequestrating the MRF. A major Jun/Fos AP-1 activity then strongly represses myoblast withdrawal from the cell cycle and inhibits MyoD and myogenin expression. It also inhibits the expression of BTG1, a transcriptional coactivator stimulating MRF, TR and RAR activity. High c-Myc levels also contribute to maintaining myoblast proliferation by interfering with proteins involved in cell cycle completion and repressing MyoD and myogenin ability to induce terminal differentiation. RXR expression occurring at the onset of differentiation induces a reversal of these influences. Disruption of the TR/c-Jun/MyoD complex restores full MyoD transcriptional activity. In addition, in the presence of RXR, TR inhibits Jun/Fos activity, an event decreasing c-Jun and Fra2 expression, thus favouring formation of c-Jun/ATF2 complexes which stimulate myogenin expression and myoblast differentiation.

In parallel, the induction of RXR expression is probably associated with the mitochondrial import of mt-RXR, able to stimulate the transcriptional activity of p43 on the mitochondrial genome. This phenomenon could explain the rise in organelle activity reported as preceding the onset of myoblast differentiation [155]. In turn, this leads to a decrease in c-Myc expression allowing myoblast withdrawal from the cell cycle and restoring MRF ability to induce terminal differentiation and myogenin expression (Fig. 3.8).



Fig. 3.8 RXR expression is deeply involved in the shift from proliferation to differentiation by reversing TR and c-Jun myogenic influences, and through its truncated mitochondrial form by decreasing c-Myc expression and upregulating calcineurin expression (see comment in the text)

In this respect, induction of RXR expression triggering all these changes appears a major event governing the shift between proliferation and differentiation, with hence considerable involvement in the biological clock of muscle development.

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Part II Stem Cells

Chapter 4 The Neural Stem Cells

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Abstract Neural stem cells represent a heterogeneous population of mitotically active, self-renewing and multipotent cells of both the developing and the adult central nervous system (CNS) showing complex patterns of gene expression that may vary in both space and time. Endogenous stem cells residing within CNS germinal niches might concur to nervous system repair owing to their ability to drive neurogenesis and gliogenesis during adulthood. Nevertheless, self-renewal, proliferation, migration and differentiation of CNS stem cells may significantly vary upon different types (e.g. acute vs chronic, focal vs multifocal) of CNS injury. In this chapter we address several aspects of neural stem cell pathophysiology.

Keywords Neural progenitor cells \cdot Neurogenesis \cdot Neurons \cdot Glia \cdot Neural stem cell transplantation \cdot Nervous system disorders

Neural stem/precursor cells (NPCs) represent a heterogeneous population of mitotically active, self-renewing and multipotent cells of both the developing and the adult central nervous system (CNS) showing complex patterns of gene expression that may vary in both space and time [1–3]. In the late 1960s, proliferating neural cells – possibly representing newly generated neurons – were identified in the adult rat brain [4, 5]. Since then, NPCs have been isolated virtually from the entire embryonic as well as the adult mammalian CNS. The ganglionic eminence(s), in the mouse embryo, and both the subventricular zone (SVZ) of the lateral ventricles and the sub-granular zone (SGZ) of the hippocampus dentate gyrus (DG), in adult rodents, have been shown to consistently contain stem-like cells capable of driving neurogenesis and gliogenesis [2, 6]. Cells with the structural and molecular characteristics of astrocytes (e.g. expression of glial fibrillary acidic protein [GFAP]) are considered as the bona fide CNS stem cells (or type B cells) in both the SVZ and the

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SGZ [7–9]. In the SVZ, these GFAP⁺ cells lie in intimate contact with other SVZ cell types, such as the rapidly dividing transit amplifying cells (type C cells) and the lineage-committed (post-mitotic) neuroblasts (type A cells). The cell lineage differentiation pathway in the SVZ goes from type B through type C to type A cells, with the type B cells believed to be the self-renewing primary neural stem cells [7] and the type A cell the neuroblasts migrating into chains to the olfactory bulbs (OB) [10] (Fig. 4.1). Differently from rodents, the adult human brain contains a single ribbon of SVZ astrocytes, which may proliferate in vivo and behave as multipotent progenitor cells in vitro [11, 12]. Nonetheless, conflicting evidence of newly generated neuroblasts from the human SVZ migrating towards the rostral pathway to the OB is provided so far [13, 14].



Fig. 4.1 NPCs in the SVZ of the adult mouse brain. (a) At 72 h after GFP-retroviral labelling, GFP-expressing SVZ cells (*red*) are positive for the radial glial marker nestin (*green*), visible in the radial processes. (b) Symmetry of cell divisions by GFP-expressing cells is defined by the orientation of the cleavage plane with respect to the epithelial surface. Mitotic divisions with the cleavage plane (*red dashed lines*) parallel to the epithelium (*horizontal*) are often asymmetrical (*arrowheads*), while mitotic divisions with a cleavage plane orthogonal to the epithelium (*vertical*) are generally symmetrical (*arrows*). Scale bar: 20 μ m

Also in the SGZ, the GFAP-expressing astrocytes function as (type B) CNS stem cells, undergo certain self-renewal and proliferation and turn into (type D) transit amplifying cells, and then differentiate into lineage-committed (type G) migratory granule neurons [15, 16]. Type B cells in the SVZ interdigitate with both the basal lamina and the blood vessels, while in the SGZ bursts of endothelial cell division are spatially and temporally related to clusters of neurogenesis [15]. Indeed, the histopathological analysis of post-mortem brain tissue from patients undergoing bromodeoxyuridine (BrdU) treatment reveals that new neurons – as defined by NeuN, calbindin or neuron-specific enolase (NSE) – are generated from dividing progenitor cells in the DG of the human hippocampus [17], thus suggesting that the human hippocampus retains the ability to generate neurons throughout life.

4 The Neural Stem Cells

The maintenance and the differentiation of neural stem cells in CNS germinal niches depend on their physical contact to the basal lamina that acts as a scaffold, sequesters and/or modulates the release of cytokines and growth factors from local cells (e.g. ependymal cells, fibroblasts, macrophages and pericytes) [18]. The rostral migration of at least half of newly generated type A cells also depends on their physical contact with the extracellular matrix and perivascular astrocyte end feet, as they associate with the vasculature in the granule cell layer of the OB and use blood vessels as a scaffold for their migration (vasophilic migration) [19].

1 Endogenous Neural Stem Cells and CNS Diseases

Endogenous stem cells residing within CNS germinal niches might concur to nervous system repair owing to their ability to drive neurogenesis and gliogenesis during adulthood [20]. Nevertheless, self-renewal, proliferation, migration and differentiation of CNS stem cells may significantly vary upon different types (e.g. acute vs chronic, focal vs multifocal) of CNS injury [21–23].

Increased numbers of nestin-expressing proliferating neural progenitor cells as well as of doublecortin-reactive neuronal progenitors are detected at the boundaries of the injury site as early as 1 week after experimental acute focal inflammatory CNS disorders, such as spinal cord injury (SCI) and stroke [23–26]. Experimental acute stroke in rodents triggers neurogenesis and migration of newborn neurons from their sites of origin into ischaemic brain regions [27].

The transient occlusion of the middle cerebral artery in the rat increases the incorporation of BrdU into neural cells in the SGZ of the DG, the effect correlating with activation of the cAMP response element-binding protein (CREB) [28]. Neural cells labelled with BrdU coexpress the immature neuronal markers doublecortin and proliferating cell nuclear antigen (PCNA), while they do not express the more mature cell markers neuronal nuclear (NeuN) and Hu, thus suggesting that they are nascent neurons [29]. The acute stroke is associated to a shortened length of the cell cycle, a decreased G1 phase and an increased cell cycle length of SVZ-resident neural progenitors [30] regulating a transient increase in both (terminal) symmetric cell division and generation of neuronal progenitors migrating through the ischaemic striatum towards the damage, closely associated with blood vessels [25, 31]. Also in patients with stroke, neural cells that express markers associated with newborn neurons are present in the ischaemic penumbra surrounding cerebral cortical infarcts and preferentially localize in the vicinity of blood vessels [32].

On the other hand, following acute SCI in the mouse, neural progenitors in the ependymal zone (EZ) of the central canal mobilize and migrate vigorously towards the direction where the contusion injury is generated – the most favourable migration occurring in the adjacent region close to the epicentre of the lesion – and differentiate optimally into neuronal nuclear (NeuN)-immunoreactive neurons, while not into astrocytes or oligodendrocytes [33]. After cervical SCI in the adult rhesus monkey, BrdU-based analysis of cell proliferation in vivo reveals an increase

of \geq 80-fold in the number of newly divided cells in the spinal cord. By 7 months after injury, 15% of these newly generated neural cells express markers of mature oligodendrocytes while 12% express astrocytic markers. These newly born oligodendrocytes are present in zones of injury-induced demyelination and appear to ensheath or remyelinate host axons [34].

In experimental models of chronic multifocal inflammatory demyelinating disorders such as experimental autoimmune encephalomyelitis (EAE), the animal model of MS, mitotically active neural progenitor cells, which reside either in the SVZ of the brain or in the EZ of central canal of the spinal cord, subvert their physiological destiny – the rostral migration to the OB or the radial migration to the lateral columns of the spinal cord – and migrate into areas of demyelination where they differentiate into glial cells [21, 22].

Though accumulating evidence indicates that endogenous neurogenesis and gliogenesis occur as part of an 'intrinsic' self-repair process during inflammatory CNS disorders, there are no convincing explanations about the overall incapacity of the endogenous CNS stem cell compartment to promote full and long-lasting CNS repair. Recent data suggest that chronic brain inflammation, induced by myelinspecific immune cells, irreversibly alters the proliferative and migratory properties of subventricular zone (SVZ)-resident endogenous NPCs in vivo. This effect is generally sustained by a pro-inflammatory cytokine-dependent inhibition of cell cycle progression leading to significant accumulation of non-migratory neuroblasts within the SVZ germinal niche. In parallel, quantitative reduction of the putative brain stem cells is also observed. Extensive in vitro culturing of neurospheres from mice with chronic brain inflammation completely reverses the impairment, thus suggesting that the hostile chronically inflamed brain microenvironment may sustain a non-cell-autonomous dysfunction of the endogenous NPCs [35].

Furthermore, during sub-acute lipopolysaccharide (LPS)-induced brain inflammation, interleukin (IL)-6 released by microglia significantly impairs neurogenesis in the hippocampus in vivo, the impairment being fully restored when non-steroidal anti-inflammatory drugs (such as indomethacin) are used [36]. In vitro generation of new neurons and oligodendrocyte from NPCs is induced and supported by mouse microglia that have encountered T-cell-associated cytokines (such as interferon-g and IL-4), but blocked by those that have encountered endotoxins (such as LPS) [37]. More recently, hippocampal neurogenesis induced by an enriched environment has been associated with the recruitment of brain-derived neurotrophic factor (BDNF) releasing T cells and the activation of microglia in the DG. When studied in immune-deficient mice, hippocampal neurogenesis has been found markedly impaired and not enhanced by environmental enrichment, while restored and boosted by T cells recognizing a specific CNS antigen, such as myelin basic protein (MBP) [38].

Taken together, these results might suggest that certain common immuneassociated mechanism(s) would underlie different aspects of structural plasticity and cell renewal in the adult CNS. Further, we cannot exclude that (at least) in certain chronic CNS inflammatory disorders (such as MS), some regional tropism of blood-borne inflammatory cells for major germinal niches might occur as a consequence of the capacity of the different cell components of the niches to secrete molecules preferentially attracting inflammatory cells. This, in turn, supports the ensuing idea that some CNS diseases might be provocatively viewed as the consequence of a dysfunction of stem cells rather than the upshot of an uncontrolled, and still undiscovered, pathogenic alien(s).

2 Neural Stem Cell Transplantation and CNS Diseases

Soon after the in vivo identification of stem cells from the CNS, different procedures have been developed in order to safely expand and maintain these cells in chemically defined media for years [39]. As a consequence, protocols to obtain in vitro a large number of NPCs have been established, thus supporting the concept that these cells might represent a renewable source of uncommitted ready-to-use cells for transplantation purposes [40]. NPC-based therapies for nervous system disorders - for example, stroke, Parkinson's disease (PD), Huntington's disease (HD), MS, SCI – have been successfully developed. While most of these attempts have succeeded in experimental models, there are still important issues that need to be solved before envisaging any potential human applications of such promising therapies. Not only the ideal cell source for transplantation (e.g., embryonic vs somatic) but also the best route of cell administration (e.g., local vs systemic) should be determined. However, the putative mechanism(s) sustaining both repair capabilities and long-term functional integration of NPCs upon transplantation is also unclear. Although indications that stem cells can reach the target organ and differentiate into the appropriate lineage exist, there is still scarce evidence that transplanted NPCs can reconstruct the three-dimensional brain architecture and give rise to large numbers of properly functioning cells integrating into the brain circuitries.

The route of cell administration represents a major constrain for NPC transplantation and appears to be very much depending on the CNS lesion site(s) (focal vs. multifocal). The anatomo-pathological features of focal CNS disorders, such as PD or acute SCI (also stroke and brain trauma), might suggest that direct local (intralesional) cell transplantation might facilitate tissue regeneration, while the multifocality of certain CNS disorders – such as MS and epilepsy – would represent a major limitation for intralesional cell transplantation approaches. Following the first observation in experimental brain tumours, in multifocal CNS disorders, systemic (e.g. intravenous and intrathecal) transplantation of NPCs can be therapeutically efficacious owing to the ability of transplanted cells to follow, via the blood stream or cerebrospinal fluid circulation, a gradient of chemoattractants (e.g. pro-inflammatory cytokines and chemokines) occurring at the site of inflammatory lesions [41, 42]. Specific homing of transplanted neural stem cells has been shown, in SCI, epilepsy and stroke. However, the exact molecular mechanism sustaining this phenomenon has been detailed, so far, only in EAE. Tethering, rolling and firm adhesion to inflamed endothelial cells and extravasation into inflamed CNS areas

are sequentially mediated by the constitutive expression of functional cell adhesion molecules (CAM) (e.g. CD44), integrins (e.g. $\alpha 4$, $\beta 1$) and chemokine receptors (e.g. CCR1, CCR2, CCR5, CXCR3, CXCR4) on neural stem cell surface [41, 42]. Irrespective from the characteristics of the experimental disease (e.g. disease course [acute vs. chronic], neuropathological features [focal vs. multifocal] and type of inflammation [primary vs. reactive]), functional recovery obtained by neural stem cell transplantation scarcely correlates with absolute numbers of transplant-derived newly generated terminally differentiated neuronal cells. Transplantation of neural stem cells into rodents with experimental PD or HD very scarcely differentiate into tyrosine hydroxylase (TH)-immunoreactive neurons despite significant behavioural improvement. Similarly, mice with SCI, acute stroke and intracerebral haemorrhage do improve despite pathological evidence of preferential astroglial fate of transplanted NPCs. The large majority of NPCs injected into mice with experimental cerebral haemorrhage or with acute ischaemic stroke express markers of undifferentiation, such as nestin, when surrounding damaged CNS areas. In EAE, very low differentiation of transplanted neural stem cells into myelin-forming oligodendrocytes is accompanied by neurophysiological evidence of axonal protection and remyelination. In the very same context, more than 20% of transplanted cells reaching inflammatory demyelinated areas do not express differentiation markers. This scarce and inappropriate terminal differentiation and the propensity of maintaining an undifferentiated phenotype within the host tissue suggest that transplanted neural stem cells might be therapeutic efficacious via a bystander mechanism(s) alternative to cell replacement. Therefore, transplanted NPCs reduce the scar formation and/or increase survival and function(s) of endogenous glial and neuronal progenitors surviving to the pathological insult. This neuroprotective effect is accompanied by increased in vivo bioavailability of major neurotrophins [e.g. nerve growth factor (NGF), brain-derived growth factor (BDNF), ciliary neurotrophic growth factor (CNTF), glial-derived neurotrophic growth factor (GDNF)]. Moreover, transplanted neural stem cells promote bystander immunomodulation as they release soluble molecules (e.g. cytokines and chemokines), express immune-relevant receptors (e.g. chemokine receptors, CAMs), capable of profoundly altering the inflammatory environment, and up-regulate membrane expression of certain functional death receptor ligands (e.g. FasL, TRAIL, Apo3L) by which they induce programmed cell death (apoptosis) of inflammatory T lymphocytes [41]. Furthermore, transplanted NSCs also significantly and specifically contribute to down-regulate effector functions of inflammatory T cells and macrophages within both the target tissue and draining lymph nodes [43].

All together these results consistently challenge the sole and limited view that stem cells therapeutically work exclusively throughout cell replacement. As a matter of fact, NPC transplantation may also promote CNS repair via intrinsic *neuroprotec*-*tive* bystander capacities, mainly exerted by undifferentiated stem cells releasing, at the site of tissue damage, a milieu of *neuroprotective* molecules once temporally and spatially orchestrated by environmental needs. The intrinsic nature (*pleiotropism* and redundancy) of these molecules and their 'constitutive' characteristics represent a stem cell signature that also reconcile data showing that other sources of somatic

stem cells (e.g. HSCs, MSCs), with very low capabilities of neural (trans) differentiation, may efficiently promote CNS repair. Thus, cell plasticity can also be viewed as the capacity of somatic stem cells to adapt their fate and function(s) to specific environmental needs occurring as a result of different pathological conditions (*therapeutic plasticity*).

The exact knowledge and the potential impact of *non-conventional* stem cellmediated therapeutic mechanisms might result, in certain circumstances, in more efficacious curative alternatives.

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Chapter 5 Cardiac Stem and Progenitor Cells

Ronglih Liao and Regina L. Sohn

Abstract Since the early days of cardiovascular biology, it has been believed that mammalian adult cardiomyocytes exit from the cell cycle soon after birth, with the total number of cardiomyocytes being pre-determined. Recently, the identification of resident cardiac stem/progenitor cells by several independent laboratories has challenged this long-held paradigm and has provoked an exponential increase in the number of investigations. As a consequence, emerging evidence now supports a new theory in which the mammalian heart represents an organ at a dynamic cellular steady rate, with a constant, albeit low, rate of cellular turnover and the intrinsic ability to regenerate lost cells. If this is indeed the case, not only does it re-define myocardial biology, but it also suggests the potential to regenerate lost or diseased myocardium. To date, there is general agreement that adult hearts contain a population(s) of primitive cells that are capable of differentiating into functional myocytes, smooth muscle cells, and endothelial cells; however, what remains to be determined is the number, distribution, and origin of these cells. What also needs to be addressed is the relationship and/or overlap among cardiac stem/progenitor cell populations published thus far. Hopefully, a consensus in these regards will be reached with continued investigation. Note that this is an emerging field of investigation that is evolving at a rapid pace. Herein, we discuss the current views and up-to-date literature describing cardiac stem/progenitor cells with the understanding that this knowledge base will continue to advance and be refined in the days to come.

Keywords Cardiac stem cells \cdot Regeneration \cdot Cardiomyocytes \cdot SP \cdot c-kit \cdot Sca1 \cdot Differentiation \cdot Self-renewal

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1 Introduction

Regenerative medicine is an emerging field, involving both basic and clinical investigations, stemming from an increased understanding of stem cell biology and cellular plasticity. Since the first bone marrow transplantation to treat a patient with leukemia by Thomas and colleagues in 1956 [1], countless numbers of patients have benefited from this ground breaking treatment strategy. Indeed, adult stem cell therapy is considered one of the major achievements of modern medicine. Expanding the use of such stem cells for extra-bone marrow regeneration remains one of the next great frontiers of stem cell therapy.

Prior concepts have suggested that unlike the bone marrow, skin, and intestinal epithelium, the heart is a terminally differentiated organ, lacking self-renewal capacity. As a consequence, cardiomyocytes undergo hypertrophy, rather than hyperplasia, in response to hemodynamic stress. This long-held tenant has recently been challenged by the discovery of potential stem/progenitor cells in the heart. The identification of cardiac stem/progenitor cells was first reported in 2002, with the initial observation rapidly confirmed by different identifiers (for details see below), and by many independent laboratories. Such stem/progenitor cells may also explain much earlier observations of mitotic cardiac cells in adult myocardium following stress or injury [2, 3]. Furthermore, the presence of an endogenous pool of stem/progenitor cells has challenged the classical teaching that the mammalian heart contains a pre-determined number of cardiomyocytes after birth devoid of any mechanism to regenerate lost cells. Mounting evidence now suggests that the mammalian heart has the inherent capacity to self-renew and exhibit cellular turnover. Moreover, recent publications by Keating and colleagues even suggest that existing cardiomyocytes may have the potential to divide and proliferate [2-4]. It is, however, important to point out that the renewal capacity of these resident cardiac/progenitor cells is limited to the maintenance of the basal cellular turnover under physiologic conditions. With a larger cardiac insult or injury, such as that occurring during myocardial infarction, the scale of cell death generally exceeds the capacity for endogenous cell regeneration; and thus, the myocardium is left with a region of scar rather than fully regenerated cardiac muscle. Interestingly, such scar formation is also common in organ systems, such as the GI tract, which have greater regenerative capacity following local injury.

While the identification of resident cardiac stem/progenitor cells raises the distinct potential of using these cells for functionally relevant cardiac regeneration, this potential is hindered by our limited understanding of the molecular mechanisms regulating cardiac stem/progenitor cell fate and function. In this chapter, we will begin by reviewing the identification and characterization of currently recognized resident cardiac stem or progenitor cells. We will also review the current knowledge base regarding the origin of these cardiac stem cells and their resident cellular niches in myocardium. Additionally, we will discuss the role of these cardiac stem/progenitor cells in cardiac repair and regeneration as well as the effects of aging on these cardiac stem/progenitor cells. Finally, we will conclude with a brief discussion on current questions and future perspectives.

2 Identification of Cardiac Stem/Progenitor Cells

Emerging data have suggested that the heart does indeed possess endogenous progenitor or stem cells, capable of differentiation into cardiomyocytes. These cardiac stem or resident cells have been identified and characterized by their distinctive surface markers by several laboratories worldwide. Whether these different populations of cardiac resident stem/progenitor cells are truly unique and distinct from each other or represent a spectrum of cells in the developmental pathway has yet to be determined. A hypothesized hierarchy schematic is shown in Fig. 5.1. Nevertheless,



Fig. 5.1 The heart is a dynamic organ capable of cellular turnover. The quiescent cardiac stem cell is capable of a low basal level of cell division to maintain a pool of cardiac stem cells. These cells respond to developmental or injury by undergoing enhanced cell division (both symmetric and asymmetric to allow for renewal) to form daughter cardiac progenitor cells that respond to stimuli to differentiate further into cardiomyocytes, endothelial cells, and smooth muscle cells. The cardiac progenitor cells include cardiac SP, Sca1+, and cardiospheres as described. Whether these progenitor cells are distinct from each other or represent a developmental continuum is unknown. The fully differentiated and mature cardiac cells eventually succumb to aging or injury by undergoing cell death and/or stimulating the existing pools of cardiac stem and progenitor cells

these resident cardiac stem/progenitor cells have generated enormous hope for therapeutic cardiac regeneration. Herein, we discuss and summarize the current reported cardiac stem/progenitor cell populations (Table 5.1).

2.1 Cardiac SP Cells

The report by Hierlihy and colleagues [5] in 2002 was the first to identify the existence of a stem cell pool in post-natal murine hearts based on their specific ability to efflux Hoechst dye. The ability to actively efflux the DNA binding dye, Hoechst 33342, was first introduced to identify highly enriched hematopoietic stem cell populations, termed side population or SP cells, from bone marrow in 1996 by Goodel and colleagues [6]. This Hoechst efflux property can be blocked by verapamil, a reagent known for its ability to inhibit calcium channel activity as well as the multi-drug resistance proteins, Abcg2/Bcrp1 and Abcb1/Mdr1 [7]. Recently, this methodology has been widely utilized to identify tissue-specific stem/progenitor cells in various adult organs, including the pancreas, pituitary, testis, mammary gland, skeletal muscle, liver, lung, and heart [5–15].

The experiments by Hierlihy et al. [5] stemmed from exciting reports suggesting that bone marrow-derived stem cells undergo cardiomyogenic differentiation when implanted into injured myocardium [16, 17]. In addition, Hierlihy and colleagues hypothesized that almost all organs harbor a resident pool of stem cell-like cells that are capable of maintaining cellular homeostasis during basal states or following injury. Therefore, they sought to identify a similar type of resident progenitor cell in post-natal myocardium. In so doing, they observed that adult hearts may indeed contain a resident pool of stem cell-like cells defined by the side population (SP) phenotype. They found that cardiac SP cells make-up approximately 1% of cardiomyocyte-depleted mono-nuclear cells and this population was low in expression for CD34, c-kit, Sca-1, Flk-2, Thy1.1. Of particular interest is that these cardiac SP cells can form colonies and differentiate into beating cardiomyocytes when cultured with adhered primary neonatal cardiomyocytes. To examine the dynamics of the cardiac SP pool, Hierlihy and colleagues compared the number of cardiac SP cells found in wild-type mice and in mice with cardiac-specific over-expression of a dominant negative form of Mef2c (Mef2cdn). These mice have hypoplastic hearts post-natally due to the small size of individual cardiomyocytes [18]. Compared to wild-type hearts, the percent of cardiac SP cells in hearts from Mef2cdn mice was reproducibly decreased. The Mef2cdn hearts also had a greater total number of cardiomyocytes. No causal relationship was established between the decrease in SP cell number and the increase in cardiomyocyte number in Mef2cdn hearts; nevertheless, it is attractive to speculate that SP cells in Mef2cdn hearts were recruited to undergo cardiomyogenic differentiation and contribute to the increased cardiomyocyte number. The existence of a resident pool of cardiac stem/progenitor cells was later verified by two independent laboratories by their c-kit [19] and Sca-1 [20] expression, as discussed below.

	Table 5.1	Compai	rative dat.	a of resid	ent cardis	ic stem/pi	rogenitor	cells isolat	ted form differe	nt laboratories	
		Major	surface m	larkers							
	Species	c-kit	Sca1	CD45	CD34	CD31	MDR1	BCRP1	Proliferative capacity	Cardiac differentiation	Other remarks
SP	Mouse [10]	I	+	I	I	I	ND	+	Yes	Yes	
	$\begin{array}{l} (\text{Ually Lab}) \\ \text{Mouse } \begin{bmatrix} 1 \\ 1 \end{bmatrix} \\ (T := T + b) \end{array}$	Ι	+	Ι	Ι	++	+	+	Yes	Yes	CD31- are
	(Liao Lab) Rat [30] (Komuro Lab)	ND	QN	I	Ι	+1	ŊŊ	+	Yes	Yes	cardiomyogenic
c-kit	Mouse, human [19] (Anversa Lab)	+	+	I	I	I	÷	ND	Yes	Yes	
Scal	Mouse [20] (Schneider and Oh Labs)	I	+	I	I	+	ND	+	Yes	Yes	
CP	Human [46] (Marban Lab)	+	*	I	+	+	I	ND	Yes	Yes	Also CD105+, CD90+, CD133-
Isl1	Mouse [41] (Chien Lab)	I	ND	I	I	I	ND	*	Yes	Yes	*via dye efflux capacity
SP, side p	opulation; CP, cardiospher	re; ND, n	not detern	nined							

In 2004, Martin and colleagues examined the expression of Abcg2 (also known as Bcrp1 for breast cancer resistance protein), an ATP binding cassette transporter, in embryonic and adult murine hearts [10]. As in the first report by Hierlihy and colleagues [5], Martin et al. found that Abcg2-expressing SP cells are able to differentiate into α -actinin positive cells. Abcg2 has previously shown to be the molecular determinant for the SP phenotype (Hoechst dye efflux ability) of bone marrow SP cells [21, 22]. Using in situ hybridization and immunohistochemical technologies, the authors elegantly document the expression of Abcg2 during embryonic and cardiac development, with a restricted expression pattern during embryogenesis followed by robust expression in the E8.5 heart and a decrease during midgestation (E11.5 and E13.5). Interestingly, however, while the Abcg2 has been shown to be the molecular determinant for the bone marrow SP phenotype, we have observed that Abcg2 is not required for the SP phenotype in cardiac cells by using an animal model with genetic deletion of Abcg2. Rather, we found that two ABC transporters, Abcg2/Bcrp1 and Abcb1/Mdr1, regulate the dye efflux property in cardiac SP cells in an age-dependent fashion [23]. Moreover, Abcg2 (or ABCG2 in human) has also been found to be expressed in the endothelial cells of veins and capillaries in the heart [24–29]. Taken together, these data have raised caution as to whether Abcg2/Bcrp1 gene or protein expression can be used alone as a molecular marker to identify cardiac SP cells in tissue sections. It is important to highlight that, at the current time, identification of cardiac SP cells is solely based on their ability to efflux Hoechst dye, rather than by a molecular marker. The role of Abcg2 in cardiac SP cells in the regulation of SP phenotype and function remains to be investigated.

Despite the lack of specific molecular/surface markers, Martin et al. also reported a comprehensive transcriptional analysis of cardiac SP cells, even though these cells represent a heterogenous population [10]. These SP cells were freshly isolated and FACS sorted, rather than obtained from a single clone. Gene expression in cardiac SP cells was compared to expression in embryonic stem cells (SM-1, passage 7) and adult cardiomyocytes. This analysis revealed that a distinct molecular program was associated with cardiac SP cells. Most interestingly, several transcription regulators were upregulated in cardiac SP cells, including capsulin, Meox2, Mef2a, and Mef2c, as well as transcripts associated with cell stress, including chaperones, DNA repair, protein degradation, detoxifying enzymes, and oxidative stress genes. Interestingly, Martin and colleagues also observed induction of TGF β and Notch signaling pathways which may be involved in the regulation of self-renewal and maintenance of cardiac SP cells. The exact role of these genes is unclear at the present time and future study is needed to define their role in regulating the cell fate of cardiac SP cells.

Data from our group have demonstrated that cardiac SP have the capacity for biochemical, and more importantly, functional, differentiation [11]. We found that cardiac SP cells isolated from adult mouse hearts are able to express several cardiac-specific proteins; however, cardiomyogenic differentiation required coupling with primary cardiomyocytes (Fig. 5.2). Using the intracellular calcium indicator, fura-2, we found that cardiac SP cells not only exhibit synchronized contraction and

Fig. 5.2 Cardiac SP cells are capable of biochemical and functional differentiation into mature cardiomyocytes. In order for functional differentiation to occur. cardiac SP (GFP, green, pointed by arrows) couple with primary adult cardiomyocytes (stained for α-actinin, red). Mature differentiation is noted by the presence of sarcomeric striations, synchronized contraction and relaxation with adjacent co-cultured adult cardiomvocvtes. Nuclei are stained blue with DAPI



relaxation with adjacent co-cultured adult cardiomyocytes but also demonstrate intracellular calcium transient indistinguishable from neighboring adult cardiomyocytes. Moreover, we found that the greatest capacity for cardiac differentiation appears to be limited to the Sca1+/CD31– sub-population SP cells. Of interest, cardiac SP cells isolated in Garry's laboratory are primarily negative for CD31 expression, and this discrepancy between groups is mostly likely attributed to the difference in SP isolation procedures. Note that even subtle difference in experimental protocol may yield significant variation. Despite these differences, however, all groups have consistently found that CD31– SP cells retain a strong cardiomyogenic potential.

While the in vitro cardiomyogenic differentiation of cardiac SP cells has been demonstrated by several groups, thus far, less is known about the ability of these cells to undergo cardiomyogenic differentiation in vivo. Recently, Komuro and colleagues studied the homing and differentiation efficiency of intravenously injected cardiac SP cells in a myocardial cryoinjury rat model [30, 31]. Neonatal rat cardiac SP cells were isolated from GFP+ transgenic rats and injected intravenously into normal rats and into rats with cryoinjured hearts. After 4 weeks of transplantation, GFP+ cells (from donor cardiac SP) were found to home to areas of injured myocardium and differentiate into cardiomyocytes, endothelial cells, smooth muscle cells, and fibroblasts.

The dynamic changes of cardiac SP cells during cardiac injury also remain largely unknown. In 2005, our group was the first to show that, upon myocardial injury, the resident cardiac SP population is acutely depleted and then returns to baseline levels 7 days following MI [32]. The reconstitution of cardiac SP cells back to baseline occurred via cell proliferation of endogenous cardiac SP cells, as

shown by increased expression of the cell cycle marker Ki67, as well as by homing of bone marrow-derived stem cells, presumably SP cells, to the injured heart [32]. After homing, GFP bone marrow-derived stem cells undergo phenotypic conversion to become cardiac SP cells, as demonstrated by the loss of CD45 expression in the donor-derived GFP cells. Interestingly, the contribution of bone marrow-derived stem cells to the pool of cardiac SP cells was not observed during normal physiologic growth from neonatal to adulthood, as no bone marrow-derived stem cells were detected when GFP-expressing bone marrow was transplanted into lethally irradiated neonatal animals [32]. While we have observed the inability of freshly isolated bone marrow SP cells to undergo cardiomyogenic differentiation, it remains to be determined whether bone marrow-derived stem cells gain a cardiomyogenic capacity after residing in a myocardial niche following ischemic-induced homing. Several important questions still exist, including those regarding, but not limited to, the signals and/or chemoattractants that are essential for the homing of bone marrow-derived stem cells to injured hearts, and whether bone marrow-derived stem cells can attain cardiomyogenic potential in vitro and can be used for cardiac regeneration. All of these questions are the subject of ongoing investigations.

2.2 c-kit Positive Cardiac Cells

In 2003, Beltrami et al. methodically described a population of cardiac stem cells defined by the expression of the stem cell factor, c-kit+, and found them in clusters among cardiomyocytes in adult hearts [19]. This is the most thoroughly characterized cardiac progenitor cell population to date, and the only population, that represent true stem cells, as defined by clonogenicity, self-renewal, and multipotentiality. These c-kit+ cardiac stem cells are negative for blood cell lineages (CD34, CD45, CD20, CD8, and TER-119) and negative for cardiomyocyte, endothelial, and smooth muscle cell markers. However, roughly 10% of c-kit+ cells are positive for early cardiac transcription factors (Nkx2.5, GATA-4, and MEF2) [19]. In vitro, cardiac c-kit+ cells appear to be clonogenic and capable of self-renewal and differentiation into cardiac cell lineages (cardiomyocytes, endothelial, and smooth muscle cell). To determine their ability to regenerate functional myocardium after myocardial infarction, BrdU c-kit+ cells were injected into the borders of infarcted rat hearts 5 h following coronary ligation. Analysis of treated and untreated control animals by immunohistochemistry, echocardiography, hemodynamics, and sarcomeric mechanics revealed that c-kit+ cardiac stem cells were capable of reconstituting lost myocardium with functional cardiomyocytes, arterioles, and capillaries. These in vivo data have significant clinical implications and raise the possibility of regenerating lost myocardium with resident cardiac stem/progenitor cells.

c-kit+ cardiac stem cells have also been detected in hearts explanted from humans with chronic ischemic cardiomyopathy following transplant or lethal MI. This suggests that c-kit+ cardiac stem cells exist in human myocardium. Moreover, these cells may be utilized over time and differentiate into cardiomyocytes, smooth muscle cells, and endothelial cells in vitro [33]. More recently, Anversa and colleagues have demonstrated not only that c-kit+ cardiac stem cells can be isolated and expanded in vitro but also that they can be re-implanted, survive, and integrate in a rodent model of myocardial infraction [34]. Strikingly, these human c-kit positive cardiac stem cells were able to differentiate into cardiomyocytes and vascular cells in injured rodent myocardium, in vivo. These reports further raise the exciting possibility of isolating and expanding cardiac stem cells from myocardial biopsies in patients with chronic ischemic cardiomyopathy for autologous cell transplantation, thus, avoiding the need for immunosuppression.

Houser's laboratory has recently described the isolation and characterization of c-kit+ cardiac stem/progenitor cells from adult feline hearts [35]. The authors documented a detailed study of cardiomyocyte development from purported resident cells and hypertrophy from existing terminally differentiated cardiomyocytes during adolescent growth, a period of enormous cardiac growth. They hypothesized that if indeed cardiac progenitor cells contribute to the homeostasis of cardiomyocytes, the pool of cardiomyocytes should be composed of a combination of newly formed immature cardiomyocytes and terminally differentiated cardiomyocytes. Their extensive analysis included comparing cardiomyocytes isolated from adolescent (11 weeks) and adult (22 weeks) feline hearts by assessing cardiomyocyte volume, numbers, cell cycling activity, telomerase activity, cellular contractility, calcium transients, and electrophysiology. Indeed, Chen et al. found that the heart mass increased 101%, while the volume of individual cardiomyocytes increased only 77% [35]. Therefore, to increase the mass of the adolescent heart, there must also be generation of new cardiomyocytes in addition to hypertrophy. While the authors found that adolescent and adult feline hearts contain a similar percentage of mononucleated smaller cardiomyocytes ($\sim 12\%$) and binucleated larger cardiomyocytes $(\sim 87\%)$, the mono-nucleated cardiomyocytes were functionally immature, whereas the binucleated cardiomyocytes were functionally competent (as assessed by cellular contractility, calcium transients, and electrophysiology). A greater portion of the BrdU positive cells, the majority of Ki67 positive cardiomyocytes, and the majority of high telomerase activity were found in population of smaller, mono-nuclear cardiomyocytes; this suggests again that the growing heart contains cardiomyocytes capable of dividing and forming new cardiomyocytes. The binucleated, larger cardiomyocytes, on the other hand, were terminally differentiated and showed signs of senescence (more p16^{INK4a} positive cells were binucleated). Thus, in order for cardiomyocyte maturation to occur, the newly formed cardiomyocytes must exit from the cell cycle and become terminally differentiated. This study provides data supporting the concept that the heart is not a terminally differentiated organ and that the heart does have the capacity for partial self-renewal.

Another study by Rota et al. confirms the co-existence of a heterogenous population of cardiomyocytes. Here, the authors performed a similarly detailed analysis of murine hearts at 3 months and found cardiomyocytes displaying a spectrum of age and function [36]. Again, this work supports the new tenet that the heart is not a terminally differentiated organ, and it promotes the need for re-evaluation of current hypotheses in myocardial biology. If continued cardiomyocyte regeneration is a normal physiological process during early post-natal development, further understanding of this regulation would have profound contributions to both basic science and translational impact for the treatment of heart disease.

2.3 Sca1 + Cardiac Progenitor Cells

In the same year that c-kit+ cardiac stem cells were identified, Oh et al. employed a different stem cell marker, stem cell antigen (Sca-1), to identify yet another population of resident cardiac progenitor cells in adult hearts [20]. These Sca1+ cells accounted for approximately 14–17% of cardiomyocyte-depleted mono-nuclear cells. As shown in skeletal muscle [8], these Sca1+ cells were found to be small interstitial cells neighboring the basal lamina. They typically coexpress CD31 or its receptor, CD38. Moreover, cardiac Sca1+ cells lack blood lineage markers, including CD8, B220, Gr-1, Mac-1, and TER119, hematopoietic stem cell markers (CD45 and CD 34), c-kit, Flt-1, Flk-1, VE-cadherin, and vWF. Notably, cardiac SP cells are highly enriched for Sca1, and in fact, Sca1+ SP cells contain a higher cardiomyogenic potential than Sca1+ non-SP cells [11].

Cardiac Sca1+ cells express some of cardiac-specific transcription factors, GATA4 and MEF2c but no cardiac structural genes, such as myosin heavy chain or cardiac actin. Like other cardiac progenitor cells, cardiac Sca1+ cells are capable of undergoing cardiomyogenic differentiation, as demonstrated by immunohisto-chemical staining for sarcomeric α -actin and cardiac troponin I upon exposure to 5-azacytadine in vitro [20]. Oh and colleagues were the first to employ a Cre/Lox donor/reporter system to demonstrate the homing, differentiation, and fusion of cardiac Sca1+ cell in injured hearts. When injected intravenously into mice subjected to ischemic/reperfusion injury, Sca1+ cells were found to home to areas of damaged myocardium and to differentiate into cardiomyocytes, with and without fusion to host cells. Interestingly, engrafted cells were still present in the infarct border zone 2 weeks following implantation and seem to have proliferated as well. Like the extra-cardiac-derived stem/progenitor cells, cardiac Sca1+ cells, though originally isolated form myocardium, were not able to home to uninjured myocardium.

In a recent elegant study designed to identify cardiac stem cells without the use of cell surface markers, Tateishi and colleagues found that Sca1 played a vital role in the cardiac stem cell identity and function [37]. They used an un-biased approach and isolated GFP+ cells from heart homogenate of GFP transgenic mice. The only selection criterion applied in this study was the ability of these isolated cells to expand clonally in serum-free medium. Three colonies were obtained from 9541 single cell cultures. Characterization of these cells revealed that 70% of those clonally expanded cells are Sca1 positive and c-kit negative. In good agreement with most, if not all, reports of cardiac stem/progenitor cells, these Sca1+/c-kit– clonally expanded cells did not express the hematopoietic makers CD45 and CD34 and were negative for the endothelial cell marker, CD31, as well. In addition to expressing Sca1, these cells also express a high degree of CD29, CD105, CD44,

and CD106 and, to a much less degree, CD13, CD73, and CD90. In terms of gene expression, these clonally isolated and expanded cells express Bcrp1, Bmi1, TERT (telomerase reverse transcriptase), Nanog and nestin as well as high telomerase activity (all commonly found in various progenitor cells). The authors went on to show that cardiac stem cells isolated form TERT promoter-driven eGFP mice contain Sca1 positive populations. However, these TERT-eGFP expressing cells rarely expressed detectable levels of c-kit, CD45, or CD31. Therefore, they suggested that in adult hearts, Sca1 expression is critically linked to elevated telomerase activity of TERT-expressing cells.

To determine the function of Sca1 in cardiac stem cells, the authors utilized ds-Sca1 RNA driven by RNA polymerase II promoter to generate a mouse model of Sca1 knockdown in which Sca1 proteins expression was reduced in the heart. Their data suggested that deficiency of Sca1 expression significantly affects the proliferation and survival of cardiac stem cells but not their ability to differentiate, in vitro. Intriguingly, the cardiac protective effects of cardiac stem cells were lost when the Sca1-KD cardiac stem cells were used to engraft in post-MI hearts as compared to cells isolated from non-transgenic control. They further suggested that this Sca1-regulated cardiac protective to antibody against Sca1 has been reported both using immunohistochemistry and Western blot in mouse, rat, dog, and human [38], it is unclear if Sca1 is expressed in human cardiac tissue. Nevertheless, given the concern of whether Sca1 is expressed in human hearts, the immediate clinical application of either using Sca1+ cardiac progenitor cells or targeting Sca1+ for optimizing cell-based therapy in human remains to be determined.

2.4 Islet 1 (Isl1) Positive Cardiac Cells

In 2003, Cai and colleagues were the first to report the possibility of using Isl1, a LIM homeodomain transcription factor, as a marker to isolate cardiac progenitor cells. This intriguing study stemmed from their analysis of homozygous Isl1 null mice showing embryonic lethality and died at E10.5 with absence of outflow tract, right ventricle, and much of the atria [39]. These cardiac structures do not arise from the cardiogenic mesoderm derived from the embryo's primitive streak. Instead, Isl1 defines the secondary heart field, providing precursors that proliferate prior to differentiation and migration to the appropriate positions in the heart. This report offered an important perspective regarding the existence of the primary and secondary heart fields and suggests the presence of two sets of cardiogenic progenitor cell populations: one population expressing and requiring Isl1 progenitors to contribute to the outflow tract, right ventricle, atria, some left ventricle; the other population does not express Isl1 to become the progenitors of the majority of the left ventricle.

Further lineage studies using an inducible Isl1-Cre showed that in addition to contributing to the myocardial lineages of the outflow tract, atrial septum, and right ventricle, isl1-derived cells are present in the sinoatrial and atrioventricular nodes,

endothelial cells, and vascular smooth muscle (including that of the coronary vessels) [40]. The role of Isl1 in the specification of these distinct lineages remains to be determined.

Subsequently, Laugwitz et al. reported the identification of Isl1+ cardiac progenitor cells, albeit in a very small number, from post-natal rat, mouse, and human myocardium [41]. The localization of Isl1 in cardiac tissue (atrial muscle wall, intraatrial septum, conus muscle, and right ventricle) was consistent among species, at least in mouse, rat, and human. These Isl1+ progenitor cells were initially identified during early cardiac development, and a small number of Isl1+ cells have been found in the post-natal murine heart (primarily in the outflow tract, atria, and right ventricle). In contrast to the previously discussed cardiac progenitor cells, the Isl1+ progenitor cells do not express Sca1 or c-kit. These Isl1+ progenitors are also capable of differentiating into cardiomyocytes in vitro upon co-culture with neonatal cardiomyocytes and can be expanded in culture on a feeder layer of mesenchymal cells. It is important to point out that Isl1+ cells were found in the animal and human hearts at a very young age. The general lack of Isl1 expression in later stages of life makes it difficult, if not impossible, to isolate these progenitor cells from adult patients for therapeutic regeneration. However, Isl1 may serve as an ideal molecular marker for the identification of cardiac progenitors from ES cells.

Indeed, Moretti et al. reported the isolation of Isl1+ cells from ES cells in 2007 [42]. These cells are called multipotent Isl1+ cardiovascular progenitors (MICP) and have the transcriptional signature of Isl1+/Nkx2.5+/Flk1+. They are clonal, multipotent, and, most importantly, capable of differentiating into striated muscle cells and smooth muscle cells, as well as a subset of non-muscle cells. In their model, Isl1+/Flk1+ cells represent a subset of downstream progenitors, responsible for undergoing endothelial cell differentiation; whereas Isl1+/Nkx2.5+ cells were similar to the Isl1+ progenitors isolated in post-natal hearts and could generate cardiac or smooth muscle cells. Given that the Isl1 progenitors are capable of contributing to multiple cell lineages within the heart, Moretti and colleagues suggest that Isl1+/Nkx2.5/Flk1 cells are part of a hierarchy of cellular programs controlling lineage specification. This is reminiscent of the developmental hierarchy proposed in the bone marrow where a single hematopoietic stem cell can regenerate all of the blood lineages [43]. While this working model establishes an initial framework for the hierarchy of stem/progenitors regulating lineage specification in the second heart field, future studies are necessary to confirm and fine-tune this exciting finding.

2.5 Cardiospheres

Messina and colleagues described yet another interesting method for isolating undifferentiated cardiac progenitor cells from human biopsy specimens. These cells were cultured in vitro, in self-adherent clusters, and are, therefore, termed cardiospheres [44]. These sphere-generating cells can be isolated not only from human atrial or ventricular biopsy but also from embryo, fetal, and post-natal mouse hearts. These cardiospheres generally expressed KDR, CD31, CD34, c-kit, and Sca1 (mouse) and have been shown to be clonogenic, as well as capable of cardiomyogenic differentiation into beating cells when co-cultured. Moreover, cardiospheres isolated and cultured from human hearts were found to regenerate infarcted mouse myocardium, attenuate infarct size, and improve cardiac function as determined by echocardiography. Similarly, Tomita and colleagues found the generation of neurosphere-like clusters, also referred to as "cardiospheres," from neonatal cardiac SP cells [45]. The cardiospheres derived from cardiac SP cells have been shown to be clonogenic and possess multi-lineage differentiation potential to expressing cardiac, smooth muscle, and neuronal genes and proteins [45].

The identification of cardiospheres from very small human biopsy specimens is significant for it allows for the growth of cells in numbers that would permit human cell therapy. It would also allow for autologous cell transplantation, obviating the need for immunosuppression. Indeed, a more recent study by Marban's laboratory demonstrated that cardiosphere cells can be expanded from percutaneous endomyocardial biopsy specimens and when implanted into mouse model of myocardial infarction, these cardiospheres were able to promote cardiac regeneration and improve cardiac function [46]. This study provided proof of concept for the use of cardiac stem cells isolated from human myocardium biopsy specimens for cell therapy. While it is encouraging and provides motivation for future therapeutic application in patients, several open questions remain. Of most importance, it is not clear whether the quality and quantity of cardiac stem/progenitor cells would be affected by the stage of the heart disease or age of the patient requiring cell therapy.

3 Origin of Cardiac Stem Cells

In theory, the stem/progenitor cells isolated from myocardium could either originate endogenously during development or home from exogenous bone marrow or other tissues. Data from several laboratories suggest that the cardiac stem/progenitor cells are distinct from bone marrow-derived stem cells, while many others demonstrate these cardiac stem/progenitor cells may be of extra-cardiac origin, such as bone marrow. The bone marrow is known to contain the largest reservoir of stem/progenitor cells; and, through circulation and homing mechanisms, the bone marrow replenishes the stem/progenitors pool of various organs [47–50]. The homing of bone marrow-derived stem cells to other organs following injury has been unambiguously documented; however, the migration of bone marrow-derived stem cell to non-injured organs remains controversial. Using an animal model of parabiosis, circulating hematopoietic stem cells do not home to the heart in the absence of cardiac injury [51–53]. Using a cardiac α -actin promoter-driven EGFP, the cardiac histogenesis patterns have been documented and suggest that fetal and post-natal cardiomyocytes are derived from a common progenitor cell [54].

Tomita et al. used double transgenic mice encoding protein 0 (Schwann cell myelin marker)-cre/Floxed-EGFP and revealed that cardiac neural crest-derived

stem cells migrate into the heart during development and remain in the myocardium, presumably in certain niches as dormant cardiac stem cells. Upon stimulation, these cells can then differentiate into cardiomyocytes as well as neurons, glia, and smooth muscle cells [45]. While our laboratory is unable to track the origin of cardiac SP cells at the current time, we concur with the notion that cardiac stem/progenitor cells are derived during development and reside in the myocardium to contribute to the physiologic cellular homeostasis of cardiac cells with limited involvement of extra-cardiac-derived stem cells. In contrast, bone marrow-derived stem cells contribute significantly to the maintenance of the pool of cardiac SP cells only following cardiac injury.

Some researchers, however, have suggested that cardiac stem/progenitor cells are derived from bone marrow. Using a model of GFP-labeled bone marrow transplant, Li and colleagues [55] found that, under their experimental conditions, the majority of the c-kit+ cells in the heart were also GFP positive. While these experiments were not designed to lineage track the origin of the c-kit+ cardiac stem cells, the data suggest that the c-kit+ cardiac stem cells may be of bone marrow origin. In summary, the origin of these stem and progenitor cells isolated from adult myocardium remains highly debatable and largely unanswered due to the lack of specific molecular markers to definitively identify the cardiac stem/progenitor cells. Equally important to the origin of cardiac stem/progenitor cell, it remains unknown whether the various cardiac stem/progenitor cells isolated using different surface markers or phenotype are in fact from the same progeny and reflect stem/progenitor cells at different stages in their development. Further investigation is necessary to ascertain the answers to these questions.

4 Cardiac Stem Cell Niche

To date, the most studied stem cell microenvironments, or niches, are those of the bone marrow, skin, and hair follicle [56]. Little is known, however, regarding the cardiac stem cell niche. Stem cell niches would harbor microenvironments in which stem/progenitor cells can exist in a quiescent state, and then, when activated, differentiate into mature cells. This would require a tightly regulated supporting network. However, since the fundamental properties of various organs differ substantially, the microenvironment where stem/progenitors reside, renew, and differentiate may be different. In principle, the niches or microenvironments are the discrete environments in the interstitium where primitive cells, including stem cells and early linage committed progenitor cells, are stored, renewed, and differentiated. To investigate the microenvironments or niches where stem cells reside, a molecular marker of stem cells and exquisite immunohistochemistry techniques are necessary. Leri and colleagues were the first to demonstrate the existence of cardiac stem cell niches in the rodent myocardium [57] (see Fig. 5.3).

Using a combination of immunohistochemistry and long- and short-term BrdU pulse/chase assay, Urbanek et al, demonstrated the existence of cardiac niches



Fig. 5.3 The putative cardiac niche and its surrounding network: In this immunohistochemistry analysis of the apical myocardium, a cluster of progenitor cells is observed. Shown are 14 Abcb2/Mdr1+ cells (*white*). Of these 14, nine express GATA-4 (*magenta dots*) in the nuclei (*stained blue* with propidium iodide), and six of these cells express α -sarcomeric actin in the cytoplasm (*red; arrows;* myocyte precursors). Cardiac progenitors are the three cells positive for GATA-4 only (*arrow heads*). Five cardiac stem cells are identified by the lone expression of Abcb2/Mdr1; they are also lineage negative. There is also one small early developing myocyte which no longer has Abcb2/Mdr1 expression (*asterix*). Bar = 10 µm. (Photo courtesy of Drs P. Anversa, A. Leri, and J. Kajstura)

where clusters of cardiac stem cells or early lineage-committed cells resided [57]. By the authors' definition, cardiac stem cells are primitive cells expressing c-kit, Abcb1/Mdr1, and Sca1 without tissue-specific transcription factor and/or proteins of cardiac cells. Similarly, the early lineage-committed progenitor cells are defined by the coexpression of stem cells markers (i.e., c-kit, Abcb1/Mdr1, or Sca1) and cardiomyocyte, endothelial cells, or smooth muscle cell-specific transcription factor(s). While cardiac niches can be identified in the atria, ventricular base-midregion, and apex, the number of cardiac stem cells and/or progenitor cells is much higher within the atria relative to other regions. These cardiac stem/progenitor cells are interwoven with neighboring cardiomyocytes and fibroblasts via gap junction proteins, including connexins 43 and 45 and N- and E-cadherin. Interestingly, by using a calcium translocation assay, it was found that cardiac stem/progenitor cells are connected and supported by surrounding cardiomyocytes and fibroblasts but not endothelial cells. Moreover, integrin receptors, α 4-integrin together with fibronectin and the α 2 chain of laminin, seem to play a critical role in maintaining the homeostasis of cardiac stem/progenitor cells. β1-integrin is usually found on many primitive and committed progenitor cells, while a4-integrin, which is linked to the renewal of hematopoietic stem cells [58, 59], is exclusively expressed in the not-yet-committed stem cells. This suggests that α 4-integrin may be critical for maintenance of cardiac stem cells at their undifferentiated and most "stem" stage. Upon activation, the $\alpha 2$ chain of laminin and fibronectin (both are ligands for $\alpha 4\beta 1$ -integrin receptor) is thought to serve to transducer signal from the extracellular compartment to the $\alpha 4\beta 1$ -integrin receptor and initiate the downstream signaling cascade to direct stem cells to undergo lineage-committed differentiation. Numb and α -adaptin have been shown to interact to permit asymmetric cell division, providing for different daughter cells (stem cell and committed cell) [60–63]. Based on the expression pattern of Numb and α -adaptin, Urbanek et al. note that the cardiac stem cells undergo twofold greater asymmetric division vs. symmetric division and the ratio between the events of symmetric and asymmetric division is independent of the location of cardiac niches (atrial vs. apical). Though the proposed thesis is attractive, future experiments from this and other groups are certainly needed to confirm the existence of cardiac niches and to address their regulation and function.

In steps toward this end, Komuro and colleagues also performed immunohistochemistry to identify the location and distribution of cardiac SP cells [31]. In this study, they stained neonatal rat hearts with Abcg2/Bcrp1 and CD31 antibodies and found several Abcg2/Bcrp1 positive and CD31 negative cells (potentially representing the SP populations in the heart) existed in both the perivascular and interstitial spaces among mature cardiomyocytes [31]. While they did not find any significant difference in cellular distribution of these stem/progenitor niches among apex, mid, and base of left ventricle, as well as no difference between left and right ventricle, they discovered that these ABCG2/Bcrp1 positive and CD31 negative cells communicate with neighboring cardiomyocytes via CD29 and N-cadherin. This finding is similar to those described by Leri and colleagues [57], suggesting that, indeed, cardiac stem/progenitor cells are localized in discrete areas in the myocardium and supported by surrounding cardiomyocytes.

While the adult myocardium is no longer felt to be a terminally differentiated organ, the degree of cardiomyocyte turnover, either from existing cardiomyocyte cycling or differentiation from resident stem/progenitor cells, remains largely unclear. Utilizing BrdU long-term label-retaining assay (6 days labeling and 10 weeks chasing), Urbanek et al. showed that cardiomyocytes are continually turning over and the majority of the cycling cardiomyocytes are differentiated from the pool of stem/progenitor cells. Intriguingly, the half-life of a cardiomyocyte depends on the particular location: cardiomyocytes located in the base-mid section exhibit double the half-life than those in the atrial and apical regions [57].

More recently, Lee and colleagues used a genetic "pulse-chase" strategy with an inducible Cre-loxP system to track the percent regenerated cardiomyocytes from stem/progenitor cells [64]. In this system, mice with the cardiomyocyte-specific α -myosin heavy chain promoter driving the expression of a tamoxifen-inducible Cre-recombinase are mated with mice containing a reporter such that β -galactosidase expression is replaced by GFP expression after excision of a stop codon flanked by loxP sites. Treatment with tamoxifen ("pulse") labels cardiomy-ocytes with GFP. The percent of GFP positive cardiomyocytes are assessed during the course of normal aging over 1 year and cardiac injury ("chase"). They found that resident stem/progenitor cells indeed contribute to the myocyte regeneration in the setting of post-injury, including myocardial infarction and pressure overload, but

not in the non-injured basal condition during aging [64]. These results differ from those found by Urbanek et al; however, the discrepancy in basal cardiomyocyte turn over could be due, in part, to the different methodologies used. Further research will be necessary to resolve the controversy of the degree of cellular turnover at the basal level. In addition, whether or not the same degree of cellular turnover occurs in humans also needs to be addressed.

Though dividing cardiomyocytes and resident cardiac stem cells appear to be present, their ability to regenerate myocardium after injury is insufficient. Thus, to repair myocardial damage, one could determine the factors that increase the population of dividing cardiomyocytes. Work by Kuhn et al. addresses this possibility by using recombinant periostin [4]. Periostin is part of the extracellular matrix [65]; associated with the epithelial-mesenchymal transition during cardiac development [66, 67]; and, it is re-expressed in adult tissues after cardiac, skeletal muscle, vascular, and bone injury [68-72]. Kuhn et al. found that recombinant periostin induced increased cell division in neonatal and mature cardiomyocytes to undergo mitosis in vitro, to similar degrees as treatment with FGF [73]. Such induction required $\alpha_{\rm v}$, β_1 , β_3 , and β_5 integrins and an intact phosphotidylinositol-3-OH (PI3) kinase pathway. To test the effects of periostin in vivo after myocardial infarction, recombinant periostin was delivered via Gelfoam epicardial patches at the time of infarction. The authors found that 12 weeks after injury, periostin improved cardiac function by echo and assessment of pressure-volume loops; reduced fibrosis; and increased angiogenesis. They also found increased BrdU incorporation by cardiomyocytes in the border zone. While this work is promising, it is in contrast to work by Oka et al. showing that periostin is involved in the hypertrophic remodeling response [74, 75]. A periostin knockout mouse was more likely to have ventricular rupture after MI; while the surviving mice had less fibrosis and better left ventricular function. Mice overexpressing periostin, on the other hand, exhibited hypertrophy with normal aging and appeared protected against ventricular rupture after MI. Oka et al. found that the function of fibroblasts is altered with periostin expression. Other groups using adenoviral and liposomal delivery of periostin to cardiomyocytes found hypertrophy or dilation, respectively, of the hearts [76, 77]. Clearly further research is necessary to clarify the role of periostin in the heart. Nevertheless, the research above shows that modulation of the cardiac extracellular environment may provide the stimulus needed for cardiac repair. More research is necessary, however, before it can be added to the treatment armamentarium for cardiac damage.

5 Aging and Cardiac Progenitor Cells

With the average lifespan and the aging population continuously increasing in the Western world, so is the average age of patient populations with cardiovascular disease. It is commonly acknowledged that the regenerative potential of any organ declines with age, and this impairment could be associated with the senescence of the stem/progenitor cells in the given organ. The heart is no exception, and it

is particularly vulnerable to the aging process. A new paradigm has been evolving and demonstrates that the heart contains populations of stem/progenitor cells which may contribute to the renewal of cardiac cells. As we have reviewed above, this new hypothesis suggests that the mammalian heart consists of non-dividing and dividing cardiomyocytes. Over the individual's life span, the death of senescent cardiomyocytes is balanced by the proliferation of existing cardiomyocytes as well as the repopulation of cardiomyocytes, at least in the early post-natal life, by resident stem/progenitor cells (review see [78]). Unfortunately, this self-renewal capacity is a slow process and it is not sufficient to counteract the loss of cardiomyocytes over one's life span or following cardiac injury. As a consequence, the heart is left with either poorly functioning senescent cardiomyocytes or fast growing fibrosis to replace lost cardiomyocytes.

As the adult human heart ages, the number of cardiomyocytes decreases in males more than in females: in male hearts from 17 to 89 years of age, there is 45 million myocytes fewer per year in the left ventricle and 19 million fewer in the right ventricle [79–81]; the loss of myocytes is compensated by myocyte hypertrophy. In females, on the other hand, the numbers of myocytes in the left and right ventricles is essentially unchanged in 20–95-year-old hearts. Though the number of myocytes is unchanged, the female hearts do have cardiomyocyte death [82, 83]; therefore, to maintain the number of cells, there must be proliferation of cardiomyocytes. Thus, this supports the noted new paradigm that the heart is, indeed, a dynamic organ, capable of some degree of renewal.

Telomerase activity is necessary to maintain telomere lengths in the dividing cells; as the cells become senescent, the telomeres shorten and the cell may go through apoptosis [84]. Analysis reveals that telomerase activity is present in cardiomyocytes of both young and old hearts [85], though it is much less in the older hearts of men. Again, the adult heart is not a static organ.

However, despite the documented presence of proliferating cardiomyocytes and the resident cardiac stem/progenitor cells, it is not enough to offset the ageassociated loss of cardiomyocytes in men, nor is it enough to repair damaged hearts. We have presented above potential avenues to improve the regenerative potential of the heart. However, whether the cardiac progenitors of older hearts are still able to "perform" as well as their counterparts in the young hearts remain to be determined. Subtle changes in the milieu or stem cell niche may affect the ability of the cardiomyocyte cell or precursor to respond. For example, in skeletal muscle, satellite cells are primarily responsible for regeneration after injury; this regenerative capacity is reduced during aging and there is increased myocyte death and fibrosis [86]. Though aged satellite cells are less functional, they do retain the potential for repair: when exposed to a young environment in a parabiosis model, aged skeletal muscle exhibits increased regeneration and less fibrosis after cryoinjury; these processes are mediated, in part, by restoring signaling of the Notch pathway and by suppressing Wnt activity[86-88]. A similar phenomenon may be present in the aging heart and should be considered as a potential obstacle in future therapies.

6 The Role of Resident Cardiac Stem Cell in Repair and Regeneration

Since the first cell-based therapy in human using autologous skeletal myoblast took place in 2000 [89], a rather significant number of clinical trials, from small openlabeled safety trails to a relatively larger double-blinded, placebo-controlled efficacy trails have been conducted worldwide [90-104]. Currently, there are more than 10 clinical trials in the United States either ongoing or about to start to determine the potential use of stem cell therapy in a host of different cardiac diseases [105]. This rather rapid translation from bench to bed side was fueled by the observation that some degree of beneficial effects in animal models always occurred regardless of the cell type tested, which ranged from somatic to embryonic-derived cells, as well as the initial encouraging clinical results. It is intuitively appealing to use resident cardiac stem/progenitor cells for cell-based myocardial repair and regeneration. However, the biggest hurdle to overcome is the difficulty in the acquisition of cardiac biopsies and isolation and expansion of these resident stem/progenitor cells. Significant efforts have been put forth in this regard, and recent publications have detailed such isolation and expansion of cardiac stem/progenitor cells from human hearts or biopsies [34, 46]. Alternatively, these resident cardiac stem/progenitor cells can be activated locally in situ by growth factors and cytokines to promote their proliferation and differentiation [4]. In any case, further understanding of the biology and the regulation of these resident cardiac stem/progenitor cells is a prerequisite for the successful translation from animal models to human. We are heading into an exciting era of regenerative medicine in both basic science research and clinical application. With the continued advances in stem cell biology, molecular biology, and tissue bioengineering, we may soon to be able to regenerate damaged hearts with normal and functional cardiac tissue with an integrated cardiomyocyte, vasculature, and supporting matrix network.

7 Conclusion and Future Prospective

In summary, the recognition of the existence of endogenous cardiac stem/progenitor cells in the adult mammalian heart has raised the distinct possibility for true cardiac regeneration. No longer can the heart be considered a post-mitotic organ, as the heart does indeed have the capacity and potential for repair/regeneration. As currently stands, however, these resident cardiac stem cells are insufficient to overcome the tissue loss due to aging or severe injury such as myocardial infarction. The difficulty and complications involved in regenerating normal and functional cardiac tissue in a sick heart are daunting; however, with continued progress in understanding stem cell biology, its enormous promise as therapy is becoming more and more a reality. It is still unclear as to the what ideal cell type is for such therapies and the ideal patient population to be targeted. Further intensive basic

science investigations, in conjunction with carefully designed randomized, doubleblinded, placebo-controlled clinical trials, is obligatory to advance the practicality of cardiovascular regenerative medicine into routine clinical practice.

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Chapter 6 Muscle Stem Cells

Shihuan Kuang and Michael A. Rudnicki

Abstract Accumulating evidence suggests that there are two categories of stem cells in skeletal muscle: (1) satellite cells, the default muscle stem cells that are responsible for muscle growth and regeneration under physiological conditions and (2) other multipotent stem cells that are capable of myogenic differentiation during muscle regeneration induced by injury or diseases. The latter category includes different cell populations isolated by various researchers using several techniques. When used in tissue engineering applications these stem cells have been demonstrated to possess promising potential for the regeneration and repair of muscle. Here, we review the origin, localization, isolation, and myogenic functions of muscle stem cells with particular interests in their practical and potential implications, as well as challenges, in cell-based therapies for muscle diseases.

Keywords CD34 · Mesoangioblast · Muscular dystrophy · Myogenesis · Pax7 · Pericyte · regeneration · Satellite cell · Sca-1 · Side population · Stem cell therapy

1 Introduction

1.1 Skeletal Muscle Regeneration as a Model to Study Stem Cell Function

Skeletal muscles are the most abundant tissue in human body and are responsible for all body movements. Mature muscle cells, commonly known as muscle fibers or myofibers, are long cylindrical shaped multinuclear cells. These multinuclear

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muscle fibers are formed through fusion of hundreds of mononuclear muscle cells called myocytes. The capability of myocytes to fuse with each other or with existing muscle fibers provides an effective mechanism for muscle growth and repair during development and regeneration [1]. Conversely, poor muscle regenerations under certain pathological conditions, such as various forms of muscular dystrophy, often reflect an inadequate supply of myocytes and compromised muscle stem cell function.

1.2 Transcriptional Control of Muscle Development and Regeneration

During development, most skeletal muscles are derived from embryonic somites, paired segmental structures sitting bilaterally along the neural tube. The somites are originally cleaved off the presomitic mesoderm in an anterior to posterior fashion with the segmentation of body plan. Primitive somites are ball-like structures containing a central sclerotome that eventually gives rise to the skeleton and a peripheral portion that undergoes mesenchyme-to-epithelium transition to transform into a dorsal–lateral sheet called dermomyotome [2]. Within the dermomyotome, a population of progenitors, marked by their expression of the paired domain transcription factors Pax3⁺ and Pax7⁺, eventually give rise to most skeletal muscles as well as adult satellite cells [3], the primary stem cells that are responsible for muscle growth and repair.

During postnatal muscle growth or regeneration, quiescent satellite cells and other muscle resident stem cells are activated and proliferate to give rise to myoblasts, myogenic precursor cells that express the basic helix-loop-helix (bHLH) family transcription factors Myf5 and MyoD. Some myoblasts subsequently withdraw from cell cycle, up-regulate the expression of two other bHLH myogenic regulatory factors myogenin and Mrf4, then differentiate into myocytes. Myocytes are terminally differentiated myoblasts that express myosin heavy chain (MHC) and muscle creatine kinase (MCK) [1].

The molecular regulation of quiescence, activation, proliferation, and differentiation of embryonic and adult muscle stem cells is strikingly similar [2]. First, myogenic specification of multipotent stem cells is regulated by Pax7 and Pax3. The Pax3⁺/Pax7⁺ progenitor cells in the embryonic dermomyotome are shown to give rise to dermal, adipogenic, and myogenic lineages, probably mediated by asymmetric cell divisions. Wnt and Shh signalings are positive regulators of myogenic differentiation, whereas BMP signaling is shown to inhibit myogenic differentiation and promote alternative lineage differentiation [2]. In adult, Pax7 is the master regulator of muscle lineage specification and stem cell function, whereas Pax3 seems to be insufficient, if not dispensable, for effective muscle regeneration [4–6]. Second, myogenic lineage commitment of muscle stem cells is regulated by Myf5 and MyoD. Quiescent satellite cells heterogeneously express Myf5, suggesting that they are composed of both myogenic committed and non-committed cells [7]. MyoD is not expressed by quiescent satellite cells, but is rapidly up-regulated in the activated satellite cells and proliferating myoblasts. Third, differentiation of myoblasts into fusion competent myocytes is regulated by the myogenin and MRF4. Together, the "Pax3/Pax7 \rightarrow Myf5/MyoD \rightarrow Myogenin/MRF4" axis defines the transcription framework regulating embryonic muscle development and adult muscle regeneration. Emerging knowledge supports the notion that essentially all extracellular molecules and intracellular signaling pathways act upon this transcriptional network to regulate muscle differentiation.

1.3 Various Types of Stem Cells Contributing to Muscle Regeneration

In adult, skeletal muscles have remarkable capability for remodeling and regeneration upon muscle injuries, due to myogenic differentiation of satellite cells and other types of muscle-specific stem cells. Muscle stem cells are a broad term referring to various types of myogenic cells that are isolated from skeletal muscles and are capable of long-term proliferation and myogenic differentiation (Table 6.1). They can be roughly classified into four categories: (1) satellite cells; (2) muscle side populations; (3) vessel-associated myogenic cells; and (4) other muscle resident stem cells mostly found in the interstitial connective tissues. Whether all these categories of cells are true adult stem cells is still a debated topic. The commonly accepted defining features of adult stem cells are self-renewal and differentiation, often mediated by asymmetric cell divisions. Except for satellite cells, there is still a lack of solid evidence to demonstrate that a single cell, from category 2 or 3 or 4, is capable of both self-renewal and myogenic differentiation in vivo.

These different types of muscle-derived stem cells have been isolated by various ways. For example, satellite cells are identified by their sublaminar localization and expression of specific markers. Some of the markers, such as CD34, α 7 integrin, and Vcam1, have been successfully used to prospectively isolate satellite cells by FACS [7–9]. Several other populations of stem cells are also isolated by FACS based on specific marker expression, including pericytes by ALP expression, side population cells by Hoechst33442 dye exclusion, circulating AC133⁺ cells, and myoendothelial cells [10–12]. In addition, stem cells have also been isolated by culture techniques. Bone marrow-derived stem cells, mesoangioblasts, and muscle-derived stem cells (MDSC) are examples of culture-derived stem cells.

2 Muscle Satellite Cells

2.1 Identification and Molecular Markers

Satellite cells were first observed in 1961 by Mauro with electron microscope and so named because of their intimate association with mature muscle fibers [13]. He

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Cell type	Origin	Localization	Molecular markers	Myogenic potential
Satellite cells	Somite	Sublaminar, adjacent to mvofibers	Pax7, CD34, Myf5, M-Cad, CD56	Spontaneous High efficiency [0 27]
SP cells	Somite and unknown	Interstitium? derived by FACS	Scal	Inducible by co-culture [47, 53]
Pericytes	Mesenchymal	Associated with microvasculatures	ALP, PDGFR _β	Spontaneous, efficient [47, 53]
Mesoangioblasts	Mesenchymal	Dorsal aorta, blood vessel in muscle	CD34, Flk1, VE-Cad	Efficient [54, 55]
Myoendothelial cells	i	Interstitium	CD34	Spontaneous, efficient [57, 58]
AC133+ cells	? Bone marrow	Circulation?	AC133	Inducible by Wnt or co-culture
CD45Sca1	?, derived by FACS	?, muscle resident	CD45, Sca1	Inducible by Wnt [59]
BM-derived cells	Mesoderm	Bone marrow	Hematopoietic stem cell markers	Inducible [60–64]
MDSC ES cell derivatives	?, culture-derived ES cells	?, muscle resident Culture-derived	CD34, Sca1 CD73, CD56	Spontaneous [39] Spontaneous [65]
?, indicates unknown				

 Table 6.1 Myogenic stem cells

108

noticed the satellite cells as being wedged between two membranes: the plasma membrane of muscle fiber and the basal membrane that wraps up the muscle fiber along its whole length. If the identification of satellite cells is a natural by-product of the application of electron microscope in biology, then his prediction of the origin and biological function of satellite cell is far more outreaching. Prior to his work. it was known that skeletal muscles have remarkable regenerative capacity and that some non-fused "free" cells are probably responsible for the regeneration. However, the source of these "free" cells was unclear or thought to be derived from the surviving nuclei of the degenerated muscle cell. In his seminal work, Mauro predicted that satellite cells are more likely to be remnants of embryonic myoblasts that have remained dormant and are "ready to recapitulate embryonic development of skeletal muscle fiber" upon damage [13]. He therefore provided a mechanism that was "pertinent to the vexing problem of skeletal muscle regeneration" and speculated that the lack of regenerative capacity in cardiac muscle was due to the lack of satellite cells [13]. His interpretation still holds true today: It has been generally accepted that satellite cells are indeed the main source of progenitors for adult muscle repair and regeneration.

Satellite cells are known to express various transcription factors and cell surface markers. Pax7 is not only important for the formation and function of satellite cells (elaborated below), it is also a specific and reliable marker for all satellite cells. Other markers, including CD34, Myf5, M-Cad, NCAM, VCAM-1, Syndecan3, and Syndecan4, are also expressed by satellite cells with certain heterogeneity [1]. In the past few years, several novel markers have been identified to be expressed by satellite cells. These include α 7-integrin, β 1-integrin, CXCR4, caveolin-1, Sox8, Sox15, sphingomyelin, VAMP-2, calcitonin receptor (CTR), MEGF10, VE-Cad, ICAM1, claudin 5, ESAM, and PCDHB9 [14].

2.2 Role of Pax7 in Satellite Cell Function

The paired box homeodomain transcription factor Pax7 plays multiple roles in satellite cell generation, maintenance, and function. The perinatal ablation and further age-dependent decline of satellite cells in Pax7 mutants demonstrate an essential role of Pax7 in the specification and subsequent self-renewal or survival of satellite cells [4–6, 15]. Surviving Pax7 mutant satellite cells are apoptotic in vivo and do not proliferate due to cell cycle arrest upon activation [4, 5]. In contrast, in vitro gainof-function studies confirmed that Pax7 promotes proliferation and self-renewal but inhibits differentiation of satellite cells [16]. Furthermore, Pax7 mutant muscles fail to regenerate following injury, consistent with the observation that Pax7 is required for the myogenic progression of not only satellite cells but also other adult stem cells [4, 15]. Indeed, Pax7 is necessary for the myogenic conversion of Sca1⁺CD45⁺ muscle resident stem cells and Pax3⁺ interstitial progenitor cells [4, 17]. Interestingly, the function of Pax7 cannot be compensated by the closely related Pax3 protein [5], suggesting a unique requirement of Pax7 in the regenerative production of myogenic progenitors.

2.3 Regulation of Activation, Proliferation, Self-Renewal, and Differentiation

Quiescent satellite cells are activated to enter cell cycle in response to growth signals or muscle injuries. Presently it is not clear how satellite cell quiescence is maintained, but a number of molecular cues are known to induce satellite cell activation. Of these, the hepatocyte growth factor (HGF) and nitric oxide (NO) signaling plays a critical role in the initial activation phase [18, 19]. NO has been shown to regulate the release of HGF, which subsequently acts through c-Met receptor to activate ERK and p38 family of mitogen-activated protein kinases (MAPKs) signaling pathways [20]. Inhibition of p38 α/β promotes cell cycle withdrawal and prevents differentiation of proliferating myoblasts, suggesting that p38 α/β reversibly regulates the quiescent state of the skeletal muscle satellite cell. Activation of satellite cells and p38 α/β MAPKs occurs concomitantly, providing further support that these MAPKs function as a molecular switch for satellite cell activation [20].

Recent studies also indicate that sphingosine-1-phosphate (S1P) signaling is involved in the activation of satellite cells and proliferation of mesoangioblasts [21, 22]. S1P is expressed in the membrane invaginations of quiescent satellite cells and released by stress to trigger the sphingomyelin signaling. In addition, NF- κ B signaling is also involved in activation of satellite cells. Depletion of IKK2, an inhibitor of NF- κ B kinases, facilitates skeletal muscle regeneration through enhanced satellite cell activation [23].

Proliferation of satellite cells is regulated by various signaling pathway. Of prime importance is the bFGF signaling [1]. Interestingly, p38 MAPKs, whose role in promoting activation is discussed above, also functions downstream of bFGF to stimulate activated satellite cell proliferation [20, 24]. This finding suggests that p38 regulates distinct targets depending on its temporal kinetics, resulting in separate functions during myogenesis. Other growth factors and cytokines, including IGF, EGF, BDNF VEGF, PDGF, TWEAK, IL-6, and LIF, have also been documented to play roles in regulating satellite cell proliferation and differentiation [1, 25, 26].

Recent studies strongly suggest that some satellite cells are capable of selfrenewal to maintain the homeostasis of the stem/progenitor cells in vivo [7, 27]. Several lines of evidence suggest that Notch signaling balances the cell fate choice between self-renewal and differentiation. Perturbation of Notch signaling through genetic mutation or pharmacological treatment results in depletion of muscle progenitor pool, indicative of compromised self-renewal [7, 28, 29]. Conversely, enhancement of Notch signaling restores the regenerative capacity of aged muscle [30]. Together, these results indicate that Notch signaling positively regulate satellite cell self-renewal.

2.4 Multipotency of Satellite Cells

In addition to their self-renewal capacity, satellite cells have also been shown to possess potentials for multi-lineage differentiation. First, myogenic differentiation of satellite cells has been well documented. In vivo tracing of radio isotope labeled satellite cells indicate that satellite cells can differentiate into myonuclei during muscle growth and regeneration [31–34]. In vitro cultivation of physically and/or enzymatically isolated single myofibers containing only satellite cells and differentiate to form multinuclear myotubes [35]. In addition, cultured satellite cells can also undergo adipogenic, osteogenic, fibroblastic, and even neural and endothelial differentiation in vitro and in vivo [36–44]. However, it is unclear how efficient satellite cells undergo alternative osteogenic and adipogenic differentiation in vivo. It is also unclear whether multi-lineage differentiation capacity is a property of all satellite cells or a sub-population of primitive satellite cells.

2.5 Satellite Cells as a Candidate for Stem Cell-Based Therapies

Due to their extraordinary efficiency in spontaneous muscle differentiation, satellite cell-derived myoblasts have been used in numerous clinical trials for muscular dystrophies [45]. However, several hurdles greatly slowed down efforts to harness the great potential of the satellite cell-based therapy. The main problems include host immune rejection, the poor survival, self-renewal, and migration of donor cells after local intramuscular injection, and their incompatibility with systemic delivery through circulation.

Recent studies indicate that freshly isolated satellite cells, compared to cultured myoblasts, are far more effective in restoration of dystrophin expression in mdx mice and give rise to functional satellite cells in host muscle [9, 27]. Remarkably, the number of cells required is several magnitudes lower as compared to conventional myoblast transfer. For example, a single wild-type myofiber carrying only seven to eight satellite cells can robustly contribute to the restoration of dystrophin in hundreds of mdx myofibers and give rise to self-renewed satellite cells at the same time [27]. Interestingly, MyoD mutant myoblasts engraft host muscle more efficiently due to their improved survival upon grafting, suggesting that inhibiting MyoD activity represent a strategy to improve efficiency of myoblast transplantation [46]. These results not only provide a promising direction for future development of stem cell-based therapy in muscular dystrophies but also suggest that the current conditions for cultivation of satellite cells result in alterations in the functionality satellite cells. Since in vitro culture is necessary for genetic manipulation of satellite cells to be used for autologous transplantation, future research should focus on culture conditions that maintain the high myogenicity of satellite cells. A thorough understanding of the molecular control of satellite cell activation, proliferation, and self-renewal would lead to such a solution.

Poor migration of focally injected myoblasts is another factor that hinders the application of satellite cell-based therapy for muscular dystrophies. It would be interesting to explore the feasibility of systemic delivery of fresh or cultured satellite cells. Several other cell types, including SP cells, pericytes, and mesoangioblasts, are capable of migration into muscles through the circulation system (see below). A challenging task would be to genetically engineer satellite cells so that they can also be used for systemic delivery. Finally, to ensure the long-term contribution of transplanted satellite cells to host muscle regeneration, a functional pool of satellite cells must be present or restored after transplantation. We have recently shown that sub-population of Myf5⁻ satellite cells are particularly efficiently in the self-renewal of satellite cells compartment upon injection into the host muscle in mice [7]. Future studies should focus on developing strategies to purify equivalent self-renewing satellite cells from humans and on the understanding of the signaling mechanisms controlling the self-renewal process.

3 Other Myogenic Stem Cells Resident to the Muscle

3.1 Side Population Cells

Side population (SP) cells are originally isolated from bone marrow-derived hematopoietic stem cells based on Hoechst 33342 dye exclusion. They represent $\sim 1\%$ of all cells, as opposed to the rest of the main population (MP) cells [11]. SP cells are subsequently isolated from muscle and other tissues [47–49]. Interestingly, significant heterogeneity exists among SP cells from different tissues and even among SP cells from the same tissue [49]. SP cells from bone marrow are all CD45⁺ but vary in Sca1 expression (roughly half positive and half negative). In contrast, SP cells derived from muscles are predominantly Sca1⁺CD45⁻ with a minor fraction being Sca1⁻CD45⁻. Although a rare population (<1%) of muscle SP cells are Cd45⁺ and capable of hematopoietic differentiation, it is unknown whether these are contaminating SP cells from bone marrow through peripheral blood.

The origin, localization, and normal function of SP cells remain unclear. Recent genetic lineage analysis indicates that roughly 50% of muscle SP cells are derived from Pax3 expressing cells in embryonic dermomyotome [50]. Muscle SP cells are thought to be localized in the interstitium. Intriguingly, in human fetal muscles, SP cells express BMP4, probably functioning to induce proliferation and myogenic differentiation of neighboring MP cells that express BMP receptor 1a [51].

Both bone marrow- and muscle-derived SP cells have dual hematopoietic and myogenic potentials. They have been shown to reconstitute the hematopoietic system, give rise to dystrophin expressing muscle fibers and satellite cells after transplantation into mdx mice [47, 48, 52]. However, the contribution of transplanted SP cells to muscle regeneration is extremely low. One advantage of using SP cells is that they can be systemically delivered via intra-arterial or intra-venous injection. To this end, muscle SP cells that have been cultured and transduced

with lentivirus expressing minidystrophin were intra-arterial injected into mdx mice. Overall, these donor SP cells are capable of myogenic differentiation, as indicated by Pax7 and desmin expression, resulting in 5–8% dystrophin-positive muscle fibers in the host [53]. These results represent a step toward the improvement of cell-based therapies for DMD and other myogenic disorders. Since SP cells do not express myogenic markers and are capable of myogenic differentiation only when co-cultured with myogenic cells, an intriguing possibility is that co-injecting SP cells with satellite cells may further improve their efficiency in muscle engraftment.

3.2 Vessel-Associated Myogenic Progenitors

Pericytes and mesoangioblasts are derived from mesenchymal lineage and found to be associated with blood vessels. Pericytes are mainly found at the surface of microvessels where their main function is to regulate blood flow through interaction with vascular smooth muscle cells. Pericytes are also involved in the maintenance of capillary structure and remodeling of microvasculatures. Surprisingly, a recent study reveals a role of pericytes in skeletal muscle regeneration [10].

Pericytes isolated from human skeletal muscle are capable of spontaneous differentiation into muscle. Prior to muscle differentiation, however, pericytes do not express classical myogenic markers such as Pax7, Myf5, or MyoD, suggesting that they represent a distinct population from satellite cells. Instead, pericytes express alkaline phosphatase (ALP) and PDGFR β and can be prospectively isolated based on ALP expression [10]. Importantly, pericytes express $\beta 2$ and $\alpha 4$ integrins that enable them to adhere to and across the endothelium (leukocyte also express these integrins), a feature that makes them an ideal candidate for systemic delivery [10]. Indeed, intra-arterial injections of wild type or genetically modified dystrophin-mutant pericytes into *mdx/SCID* mice resulted in restoration of dystrophin expression, with much higher efficiency than satellite cells. The injected pericytes also gave rise to satellite cells in the host muscle [10]. These results open a new avenue to exploring the feasibility of pericytes as a promising candidate for cell-based therapy to enhance muscle regeneration in human.

Mesoangioblasts are associated with embryonic and fetal aorta, and with adult blood vessels within the muscle [54, 55]. They are culture-derived cells meaning that their exact origin and anatomical localization are unclear. Phenotypic analysis indicates that cultured mesangioblasts are positive for CD34, Flk1, and VE-cadherin, markers that are not expressed by pericytes [10, 56]. This suggests that mesoangioblasts and pericytes are phenotypically distinct populations while sharing certain common behavioral and functional characteristics. Like pericytes, mesoangioblasts are capable of penetrating the endothelium of blood vessels and are thus amenable to systemic delivery through intra-arterial injection. Mesoangioblasts are also capable of efficient myogenic differentiation in vitro and in vivo, though their normal physiological function is unknown. Strikingly, intra-arterial delivery of wild-type

or genetically corrected mutant mesoangioblasts results in an extensive recovery of dystrophin expression and muscle function in dystrophic mice and dogs [54, 55].

Pericytes and mesoangioblasts represent two exciting candidates for cell-based therapies, each having their own advantages and disadvantages. One disadvantage of the mesoangioblasts is that there is a lack of method to purify them directly using FACS. Currently they are derived through a prolonged culture procedure, which may render potential problems when they are considered for clinical usage. On the other hand, they have a superior proliferation capacity, making it possible to genetically modify autologous patient cells in vitro and amplify sufficient number of cells for subsequent treatment. In contrast, pericytes can be directly isolated with FACS but are less potential in vitro proliferation. Future clinical trials in human will prove the usage of these endothelial-associated myogenic progenitors in the treatment of muscular dystrophies.

3.3 Interstitial Myogenic Progenitors

The interstitial myogenic progenitors include several types of cells resident to the muscle. First, myogenic endothelial (myoendothelial) cells that are closely associated with muscle fibers but localized outside the myofiber basal lamina represent a class of interstitial stem cells [57, 58]. These cells have been identified in mice and human and express both endothelial and myogenic markers. Human myoendothelial stem cells express CD56 (NCAM), CD34, and CD144, whereas those of mice are CD34⁺ and Sca1⁺, but CD144⁻, CD45⁻, CD31⁻, c-kit⁻, and FLK1⁻ [57, 58]. This marker expression profile suggests that myoendothelial cells are distinct from vessel-associated myogenic progenitors and satellite cells. The myoendothelial cells can form colony under clonal culture conditions and possess multi-lineage differentiation potential, including endothelial and myogenic differentiation. When myoendothelial cells were injected into injured muscles in SCID mice, they efficiently differentiated into myofibers that expressed donor-specific markers [57, 58]. However, it is unknown if they can also give rise to satellite cells. In addition, several issues remain to be resolved. It is yet unknown whether myoendothelial cells can be delivered through intra-arterial injection. If so, it will be a huge advantage for these cells to be considered as candidates for clinical applications.

Next, $Pax3^+$ interstitial cells have been shown to be capable of myogenic differentiation, with a low efficiency, in Pax7 mutant muscles [4]. It is likely that these $Pax3^+$ interstitial cells are closely related to, or derived from, the pericytes, since both cells express Pax3 [4, 10]. As mentioned above, pericytes are capable of spontaneous myogenic differentiation with high efficiency. The low myogenic potential of the Pax3⁺ interstitial cells in the absence of Pax7 suggests that Pax7 plays an important role in their myogenic differentiation.

Third, CD45⁺Scal⁺ muscle resident stem cells have been shown to differentiate into myogenic lineage in response to Wnt signaling during muscle regeneration [59]. Intriguingly, CD45⁺Scal⁺ cells from non-regenerating muscles fail to undergo myogenic differentiation even in the presence of inductive signals. Importantly, the myogenic specification of CD45⁺Scal⁺ cells also requires Pax7, suggesting a common role of Pax7 in myogenic lineage progression of all adult stem cells [17]. It is unknown where these cells are located within the muscle.

Finally, a population of culture-derived stem cells (MDSC) based on adherence to collagen coating have been shown to be an excellent candidate for cell-based restoration of dystrophin expression in dystrophic muscles [39]. MDSC express MyoD, Desmin, CD34, and Sca1, but do not express M-cad, therefore they are proposed to represent an interstitial cell population distinct from satellite cells. It is also possible that they are derived from a rare fraction of sublaminar satellite cells or blood vessel-associated cells.

3.4 Myogenic Progenitors Non-resident to Muscle

It is worth mentioning that several other types of non-muscle resident stem cells have also been proven to be capable of myogenic differentiation under certain circumstances. These include circulating human AC133⁺ cells [12], bone marrow-derived hematopoietic stem cells, and stromal stem cells [60–64], as well as ES cell-derived myogenic cells [65]. Transplantation studies indicate that these cells also differentiate into muscle in vivo and some adopt satellite cell positions. These stem cells from different resources are important supplement to the muscle resident stem cells as candidates for cell-based therapies to treatment muscle diseases.

3.5 A Possible Developmental Link Among Various Myogenic Stem Cells

Given the heterogeneity of these various myogenic stem cells (Table 6.1), including the side population and vessel-associated cells, it is imperative to examine the relationship among them. It would be important to address whether this heterogeneity reflect a hierarchical composition of cells derived from a common origin (as illustrated in Fig. 6.1) or it rather suggests different developmental origins of these various types of cells. For example, it has been suggested that mesoangioblasts share a common somitic origin with skeletal muscle precursors and give rise to adult pericytes [66, 67]. This hypothesis therefore provides a lineage connection among satellite cells, mesoangioblasts, and pericytes.

Another question is whether these various stem cells are involved in the maintenance and growth of skeletal muscles under normal physiological conditions, or they just act as an emergent reserve for transdifferentiating into a variety of cell types in response to injuries. The latter possibility is supported by recent evidence that progenitors of endothelial origin only undergo myogenic conversion (or transdifferentiation) upon spontaneous fuse with myotubes [68]. In addition, mesoangioblasts



Fig. 6.1 A possible developmental link among various populations of myogenic stem cells. Satellite cells reside beside multinuclear myofibers underneath the basal lamina are the primary stem cells mediating postnatal muscle growth and repair. Developmentally, satellite cells are derived from progenitors located in the embryonic dermomyotome. During muscle regeneration, however, various adult stem cells, including those localized in the interstitium, those associated with blood vessels, and those from circulation may also give rise to satellite cells. These various types of stem cells can also give rise to differentiated myonuclei

migrate toward soluble factors including HMGB1 and SDF1, released from cells undergoing necrosis due to injuries, supporting their role as a reserved population [69].

4 Conclusions and Perspectives

Skeletal muscles are remarkably efficient in regeneration due to myogenic progenitor and stem cells resident to the muscle. These include several different types of cells based on localization, function, and origin. Satellite cells localized adjacent to muscle fibers underneath the basal lamina have been shown to be necessary and sufficient for muscle growth and repair. In addition, various other types of stem cells are also capable of myogenic differentiation upon injuries. Importantly, some cells in this later category, including side population cells, pericytes, and myoendothelial cells, are highly myogenic and amenable to systemic delivery, therefore possessing great potential for applications to the regeneration and repair of diseased muscle. Investigations into the mechanisms regulating the quiescence, activation, proliferation, and differentiation of these various types of myogenic stem cells will lead the way to successful cell-based therapy for muscle diseases.

6 Muscle Stem Cells

Given the various types of myogenic stem cells (Table 6.1), one challenge in future development of stem cell-based therapies is to understand the characteristics of these different cells. Obviously, choosing the right cell to use at the right time is particularly important for specific purposes. Another challenge is to delineate the lineage relationships among these various types of stem cells. Are they derived from different lineages and represent cells programmed for specific fate (with certain plasticity)? Do they represent hierarchical progenies of the same lineage at different developmental stages? Since skeletal muscles are composed of muscle cells, neurons and vascular systems as a functional entity, understanding these questions is crucial for choosing the right cells to be used for transplantation. If the various types of muscle stem cells are programmed for specific cell fate, then transplantation of a combinatorial of stem cells would achieve the maximal effect on the synergistic regeneration of muscle, nerve, and vasculatures. In contrast, if these stem cells represent hierarchical descendents of the same lineage, then the most primitive stem cell population should be used for therapies. Finally, it is crucial to understand the interactions among these various stem cells and their interaction with the niche [26]. Active interactions between satellite cells and other muscle resident or circulating cells can positively regulate stem cell function and muscle regeneration.

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Chapter 7 Marrow Stromal Mesenchymal Stem Cells

Cynthia B. Ripoll and Bruce A. Bunnell

Abstract The broad definition of a stem cell is a population of cells that has the ability to self-renew and to differentiate into one or more types of specialized terminally differentiated cells. It has become evident that stem cells persist in and can be isolated from many organs postnatally. Stem cells isolated from various sources have been demonstrated to vary in their differentiation capacity or pluripotentiality. Differentiation causes stem cells to adopt the phenotypic, biochemical, and functional properties of more terminally differentiated cells. As such, the newly differentiated cells may replace and/or support cells damaged by disease. Investigators have begun to examine postnatal sources of pluripotent stem cells, such as mesenchymal stem cells from bone marrow and adipose tissue for therapeutic applications. The anti-inflammatory, immunosuppressive, and neurotrophic factors secreted by mesenchymal stem cells have increased interest in developing stem cell-based therapies for many devastating conditions such as myocardial infarction, stroke, Parkinson's disease, and amyotrophic lateral sclerosis. This chapter summarizes the origins, isolation, characterization, cell cycle properties, and differentiation potential of bone marrow stromal mesenchymal stem cells (MSCs).

Keywords Mesenchymal stem cells · Cell cycle · Differentiation · Expansion · Immunophenotype · Regenerative medicine

1 Introduction

The broad definition of a stem cell is a population of cells that has the ability to self-renew and to differentiate into one or more specialized mature cell types [1-4]. The classification of stem cells is dependent on their species and tissue of origin

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and their differentiation potential into mature cell type(s). Stem cells isolated from various sources have been demonstrated to vary in their differentiation capacity or pluripotentiality. This differentiation capacity, or plasticity, is thought to be an indication of cellular differences in the organisms, the ontogenic stage of the stem cell, or the environmental conditions to which the stem cell is exposed [5]. Two primary groups of stem cells have been defined, to date. The first group, embryonic stem cells (ESCs), is believed to have an indefinite replicative capacity and the ability to generate all somatic cells of the body [6]. The second population of stem cells is denoted as adult stem cells, which have been characterized from adherent and nonadherent fractions of bone marrow, adipose tissue, as well as specific organs [7–9].

1.1 Adult Stem Cells

Tissue-specific stem cells comprise the second group and are derived from specific organs, such as brain, gut, lung, liver, and bone marrow [10-12]. It has become evident that these stem cells persist in adult tissues, although they represent a rare population localized in small niches [13]. Postnatal (adult) stem cells are not totipotent; however, they are pluripotent, and as such they retain a broad differentiation potential but their developmental potential is more restricted than embryonic cells and can be organ specific. Adult stem cells were initially thought to have the differentiation capacity limited to their tissue of origin; however, recent studies have demonstrated that stem cells have the capacity to differentiate into cells of mesodermal, endodermal, and ectodermal origins [8, 14-19]. The plasticity of stem cells most often refers to the inherent ability retained within stem cells to cross lineage barriers and to adopt the phenotypic, biochemical, and functional properties of cells unique to other tissues. For example, studies have demonstrated that adult stem cells can differentiate into cells types of many different organ systems including cardiomyocytes, liver cells, lung cells, myocytes, and neural tissue [8, 14–18].

As a result of this plasticity, stem cells may be useful to clinicians interested in regenerative medicine to effectively repair damaged or failing organs. Ideally, stem cells for regenerative medicinal applications should meet the following criteria: (i) they are found in abundant quantities (millions to billions of cells); (ii) they can be harvested by a minimally invasive procedure; (iii) they can undergo differentiation along multiple cell lineage pathways in a controlled, reproducible manner; and (iv) they can be safely and effectively transplanted to either an autologous or allogeneic host.

1.2 Bone Marrow-Derived MSCs

Mesenchymal stem cells, also known as marrow stromal cells or MSCs, represent a small, nonhematopoietic subpopulation of cells that reside in the bone marrow, that

were initially described by Friedenstein and colleagues in the 1970s [20]. MSCs have attracted increasing attention for their potential use in cell and gene therapy because they have several appealing features [8, 18]. It has subsequently been determined that MSCs have the capacity to differentiate into cell types along multiple lineages. Extensive research has focused on the biological characterization of MSCs obtained from several distinct species including rodents, canines, felines, nonhuman primates (baboons), and humans [8, 21–23].

MSCs are readily isolated from a patient by simple bone marrow aspiration under local anesthesia. They can be readily expanded in culture up to a billion fold in 8 weeks [24–27]. Although MSCs can be expanded rapidly, they are not immortal. Therefore, they do not pose a danger of producing tumors as seen with embryonic stem cells and with most immortal cell lines [28]. MSCs can differentiate ex vivo and in vivo into multiple cell lineages. Moreover, they can be readily transduced with genes with the use of viral and nonviral vectors [29–31]. Additionally, MSCs have the remarkable property that they home to sites of tissue injury and repair the tissue either by differentiating into tissue-specific cell phenotypes [32–37] or by creating a milieu that increases the capacity of the endogenous cells to repair the tissue [38, 39].

2 MSC Immunophenotype

Multiple, independent groups have examined the surface immunophenotype of MSCs isolated from human and other species [9, 40– 43]. Hematopoietic stem cell markers including CD3, CD4, CD8, CD11b, CD13, and CD45 were found to be negative in all MSCs at all passages. MSCs have been reported to be strongly positive for CD59, a SCA-1 homolog, CD90 (Thy-1), and HLA-1, while they were negative for CD164. The expression profile changes as a function of time in passage and plastic adherence [40, 44]. After two or more successive passages in culture, the MSCs express characteristic adhesion (CD44, CD73, CD90, CD105, CD166) molecules, surface enzymes, extracellular matrix and cytoskeletal proteins, and proteins associated with the stromal cell phenotype. MSCs are positive for MSC-specific surface markers such as CD105, CD106, CD146, and CD161. Despite any differences in the isolation and culture procedures, the immunophenotype is relatively consistent between laboratories.

3 Cell Cycle and Proliferation of MSCs

The cell cycle is a highly ordered process that results in the faithful duplication and transmission of genetic information from one cell generation to the next [45]. Primary mammalian somatic cells can replicate in vitro an estimated 50 cumulative population doublings, after which the cultures stop dividing [46]. This phenomenon is termed Hayflick's limit and is more readily known as replicative senescence. While it has been demonstrated that MSCs and other stem cell populations continuously grow in vitro for 10–20 passages, it appears that MSCs, similar to all other primary cells, are subject to the Hayflick limit [47, 48]. In vitro, early passages MSCs display a cell doubling time of 24–48 h, depending on the culture medium and passage number [44, 49]. Our group has determined that the duration of the cell cycle increases markedly, to as long as 150 h in aged cultures of human and nonhuman primate MSCs. It is evident that human MSCs derived from the marrow become senescent during protracted culture, as indicated by their decreased differentiation potential, shortening of the mean telomere length, and morphological alterations [50]. We have observed concomitant increases in the levels of the expression of senescence-associated β -galactosidase in all MSC populations as they age; however, our group and others have not observed marked shortening of the telomeres in human MSCs (Izadpanah and Bunnell, unpublished observations).

An important factor involved in cell senescence is the maintenance of mean telomere length as a result of decreased telomerase activity. It has previously been reported by our group that cultures of MSCs derived from the bone marrow and adipose tissue underwent morphological alteration, a decline in multilineage differentiation potential, and a marked decrease in telomerase activity in progressively increasing passages of MSCs [47].

It is unknown whether the MSCs or a subpopulation of MSCs are able to escape cellular senescence in a manner similar to immortalized or transformed cells. There is an increasing body of evidence that MSCs, and other stem cells, can undergo spontaneous transformation to malignant cells [51]. The transformation of MSCs appears to be the direct result of spontaneous genetic alterations that accumulate during extended culture. Murine MSCs have been demonstrated to undergo malignant transformation upon extended culture and form sarcomas upon in vivo transplantation [52, 53]. The mechanisms of transformation observed in one of the studies with murine MSCs were associated with chromosomal abnormalities, increased telomerase activity, and elevated c-myc expression levels. With prolonged passage for >4 months, MSCs from human bone marrow have not been reported to undergo malignant transformation; however, this has been reported for MSCs from human adipose tissue. In at least one laboratory, serially passaged adiposederived MSCs displayed karyotypic abnormalities at a frequency of >30% and, when implanted into immunodeficient mice, formed tumors at a frequency of 50% [51]. However, extended culture of human bone marrow MSCs failed to reveal any chromosomal alterations. Genome-wide transcriptome comparison of MSCs at early and late passages indicates that the expression of genes involved in cell cycle, protein ubiquitination, and apoptosis was altered (Izadpanah and Bunnell, unpublished observations).

The data presented here demonstrate that MSCs continuously cultured for protracted periods have altered cell cycle progression and chromosomal alterations that result in both cellular senescence and crisis. These findings indicate that caution should be exercised in the manipulation and culture of MSCs.

4 Mechanisms for Therapeutic Utility

Investigators have postulated a number of non-exclusive mechanisms through which MSCs can be used to repair and regenerate tissues. Initially, it was believed that the differentiation of MSCs into terminally differentiated cell phenotypes was the exclusive mechanism of tissue repair mediated by the MSCs. However, more recent data present a paradox in that tissue repair is often observed without significant evidence of either engraftment or differentiation of the MSCs. These data suggest that MSCs may mediate therapeutic efficacy via several disparate mechanisms. Presently, there are at least four mechanisms of action by which MSCs can provide repair, including differentiation, paracrine effects, mediation of immune reactions, and anti-inflammatory effects.

4.1 Differentiation/Fusion

MSCs are able to differentiate into bone, cartilage, fat, and myoblasts in response to certain growth factors and chemical inducers supplied in the culture medium in vitro or bioactive factors found in the local microenvironment in vivo. Adult stem cells were initially thought to have the differentiation capacity limited to their tissue of origin; however, recent studies have demonstrated that stem cells have the capacity to differentiate into cells of mesodermal, endodermal, and ectodermal origins [14–19]. The plasticity of MSCs most often refers to the inherent ability retained within stem cells to cross lineage barriers and to adopt the phenotypic, biochemical, and functional properties of cells unique to other tissues. For example, studies have demonstrated that adult stem cells can differentiate into cell types of many different organ systems including cardiomyocytes, liver cells, lung cells, myocytes, and neural tissue [14–19].

A few years ago, the results of some studies suggested that cell-cell fusion between MSCs and host tissue cells, not transdifferentiation, may be responsible for the co-localization of cell specific markers with transplanted MSCs [54–56]. However, significantly more evidence suggests that cell fusion is an extremely rare event [57–62]. In reality, the phenomenon of cell fusion both in vitro and in vivo appears to be rare (<1/100,000 cells) and seems to occur most readily in cells such as hepatocytes, skeletal muscle, cardiac muscle, and Purkinje cells where polyploidy is commonly seen [62].

4.2 Paracrine-Mediated Effects

While the inherent differentiation potential of MSCs has been demonstrated in several organ systems, in more recent studies investigators have reported functional improvements in diseased organs with little to no evidence of either long-term engraftment or differentiation. It is becoming evident that MSCs delivered into an injured or diseased tissue may provide a therapeutic benefit through the localized secretion of cytokines and growth factors that stimulate recovery in a paracrine manner. The MSCs modulate the host's "stem cell niche" by stimulating the recruitment of endogenous stem cells to the site and promoting their differentiation along the required lineage pathway. The influence that MSCs exert over neighboring host cells can be referred to as trophic since the MSCs themselves may not differentiate but rather regulate the regeneration, turnover, and differentiation of endogenous stem cells.

In a related manner, MSCs might provide antioxidants chemicals, free radical scavengers, and chaperone/heat shock proteins at an ischemic site. As a result, toxic substances released into the local environment would be removed, thereby promoting recovery of the surviving cells.

MSCs have been shown to secrete a large number of cytokines and chemokines in vitro. In addition, the pattern of cytokines secreted by MSCs changes as the cells engraft into new microenvironments, such as the brain. The paracrine-mediated effects of MSCs are also illustrated in multiple studies involving the application of MSCs as a therapeutic tool in animal models for diseases including spinal cord injury, diseases of the central nervous system (parkinsonism and stroke), and for the repair of cardiac tissue following myocardial infarction. The application of MSCs for spinal cord injury has demonstrated moderate to significant improvements in gait in animals rendered paraplegic. Several groups have shown that MSCs promote de novo neurogenesis, angiogenesis, and functional recovery in rats, rabbits, and nonhuman primates [63–65]. In paralyzed rats, the MSCs were tightly associated with immature astrocytes and formed bundles of cells that bridged the injury [63].

Most of the studies for MSCs and myocardial infarction have demonstrated improvements in left ventricular ejection fraction and decreased ventricular remodeling when MSCs were injected into the coronary artery following myocardial infarction. Several groups have shown co-localization of cardiac markers with transplanted MSCs in cardiac repair models [66-70], and that administered MSCs display upregulation of genes for vascular endothelial growth factor, fibroblast growth factor-2, insulin-like growth factor, thymosin beta 4, various interleukins, macrophage colony-stimulating factor, leukemia inhibitor factor, placental growth factor, and monocyte chemoattractant protein-1 [71]. In the brain, the transplantation of MSCs into the dentate gyrus of the hippocampus of mice markedly enhanced the proliferation migration and differentiation of endogenous neural stem cells [72]. The data published from a clinical trial for osteogeneis imperfecta performed by Horwitz and colleagues seem to support paracrine-mediated repair mechanisms. In this study, five children between the age of 4 and 6 years received MSCs from a donor that had previously been used for a bone marrow transplant in these children. The data indicate that, while the children demonstrated significant clinical improvements in their disease, the levels of donor MSCs detected in the bone skin and other tissues less than 1%.

Moreover, the localized production of bioactive molecules may also inhibit scar formation (fibrosis) and apoptosis, stimulate angiogenesis, and promote mitosis and differentiation of the host stem cells if transplanted into a diseased recipient [73]. Taken together, the data from these studies provide a paradigm to explain the significant levels of therapeutic efficacy provided by MSCs in disease models though a limited number of cells engrafted.

4.3 Modulation of Immune Responses

MSCs retain the ability to suppress immune reactions and inhibit T-cell alloreactivity [74–78]. The suppressive activity of MSCs is effective against T cells stimulated with mitogens or alloantigens and is independent of HLA matching [74–78]. The suppression appears to be effective on both naïve and memory T cells and the suppressed T cells do not undergo apoptosis or anergy [74, 75, 77]. While the mechanism of suppression is unknown, it is more than likely a soluble factor(s) because suppression can occur in studies using transwell culture plates (semipermeable membrane culture systems) to separate the cells [79, 80]. Importantly, these data indicate that the MSCs may not elicit a cytotoxic T-cell response in vivo. The immunosuppressive properties of MSCs have prompted the proposal of clinical trials using MSCs to suppress or inhibit graft-versus-host disease (GVHD) in animal models and in transplant patients [78, 81, 82]. The effectiveness of MSCs for their immunomodulation or prevention of GVHD is presently being investigated in numerous human clinical trials.

Moreover, several recent publications support further evaluation of allogeneic MSC transplantation. Independent studies from several laboratories have determined that passaged human MSCs, as opposed to freshly isolated cells, reduce their expression of surface histocompatibility antigens and no longer stimulate a mixed lymphocyte reaction when co-cultured with allogeneic peripheral blood monocytes [40, 51, 83]. The ability to transplant allogeneic MSCs will have a significant impact on their clinical utility by reducing their cost, improving their manufacture, and allowing their application at the point of care.

4.4 Anti-inflammatory Effects

The suppression the inflammatory response by MSCs is a recently described property that has not yet been thoroughly investigated. In a recent study by Ortiz et al., MSCs blocked both the inflammation and fibrosis in a murine model pulmonary fibrosis induced by administration of bleomycin [84]. The mechanism for the inhibition appears to be mediated the MSC-mediated production of interleukin-1 receptor antagonist, which inhibited proliferation of a T-cell line dependent on interleukin-1 α and the production of tumor necrosis factor- α (TNF- α) in vitro. A second demonstration of the anti-inflammatory property of MSCs was observed in models of repair for spinal cord injury in rats. Multiple laboratories observed that the injection of MSCs into the lesion site resulted in improved motor function, but only very limited engraftment or differentiation was observed [85]. Recently, Prockop and colleagues observed a marked decrease in the frequency of astrocytes and macrophages at the lesion site 5 weeks after MSC infusion, with only a few MSCs being detected (D. Prockop, personal communication). The MSCs apparently inhibited the chronic inflammatory response observed in response to the injury. It is evident that detailed investigations into the mechanisms associated with the anti-inflammatory responses are required to more fully describe this mode of action.

5 Therapeutic Efficacy in the Heart and CNS

5.1 Central Nervous System

MSCs have also demonstrated the capacity to differentiate neural and glial cells in vitro and in vivo [18, 86–91]. The MSCs express the neuronal-associated markers nestin, NeuN, and intermediate filament. They also express the oligodendrocyte marker, glial fibrillary acidic protein (GFAP). Further studies with murine MSCs have detected the neuronal-associated glutamate receptor subunits NR1 and NR2, MAP2, S-100, and β -III tubulin [27, 92–97]. To date, no studies have clearly demonstrated that MSCs exhibit the electrophysiological profile of mature neuronal cell.

In vivo, MSCs display a beneficial effect in multiple central nervous system injury models. The therapeutic efficacy of MSCs has been assessed in many different models of CNS injury and disease, including cerebral ischemia and traumatic injury of the brain or spinal cord. Hermann et al. showed that human MSCs effectively differentiated into a clonogenic neural cells that grew in clumps of cells resembling neurospheres [86]. The resulting cells were demonstrated to produce dopamine that was released in potassium-dependent manner. The delivery of MSCs by intraventricular, intrastriatal, and intravenous routes of delivery resulted in targeting of the cells to the injured tissue and positive effects on the functional recovery in mice and rats in models of traumatic brain injury [98, 99, 2006; 100, 2006; 101, 2006]. When human MSCs were administered intravenously in rats with brain injury, the cells migrated to the site of injury with a few cells expressing neuronal and astrocytic markers [102–104]. Intraventricular, intrastriatal, and intravenous delivery of MSCs exerted a similar positive effect on the recovery of mice and rats in models of middle cerebral artery occlusion (stroke) [105–112]. Multiple tracking techniques have demonstrated that the MSCs migrate to the ischemic injury site within the brain [112, 113].

A large number of studies investigating the therapeutic efficacy provided by MSCs have been performed in rat and mouse models of traumatic. In another study, it was determined that MSCs migrated to the injury site and displayed biochemical markers of both neuronal and oligodendroglial cells; however, it was suggested that the MSCs provided architecture for axon guidance that may mediate repair [63, 114]. Determination of the phenotype of differentiated cells is contingent upon morphological, immunophenotypic, and functional criteria. MSCs differentiated into neural or glial cells can be identified by the induction of expression lineage-specific markers, such as NeuN or glial fibrillary acid protein (GFAP), respectively. However, it is important to note that even though various staining protocols or immunodetection procedures help to identify differentiated cells, they do not necessarily provide definitive evidence of their functionality.

With the release of neurotrophic factors, MSCs may also mediate the therapeutic efficacy observed in CNS disease models. The neurotrophic factors secreted by MSCs can mediate neuronal cell survival, induce proliferation of endogenous cells, and promote the regeneration of nerve fibers [72, 101, 115–117]. Human MSCs increased production of BDNF, NGF, VEGF, and HGF when cultured in the presence of supernatant from ischemic brain extracts [102]. The production of the neurotrophic factors by MSCs, including BDNF, NGF, and GDNF, was demonstrated by Arnhold and colleagues [118]. Moreover, Crigler and colleagues demonstrated that MSCs encode several neuro-regulatory factors, as well as brain-derived neurotrophic factor BDNF and β -nerve growth factor (β -NGF). Interrogation of the human MSC transcriptome identified expressed mRNAs encoding various neurite-inducing factors, axon guidance, and neural cell adhesion molecules. Collectively, these studies reveal the existence of MSC subpopulations that co-express neurotrophins and other potent neuro-regulatory molecules. Thus, paracrine factors released by MSCs or stimulated by their presence may account for the beneficial effects of MSC transplants on central nervous system injury models.

The production of neurotrophic factors and neuro-regulatory molecules may directly contribute to MSC-induced effects on elevated levels of neurogenesis, neuronal cell survival, and nerve regeneration. The transplantation of MSCs into a rat model of traumatic brain injury was associated with increased levels of NGF and BDNF [119]. Increased levels of BDNF and NGF were also observed following MSC administration in another traumatic brain injury model study [120]. The injection of MSCs resulted in the induction and migration of new neural cells from the ventricular zone and choroid plexus into the surrounding injured brain tissue [98]. The implantation of human MSCs into the dentate gyrus of the hippocampus of immunodeficient mice resulted in markedly increased proliferation of endogenous neural stem cells [72]. Labeling of the mice at 7 days post-transplantation with BrdUrd demonstrated that endogenous cells migrated throughout the dorsal hippocampus and expressed markers for astrocytes and for neural or oligodendrocyte progenitors. At 30 days after implantation, the newly generated cells expressed markers for more mature neurons and astrocytes. Also, subpopulations of BrdUrdlabeled cells exhibited elaborate processes immunoreactive for ciliary neurotrophic factor, neurotrophin-4/5, nerve growth factor, or VEGF.

Taken together these data raise the possibility of therapeutic applications for neural and glial tissue repair using MSCs, even though they are derived from mesenchymal germ layer instead of the ectodermal germ layer.

5.2 Cardiac Injury and Disease

Upon injury, native cardiomyocytes only have a limited potential to regenerate mature functional heart tissue [121]. Important experimental findings in recent years suggest considerable therapeutic potential for cellular replacement in the context of acute myocardial injury (e.g., infarction) and chronic, progressive cardiac disease (e.g., left ventricular remodeling and heart failure). Orlic and colleagues were among the first to show that immunoselected subpopulations of bone marrow hematopoietic cells (Lin⁻ c-kit⁺) effectively differentiate into cardiomyocytes, as well as endothelial and smooth muscle cells, using a mouse model of myocardial infarction [122–124]. Since that time, may different types of cells have been investigated for cardiac repair, including hematopoietic stem cells, peripheral blood stem cells, cardiac stem cells, endothelial progenitor cells, skeletal myoblasts, and MSCs [125].

Although limited in volume, the existing literature does suggest that MSCs are able to engraft and survive within an infarcted myocardial milieu, acquire phenotypic markers consistent with cardiomyocyte and vascular-related lineages, and positively impact structural and functional endpoints. The differentiation of MSCs into cardiomyocytes has been demonstrated by several groups [57, 71, 126-130]. The strategies for inducing cardiomyocyte differentiation are diverse and involve culture of MSCs in the presence of 5-azacytidine and/or a cocktail of growth factors, or in co-culture with primary cardiomyocytes [127, 131–134]. The use of these protocols efficiently induces the expression of cardiomyocyte-specific markers or even spontaneous contractions. In studies using animal models of myocardial infarction (MI), MSCs have been reported to provide a therapeutic benefit. Kawada and colleagues transplanted EGFP+-MSCs into the bone marrow of lethally irradiated mice, induced the MI and treated animals with granulocyte colony-stimulating factor (G-CSF), and monitored for the presence of EGFP cells in the heart. EGFP+/actinin+ cells were detected in the heart, indicating cells mobilized and possibly differentiated into cardiomyocytes [69]. Iso and colleagues intravenously administered human MSCs into immune-deficient mice with acute MI. While both fibrosis and cardiac function were markedly improved in these animals, there was no engraftment of MSCs detected 3 weeks after infusion [135]. It is hypothesized the MSCs provided a benefit through paracrine effects. In another study, Tang and colleagues demonstrated that transplanted MSCs could up-regulate neovascularization and several growth factors in the ischemic heart, such as vascular endothelial growth factor (VEGF) [136].

Recently, a few reports presenting the outcomes of human clinical trials using bone marrow-derived mesenchymal stem cells for heart disease have been published [137–140]. In the first study by Chen and colleagues, intracoronary infusion of autologous MSCs in patients within 12 h of suffering a myocardial infarction (MI) resulted in a significant reduction in infarct size, increased left ventricular ejection fraction (LVEF) [137]. In the clinical trial performed by Katritsis and colleagues, patients that suffered an MI underwent transcoronary infusion of a combination of MSCs and endothelial progenitor cells (EPCs) into the infarcted tissue. The results from this trial indicate improvements in the wall movement index, and echocardiography indicated improved myocardial contractility in nonviable tissue [138]. Patients who suffered an MI underwent intracoronary infusion of MSCs combined with EPCs. The results of this clinical trial indicate that the patients receiving the stem cells demonstrated myocardial repair, as indicated by left ventricular wall motion improvements and ablation of tachycardia [139]. Although limited in number, the results of human clinical trials using MSCs for the treatment of cardiac disease are encouraging. Despite these positive outcomes, however, a great deal remains to be learned about cell-based therapies for myocardial damage. In addition to these studies, numerous clinical trials with other stem cells are ongoing [125].

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Part III Cell Cycle and Differentiation in the Nervous System

Chapter 8 Neurogenesis in the Central Nervous System: Cell Cycle Progression/Exit and Differentiation of Neuronal Progenitors

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Abstract This chapter focuses on recent developments shedding light on the basic mechanisms occurring during the early stages of embryonic central nervous system (CNS) development leading to neuroepithelial cell proliferation and subsequent differentiation, as well as on the molecular determinants and signaling pathways regulating cell cycle progression/exit and cell fate determination. The morphogeneses of the embryonic spinal cord and cerebral cortex, which are two of the best characterized systems of CNS development, are used as complementary paradigms to describe the regulation of cell cycle progression/exit and differentiation, the types of cells participating in these mechanisms, as well as their divisional mode and differentiation potential. Particular emphasis is also given in describing the role and neurogenic potential of a revisited precursor cell type, namely the radial glia, as well as the contribution of neural stem cells (NCS) in adult neurogenesis. These two novel aspects of neurogenesis have been characterized during the last decade and have revolutionized the scenario concerning the timing of neuronal production in mammals and the cell types participating in this process. Most important, through progress in these fields it has been discovered that precursor cells residing in discrete regions of the adult brain are able to generate specific sub-classes of neurons throughout life under physiological conditions, but have also the initial intrinsic potential to contribute to neuronal regeneration under pathological conditions if appropriately stimulated. The intimate link between cell cycle control and neurogenesis during CNS development and the characterization of dual function molecules both instructing cell cycle exit and differentiation towards the neuronal lineage will be also discussed. The above link has received increasing scientific attention lately, as it is a key mechanism regulating the spatiotemporal networks that coordinate the size of different CNS regions. Finally, the developmental cell

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death is also discussed as an alternative cell number control mechanism also contributing to the right number of differentiated neuronal and glial cells at the correct CNS areas.

Keywords Neural stem cells \cdot Radial glia \cdot Symmetric/asymmetric divisions \cdot Spinal cord \cdot Dorso-ventral patterning \cdot RA \cdot FGF signaling \cdot Adult neurogenesis, Subventricular zone

The formation of the nervous system is governed by a delicate balance between cell proliferation, subsequent cell cycle withdrawal and differentiation to distinctive neuronal and glial phenotypes [1, 2]. During embryonic development multipotential progenitors generate gradually more restricted precursors that will finally produce neuronal or glial progeny [3–5]. Current observations have highlighted the existence of mechanisms coupling cell cycle exit and differentiation as well as functional cross-talk between intrinsic factors controlling these two mechanisms. A number of key factors regulating cell cycle progression have been implicated in cell fate determination and differentiation of neuronal precursors, while specification- and/or differentiation-inducing molecules are beginning to emerge as cell cycle regulators [6-11].

1 Pathways and Mechanisms of Differentiation in the Forebrain

The generation of new neurons in the developing cerebral cortex requires the tight coordination of specific cellular activities including cell cycle exit of precursor cells and their subsequent neuronal differentiation. Although the mechanisms that integrate these different cellular events into a coherent program of neurogenesis are not yet completely understood, genetic studies have led to the identification of several steps of this process and a number of molecules participating in it. Here, we will provide an overview of recent progress in the field of cortical neurogenesis regulation, emphasising to the cell types participating in it, their divisional mode, as well as molecules implicated in the cell cycle progression/exit and differentiation control.

1.1 The Role of Neural Stem Cells and Radial Glia During Embryonic Cortical Development

The mammalian cerebral cortex is composed of an enormous number of neurons and glia organized into cytologically and functionally distinct areas. All areas share a common basic structure with neurons arranged in six layers. The majority of cortical neurons are pyramidal cells found in all layers except layer I. These are the projection cells of the cortex that utilize the excitatory amino acid L-glutamate as a neurotransmitter [12]. The remaining neurons, scattered in all layers, are the nonpyramidal cells. They are the cortical interneurons that contain the inhibitory

neurotransmitter GABA [12]. Recent evidence suggests that the two neuronal types are generated in distinct proliferative zones. Pyramidal cells are derived from the dorsal ventricular zone that lines the telencephalic ventricles [13, 14]. While few nonpyramidal cells are generated in the dorsal ventricular zone [15], their vast majority is derived from the ganglionic eminence of the ventral telencephalon [16, 17]. These ventrally derived neurons migrate tangentially in chains from the ventral telencephalon to their final positions in the developing cortex giving rise to approximately 25% of neurons of the dorsal telencephalon. Here we will use as a paradigm of cell cycle progression/exit and differentiation control the mode of division and properties of dividing cells in the dorsal VZ that migrate radially to reach their final positions in the cortical plate, where they differentiate to pyramidal projection neurons.

1.1.1 Neuroepithelial Cells

Going back to the first stages of forebrain morphogenesis, the cortical plate derives from a single layer of primary progenitors, known as neuroepithelial cells that form the neural plate. Neuroepithelial cells are highly polarized in the apical-basal axis, radially elongated cells contacting both the apical (ventricular) and basal (pial) surfaces. At this stage the neuroepithelium has a pseudostratified appearance, due to the interkinetic migration of the nuclei of neuroepithelial cells that lie at the ventricular surface during mitosis, but translocate towards the pial surface during interphase. These cells, which can be considered neural stem cells (NSCs), first undergo symmetric proliferative divisions, resulting in the generation of two daughter stem cells, thus increasing the pool of stem cells. Later in embryonic development, these divisions are followed by a large number of asymmetric, self-renewing divisions generating a daughter neural stem cell and a more differentiated cell, such as a neural progenitor or a neuron (Fig. 8.1a). This transition from a symmetric to an asymmetric pattern of divisions both marks the onset of neurogenesis and specifies a pool of neurogenic precursors in vivo, which keep on producing post-mitotic neurons [18]. There is a wealth of evidence supporting that repeated asymmetric divisions of cortical progenitor cells occurring at this developmental stage are the main reason for the slow increase in cortical cell [19, 14]. Additionally, clonal analysis in vitro and in vivo has demonstrated that most cortical progenitors between embryonic day 12 (E12) and E18 give rise mainly to cells of the neuronal lineage [20-22]. During the later stages of embryonic development neural progenitors undergo terminal symmetric divisions resulting in the production of two post-mitotic daughter neurons. At this time the neurogenic potential of precursors decreases while their gliogenic potential increases [23, 24].

Most known genes specifying neuronal fate at this early embryonic stage are transcription factors, such as proneural basic helix-loop-helix (bHLH) genes participating in the maintenance and differentiation of neural stem cells during forebrain development [25, 26] or patterning genes [27, 16] expressed transiently by proliferating precursors. In the embryonic mammalian telencephalon the expression of the proneural genes neurogenin1 (Ngn1), neurogenin2 (Ngn2) [28] and Mash1 [29] is



Fig. 8.1 Embryonic cortical development. (**a**) Modes of division during embryonic cortical development. Schematic drawing, based on the diagram on cortical neurogenesis *by Takahashi et al.* (*1996*), modified to illustrate the switch from symmetric P+P to asymmetric P+Q and final symmetric Q+Q divisions during cortical neurogenesis. P, proliferative; Q, quiescent. (**b**) Radial glial cells in the developing cortex. (i) Schematic drawing depicting DiIp back-tracing of precursors with radial processes (radial glia cells) from the pial surface. Cortical radial glia was traced by applying the fluorescent dye DiI as small crystals onto the pial surface of the cerebral cortex. (ii) Coronal vibratome section of E16 rat brain following DiI labelling of radial glial cells spanning the whole thickness of the cortex. (iii) Immunofluorescence labelling of E16 mouse cortex with antibodies to the radial glial cells marker GLAST (modified from Koutmani et al., 2004). LV, lateral ventricle

a prerequisite for the initiation of the differentiation of neuroepithelial cells towards the neuronal lineage. In particular Ngn1 and Ngn2 are implicated in neurogenesis of the dorsal telencephalon, whereas Mash1 in neurogenesis of the ventral telencephalon. However, studies with knockout mice lacking the above-mentioned genes imply that other genes are also involved in the neurogenic cell fate decision of telencephalic neuroepithelial cells. On the other hand, the Notch-signalling pathway and its downstream effectors Hes1 and Hes5 – also belonging to the bHLH gene family – antagonize differentiation-inducing genes, such as Mash1 thus regulating NSC maintenance. Consequently, in the absence of Hes1 genes NSCs are prematurely differentiated into neurons and depleted without generating the later-born cell types of the glial lineage [30]. In a negative feedback loop, Hes genes have been also shown to negatively regulate Notch1 expression, which is spatiotemporally correlated with asymmetric neurogenic cell divisions [31]. These data suggest a closely regulated relationship between cell cycle exit and neuronal differentiation.

The expression of proneural genes in neuroepithelial cells triggers a cascade of related events, such as up-regulation of genes inducing the neuronal phenotype [32], down-regulation of genes promoting the glial phenotype [33, 34] and the inhibition of differentiation of neighbouring cells through a mechanism known as "lateral inhibition", which results in the controlled differentiation of certain numbers of cells from the neuroepithelial pool [35]. In this signalling pathway, proneural genes induce the expression of the plasma membrane proteins Delta and Serrate/Jagged which are ligands for the Notch receptors expressed by neighbouring cells. Thus, expression of Notch in a cell keeps it in an undifferentiated neuroepithelial state through an autocrine loop that prohibits proneural gene expression in this cell.

1.1.2 Radial Glial Cells

With the generation of the first post-mitotic neurons the neuroepithelium looses its apical-basal polarity and transforms to a tissue with multiple cell layers, the one lining the ventricle referred to as ventricular zone. By the time point that neurogenesis commences, which occurs around E10 in mice, embryonic neural stem cells give rise to a distinct but highly related cell type, the radial glia cells, exhibiting both neuroepithelial and astroglial characteristics (Fig. 8.1b). More specifically, radial glial cells maintain many neuroepithelial properties, which include apical-basal polarity and expression of neuroepithelial markers such as the intermediate-filament protein nestin and its post-translational modifications labelled by the RC1 and RC2 antibodies [4]. In parallel, by contrast to neuroepithelial cells, radial glial cells exhibit certain astroglial traits. These include the presence of glycogen granules in their cytoplasm, as well as the expression of several astroglial markers such as the glial fibrillary acidic protein (GFAP), the astrocyte-specific glutamate transporter (GLAST) and the Ca⁺⁺-binding protein S100β. Radial glial cells gradually replace neuroepithelial cells in the middle embryonic period and mostly divide asymmetrically to generate a neuron and a radial glial progenitor [36, 37]. In terms of multipotency radial glial cells seem to have a more restricted cell fate as compared to neuroepithelial cells. Indeed, in vivo fate mapping experiments using Cre-recombinase under various cell type-specific promoters that specifically drive its expression either in radial glia or in neuroepithelial cells at early embryonic ages have demonstrated that by contrast to neuroepithelial cells' progeny, the progeny that inherited the recombination from radial glial cells was more restricted in terms of cell identity. More specifically, in transgenic mice where part of the nestin promoter was used to drive expression of Cre-recombinase at embryonic day 10 (E10), when radial glial cells have not appeared yet, the recombined genes were found in all CNS cell types [38]. By contrast, when Cre-recombinase was placed under the control of the human glial fibrillary acidic protein (GFAP) promoter, which is only active at the time of radial glial cells differentiation [39], the progeny of recombined precursors in most cases gave rise to not only single cells type, predominantly neurons, but also glial cells, depending on the age and the telencephalic area. For example the progeny of radial glial cells from the dorsal telencephalon gave rise to cortical projection neurons [40], whereas ventral telencephalic radial glia generated predominantly glial cells [39].

1.2 Symmetric Versus Asymmetric Cell Divisions During Neurogenesis

The apical-basal polarity of neuroepithelial and radial glial cells plays an important role for the balance between their symmetric versus asymmetric divisions, as judged by the distribution of cellular components in their progeny. In support, it has been demonstrated that loss of the mammalian homologue of the Drosophila lethal giant larvae gene Lgl1 results in disruption of neuroepithelial cell polarity and hyperproliferation of neuroepithelial and radial glial cells of the mouse brain [41]. The mechanism that has been initially proposed to explain the relation between the cells' polarity and mode of division was that vertical cleavage planes result in symmetric divisions, whereas horizontal (parallel to the ventricular zone surface) in asymmetric divisions. However, it was later observed that the majority of cells divide in the vertical orientation and that horizontal cleavage planes rarely occur. Moreover, it was recently shown, that the shape of elongated neuroepithelial and radial glial cells is such that their apical plasma membrane and adjacent adherens junctions constitute only a 1-2% fraction of their whole plasma membrane [42]. Hence vertical cleavage planes can occur in such an angle that the apical plasma membrane and surrounding junctional complexes are either bisected or bypassed and thus inherited to either both or only one of the daughter cells resulting in symmetric or asymmetric divisions, respectively. Genetic studies in Drosophila have identified a number of genes acting to specify asymmetric divisions [43–45]. Accordingly in vertebrates, Numb [46-50], the anti-proliferative genes PC3/Tis21 [51] and pRb [52] and the transcription factor Pax6 [53, 54] seem to affect the progression from symmetric/proliferative to asymmetric/neuron-generating divisions. The anti-proliferative protein Tis21 in particular has been shown not to be expressed by symmetrically dividing neuroepithelial cells and to be present only in one of the two daughter cells generated by asymmetric divisions, which in 90% of cases examined was the cell that would become a post-mitotic neuron [42]. Also, the expression levels of the protein BM88/Cend1 have been correlated with the asymmetric neurogenic divisions of neuroepithelial precursors during embryonic cortical development [55]. By contrast the transcription factor Emx2 promotes not only a vertical cleavage plane orientation but also symmetric, proliferative cell divisions [7].

Several studies indicate that distinct cell fates may be determined during the final cell cycle of progenitors [1, 56–58] and therefore determination of the involvement of genes that act during this stage is of major importance. For example, transcription of proneural genes is up-regulated in the last cell cycle, when transcription of cell cycle activators has been down-regulated. Moreover, homeodomain

proteins specifying neuronal fates such as Prospero in Drosophila [59], its mammalian homolog Prox-1 [60] and Phox2b in vertebrates [8] induce exit from the cell cycle. Conversely, inhibitors of cell cycle progression, such as p27Xic1 in Xenopus and p27^{KIP} in mammals and pRb, are implicated in neuronal differentiation [10, 61, 62].

1.3 Brain Size Control

Switching from a pattern of symmetric divisions, in which both cells remain in proliferative status, to asymmetric divisions, in which one daughter cell exits from the cell cycle, is a very efficient way to regulate neuronal numbers [63]. This kind of control mechanism explains why transgenic mice expressing constitutively active β -catenin, a protein of the wnt pathway implicated in the control of the polarity leading to asymmetric divisions under the control of a neuron-specific promoter, have bigger brains [64]. In agreement, β -catenin transgenic mice exhibit a twofold increase in the number of precursors undergoing symmetrical proliferative divisions [18, 65].

Interestingly, several findings suggest that lengthening of the G1 phase of the cell cycle is responsible for the onset of asymmetric/differentiative final divisions of cortical progenitors [66]. The question that arises from these observations is how does lengthening the neuroepithelial cell cycle and more specifically the G1 phase could trigger the switch to neurogenesis? According to a model referred to as the "cell cycle length hypothesis", an unequal inheritance of a cell fate determinant by the daughter cells upon progenitor cell division may or may not lead to asymmetric daughter cell fate, depending on the length of time it is allowed to function [67]. This hypothesis, which is based on both in vitro and in vivo observations, could also explain the symmetric versus asymmetric fate of dividing cells. If the relevant G1 phase of the cell cycle is too short for the cell fate determinant to induce differentiation then both daughter cells will continue to proliferate. Alternatively if the cell cycle is longer, the cell fate determinant will promote the differentiation programme of one of the two daughter cells and in an even longer cell division, differentiation will be induced in both daughter cells. The above hypothesis has been confirmed by the observation that the protein PC3/Tis1, that blocks the G1-to-S-phase progression by lengthening the G1 phase of the cell cycle, is sufficient to increase neurogenesis and inhibits neuroepithelial cell proliferation at the same time [68, 69]. These observations could explain the progressive lengthening of the cell cycle from symmetric proliferative to asymmetric neurogenic and finally to symmetric terminal neurogenic divisions and further suggest the involvement of cell cycle mediators in coupling the mode of progenitor cell division with differentiation. In addition, three recent studies in mammalian embryos also support the cell cycle length hypothesis. First, shortening the G1 phase of the cell cycle by administration of insulin growth factor-1 (IGF1) in mouse neuroepithelial or radial glial cells increases the probability that their progeny will re-enter the cell cycle, indicating a shift towards symmetric divisions [70]. Second, in the primate cortex, progenitors of the area 17

of the subventricular zone (SVZ) that have a shorter G1 phase than those of area 18 exhibit a greater probability of cell cycle re-entry, a process regulated by cyclin E and p27 [66]. Third, at any given neurogenesis stage and brain region, progenitors undergoing neurogenic divisions have a longer cell cycle than those undergoing proliferative divisions [71]. It is also possible that during an elongated G1-phase neurogenic and differentiation-promoting genes are up-regulated thus forcing one of the daughter cells towards neuronal differentiation. This is the case for the dual function neurogenic protein BM88/Cend1, whose up-regulation leads to elongation of the G1 phase of the cell cycle and subsequent cell cycle exit of a sub-population of proliferating cells [72].

Cell size is another factor determining brain size. In related invertebrate species with similar numbers of neurons, for example, there is much variation in the size of these neurons. A way that this size difference is accomplished is through the process of endoreplication, where the cell cycle is completed without cytokinesis. This process takes place both in *Drosophila* and in mice [73] and in both cases cyclin E plays a regulatory role. As a result natural giant neurons are often polyploid and it has been shown that unnaturally large neurons can be produced by interfering in the cytokinesis pathway [74]. Another way for cell size control is the control of cell growth during the G (G1 and G2) phases of the cell cycle. The insulin receptor PI3K pathway has been shown to be implicated in this mechanism, as transgenic mice lacking PTEN, a component of this pathway, show increased neuron size [75]. In support, in *Drosophila* mutations of almost all components of this pathway result in production of cells with abnormal size [76, 77]. Both mechanisms described above link developmental pathways of neurogenesis to components of the cell cycle.

1.4 Cell Cycle Exit Signalling in the CNS

The overall size of the brain is governed by the cell cycle machinery. This is clearly demonstrated by enlarged brain of mice lacking the cell cycle inhibitor p27kip1 [78, 79]. But as some parts of the CNS, such as the forebrain, are larger than others, such as the spinal cord, cell cycle components are expressed or activated at certain time points in specific areas so that each part of the CNS ends up being the correct size. This process is to a great extent coordinated by the control of cell cycle progression and the precise timing of cell cycle exit [80, 81]. Emerging evidence suggests that progression of progenitors towards neuronal differentiation is tightly linked with cell cycle control and that the two events may be coordinately regulated. This control of cell cycle progression plays an essential role in the generation of the appropriate number of functional neurons at certain brain areas. When a neuronal progenitor is committed to undergo differentiation, it exits from the G1 phase of the cell cycle and enters into an irreversible quiescent state referred to as G0. The tumour suppressor proteins p53 and pRb are central regulators of this progression [82]. Having a short half-life, p53 is normally maintained at low levels in unstressed mammalian cells by continuous ubiquitination and subsequent degradation [83]. When the cell is confronted with stress or a developmental

cell cycle arrest signal, p53 ubiquitination is suppressed and p53 protein becomes stabilized, accumulates in the nucleus and activates or represses the transcription of specific target genes [84]. Activation by growth arrest stimuli of functional p53 or related protein family members, such as p63 and p73, causes G1 arrest at the G0 restriction point through induction of a number of transcription factors, including p21^{CIP1/WAF}, p27^{kip1} and PC3/Tis21, which in turn inhibit cyclin/cdk action [9, 62, 85, 86]. D-type cyclins and related cyclin-dependent kinases (CDKs) are responsible for pRb phosphorylation [87–89] leading to cell cycle progression and thus loss of their activity induces G1 arrest through inhibition of pRb phosphorylation [82]. pRb is therefore another key molecule responsible for growth arrest and accumulation of cells in G1 in response to anti-proliferative signals. Under these conditions hypo-phosphorylated pRb associates with the E2F family of transcription factors and impairs their ability to transactivate genes required for cell cycle progression [90]. As a consequence cells do not progress through the G1-to-S-phase transition. Increasing evidence suggests that transcription factors of the Sp1 family are critical for the cellular responses to p53, including activation of its downstream growth arrest effector p21^{WAF/Cip1}, both in neuronal [91, 92] and non-neuronal cells [93].

Several studies have indicated that a major event associated with cell cycle withdrawal and differentiation both in neuronal and non-neuronal cells is the cellular compartmentalization of cyclin D1, which shifts from a predominantly nuclear localization to cytoplasmic sequestration [94, 95]. In particular, Sumrejkanchanakij et al. [94] have shown that cyclin D1 becomes predominantly cytoplasmic as primary cortical progenitor cells undergo cell cycle withdrawal and terminal differentiation. In the same study it was also shown that exogenously expressed cyclin D1 sequesters in the cytoplasm of post-mitotic neurons by a mechanism inhibiting its nuclear import, whereas it efficiently enters the nucleus of proliferating progenitor cells. Furthermore, forced cyclin D1 expression in the nucleus of differentiated neurons resulted in apoptotic induction.

As mentioned above, the G1 restriction point located at the end of G1 phase is a key proliferation check point, as if cells pass this point, they will almost invariably complete the cell cycle, otherwise they will become post-mitotic [96, 97]. In these lines increasing evidence suggests that while select G1-phase components affect cell fate determination at this stage, the opposite is also true. Thus a number of neuronal determinants affect cells lying at G1, allowing them to take the G0 branch [98-100]. Characterization of dual function molecules, such as the cyclin-dependent kinase inhibitor p27Kip1 or its Xenopous homologue p27Xic1 [57], Geminin [101-103], the neural proliferation and differentiation control protein NPDC-1 [104] or the Hu family of neuronal RNA-binding proteins [105], has yielded intriguing insights into the functional link between the control of cell cycle progression and neuronal commitment/differentiation (Fig. 8.2). In support, the role of the BM88/Cend1 protein, which has been previously related with asymmetric neurogenic divisions during embryonic cortical development [55], in the control of cell cycle exit via cyclin D1 down-regulation and pRb hypophosphorylation has been identified [72]. Additionally, it should be noted that during embryonic CNS



development withdrawal from the cell cycle is accompanied by acquisition and maintenance of the neuronal phenotype, which involves a large number of genes that are expressed in a predetermined and coordinated manner. These include proneural genes, transcription factors involved in patterning and members of the bHLH family [25, 106–108]. Along these lines it has been demonstrated that overexpression of the proneural genes NeuroD, Mash 1 and neurogenin1 induces P19 embryocarcinoma cells to differentiate towards a neuronal phenotype through a mechanism that involves expression of the cyclin D1 inhibitor p27kip1 and subsequent cell cycle arrest at G1 [32]). In addition, external neuronal determination signals, such as Wnt, sonic hedgehog (Shh) and retinoic acid (RA), have been shown to regulate cell cycle exit through modulation of cyclin D1, cyclin D2 and N-myc transcription [109, 110–112].

1.5 Proliferation and Cell Death During CNS Development

Apoptosis has been recognized as a prominent event during the development of several regions of the vertebrate nervous system, as well as during disease and trauma. During embryogenesis, cell death has a morphogenetic function at various stages of the formation of the central nervous system (CNS): during the closure of the neural tube [113]; during the development of the mesencephalic region and in the process of negative selection of certain progenitor cells from inappropriate regions of the CNS [114]. Later in development, neurons generated in some areas of the nervous system may die as a result of limited availability of trophic factors or lack of synaptic inputs necessary to suppress the endogenous genetic death program [115, 116]. Based on the time of occurrence of cell death, it is possible to hypothesize the existence of two functionally distinct types of death in the nervous system of developing mammals. They may share morphological (apoptosis) and/or biochemical (activation of cell cycle genes) similarities, but differ substantially in the type of cells involved: the "proliferative" type of cell death involves actively cycling cells whereas "target-related" cell death involves post-mitotic neurons. The simultaneous occurrence of both proliferation and apoptosis in some cell populations has suggested that the two processes may be related. Indeed, besides several morphological similarities between dying and dividing cells a wealth of studies have shown that molecules acting during cell cycle progression are required for apoptosis. These include mitotic kinases [117]; the tumour suppressor gene p53 [118, 119]; and cyclin D1 [120]. Similarly, molecules which act as checkpoints during the progression through the cell cycle, such as pRb, have been shown to prevent apoptosis [121]. More specifically, following DNA damage, pRb acts to prevent entry into S phase, which would otherwise trigger apoptosis [122]. In contrast, bcl-2 acts independent of the cell cycle to directly suppress apoptosis [123]. Alike Bcl-2, BM88/Cend1 which shares many similarities in terms of localization and function with Bcl-2, has also been shown to protect cells from C2-ceramide-induced apoptosis via a mechanism involving calcium dynamics (Masgrau, Thomaidou and Matsas, unpublished data).

The occurrence of developmental cell death in the cerebral cortex of embryos has initially been regarded as a rare event [124–126]. However, more recent studies using sensitive techniques to visualize apoptotic cells over a longer time period before their clearance by macrophages suggest that CNS progenitor cells undergo "proliferative" apoptosis, similar to many other proliferating tissues, but this event takes place so quickly that only a few apoptotic nuclei may be detected in a histological section at any time point [127]. In support of this comes evidence showing that the histologically visible stages of the apoptotic process are very short, lasting from a few minutes to a maximum of 3 h [128]. Lately there has been evidence defining a molecular pathway that includes activation of cyclin-dependent kinase-4 (Cdk-4) in neurons which leads to hyper-phosphorylation of the Rb family member p130 and subsequent dissociation of the protein complex consisting of the chromatin modifiers Suv39H1, HDAC1, the transcription factor E2F and p130, finally resulting in the induction of the pro-apoptic Bh3-only protein Bim. Bim then interacts with the core cellular apoptotic machinery, leading to caspase activation and apoptotic death [129]. This pathway is supported by a variety of observations indicating it as a required element for neuronal loss during normal development and in many nervous system injuries and disorders. Thus the components of this signalling pathway may represent potential therapeutic targets for prevention of neurodegeneration-associated neuronal death.

2 Pathways and Mechanisms of Differentiation in the Spinal Cord

During embryonic development competent ectodermal cells are committed to neural fate to form the neural plate and later the neural tube. The early neural plate is initially rostral in character (forebrain like) and more caudal regions, such as spinal

cord, form as a result of the caudal regression of the organizer. The caudal character of neural cells emerges soon after neural induction, through the reprogramming of cell fates by a series of extrinsic signals. Many different classes of secreted factors have been implicated in this rostrocaudal extension of the neural plate: fibroblast growth factors (FGFs), retinoids, bone morphogenetic proteins (BMPs), Wnts and a caudalizing activity from the paraxial mesoderm [130–133].

The spinal cord develops from a small number of highly plastic NSCs that proliferate, acquire regional identities and generate a progressively restricted repertoire of cell types, first neurons and later oligodendrocytes and astrocytes. The induction of neural fate does not affect the proliferative capacity of cells [134]. It is only later that committed precursors are instructed to become post-mitotic, as progenitors exit the cell cycle, cease to proliferate and differentiate into neurons and glial cells. Similarly to cortical development, both neural induction and initiation of differentiation pathways in the spinal cord, either neurogenic or gliogenic, appear to be connected to cell cycle control systems that regulate whether stem cells will maintain their proliferative ability or differentiate into the appropriate neural cell type [2]. This regulation is essential for the generation of appropriate number of neurons, neuronal subtypes and proper wiring of neuronal circuits in the spinal cord.

2.1 Dorso-ventral Patterning in the Spinal Cord

As soon as the early neural tube is formed, it already acquires dorso-ventral organization. Neural precursors in the dorsal part show higher proliferation rates than ventral precursors, whereas the opposite is true for the differentiation rates [135]. In this early neural tube, the region between roof and floor plate is densely filled with neural precursors. These precursors initially undergo rapid proliferation and subsequently give rise to post-mitotic cells that differentiate into distinct neuronal and glia phenotypes. The early neural tube is patterned by extrinsic signals that activate hierarchies of transcription factors expressed in a region- and cell-specific manner [136, 137]. These transcription factors act to subdivide the ventricular zone (VZ) into defined progenitor domains with restricted developmental potential, and subsequently, to establish distinct differentiation programmes in the neurons that emerge from each domain. Current evidence suggests that progression of progenitor cells towards neuronal differentiation is tightly linked with cell cycle control and that the two events are coordinately regulated [2]. Therefore, upon progression of development, VZ precursors exit the cell cycle and differentiate first into neurons (early neurogenic phase) and then glia (late gliogenic phase). Newly born neurons migrate laterally out of the ventricular zone into their final positions in the periphery of the spinal cord (mantle zone), where they become incorporated into the local neural circuitry.

A large number of molecular markers characterizing different types of neurons in the spinal cord have been used to identify distinct domains of dorsal and ventral neuronal populations, as well as the corresponding progenitor domains that generate these cell populations. Accordingly, non-overlapping expression domains of proneural genes, which encode basic helix-loop-helix (bHLH) transcription factors and homeodomain transcription factors, define six distinct progenitor cell types in the early dorsal neural tube, designated dp1–dp6. These cells differentiate to give the six types of dorsal interneurons (dI), dI1–dI6, which can be distinguished on the basis of the homeodomain and bHLH transcription factors that they express (Fig. 8.3a) [138]. In a similar manner the ventral spinal cord is subdivided in five progenitor domains: vp0, vp1, vp2, pMN and vp3, which generate five distinct groups of neuronal populations: v0, v1, v2, motor neurons (MNs) and v3 (Fig. 8.3a) [136, 137].

2.1.1 Down-Regulation of FGF Signalling Induces the Onset of Neuronal Differentiation and Establishment of the Patterning System in the Spinal Cord

The characteristic dorso-ventral patterning of the spinal cord is initially generated by the action of four extracellular signalling molecules, which are distributed in a gradient fashion, namely fibroblast growth factors (FGFs), retinoic acid (RA), sonic hedgehog (Shh) and bone morphogenetic proteins (BMPs).

The cells of the caudal neural plate, which regress alongside the primitive streak, constitute the caudal stem zone and cells from this region give rise to neural progenitors, which are left behind by the zone and form the spinal cord (Fig. 8.4). These ancestral cells subsequently undergo differentiation and patterning in the extending body axis [139]. FGF inhibits differentiation in this caudal stem zone, while RA provided rostrally by somitic mesoderm is required for neuronal differentiation and the establishment of ventral neural patterning. FGF signalling is a major pathway involved in the maintenance of caudal progenitors in this stem zone, whereas inhibition of this signalling is necessary for the progression of neuronal differentiation. In particular, it was demonstrated that removal of presomitic mesoderm results in the precocious onset of the ventral patterning gene Pax6 [35]. The signal responsible was identified as FGF, which is produced by presomitic mesoderm cells and is able to repress Pax6. Moreover, recent findings have shown that attenuation of FGF signalling is also necessary for neuronal differentiation [140]. Repression by presomitic mesoderm and in particular by FGF appears to be a general mechanism that represses markers for generic neuronal differentiation, such as NeuroM, and ventral patterning genes, such as Pax6 and Irx3, and consequently restrains differentiation at the caudal end of the developing spinal cord [141, 142].

2.1.2 Ventral Patterning and Shh

Extensive experimental data, based on both gain and loss-of-function approaches performed in all the main vertebrate model systems, namely fish, frog, chick and mouse, have shown that hedgehog (HH) signalling molecules are crucial for the specification of ventral cell fates in the spinal cord [137, 143]. The *Shh* member of the HH family of secreted proteins begins to be expressed in the notochord as soon



Fig. 8.3 A combinatorial code of transcription factors specifies the domains for cell types in ventricular (VZ) and mantle zone (MZ) in the developing spinal cord. (a) Schematic of the regionalization patterns of the six types of dorsal neurons (dI1-dI6) and the five types of ventral

as the cells, which are destined to give this structure, have left the regressing node. *Shh* is, like FGF, an extracellularly secreted molecule which acts in a concentrationdependent fashion. In the neural tube, the ventral-most cells, comprising the floor plate, constitute a prominent source of this molecule, leading to the establishment of dorso-ventral gradient of Shh activity, which decreases from the ventral-to-dorsal part, thereby providing a means for generating molecular differences in the VZ.



Fig. 8.4 Caudal stem zone progressively generates early spinal cord. The stem zone in the caudal part of the neural plate is constituted of neural precursor cells which regress alongside the primitive streak and progressively give rise to neural progenitors, which are left behind to generate the spinal cord. In particular, the cells from the stem zone divide and progressively become neural progenitors in the transition zone. The cells that enter the transition zone acquire a fixed rostrocaudal position and when somites form adjacent to the neural tube produce signals that induce the differentiation of progenitors in the transition zone to generate the early spinal cord

Fig. 8.3 (continued) neurons (v0, v1, v2, MN and v3) in the developing neural tube. On the *left* are the transcription factors which are used to identify the progenitor domains of the different dorsoventral domains for post-mitotic neuronal populations. On the *right* are the transcription factors which are used to identify the neuronal types in the MZ, where differentiated neurons migrate. FP, floor plate; RP, roof plate. (b) Comparison of *Olig2* and *O4* expression in the ventral chick spinal cord during transition of neuroepithelial precursors from neurogenic (E4) to oligodendrogenic (E6 and E8) phase. Adjacent transverse sections of Hambourger–Hamilton (HH) stage 24 (E4), HH stage 29 (E6) and HH stage 33 (E8) were subjected to *cOlig2* in situ hybridization (*left panel*) or immunofluorescence labelling with anti-O4 antibody (*right panel*). At HH stage 24 the Olig2+ neuroepithelial precursors of the pMN domain generate motor neurons and thereby they do not express the early oligodendrocyte precursor marker O4. At later stages of embryonic development (HH 29 and 33), the Olig2+ domain (Op, Oligodendrocyte progenitors) becomes destined to generate O4+ oligodendrocytes (*right panel*) (modified from Politis et al., 2007)

Gain and loss-of-function and studies indicate that Shh is necessary and sufficient to induce the floor plate and all of the ventral progenitor domains, with the possible exception of the p0 domain and zebrafish medial floor plate. Thus, overexpression of Shh in the neural tube in vivo ventralizes the spinal cord, and incubation of spinal cord explants in increasing concentrations of purified Shh protein in vitro specifies progenitor domains of progressively more ventral character [136, 137, 144–146]. Conversely, incubation of spinal cord explants in anti-Shh antibodies prevents ventral specification, and mouse embryos with a targeted knockout of Shh lack floor plate, p3, pMN and p2 domains, whereas p1 and p0 cells are displaced to the most ventral part of the spinal cord [137, 146–148]. In the Shh-/- mutant mouse, however, V0 and V1 interneurons still develop, albeit in reduced numbers [144], and thereby these neuronal classes cannot be totally dependent on Shh. This raises the possibility that alternative member(s) of HH signalling molecules specify V1 and V0 neurons in the Shh knockout mice. Consistently, cells that lack smoothened (SMO), a component of the HH signalling pathway required for signalling by all HH proteins, do not form the floor plate, MNs or V3, V2 or V1 neurons [149]. Although some V0 neurons are formed from Smo mutant cells, they are found only at abnormally ventral positions [149], suggesting that fate specification of all ventral spinal cord neurons, with the possible exception of some V0 neurons, requires HH signalling. In fact, V0 and V1 interneurons are also dependent on RA signalling for their specification [150, 151].

Although these observations support the hypothesis of a Shh concentration gradient, this Shh gradient has never actually been detected in the spinal cord. Immunocytochemical and in situ hybridization studies only show the protein and mRNA, respectively, to be present in the notochord and floor plate. However, expression of the HH target gene patched 1 (Ptc1), considered to be a direct readout of HH activity, is detected with a dorso-ventral gradient (low to high) throughout the ventral half of the spinal cord [152–154]. This suggests that all six ventral domains could be specified by distinct thresholds of a ventral-to-dorsal morphogenetic gradient of HH activity. In agreement, overexpression of a constitutively active form of SMO ventralizes the spinal cord in a cell-autonomous manner [155]. Similar results are obtained with active forms of *Gli* genes, which are downstream effectors of the Shh and encode zinc finger transcription factors acting in the nucleus in response to Shh signals [156]. *Gli* constructs endowed with increasing degrees of activity cause transfected cells to acquire progressively more ventral character [157]. Conversely, overexpression of a constitutively active form of *Ptc*, which represses HH signalling, cell-autonomously inhibits V3-V0 and MN fates within their normal domains and induces ectopic V2, V1 and V0 neurons in the ventral spinal cord [158]. These experimental results indicate that HH signals act in a concentrationdependent manner as long-range diffusible factors in the ventral spinal cord, directly inducing different cell types at increasing distances from their source, and this gradient is translated into cell-autonomous specification of different ventral fates by graded *Gli* activation inside target cells [157].

Although these findings support the hypothesis that the position of a progenitor cell within a ventral-to-dorsal gradient of Shh specifies its differentiation into specific neuronal subtypes, they still leave open the question of how an inductive gradient is converted into well-defined progenitor domains. Experiments in chick and mouse embryos provided evidence that a group of homeodomain proteins expressed by ventral progenitor cells act as intermediary factors in the interpretation of graded Shh signalling [151, 159, 160]. These homeodomain proteins can be divided into two major categories on the basis of their pattern of expression and mode of regulation by Shh [159]: class I proteins, which are repressed by various concentrations of Shh and class II proteins, which are induced by Shh activity. Pairs of class I and class II factors have been shown to negatively regulate each other via mutual transcriptional repression [161]. These cross-repressive interactions are thought to result in a delineation of cells expressing either one factor or the other, ultimately leading to sharpening and stabilization of the boundaries between the initially coarsely separated progenitor domains [137, 159]. Thus, for example, if *Pax6* is ectopically expressed in ventral regions of the chick neural tube, then Nkx2.2 is repressed. Conversely, if Nkx2.2 is ectopically expressed in more dorsal regions, then *Pax6* is repressed [159]. Thereby, the combinatorial expression profile of these two classes of homeodomain proteins defines five progenitor cell domains within the ventral neural tube. For example, the combinatorial actions of three homeodomain proteins, Nkx6.1, Nkx2.2 and Irx3, restrict the generation of motor neurons to a single progenitor domain. Within this domain, Nkx6.1 activity directs the domain-restricted expression of downstream factors, such as the homeodomain protein MNR2 [162]. MNR2 is first expressed during the final division cycle of motor neuron progenitors and functions as a dedicated determinant of motor neuron identity. Once induced, MNR2 positively regulates its own expression [162], further inducing the progression of progenitor cells to a motor neuron fate.

2.1.3 RA Participates in Defining the Patterning in the Spinal Cord

Retinoic acid, which is initially produced by somitic mesoderm, is required for neuronal differentiation and establishment of ventral neural patterning. Impairment of signalling between somitic tissue and neural tube results in a decrease in Pax6, Irx3 and NeuroM [35, 141], indicating that a signal from the somite normally activates their expression. This is further confirmed by the ability of somitic tissue to induce Pax6 and NeuroM in stem zone explants [141, 163]. The somite-derived activator appears to be retinoic acid, which is produced by Raldh2, an enzyme present at somitic stages in rostral presomitic mesoderm and somites [164, 165] but absent in more caudal regions. It has been shown that somites synthesize several active retinoids [165], and from gastrulation onwards, paraxial mesoderm expresses high levels of Raldh2 [164, 166–168]. Upon treatment of stem zone explants with RA or a retinoic acid receptor (RAR) agonist, the expression of the neuronal marker NeuroM is increased, whereas interference with the retinoid pathway blocks the ability of somites to promote neuronal differentiation [142]. Moreover the requirement for RA in spinal cord differentiation and patterning is supported by many

different experiments in diverse species, where the retinoid pathway has been attenuated. These embryos showed dramatically abnormal development of the spinal cord as indicated by reduced neural tube size, neuron number, expression of proneural genes, such as neurogenins1 and -2, and ventral patterning transcription factors, such as Olig2, Pax6, Irx3 and Nkx6.2 [142, 169, 170]. For example, electroporation of a dominant-negative RA receptor into the neural tube to inhibit RA signalling reduces the expression of *Pax6*, *Irx3*, *Dbx1* and *Dbx2* [170]. Conversely, when RA is added to neural plate explants, then these ventral patterning genes (Fig. 8.3a) and others such as *Evx1/2* and *En-1* are induced [151]. These genes are involved in the specification of ventral interneurons and motor neuron subtypes in the ventral spinal cord, and therefore changes in their expression have dramatic effects in spinal cord development.

Furthermore, RA is also required for subsequent steps leading to motor neuron differentiation and specification of the columnar identity of these neurons [170–172]. Thus, sets of motor neurons cell bodies are organized in arrays along the rostrocaudal axis of spinal cord generating longitudinal columns that project axons to distinct regions in the periphery. Lateral motor column (LMC) neurons are generated only at limb levels and project axons into the limb mesenchyme. The median motor column (MMC) is divided into a medial group (mMMC), which is found at all rostrocaudal levels and projects to axial muscles, and a lateral group (IMMC) found only at thoracic levels and projects to the muscles of body wall. Signals provided by early-born motor neurons of the lateral motor column (LMC) help to specify the fate of later-born lateral LMC neurons. A number of studies have implicated retinoid signalling in this aspect of motor neuron subtype specification, since LMC neurons selectively express Raldh2 and synthesize biologically active retinoids [173–175]. Therefore, retinoids provided by early LMC neurons can induce the expression of the Lim1 homeodomain gene, which is a defining marker for lateral LMC identity.

2.1.4 Dorsal Patterning and BMPs

Neuronal patterning in the dorsal half of the spinal cord proceeds analogously to ventral patterning, and instead of Shh and floor plate, it requires the inductive activities of BMPs produced in the overlying ectoderm and roof plate [176–178]. Initial signals from the surface ectoderm specify the roof-plate cells [177, 179], which then provide the signals to specify the dorsal cell types of the spinal cord. BMPs are expressed in the surface ectoderm at the time of roof-plate generation, and naïve explants of neural tissue from chick embryos are induced to express roof plate or dorsal neural markers upon treatment with BMPs [177, 179, 180]. The roof plate is the dorsal equivalent of the notochord, because genetic ablation experiments demonstrated that the roof plate is essential for the specification of some dorsal neural cell types. In particular, ablation of roof plate leads to reduction of the dorsal *Pax7* domain, whereas the ventral *Pax6* domain expands, *Math1*+ and *Ngn*+ cells are missing, as are the respective neuronal population they produce [181]. The roof

plate expresses *Bmp4*, *Bmp5* and *Bmp7* and these proteins are sufficient to induce dorsal markers such as *Pax3* and *Msx* and dorsal neuronal subtypes in intermediate neural plate cultures [176, 177]. Gain-of-function experiments in the chick neural tube have shown that many different BMPs can promote dorsal neural cell fates [176, 182, 183]. In addition, electroporation or viral infection of constitutively active BMP receptor in the same system resulted in a number of concentration-dependent dorsalization effects [183]: Pax7 was ectopically expressed more ventrally, Pax6 was repressed at high levels of the electroporated gene, while at lower levels was shifted, Msx1 and -2 were induced, and Dbx1 and -2 were repressed. Of the neuronal specification genes, *Cath1* was up-regulated whereas *Cash1*, *Ngn1* and *Ngn2* were repressed. With regard to neuronal subtypes, Evx1 and En-1 interneurons were reduced, LH2A and B neurons were induced, Lim1/2 neurons were reduced, and dorsal interneurons expressing Islet1 were reduced or absent. In support, zebrafish mutants with compromised BMP signalling activity showed abnormalities in the dorso-ventral patterning such as loss of dorsal sensory neurons and expansion of interneuron domains [184, 185]. Conversely, double deletion of both receptors for BMPs, *Bmpr1a* and *Bmpr1b* results in loss of dl1, *Math1* sensory interneurons and a reduction and dorsal shift in dl2 neurons [186]. These findings suggest that BMPs provide positional cues in dorsal and intermediate regions by setting borders of expression of homeodomain target genes in a similar fashion to Shh ventrally.

Another family of candidate extracellular signalling molecules for transducing the effect of roof plate in the dorsal neural tube progenitors is the Wnts. Wnt1 and Wnt3a are expressed in the roof plate as soon as the neural tube closes, and their expression continues throughout neurogenesis, making these factors likely candidates to contribute to the dorsal neural patterning. These molecules act as mitogens in a concentration-dependent fashion and are responsible for the enhanced rates of proliferation in the progenitors of dorsal neural tube [135]. In addition, there are data suggesting that they act downstream of Bmps to induce dorsal neuronal fates. Mouse double deletion mutants for Wnt1 and Wnt3a showed fewer dI1-dI3 interneurons, as indicated by the expression of Math1 and Ngn1 proneural genes in precursor cells and by the expression of Lh2 and Isl1 genes in the post-mitotic neurons. This decrease in dI1-dI3 populations was accompanied by an expansion in dI4 population, assayed by the expression of $\lim 1/2$ and Pax2, implying that the Whits participate in a choice between dI4 and more dorsal fates [187]. The observation that in the Bmp receptors double mutant mouse the expression of Wnt1 and Wnt3a is down-regulated further suggests that Wnts may be downstream of the Bmp signalling.

2.2 Specification of Neuronal Subtype Identities

The dorso-ventral patterning gradient generated by the action of FGF, Shh, RA and BMP signalling acts coordinately to induce subsequent genes depending on the relative strength of each signalling input. The protein products of these downstream genes act as either transcriptional activators or repressors. The combinatorial actions of these proteins direct the generation of specific neuronal identities within restricted domains of the developing spinal cord. These modulators of transcription usually act as repressors of other transcriptional repressors that inhibit the generation of alternative fates [161, 188–190]. By this way, the generation of individual neuronal subtypes is achieved by the repression of alternative cell fates, in a de-repressive manner [161, 191]. The latter is particularly true for the specification of motor neurons, where most of the transcription factors involved in this specification function as repressors [189, 192]. Therefore, expression of Olig2, which marks MN progenitor state and is involved in MN specification, is dependent on the coexpression of Nkx6 and Pax6 which are required to prevent the expression of other transcription factors capable of repressing *Olig2* expression [159, 193–195]. *Olig2* itself then functions as a transcriptional repressor to direct the expression of downstream homeodomain regulators of MN identity via MNR2, Hb9 and LIM (Isl1/2 and Lim3) proteins, indicating a de-repression mechanism that functions during this later phase of MN specification [28, 194, 196–198].

Moreover, these signalling molecules are able to induce the expression of homeodomain genes that subsequently specify the identity of each of the classes of post-mitotic neurons that derive from individual progenitor domains (see class I and II genes in Shh). Thereby, gain-of-function experiments in chick neural tube have shown that individual homeodomain proteins are sufficient to change the fate and position at which individual types of neurons are generated, as predicted by the normal profile of homeodomain protein expression [159]. Additionally, there are predictable changes in progenitor domain identity and neuronal fate in mice in which individual homeodomain proteins have been knocked out by gene targeting [160, 193, 199, 200]. These observations indicate the involvement of homeodomain genes in the specification of neuronal subtype identities.

2.2.1 Common Spinal Cord Patterning Mechanisms Operate to Specify Neurons and Glial Cells

Early pulse chase labelling studies have indicated that, alike forebrain morphogenesis, development of neurons precedes that of glial subtypes during spinal cord development. However, the process of glial cell generation in spinal cord requires precise interplay between cell-intrinsic and regionally restricted extrinsic factors, which has much in common with the mechanisms that underlie the development of neurons. The first indications that neurons and glia might share common specification mechanisms came from the observation that oligodendrocyte progenitors emerge from a discrete region in the ventral neural tube [201], rather than from diffuse locations. In situ expression analysis of many markers for oligodendrocyte progenitors, such as PDGFRa and PLP/DM20 in mouse embryos [202, 203] and O4 in chick embryos [204], suggested that oligodendrocyte progenitor development is initiated in the same domain that generates motor neurons (pMN domain) (Fig. 8.3b). In mouse embryos, initially the pMN precursor domain, around embryonic day 9–10.5, gives rise in a first wave of motor neuron progenitors and in a later wave, around E12.5, to oligodendrocyte progenitors [205]. Subsequently these progenitors migrate out from the pMN to lateral and dorsal regions throughout the spinal cord. Finally, at post-natal stages, myelinating oligodendrocytes are found all over the spinal cord, most abundantly not only in white matter tracts but also in grey matter. Most importantly, Shh signalling is necessary and sufficient for oligodendrocyte development in the spinal cord, indicating further parallels with the development of motor neurons [206–210]. Several studies indicate that a prolonged period of Shh activity is necessary to ensure normal cell fate acquisition in pMNoligodendrocyte progenitors, which is completed by about E12.5 in the mouse and stage 24 (E4) in the chick. Therefore, by using ventral chick spinal cord explants, isolated at various development stages, it was shown that neuroepithelial precursors are unable to generate oligodendrocytes in culture until E5 but become able to do so in an autonomous way from E5.5. These observations indicate that the induction of oligodendrocyte precursors is a late event that occurs between E5 and E5.5, precisely at the time when the ventral neuroepithelium stops producing motor neurons (Fig. 8.3b). Moreover, in the same experimental system Shh is sufficient to induce oligodendrocyte formation from ventral neuroepithelial explants dissected at E5 [208]. However, later stages of oligodendrocyte maturation are Shh independent [208, 210], consistent with the migration of these progenitors away from the original morphogenetic source of Shh.

Moreover, *Olig1* and *Olig2* genes, which are initially expressed in the pMN domain and genetic analysis showed that they lie downstream of Shh signalling [209, 211–213], are required for the specification of pMN domain [214]. Moreover, a null mutation of *Olig2* alone results in failure of development of pMN progeny [195, 215], including motor neurons and oligodendrocytes. These observations provided evidence for a single cell-intrinsic determinant that is essential for the specification of both neuronal and glial lineages.

3 Adult Neurogenesis

In adult mammals, neurogenesis occurs within two discrete brain regions, the dentate gyrus of the hippocampus and the subventricular zone (SVZ) lining the lateral wall of the lateral ventricles (LV) [216], a process sustained by the lifelong persistence of neural stem cells (NSCs) within these two areas (Fig. 8.5). However, the mechanisms determining how neurogenesis is restricted only to few regions in the adult, in contrast to its more widespread location during embryogenesis, largely depend on controlling the balance between precursor cell proliferation and differentiation. The SVZ is the richest source of NSCs in the adult CNS, providing a continuous supply of neuroblasts to the olfactory bulb (OB), one of the few structures remaining active in the adult forebrain [217, 218]. In this area, the source of permanent cell production consists of NSCs belonging to the astroglial lineage. Several observations have concluded indeed that a subset of astroglia acts as multipotent NSCs [219]. These, called type B cells, are slowly dividing astrocytes that



Fig. 8.5 Neurogenic areas in the adult brain. Schematic drawing of a sagittal section of the adult brain, where the two neurogenic regions – subventricular zone (SVZ) and dentate gyrus (DG) – are marked in *grey. Black dots* correspond to dividing cells. In the olfactory system *black arrows* reflect tangential migration through the rostral migratory stream (RMS) to the olfactory bulb (OB), whereas *grey arrows* reflect radial migration to the outer layers of the OB

generate committed neuronal precursors (type A cells), passing through an intermediate type of rapidly dividing cells (transit amplifying type C cells) [218, 220, 221]. Moreover, this subset of astrocytes has the capacity to restore adult neurogenesis after all rapidly proliferating cells have been eliminated [220]. An increasing number of molecules characterizing and/or participating in this B-C-A transition and cell fate restriction have been identified [4, 222]. These include basic fibroblast growth factor (bFGF), brain-derived neurotrophic factor (BDNF) and ciliary neurotrophic factor (CNTF) that regulate NSC maintenance and self-renewal within the SVZ niche [223, 224], while Notch1, acting downstream of CNTF, controls NSC numbers [225]. EGF receptors, on the other hand, are predominantly found in transit amplifying type C cells [218, 226, 227], controlling their fast proliferation rate in cooperation with sonic hedgehog (Shh) [228]. Numb/Numb-like proteins are present in all types of SVZ precursors and have been recently shown to participate in repair mechanisms of the subventricular niche [229]. Additionally, the transcription factor Mash1, which is transiently expressed in embryonic precursor cells, is also localized in transit amplifying type C cells, where it possibly controls the activation of downstream genes participating in cellular differentiation networks. Among factors also known to control neuronal progenitor proliferation and differentiation are unexpectedly neurotransmitters, such as dopamine [227] and GABA [230]. Although these findings have changed the scenario concerning adult NSC origin and identity, lack of specific markers for "stem-like" cells has hampered the identification and characterization of adult-derived NSCs. Recent findings suggest that during adult neurogenesis radial glial cells act as cellular intermediates between embryonic and adult neural stem cells [4]. So, one key question that arises is why all astrocytes of the mammalian adult brain cannot maintain this neurogenic potential like their ancestors, the radial glial cells? One major difference that may account for this is the fact that only the astrocytes that have an apical membrane contacting the ventricle undergo adult neurogenesis [218]. This finding might imply that, similarly to embryonic development, the polarity of adult NSC plays a crucial role in the control of adult neurogenesis.

3.1 Adult NSC: Possible Candidates for CNS Repair?

Due to their extreme plasticity, adult SVZ NSCs are very powerful candidates for cell replacement therapies of neurological disorders through their directed transplantation in damaged brain areas. Alternatively, stimulation of endogenous neurogenesis from SVZ neuronal precursors seems a suitable approach, given the fact that a self-repair mechanism exists in the SVZ "niche" in several animal models of neurodegeneration. Indeed, recent progress shows not only that neurons suitable for transplantation can be generated from adult NSCs maintained in culture but also that the adult brain itself produces new cells that differentiate into functional neurons in diseased areas [231, 232]. In support, a number of studies report initial migration of SVZ neuroblasts to distant areas triggered by brain injury, such as stroke [233] and endogenous activation of SVZ NSC in an animal model of inflammatory demyelination of the corpus callosum [231, 234]. In addition, striatal dopaminergic neuron degeneration in the 6-hydroxy-dopamine (6-OHDA) chemical model of Parkinson's disease (PD) in rodents impairs SVZ neural precursor generation most probably due to dopamine depletion [235], indicating that a feedback mechanism exists between neuronal production in the SVZ and neurodegeneration in neighbouring brain areas. More importantly, similar results to the ones reported in animal models have been also observed in post-mortem brains of patients with Huntington's disease [236] and multiple sclerosis [237] that exhibited a significant enhancement in cell density and proliferation of the SVZ area. By contrast, cell proliferation and neurogenesis are reduced in PD patients, as a result of dopamine depletion [226]. Although some extrinsic factors - mainly neurotransmitters and factors secreted by reactive astrocytes and macrophages involved in inflammation - controlling the response of the SVZ NSC "niche" in tissue damage have been identified, the intrinsic cascade of molecular events altering the precursor cell fate remains unknown. Therefore, study of the cell biology and identification of the intrinsic molecules and pathways stimulating or prohibiting proliferation and differentiation of endogenous precursors towards the neuronal lineage appears to be the first step for directing the controlled dispersal, functional integration and long-term survival of new neurons into host neural circuitries following brain damage.

Over the last century our concept of the adult central nervous system (CNS) as a rigid and inflexible structure has radically changed. It is now well recognized that the CNS is considerably more plastic than originally thought. In particular, the discovery that new neurons are continuously being generated throughout life has created a major breakthrough with important implications for the development of restorative approaches for CNS repair after damage. However, despite the new knowledge acquired and the progress made it is still a fact that the ability of the CNS for self-repair is very limited.

3.2 Conclusions and Future Perspectives

Although considerable progress has been made in the field NSC biology during the last decade, several fundamental questions that will create new knowledge on the basic mechanisms of neurogenesis remain to be answered. These can be summarized as follows:

- 1. Is adult neurogenesis a mere recapitulation of embryonic neurogenesis or a unique feature of the adult brain?
- 2. What is the physiological function of adult neurogenesis and why it is restricted to two specific regions of the adult brain as opposed to its widespread location during embryogenesis?
- 3. Which factors influence a NSC to adopt a neuronal versus a glial cell fate in the developing and adult brain and how their mechanisms of action are altered under pathological conditions?

To reply such questions new transgenic mice models are currently developed in which NSC and newborn neurons are in vivo ablated and essential changes in the molecular phenotype, cell fate and functional integration of remaining cells are monitored. As several groups have demonstrated that the adult SVZ is subjected to major modifications following neurological diseases, the mobilization of the neighbouring cell types to NSC ablation is a very suitable way to trace their flexibility and possible reprogramming in response to an environmental change. In these transgenic models it will also be very interesting to explore the role of molecules known to enhance the migration and differentiation properties of neuronal precursors, such as PSA-NCAM [238] and BM88/Cend1 [72], respectively, in promoting neuronal regeneration.

Apart from the subventricular zone and the hippocampal region, there is evidence, although still controversial, that adult NSCs also exist in other brain areas that are traditionally considered as non-neurogenic regions, e.g. the cortex, the substantia nigra and the spinal cord [239, 240]. Under the light of this new evidence originated with the use of more sensitive and reliable techniques, we should keep an open mind to the possibility of a more plastic and neurogenic adult brain than originally thought and try to explore the ways to enhance functional neurons production following neurodegeneration. Understanding the mechanisms of division and the physiological function of these cells will provide the means for appropriately manipulating them in order to use them as an alternative source of endogenous neural precursors for brain repair therapies in the future.

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Part IV Cell Cycle and Differentiation in the Cardiovascular System

Chapter 9 Cell Cycle and Differentiation in the Cardiovascular System

W. Robb MacLellan

Abstract The control of cardiac myocyte growth is a highly regulated, developmentally dependent process. Cardiac myocytes rapidly proliferate during fetal life but exit the cell cycle soon after birth in mammals. Although the extent to which adult cardiac myocytes are capable of cell cycle reentry is controversial and whether species-specific differences exist, it appears that the vast majority of adult cardiac myocytes are terminally differentiated. The recent identification of endogenous cardiac stem cells capable of giving rise to cardiac myocyte-like cells may account for some of the previous discrepancies in published studies as to the proliferative potential of cardiac myocytes and challenge the dogma that the heart is a terminally differentiated organ. This chapter will review the recent advances that have been made in identifying candidate factors and signaling pathways that are involved in mediating cardiac cell cycle and proliferation.

Keywords Cardiac myocyte · Cell cycle regulators · E2F transcription factors · Myc-Mad signalling · FoxO transcription factors · Cardiac regeneration · Cardiac stem cells

1 Introduction

Cardiac myocytes rapidly proliferate during fetal life but in the perinatal period, proliferation slows and myocytes undergo an additional round of DNA synthesis and nuclear mitosis without cytokinesis (acytokinetic mitosis) that leaves the majority of adult cardiac myocytes binucleated [1, 2]. Adult cardiac myocytes do not reenter the cell cycle when exposed to growth signals and further increases in cardiac mass

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Fig. 9.1 Schematic model of cardiac myocyte growth and differentiation. Precardiac mesoderm gives rise to fetal cardiac myocytes that rapidly proliferate in utero but exit the cell cycle perinatally becoming binucleated. The potential outcomes of cell cycle reactivation in adult cardiac myocytes are shown. The relative importance of resident cardiac progenitor cell to myocardial regeneration in the adult heart is unknown but discussed in detail in the text

are achieved through an increase in cell size or hypertrophy. A model of growth and differentiation is shown in Fig. 9.1. Although much progress has been made in the last decade identifying and characterizing the factors that regulate cell cycle progression, the studies have usually been performed in vitro, using clonal cells despite the knowledge that the properties of these cells differ dramatically from primary cells [3, 4]. There have been several recent examples where examining the effects of "critical" or "ubiquitous" cell cycle regulators has revealed dramatic new insights into protein function [5, 6] or cell type-specific effects [7–9]. Even less is known regarding the role of these factors in more differentiated cell types. Since the onset of tissue-specific gene expression in developing myocardium occurs days before permanent cell cycle arrest, cardiac myocytes may provide a unique system to study cell cycle regulation during terminal differentiation.

Early studies that expressed oncogenic viral proteins in cardiac myocytes and then subsequently specific cell cycle regulators demonstrated the feasibility of mechanistic studies of cell cycle regulation in cardiac myocytes [10–12] but the interpretation of these results is limited by virtue of the fact that they relied on overexpressing supraphysiological protein levels and it is not clear whether the models used truly replicate normal cardiac biology. Other investigators have created in vivo models to study the effects of the factors felt to be critical for cell cycle regulation in adult post-mitotic ventricular muscle [13, 14]. Despite this progress in

identifying and characterizing the protein networks that regulate proliferation and cell cycle exit in the heart, little is known regarding the factors that specifically impose the irreversible growth arrest that characterizes terminal differentiation. This chapter reviews the current knowledge of mechanisms that regulate cardiac cell cycle control, their relation to terminal differentiation, and prospects for myocardial regeneration.

2 Normal Cardiac Cell Cycle Progression

2.1 Cardiac Myocyte Proliferation During Development

Although many studies have examined rates of DNA synthesis in the adult heart, few have systematically analyzed cardiac proliferation rates in cardiac development. The model most amenable to these types of investigations is the mouse, where cardiac myocyte proliferation and DNA synthesis occur in two developmentally dependent phases [15]. Cardiac myocytes rapidly proliferate during fetal life with up to a third of the ventricular myocytes cycling at one time but this DNA synthesis progressively declines to near zero by the first postnatal day. This reduction in cell cycling is accompanied by a coordinated downregulation of positive-acting cell cycle regulators such as cyclin-dependent kinase (Cdk) 2 and 4, Cdc2, Cyclins A and E and upregulation of cell cycle inhibitors including the retinoblastoma gene product (Rb) and the Cdk inhibitors p21 and p27 [16–18]. During this fetal phase, karyokinesis and cytokinesis are matched, resulting in increased numbers of mononucleated cardiac myocytes. The second phase of DNA synthesis occurs early in the neonatal period, peaking 4-6 days after birth in mice. In this second phase, nuclear division occurs in the absence of myocyte cytokinesis, resulting in the hallmark binucleation of adult ventricular myocytes. This process of nuclear division in the absence of cellular division is a specific form of endoreduplication known as acytokinetic mitosis. This is not related to a defect in cardiomyocyte ability to express and assemble proteins required for an actomyosin contractile ring, but seems to be related to a defect in abscission [19]. In mice and rats, 85-90% of adult cardiomyocytes are binucleated [15, 20]. The degree of binucleation varies between species with human hearts having a binucleation rate ranging from 25 to 57% [21, 22] while in pigs the number of binucleated cardiomyocytes is approximately 32% [23]. The physiological consequences of binucleation are unknown and the bases for the species-specific differences are unclear but presumably it provides some metabolic or synthetic advantage.

2.2 Expression of Cell Cycle Regulators During Cardiac Development

The proliferative cell cycle, entails the highly regulated transduction of mitogenic signals to cyclically expressed proteins known as cyclins and, hence, to their

catalytically active targets, the Cdks. In mammals, D-type cyclins in G1 associate with Cdk4/6, cyclins E and A sequentially partner with Cdk2 in S-phase, and cyclin B interacts with Cdc2 for entry into M-phase. There are two families of Cdk inhibitors, one is specific for Cdk4/6 (the INK4 family, comprising p15, p16, p18, and p19) and the other, the Cip/Kip family, inhibits all Cdks. Although activation of the cell cycle through induction of cyclin D has been traditionally thought to be related to Cdk4/6-dependent phosphorylation of the retinoblastoma family of "pocket" proteins, it is now known that it is in large part related to the titration of Cip/Kip proteins away from Cdk2 to the cyclin D-Cdk complexes. Cdk2, whose enzymatic activation thus depends on Cdk4/6, also phosphorylates pocket proteins, in sequential or processive fashion leading to release of E2F. Thus, together these regulators form a complex and interdependent network tightly regulating the cell cycle, in which the kinase activity of Cdk2 is ordinarily essential for DNA replication [24]. The factors that have been identified as playing a pivotal role in regulating this process at different developmental stages in cardiac myocytes are shown in Fig. 9.2 and reviewed below [25].

Although cyclins involved in G1, S, G2, and M-phase like D1, D2, D3, A, B1, and E and the cyclin-dependent kinases Cdc2, Cdk2, Cdk4, and Cdk6 are highly expressed in the developing heart, the specific role, if any, in cardiac cell cycle progression remains largely unknown [16, 26–28]. The most convincing data for



Fig. 9.2 Summary of factors implicated in regulating the cardiac myocyte cell cycle. A schematic model identifying the factors which have been implicated in regulating cardiac myocyte and the relevant developmental time point is shown. Whether the data was acquired from germline deletions (null mice) or cardiac-specific overexpressing transgenes is delineated

a specific role in cardiac development exists for members of the cyclin D family. Mice lacking all three mammalian D-cyclins (cyclin $D1^{-/-}$; $D2^{-/-}$; $D3^{-/-}$) die in utero secondary to heart abnormalities and defective hematopoiesis [29]. These CycD-null embryos displayed severely thinned ventricular walls with severely comprised compact zone and a high percentage of ventricular septal defects. Since cell cycle kinetics were normal in many tissues, it suggests a relatively cardiacspecific role for this family of proteins in cardiac cell cycle progression. Conversely, overexpressing cyclin D1, D2, or D3 in myocardium of transgenic mice increased cardiomyocyte DNA synthesis and proliferation [30]. Cardiac-specific transgenic mice with increased Cdk4 [13, 30] or Cdk2 [14] activity resulted in an increase in cardiac myocyte number and ongoing DNA synthesis in adult hearts, albeit at a very low rate, whereas deleting both Cdk2 and Cdk4 simultaneously results in embryonic lethality from heart defects [31]. Hearts from these double mutant mice displayed reduced global size, enlargement of atria, and thin ventricular walls associated with reduced cardiac myocyte proliferation. In contrast, the combined loss of Cdk4 and Cdk6 does not affect cell cycle progression; thus Cdk2 must be able to compensate, at least in part, for the lack of cyclin D-dependent kinases [32]. Although these results argue for a special role for CycD/Cdk4 complexes in normal cardiac development, these results should be interpreted with caution until more mechanistic studies are performed. Given the critical nature of the heart to development, knockouts of proteins critical to normal cell functioning may have their first manifestation during development as cardiac pathology.

The withdrawal of postnatal cardiomyocytes from the cell cycle is preceded by a coordinated change in the expression pattern in a host of cell cycle regulatory molecules. Expression of cyclins D1, D2, D3, A, B1, and E and their associated kinases is downregulated in cardiomyocytes after birth. Cyclins A, B, D1, E, and Cdc2 are undetectable in adult cardiomyocytes [16, 26–28]. This decrease in cyclin/Cdk expression is accompanied by a reciprocal upregulation of their inhibitors, CdkIs, ensuring cell cycle exit. Expression of Cip/Kip family members, p21 and p27, begins to increase in cardiac myocytes in the perinatal period and plateau in adult myocardium [17, 33]. Expression of the third member of the Cip/Kip family, p57, has been reported in the heart but it seems to be species specific [33, 34]. Evidence for an in vivo role for CdkIs is limited but mice lacking p27 showed a delay in cardiac myocyte cell cycle exit [35]. Deleting both p21 and p27 led to a synergistic increase in cycling cardiac myocytes and increased responsiveness to mitogenic serum in cardiac myocytes cultured from the double-knockout mice [36].

The primary target of G1 Cdks is Rb and this protein along with p107 and p130 comprises a family of proteins often called pocket proteins [37]. All three family members are expressed in heart but each family member has a specific temporal pattern. Rb is undetectable in the fetal mouse heart but is upregulated in late gestation and becomes the predominant family members expressed in adult terminally differentiated cardiac myocytes [38, 39]. p107 is expressed in a pattern opposite to Rb, highest in the embryonic, proliferative myocytes and lowest in the adult heart. p130 expression is intermediate. It peaks in the neonatal period and is subsequently

downregulated and expressed at low levels in adult myocardium. These proteins are best known for their roles in inhibiting cell cycle progression through the regulation of E2F-responsive genes [40]. In their hypophosphorylated form, Rb proteins bind to E2F complexes, recruiting transcriptional repressors such as HDACs or the Jumonji, a repressor that plays a critical role in embryonic heart development [41].

The important role that pocket proteins play in regulating cardiac cell cycle appears to be model-dependent. Rb-null embryos die at day 14.5 p.c. with widespread cell death and aberrant cell cycling in a variety of tissues [42, 43] but normal hearts [44]. Likewise, cardiac-specific Rb-deficient mice develop normally without overt phenotypic abnormalities and normal hearts both morphologically and biochemically [38]. However, Rb^{-/-} embryonic stem (ES) cells displayed a delay in the expression of cardiac-specific transcription factors and subsequently cardiac differentiation. LEK1, a murine homolog of the cardiomyogenic factor 1, interacts with Rb in ES cells inhibiting its activity and promoting cardiac myocytes to proliferation [45]. ES cells deficient in LEK1 recapitulated the delay in cardiac differentiation seen in Rb^{-/-} ES cells [46]. The reason for the discrepancy between the in vivo and ES cell work is not simply a matter of timing of Rb deletion as suggested for skeletal muscle. Mox2-Cre deleted Rb mice, where the protein is deleted prior to cardiac commitment, also have normal hearts [47].

Germline deletions of p107 and p130 were initially reported as viable and phenotypically normally [48] but a subsequent report by different investigators where p130 deletion was created on a different strain background resulted in embryonic lethality. These p130-deficient mice on a Balbc/J background developed thinwalled, hypoplastic ventricles [49]. While these experiments seem to suggest that p130 has a unique, strain-dependent role in cardiac development, the original p130deficient mice [48] do not display a similar phenotype in a Balbc/J background [50]. Nonetheless, marked abnormalities of cardiac myocyte cell cycling and differentiation were uncovered when both Rb and p130 were deleted in cardiac muscle. Mice deficient in Rb and p130 specifically in the heart demonstrated markedly enlarged hearts with persistent myocyte cycling even in adult ventricles [38]. These data suggest that Rb and p130 have overlapping functional roles in vivo to suppress cell cycle activators and maintain quiescence in postnatal cardiac muscle. Whether Rb family members mediate the inability of adult myocytes to reenter the cell cycle in response to growth stimuli is unknown but data from studies in skeletal muscle would suggest terminal differentiation is mediated by a pocket protein independent pathway [51].

2.3 Transcriptional Control of Cardiac Cell Cycle E2F Family of Transcription Factors

The E2F family is comprised of eight members E2F-1 through E2F-8 [52]. Based on structural and functional characteristics they are often subdivided into activator E2Fs (E2F-1, E2F-2, and E2F-3) and repressor E2Fs (E2F-4, E2F-5, E2F-6, E2F-7,

and E2F-8). Relatively little is known regarding the specific properties or expression pattern of individual family members in the heart. E2F-1 and E2F-3 are downregulated as the cardiac myocytes exit the cell cycle in the perinatal period [38, 53] while E2F-5 is upregulated [38]. Some [38], but not all [54], studies have suggested E2F-4 is also upregulated in the adult myocardium similar to skeletal muscle [55]. Deleting E2F-1, E2F-4, or E2F-5 did not cause any discernable cardiac defect [5, 7, 56, 57]; however, it is likely that significant functional redundancy exists in this family [6, 7]. In contrast, the majority of E2F-3-deficient embryos died in utero. The few that survived adulthood developed progressive signs of congestive heart failure [58]. The mechanism underlying the cardiac defect was not determined but it does suggest, albeit indirectly, E2F-3 may have a distinct role regulating cardiac function in vivo. When E2F-1 expressed de novo in adult myocardium it induced cardiac myocyte DNA synthesis and apoptosis [59]. Recent studies confirmed that forced expression of E2F-1 and E2F-3 in neonatal cardiomyocytes provokes apoptosis concomitant with cell cycle progression [60]. However, forced E2F-2 and E2F-4 expression induced S-phase entry without apoptosis. Although both E2F-2 and E2F-4 could induce cell cycle reentry only E2F-2 resulted in mitotic cell division of cardiomyocytes. Expression of E2F-5 had no effect on cell cycle progression. The basis for the divergent effects of E2F members in cardiac development and proliferation and the relevant gene targets are unresolved.

2.4 The Myc-Mad Signaling Network

Myc is the prototypical member of a family of sequence-specific DNA-binding proteins that are postulated to act as "third messengers" for ligand-dependent signals and are implicated in the regulation of growth in a variety of tissues [61]. The Myc family, which includes c-Myc, N-Myc, and L-Myc, are transcription factors of the basic helix-loop-helix-leucine zipper (bHLHZ) family of proteins that activate transcription as part of a heteromeric complex with a protein termed Max. Myc normally forms heterodimers with Max, a ubiquitous bHLHZ protein, which is an obligate partner in mediating its functions [62]. However, Myc must compete for Max-binding with Mad family members (Mad1, Mxi1, Mad3, and Mad4), which suppress Myc function. Transcriptional activation is exclusively mediated by Myc:Max complexes, whereas Max:Mad or Max:Mxi complexes mediate transcriptional repression through identical binding sites [63]. Family members share a common DNA binding motif (E-Boxes) and have been demonstrated to be capable of functionally complementing each other, suggesting that the Myc gene family must have evolved to facilitate differential patterns of expression [64]. Myc has been implicated in regulating growth, differentiation, apoptosis, and metabolism in a wide variety of organisms and cell types [65] and is one of the few factors implicated in controlling both cell size and number [66, 67]. This is of importance in the heart since Myc is expressed in embryonic ventricular myocytes [68].

Myc is expressed in embryonic ventricular myocytes and Myc-deficient mice die prematurely at E10.5 with cardiac defects [69]. Myc-null embryos globally

smaller and retarded in development compared with their littermates suggesting a general role for Myc in cellular proliferation. They displayed heart enlargement and pericardial effusions but a detailed analysis of the cardiac phenotype was never performed and whether the observed defects are due to a primary effect of Myc-deficiency on myocytes size or number versus an indirect effect secondary to Myc's effects on other organ systems is unknown. Germline deletion of Myc family member, N-myc, results in embryonic lethality with a specific cardiac phenotype. There was a reduction in cardiac myocyte number, most evident in the subepicardial compact layer [70].

Conversely, forced expression of Myc in the developing heart led to myocyte hyperplasia associated with a twofold increase in myocyte number at birth [71]. Although proliferation did not continue in the adult heart in this model, it was seen in inducible, cardiac-restricted transgenic mice where Myc reexpression could be activated in adult ventricular myocytes [72]. In this model Myc activation resulted in DNA synthesis, leading to increased nuclei number and DNA content [72]. No obvious change was seen in myocyte number, implying that Myc may be sufficient under these conditions to induce both S-phase reentry and karyokinesis, but not cytokinesis. In contrast to studies using E1A or E2F-1, no apoptosis was observed. Myc regulates a number of candidate genes implicated in cell growth including a several cell cycle genes [73, 74]. Myc activation in the heart is accompanied by the upregulation of CycD2 and cyclin-dependent kinase Cdk2 and Cdk4 activities which are important for cell cycle progression [72]. Consistent with results from nonmyocytes, Myc-dependent cell cycle reentry was not seen in CycD2-deficient hearts and was dependent on Cdk2 activity [75]. This is consistent with the observation that forced expression of CycD2 in the heart led to cell cycle activation in cardiac myocytes [30, 76].

2.5 Forkhead Box O (FoxO) Transcription Factors

The FoxO family of transcription factors, which includes FoxO1, FoxO3a, FoxO4, and FoxO6, are the mammalian orthologs of the *Caenorhabditis elegans* DAF-16. This family of proteins modulates the expression of genes involved in many cellular processes including cell cycle and differentiation. Thus it is not surprising that a complex regulatory network has arisen to control their function. They undergo inhibitory phosphorylation by protein kinases such as Akt, SGK, IKK, and Cdk2 in response to external and internal stimuli but can also be activated by kinases such as JNK and MST1 under stress conditions. They are also targets of the ubiquitin-protease system and polyubiquitylation of FoxO1 or FoxO3a leads to their degradation by the proteosome but monoubiquitylation of FoxO4 facilitates its nuclear localization and augments its transcriptional activity. Thus, FoxO activity is tightly controlled by complex regulatory pathways under normal physiological conditions so it is not surprising that they play an important role in regulating cardiac growth.

FoxOs have been implicated in regulating a number of cellular processes including cardiac growth [77, 78]. FoxO1 and FoxO3 are upregulated in heart in a temporal pattern that matches the exit of cardiac myocytes from the cell cycle and they are inactivated in the adult heart with hypertrophic signals [78]. Forced expression of FoxO1 in the developing heart inhibits cardiac myocyte proliferation and leads to premature upregulation of CdkIs p21, p27, and p57 [79]. Conversely, transgenic overexpression of a dominant negative FoxO1 increased myocyte proliferation and decreased expression of these same CdkIs. FoxO1 binding to the p21 promoter correlated directly with p21 transcription and inversely with myocyte proliferation. FoxOs can also indirectly effect cell cycle progression as they antagonize Myc activity. FoxO3a upregulates Mxi1-SR α , which inhibits Myc activity, and downregulates Myc target genes [80]. Activation of FoxO3a in response to inhibition of Akt also resulted in activation of Mxi1-SR α expression consistent with the finding that Myc-induced proliferation and transformation require Akt-mediated phosphorylation of FoxO proteins [81]. Since binding of CBP/p300 to FoxO factors is essential for FoxO-mediated transcription, this might account for some of the effect that p300 disrupting E1A mutants had on cell cycle progression in cultured cardiac myocytes [10].

2.6 p300

p300 is a transcriptional adaptor that was originally cloned as an E1A-binding factor [82] and has intrinsic histone acetyltransferase (HAT) activity which contributes to its ability to activate transcription [83]. p300 is crucial for normal development as mice deficient in this protein die in utero displaying cardiac, neurological, and yolk sac abnormalities [84]. The hearts of p300-null mutants were hypoplastic with poor trabeculation and reduced rates of DNA synthesis. This corroborates the previous in vitro data on the importance for p300 in cardiac differentiation [10, 12] and suggests that p300 is critical for normal cardiac development.

The mechanism underlying p300's effects on cardiac growth is unclear, but it is known to function as a coactivator for several cardiac transcription factors including NK-4/tinman in Drosophila [85], and GATA [86], MEF2D [87, 88], FoxO [89], COUP-TF [90], and C/EBPbeta [91]. It is through its interaction with C/EBPbeta that p300 is recruited to the promoters of E2F-regulated growth-related genes, which is required for high-level induction [91]. p300 interacts with cell cycle machinery at multiple levels. p300 also directly interacts with anaphase-promoting complex, which coordinates the temporal progression of eukaryotic cells through mitosis and the subsequent G1-phase of the cell cycle [92]. This interaction stimulates intrinsic p300 acetyltransferase activity and potentiates p300-dependent transcription. E1A mutants that selectively bind and inactivate p300 are sufficient for induction of S-phase in cardiac myocytes, whereas variants defective for both p300 and Rb are inactive [10–12]. DNA synthesis induced by p300-interacting E1A mutants can be blocked by p21 or dominant-negative Cdk2, suggesting it may be operated through regulating E2F-dependent gene expression in cardiac myocytes

as well [93]. Although E1A readily provoked G1 exit in myocytes that do not respond to mitogenic serum, the cells accumulated in G2/M, without increasing cell number. p300 is critical for cell cycle regulation in skeletal muscle as well, since disruption of p300 function by neutralizing antibodies or dominant negatives blocks both differentiation and cell cycle arrest in skeletal myocytes [94, 95]. It is unknown whether p300-dependent induction of CdkIs plays a causative role in cardiac muscle cell cycle exit, but a requirement for p300 in the developmental upregulation of p21 possibly through FoxO factors has been reported in other cell types [96].

3 Pathological Cardiac Cell Cycle Progression

3.1 Cardiac Cell Cycle Reactivation in the Adult Heart

The capacity of heart to regenerate itself and the degree to which the adult mammalian cardiomyocytes can reenter the cell cycle, divide, or renew themselves from resident stem cells or precursor cells remain controversial [97, 98]. It has been reported that adult cardiac myocytes from some species, including humans, retain the capacity to reenter the cell cycle, at least under pathophysiological conditions [99]. However, determination of DNA synthesis rates in rodents where there is less chance for methodological artifacts indicates that the number of cardiomyocytes entering cell cycle in the normal adult heart is very low [100, 101]. Only 1 in 200,000 ventricular cardiac myocytes showed evidence of DNA synthesis in uninjured adult mice hearts [102]. This data is consistent with genetic fate mapping studies in vivo to track the fate of adult mouse cardiomyocytes that concluded there was essentially no turnover or replacement of adult mammalian cardiomyocytes during normal aging [103]. Although DNA synthesis does not seem to increase significantly in the mouse heart (0.004%) after injury [30], there is accumulating evidence that it likely does to a limited extent in the adult human heart. However, while restricted cell cycle reentry may occur in the injured human versus mouse hearts (1-4% [104]) human versus 0.0014% mouse [105] cardiac myocytes), the ultimate fate of these myocytes and whether species-specific differences really exist with respect to proliferative capacity remain unresolved.

Proliferation and DNA synthesis are not synonymous and even if ventricular myocytes enter cell cycle exit, this need not culminate in cytokinesis. The possible outcomes of cell cycle reentry in the adult heart are shown in Fig. 9.1. While cardiac myocyte division might occur, DNA synthesis can also result in endoreduplication (increased DNA content per nuclei) or endomitosis (nuclear division without cytokinesis) [106]. This obviously occurs during normal cardiac development since most adult cardiac myocytes are binucleated. It also seems to occur in human hypertrophied and failing hearts where increased DNA content per nuclei and nuclei per myocyte in cardiomyopathic human hearts is well described [107–110]. Analogous changes have not been detected in several murine models of hypertrophy and may

reflect the differences in potential for cell cycle reentry between these species [101]. Consistent with this concept, if cell cycle reentry is induced in adult mouse cardiac myocytes an increase in ploidy and nuclei per myocyte can be seen [72]. Even in humans, cardiomyocyte entry into the cell cycle after myocardial infarction appears to be transient and that as opposed to cytokinesis and proliferation, it leads to endoreduplication [111]. Presently, there is little convincing evidence that a contractile ring necessary for division is formed in adult cardiac myocytes from any species.

An alternate explanation for the discrepancies in published studies as to the proliferative potential of cardiac myocytes is the recent identification of stem cells capable of giving rise to cardiac myocyte-like cells that express cardiac-specific markers but retain the capacity to undergo several rounds of cell division before permanently withdrawing from the cell cycle [112, 113]. Recent genetic fate mapping has suggested that stem cells or precursor cells contribute to the replacement of adult mammalian cardiomyocytes primarily after injury [103]. Thus, it is a possibility that DNA synthesis in cells that possess cardiac-specific markers might reflect the recruitment of endogenous stem cells to a cardiac fate. Finally, cell cycle reentry could culminate in apoptosis since this was the result associated with many attempts to force myocytes to proliferate [59]. For all of these reasons, the detection of DNA synthesis in terminally differentiated myocardium cannot be taken, by itself, as evidence for the resumption of proliferative growth. Unfortunately, direct, definitive methodologies to accurately assess myocyte number do not exist and thus determination of accurate myocyte proliferation rates will require the development of new technologies.

3.2 Molecular Basis for Terminal Differentiation

Many differentiated tissues undergo cell cycle arrest as part of their differentiation pathway but not all cells undergo permanent arrest (terminal differentiation) and notable examples exist of highly specialized cell types having the capacity for regeneration [114]. Despite others and our work, the mechanisms underlying the permanent growth arrest in adult cardiac muscle are poorly understood. Rb has been implicated in mediating the irreversibility of cell cycle arrest associated with terminal differentiation in various lineages including skeletal muscle [115], adipocytes [116], and macrophages [117]. Early studies in vitro using fibroblasts induced to transdifferentiate into skeletal myocytes by overexpression of MyoD demonstrated that $Rb^{-/-}$ but not p107- or p130-null skeletal myocytes have a defect in cell cycle exit and maintenance of quiescence [118, 119]. Thus Rb appeared uniquely required for normal myogenic cell cycle control and full differentiation. These results were partially confirmed in vivo by deleting a floxed Rb allele either in proliferating myoblasts or after differentiation [120]. Deleting Rb prior to myogenic differentiation with Myf5-Cre resulted in severe defect in cell cycle, differentiation, and apoptosis but if Rb was deleted after differentiation, the cells formed normal

multinucleated myotubes that did not enter S-phase in response to serum stimulation. It was subsequently shown that serum could not induce cell cycle reentry in differentiated myotubes even if all three pocket proteins had been removed [51]. Thus, it was concluded that Rb plays a crucial role in the switch from proliferation to differentiation in skeletal myocytes but was dispensable for the maintenance of the terminally differentiated state. However, studies demonstrating that Rb is required for maintaining quiescence in differentiated cells suggest Rb's role in maintaining terminal differentiation may be tissue specific [121].

Cardiac muscle terminal differentiation has also been suggested to display a similar dependence on pocket proteins. Using viral proteins SV40 large T antigen and E1A, which can block pocket protein function, investigators have demonstrated that they promote G1 exit in cardiac myocytes [10, 122]. This effect could be reproduced using mutants that primarily inhibit Rb-family members [10, 123, 124]. Likewise, transgenic mice that overexpressed G1 Cdks, Cdk4 [13], or Cdk2 [14], displayed an increase in cardiac myocyte number and ongoing DNA synthesis in adult hearts. However, inactivating Cdks were overexpressed at a developmental time point when cardiac myocytes still have proliferative potential and thus do not differentiate between a requirement for pocket protein for cardiac myocyte cell cycle exit or maintenance of the terminally differentiated state. As well, the work with G1 Cdk transgenic suggests that one or more pocket proteins are necessary in cardiac muscle but do not discriminate among them. To address these questions, cardiac-restricted Rb-deficient mice were created. They develop normally and do not display cardiac cell cycle defects even after physiological and pharmacological growth signals [38]. In contrast, deleting both Rb and p130-null led to defects in cardiac cell cycle exit and differentiation suggesting that p130 functionally substitutes for the loss of Rb [38]. Whether Rb and p130 are also necessary for maintaining quiescence in cardiac myocytes is unknown since they have not been deleted after terminal differentiation analogous to the studies in skeletal muscle [51]. Nonetheless, since activation and inactivation of pocket protein family members during the cell cycle is a readily reversible process there must be additional mechanisms at work.

Terminal differentiation is not the only situation under which adult cells undergo an irreversible cell cycle arrest. Senescent cells are also unable to reenter the cell cycle or express genes required for proliferation when stimulated with growth signals [125, 126]. Rb is a regulator of senescence [127, 128] and similar to studies on terminally differentiated cells overexpression of E1A or SV40 large T Ag proteins that block pocket protein function overrides the block to G1 exit in senescent cells, whereas mutant viral proteins defective in pocket protein binding do not [129]. Although inactivation of Rb by itself does not affect cell cycle arrest in senescence, cells lacking Rb along with p107 and p130 proteins fail to senesce in culture [130, 131]. The ability of Rb to effect irreversible growth arrest in senescent cells has been attributed to its ability to control heterochromatin structure leading to stable silencing of E2F target genes [132]. Senescence involves a number of phenotypic changes including the appearance of distinct heterochromatic structure in the nucleus. Rb regulates the formation of heterochromatin in the nuclei of senescent cells by recruiting acetylated histone H3 and heterochromatin protein 1 (HP1) to E2F responsive promoters, which then stably silence the expression of E2F responsive genes and produce a permanent insensitivity to mitogenic signals [132]. Interestingly, both differentiated skeletal and cardiac myocyte nuclei display heterochromatin formation [133].

4 Practical Implications and Therapeutic Perspectives

4.1 Potential for Cardiac Regeneration

Many mammalian tissues respond to injury by activating committed progenitor cells or stem cells or through proliferation of differentiated cells such as liver or endothelial cells [134]. In contrast, adult mammalian cardiomyocytes have always been thought to have a very limited potential for self-renewal although specific exceptions exist. A robust cardiac regenerative response was reported in MRL mice, a that strain has dramatically enhanced capacity to heal surgical wounds [135], but this has since been disputed by several other groups [136, 137]. In contrast, there is general agreement that lower vertebrates are capable of regenerating myocardium after injury [138–141]. Amphibians, such as newt, were the first adult vertebrates identified that are capable of regenerating their organs. This ability to regenerate large sections of the body is widespread in Metazoan phylogeny [142]. This process of tissue regeneration was felt to consist of three steps, dedifferentiation of differentiation cells, and proliferation of the dedifferentiated cells followed by subsequent redifferentiation of the multipotent cells into the differentiated cell types that were lost. Mechanistic studies in newt are difficult and this work was first performed prior to the identification of endogenous stem cells, so recently investigators have begun to reexamine the origin of these proliferating new cardiac myocytes. Whether they truly arose from fully differentiated cardiomyocytes that dedifferentiated or were the result of recruitment of progenitor cells is unclear. Similar to newt, zebrafish are able to fully regenerate their heart after injury. Originally it was reported that cardiac regeneration in zebrafish followed the classic pattern described in newt and was dependent on the robust proliferation of cardiomyocytes localized at the leading epicardial edge of the new myocardium [143]. However, using an elegant genetic model in zebrafish these same authors reported that regeneration proceeds through two coordinated stages involving cardiac progenitor cells [144]. First a blastema is formed, comprised of progenitor cells that express precardiac markers, undergo differentiation, and proliferate. Second, epicardial tissue surrounding both cardiac chambers induces developmental markers and rapidly expands, creating a new epithelial cover for the exposed myocardium. A subpopulation of these epicardial cells undergoes epithelial-to-mesenchymal transition and provides new vasculature to regenerating muscle. This study questions the long-held belief that there is a fundamental difference in the proliferative capacity of amphibian versus mammalian heart and raises the question whether the difference lies in the regenerative potential of the resident endogenous cardiac progenitor cells. We will discuss the attempts at regenerating cardiac muscle using both of these strategies below.

4.2 Strategies to Reactivate the Cell Cycle in Adult Cardiac Myocytes

A number of approaches to promote cardiac myocyte proliferation by manipulating cell cycle regulators have been examined. Since proliferating cardiac myocytes express high levels and activity of cell cycle promoting factors and low levels of the Cdk inhibitors p21 and p27 [16, 145], attempts to induce cardiomyocyte proliferation have focused on reexpressing cell cycle activators or removing inhibitory factors to promote cell cycle progression. The gene products of DNA tumor viruses are known to stimulate entry of quiescent or differentiated cells into S-phase and the first attempts at activating the cardiac myocyte cell cycle overexpressed viral oncoproteins such as adenovirus E1A and SV40 large T antigen (SV40) to override cell cycle checkpoints. Targeted expression of SV40 T-Ag was sufficient to induce sustained cycling of cardiomyocytes in both embryonic and adult heart [122, 146]. Transgenic mice expressing SV40 large T antigen specifically in the ventricles developed ventricular hyperplasia [124] or cardiomyopathy [147] depending on the developmental timing of expression. Similarly, overexpressing T antigen targeted to the atria developed atrial tumors [122]. De novo expression of E1A or its downstream effector, E2F-1, although activating DNA synthesis resulted in widespread apoptosis and a block at G2M that limits its usefulness as a regeneration strategy [10]. Although a number of studies have shown that forced expression of cell cycle promoting factors can stimulate DNA synthesis in cardiomyocytes and even karyokinesis, cytokinesis remains an elusive goal in the adult heart.

Attempts at directly activating cell cycle in vivo using various cell cycle related proteins have had mixed results. Cardiac-specific Cdk2 overexpressing mice showed significantly myocyte hyperplasia along with increased levels of Cdk4 and cyclins A, D3, and E but limited ongoing DNA synthesis in the adult hearts [14]. Overexpression of CycD1, D2, or D3 in transgenic mice was sufficient to stimulate DNA synthesis in adult myocardium under baseline conditions although at very low levels. When these mice were subjected to myocardial infarction infarct size was initially similar; however, it decreased by about 30% in CycD2 overexpressing mice at later time points suggesting regeneration had occurred [30]. Similar results were seen in cyclin A2 overexpressing transgenic mice where there was elevated cardiac myocyte DNA synthesis and mitotic index [148]. These mice exhibited decreased ventricular dilation and improved cardiac function after myocardial infarction. New cardiomyocyte formation was noted in the infarcted zones as well as cell cycle reentry of periinfarct myocardium with an increase in DNA synthesis and mitotic indices [149]. In contrast to these studies where a constitutively active transgene was used that is expressed throughout development, de novo activation of Myc in adult myocardium resulted in robust cell cycle reentry and nuclear mitosis but whether cytokinesis occurred is questionable [71]. Thus a major limitation of these types of studies in general is the inability when analyzing the effects of constitutively active transgenes, to differentiate between dedifferentiation and proliferation of existing myocytes, enhanced proliferation of an endogenous cardiac progenitor cell or that a subset of cardiac myocytes in the transgenic hearts never underwent terminal differentiation because of the persistent expression of a positive cell cycle activator. Highlighting this issue, cardiac-specific expression of nuclear-targeted Akt in transgenics have also been reported to increase cardiac myocyte cell cycling; however, these investigators concluded it was due in large part to expansion of the presumptive cardiac progenitor cell population [150]. Finally, in vitro studies where cardiac myocyte G1 exit was induced after differentiation resulted in a block in G2M with cytokinesis. Thus, even if these molecules can overcome the block to cell cycle reentry in adult cardiac myocytes similar to the results with inducible Myc transgenics, there appears to be an equally potent impediment to myocyte cytokinesis.

A novel approach to overcoming the block to cardiac myocyte cell cycle reentry and proliferation was reported using a combination of p38 MAP kinase inhibitors and fibroblast growth factor (FGF). Four different p38 isoforms have been identified; the predominant isoform expressed in the adult heart is $p38\alpha$, while $p38\beta$ and p38y are expressed at low levels, and p38 δ is not expressed in heart [151, 152]. Genetic activation of p38 in vivo reduced fetal cardiomyocyte proliferation, whereas targeted disruption of p38a along with growth factor stimulation of cultured adult myocytes promoted cardiomyocyte cell cycle reentry [153]. This actual magnitude of the effect was a modest increase in mitotic cardiac nuclei index of 0.14%. Nonetheless, treatment with FGF1 in combination with a p38 MAP kinase inhibitor after myocardial injury led to improved cardiac function and an increase in mitotic index in vivo suggesting a role for this pathway in maintaining terminal differentiation in addition to regulating cardiac cell cycle [154]. Complicating the interpretation of p38a's role in adult myocardium is a contradictory report that cardiac-specific transgenic mice expressing a dominant-negative mutant p38a generates a hypertrophic rather than proliferative response in adult hearts [155]. Thus, further characterization of $p38\alpha$ mutant mice and its molecular interaction with growth factor signaling will be necessary to clarify p38's role in cardiomyocyte proliferation and terminal differentiation.

4.3 Recruitment and Expansion of Endogenous Cardiac Stem Cells

The dogma that the heart is a post-mitotic non-regenerating organ has recently been challenged by several groups. At least four resident cardiac stem cells or progenitor cell population with the capacity to differentiate into cardiac myocytes have been identified [112, 113, 156, 157]. Whether these are truly four distinct populations or whether there is overlap between will require the development of better markers or genetic tracking systems. One endogenous cardiac stem cell population was characterized by expression of c-kit, the receptor for stem cell factor. They have been identified in cardiac niches present in adult mice, rat, and human myocardium [112, 158]. c-kit⁺ cells can differentiate into cells that are phenotypically indistinguishable

from cardiomyocytes as well as smooth muscle cells and endothelial cells, indicative of their possible pluripotency. When injected into the border zone of hearts with new infarcts, cardiac c-kit⁺ cells led to bands of regenerating myocardium, contributed to endothelium and vascular smooth muscle, and improved the function of the heart [112]. A second, independent heart-derived cardiac progenitor cell expressing stem cell antigen 1 (Sca-1⁺) on its surface has also been reported [113]. These cells have been reported to be distinct from isl1⁺ and c-kit⁺ cells in the heart and transplanted Sca-1⁺ donor cells can also engraft and differentiate into cardiac myocytes after myocardial infarction. Whether they can also differentiate into smooth muscle or endothelial cells is unknown at this time. Further approximately one half of the engraft Sca-1⁺ donor cells expressing cardiac-specific markers had fused with host cardiomyocytes and only 50% appeared to differentiate de novo into cardiac myocytes without fusion. Another cardiac-derived subpopulation with progenitor potential that likely overlaps with the Sca-1⁺ cells is a rare population of cells termed side population cells [156, 159]. They were isolated from mouse hearts based on their ability to exclude Hoechst dye, which was shown to be dependent on the expression of the ABCG2 transport protein, a member of the family of ATP-binding cassette transporters [156]. These cells are present throughout cardiac development, also express Sca-1⁺, but are rare and their ability to differentiate into cardiomyocytes and contribute to functional repair of the damaged myocardium has not been fully evaluated. Finally, investigators demonstrated that a subpopulation of cells in the anterior pharvnx expressing the homeobox gene *islet-1* (*isl1*) contribute to formation of the outflow tract, the atria, and the right ventricle [160]. These $isl1^+$ cells do not express Sca-1, CD31, or c-kit, though they express Nkx 2.5 and GATA4 but they can differentiate into cardiomyocytes both in vivo and in vitro [157]. isll⁺ could also be used to identify a multipotent cardiovascular progenitor in embryonic stem cell cultures along with two other markers (Nkx2.5 and flk1), which is capable of differentiating into all three cardiovascular cell types [161]. isll⁺ cells have been identified in the hearts of newborn rodents and humans where they remain undifferentiated but expression of isl1 is lost when these cells differentiate into cardiomyocyte [157]. However, $isll^+$ cells are extremely rare in the adult heart and their capacity to repair damaged myocardial tissue and form functional myocytes remains to be determined.

Although this data argues that the postnatal heart has one or more populations of resident stem or progenitor cells that might be utilized to regenerate the heart after injury, significant regeneration is not observed following myocardial infarction despite evidence that one or more of these endogenous stem or progenitor cells are present in adult rodent or human hearts [113, 157, 158, 162]. Thus these cells, by themselves, are not capable of mounting a robust response to repopulate damaged myocardium as is seen in the newt and zebrafish. Instead, myocardial injury leads to loss of myocardium, fibrosis, and scar formation. Therefore, the endogenous cardiac stem cells are either not responsive to local growth signals or unable to migrate and differentiate in response to infarction. Investigators have utilized HGF to mobilize endogenous cardiac stem cells and IGF-1 to promote their survival and proliferation in vivo reporting that this strategy regenerated myocardium and improved cardiac

function after infarct [163]. Translation of these results to human studies will require improved delivery systems and better understanding of the signals involved in the proliferation and migration of human cardiac stem cells.

5 Summary and Conclusions

This review has attempted to summarize the advances that have been made in our understanding of cardiac cell cycle regulation. The ability to genetically dissect cardiac growth control pathways in vivo, although sometimes contradictory to previous in vitro work, has provided new insights and dramatically altered our view of this process. These advances are not only theoretical, since investigators and clinicians have begun to use this knowledge to design strategies to regenerate myocardium. However, majors hurdles remain before manipulating the cardiac cell cycle will be feasible as a therapeutic intervention. Adult cardiac myocytes undergo cytokinesis poorly and maneuvers that induce cell cycle reactivation are often accompanied by unwanted cell death. The field of cardiac regeneration has exploded since the identification of stem and progenitor cells capable of differentiating into cardiac myocytes and while much research presently focuses on the identification of these stem cells, ultimately the information gained on the regulation of the expansion of these cell populations.

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Chapter 10 Cell Cycle and Differentiation in Vessels

Amalia Forte, Marilena Cipollaro, and Antonino Cascino

Abstract The vasculature is the first organ to arise during development. Blood vessels assure metabolic homeostasis by supplying oxygen and nutrients and removing waste products. Vasculature also mediates signals for correct organogenesis. Not surprisingly therefore, vessels are critical for organ growth in the embryo and for repair of wounded tissue in the adult. In this chapter we will focus in particular on molecular factors involved in differentiation and proliferation of arterial smooth muscle cells, endothelial cells, and activated myofibroblasts. Moreover, we will provide a brief overview of the current experimental evidence about the contribution of stem cells to arterial structure in pathophysiological conditions, with particular attention to injury-induced arterial restenosis.

Keywords Artery \cdot Smooth muscle cells \cdot Endothelial cells \cdot Myofibroblasts \cdot Stem cells \cdot Restenosis \cdot Differentiation \cdot Cell cycle \cdot TGF- β 1 \cdot VEGF

1 Blood Vessel Development

Vasculature is the organ that develops first during embryogenesis, since all other organs depend on a vascular supply for delivery of oxygen and nutrients and may also receive signals for directing organogenesis from the invading vasculature [1].

Blood vessels are divided into distinct arterial and venous structural systems. Arteries are composed by a layer of endothelial cells (ECs) (tunica intima) and multiple layers of smooth muscle cells (SMCs), with elastic fibers in the wall (tunica media) and sheathed by fibrous connective tissue (tunica adventitia). Arteries

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In memory of Prof. Antonino Cascino who passed on April 2006

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are followed by arterioles, which are smaller arterial branches leading to capillaries. Veins contain thinner and less elastic layers than arteries and are followed by venules, which are minute vessels draining blood from capillaries into veins. Between these two systems, capillaries are tiny vessels devoted to exchange of material (oxygen, nutrients, waste) between blood and tissues [2].

Vascular structure is influenced both by genetic factors and by epigenetic factors, such as hemodynamics and oxygen tension.

The process of vessel development, growth, and remodeling in the embryo provides important insights into mechanisms that regulate vessel function and SMC growth in the adult.

The process of blood vessel development in the embryo is termed angiogenesis. During embryonal angiogenesis, the angioblasts, i.e., EC precursors derived from nascent mesodermal cells, form a primary capillary plexus that is then remodeled into an organized hierarchy of arteries, veins, and capillaries [3]. In more detail, once that the primitive EC tubes are formed, the endothelium secretes factors that lead to the recruitment of primordial SMCs to cover the new tube, to form the tunica media, and to inhibit proliferation and migration of ECs [4].

In the adult, three different terms can be used to described different processes: arteriogenesis, angiogenesis, and vasculogenesis. Adult angiogenesis is referred to collateral vessel sprouting and growth from pre-existing vessels resulting in new capillary networks [3]. Adult angiogenesis can have different origins and has been shown to occur in either physiological conditions (e.g., wound healing, reproductive cycle) or in pathological situations (inflammation, ischemia, tumor vascularization). In many cases, angiogenesis is initiated as a reaction to hypoxia. In angiogenesis, the formation of new blood vessels from existing ones by sprouting is enforced by intussusception of blood-borne cells.

Angiogenesis is enforced by vasculogenesis, a process that comprises the recruitment of blood-borne bone marrow-derived cells and the subsequent intussusception of these cells in the newly forming vessels [5].

Adult arteriogenesis describes the growth of functional collateral arteries from pre-existing arterio-arteriolar anastomoses [6]. Initial triggers of adult arteriogenesis are physical forces, such as altered shear stress.

We still do not fully understand how angioblasts form the organized structure of arteries, veins, and capillaries. Arterial\venous segregation appears to be a critical trigger for capillary formation. Moreover, studies focusing on EC identity also suggest that interactions between ECs and SMCs promote the structural maturation of arterial blood vessels (see below for details), but the detailed mechanisms have not been fully addressed.

In this chapter we will focus in particular on molecular factors involved in differentiation and proliferation of arterial SMCs, ECs, and activated myofibroblasts (MFs). Moreover, we will provide a brief overview of the current experimental evidence about the contribution of stem cells to arterial structure in pathophysiological conditions.

Studies indicate a molecular distinction of arterial and venous cell differentiation. For example, it has been demonstrated that different members of the ephrin\Eph system are implicated in the differentiation of arterial or venous ECs [7, 8]. We will not focus on venous cell differentiation due to space constraints. Specific information about vein development can be found in other excellent reviews [2].

The creation of knock-out and of transgenic mice has been fundamental for the comprehension of molecular pathways involved in cell differentiation and phenotype modulation during vascular morphogenesis and in response to changes of local environmental cues. Relevant indications came also from the analysis of genetic defects at the basis of human arteriovenous malformations, often caused by loss of arterial or venous vascular cell identity.

2 Endothelial Cells: Cell Cycle and Differentiation

Vascular endothelium is considered as an organ, in which ECs play an intense synthetic, regulatory, and secretory activity.

As a matter of fact, endothelium disruption leads to an intense reparative reaction and to a disregulation of the activity and status of other vascular cell populations. In particular, ECs play a key role in a number of pathological conditions, such as restenosis, atherosclerosis, hypertension. Previously mentioned angiogenesis also involves EC proliferation, migration, and differentiation.

During the last years, several arterial EC markers have been identified. Among them, we would like to mention Notch 4 and 5 [9, 10], Connexin37 [11] and CXCR4 [12].

In particular, it has been demonstrated that Notch and vascular endothelial growth factor (VEGF) play a critical role in arteriogenesis. The VEGF-A gene is subjected to alternative splicing and consequently can originate multiple isoforms, including, in the mouse, VEGF120 (soluble), VEGF188 (on cell surface or bound to extracellar matrix), and VEGF164 (with intermediate properties) [13]. Different studies demonstrated that VEGF isoforms have distinct effects on primary vascular patterning [14]. There are three receptors for VEGF identified to date: Flk1\VEGFR2 (the primary receptor), Flt1\VEGFR1 (thought to be a decoy receptor), and neuropilin-1 (Nrp1) (a coreceptor for VEGF164 isoform) [15–17].

VEGF is a secreted factor crucial for EC differentiation, proliferation, migration, and survival. It activates Notch signaling and also triggers a positive feedback mechanism for arteriogenesis by inducing Nrp1 expression. In more detail, it has been demonstrated that high levels of VEGF from peripheral nerves induce expression of arterial markers, including Nrp1, which in turn increases the sensitivity of Nrp1⁺Flk1⁺ ECs to VEGF164 to obtain further arteriogenesis [18]. In addition, endothelial-specific knock-out of Nrp1 induces a defect of arterial EC differentiation, together with an impairment of SMC coverage, suggesting that arterial differentiated ECs are required for maturation of arterial SMCs during arteriogenesis. Studies conducted in zebrafish demonstrate that VEGF may activate Notch signaling and consequently modify EC fate and vascular structure. These observations are in agreement with in vitro studies conducted on human arterial ECs, showing that exogenous VEGF induces Notch1 expression [19]. Notch in turn induces arterial endothelial specification by suppressing venous cell fate.

Among factors involved both in differentiation and proliferation of SMCs and ECs, transforming growth factor (TGF)- β 1 plays an important role. Interestingly, it has been supposed that defects seen in recruitment and differentiation in SMCs are likely indirectly caused by defects in EC function. Indeed, endothelial-specific knock-out of TGF- β 1 receptors I and II phenocopied the complete knock-out mouse embryos, indicating that the defects in recruitment and differentiation of SMCs in these mice are an indirect consequence of the primary defect in ECs [20]. Consequently, we will refer TGF- β 1 roles in angiogenesis mainly to ECs.

TGF- β 1 family is composed of over 35 members identified in the human genome [21], all having profound effects on developmental processes. These proteins exert their effect by binding to specific serine/threonine kinase type I (also termed activin-receptor-like kinase, ALK, 1 to 7) and type II receptor complexes.

Smads are signal molecules that play a pivotal role in transducing the TGF- β signal from the membrane-bound receptors to the nucleus.

TGF- β 1 induces a heteromeric complex of type I and II receptors. On ligand binding, a type II receptor interacts with a type I receptor and phosphorylates its GS domain. Then, the activated type I receptor activates R-Smad, that in turn forms heteromeric complexes with Smad, that translocate into the nucleus. Within the nucleus, the heteromeric Smad complexes, in collaboration with transcription factors and cofactors, participate in the regulation of target gene expression [20].

The importance of TGF-\beta1 signaling in angiogenesis and vascular remodeling has been highlighted by many studies, mainly in knock-out mice [22]. In previous experiments conducted in vitro, it has been demonstrated that TGF-B1 can exert bifunctional effects on ECs, as it can both stimulate or inhibit their proliferation. In particular, low doses of TGF-\beta1 stimulate endothelial proliferation, while high doses inhibit it. Similar contrasting effects of TGF- β 1 have been observed for EC migration and extracellular matrix formation [23] and degradation by matrix metalloproteinase (MMP) 2 and 9. TGF-B1 can also act in a paracrine manner by stimulating the chemotaxis of monocytes and the release of proangiogenic cytokines that in turn can activate ECs. Further experiments aimed at clarifying the role of TGF- β 1 in angiogenesis and based on selective receptor disruption or activation revealed that the ratio between ALK5-Smad2/3 pathway and ALK1-Smad1/5 pathway activation by TGF- β 1 in the endothelium eventually determine whether it is stimulated or remains quiescent, since these two receptors induce different target genes, involved in angiogenesis or in EC maturation [24-26]. ALK1 and ALK5 are also able to interact at various levels [24], providing a new basis for further researches to clarify TGF-B1 pathways and cross talks with other angiogenic and antiangiogenic agents.

It has been also proposed that TGF- β 1 may be involved in transdifferentiation of ECs into SMCs, as ECs can express early SMC markers in presence of TGF- β 1 or after overexpression of ALK5 [27]. Nevertheless, additional factors are supposed to be necessary to induce late SMC differentiation markers [28].

It has been demonstrated that TGF- β 1 signaling can play a role not only in developmental angiogenesis but also in the adult, since it acts as a potent activator of tumor progression and metastasis through the stimulation of angiogenesis [29].

Finally, a regulatory genomic DNA segment that drives ALK1 expression in arteries, indicating a possible implication of TGF- β 1 not only in angiogenesis but also in vascular remodeling in vivo [30] has been recently identified. In this concern, it has been demonstrated that TGF- β 1 levels are rapidly increased within 6–24 h in experimental balloon injury models [31]. Moreover, it has been demonstrated that neointima formation, extracellular matrix deposition, and SMC proliferation are increased by overexpressing TGF- β 1 and decreased by inhibition in balloon injury models [32, 33]. All these studies indicate a role for TGF- β 1 signaling in lesion formation, but it is unclear if it has a beneficial or detrimental effect at all. In fact, it has also been demonstrated that SMCs from advanced human plaque contain mutations in the TGF- β 1 type II receptor that decrease the sensitivity of these cells to TGF- β 1 [34]. Grainger DJ et al. [35] demonstrated that patients with unstable angina have decreased plasma levels of TGF- β 1. Finally, it has been demonstrated that in Apo E-/- mice, the neutralization of TGF-β1 through antibodies accelerates the development of atherosclerosis, and the lesions displayed increased inflammatory cells and decreased collagen content [36]. These latter findings suggest that TGF- β 1 may contribute to matrix production within lesions but also acts to reduce inflammation. Overall results described above seem to indicate that TGF- β 1 may have a protective effect in pathological settings.

3 Smooth Muscle Cells: Cell Cycle and Differentiation

SMCs are highly specialized cells whose principal function is contraction and regulation of blood vessel tone and consequently of blood pressure and blood flow distribution. A large part of studies focusing on SMC cycle and differentiation has been lead by Prof. Gary K. Owens. SMCs within adult animals retain remarkable plasticity and can undergo profound and reversible changes in phenotype in response to variations of local environmental cues. However, SMCs can also undergo more subtle changes in phenotype, including alterations in calcium handling [37]. The extensive plasticity of fully mature SMCs likely evolved in higher organisms because it conferred a survival advantage, since high plasticity makes SMCs able to participate to vascular repair. Consequently, mutations that compromised the ability of SMCs to participate to vascular repair were likely detrimental to the organism and did not persist. However, an unfortunate consequence of SMC high degree of plasticity is that cells often response to external signals with abnormal reactions, leading to development and/or progression of vascular disease, e.g., restenosis and atherosclerosis [37]. In particular, it has been demonstrated that SMCs have an important role in atherosclerosis and, in particular, in the evolution of the atherosclerotic plaque [38], in plaque rupture, and in thrombus deposition.

SMCs can exhibit a wide range of different phenotypes during development as well as in adult organisms. In more detail, during early stages of vasculogenesis, SMCs undergo rapid cell proliferation, are highly migratory, and show very high rates of synthesis of extracellular matrix components, such as cadherins, collagen, elastin, proteoglycans, and integrins, that constitute a major portion of blood vessel mass. Moreover, during the development, SMCs form a number of gap junctions with ECs, aimed at vascular maturation and vessel remodeling [39]. In contrast, in adult blood vessels, SMCs fully carry out their contractile function, supported by the expression of an appropriate repertoire of receptors, ion channels, calcium regulatory proteins, signal transduction molecules, and contractile proteins, and exhibit a very low proliferation rate, are largely nonmigratory, and have very low rates of synthesis of extracellular matrix components. Under vascular injury, "contractile" SMCs undergo transient modifications and switch to a "synthetic" phenotype, participating to vascular repair, and then returning to the previous contractile status. A broad range of different phenotypes are comprised between the highly synthetic and the contractile phenotypes, all characterized by specific sets of SMC-specific markers. SMC phenotype switching is dependent on the complex interaction of many local environmental cues (e.g., mechanical injury, stress, hemodynamic force, inflammatory stimuli, oxygen tension, cell\cell contacts, diffusible factors, neurotransmitters). The constant integration of local signals determines the pattern of gene expression appropriate for the circumstance.

It has been recently reported by Brisset AC et al. [40] that SMC populations isolated from normal porcine coronary artery media exhibit distinct phenotypes: spindle-shaped and rhomboid. These two phenotypes have been demonstrated to be involved in different processes, as rhomboid SMCs have been demonstrated to be present in high proportion in stent-induced intimal thickening formation. It has also been demonstrated that S100A4 can be considered a specific marker of rhomboid SMCs, with a precise but not yet well-defined functional role, as its silencing decreases rhomboid SMC proliferation.

As efficaciously demonstrated by GK Owens and collaborators, differentiation and proliferation are not necessarily mutually exclusive processes and many factors other than the SMC proliferation status influences their differentiation state [41]. Many studies support this point. For example, in atherosclerotic lesions SMCs show a very low proliferation rate, similar to that of fully differentiated SMCs, but they are highly phenotypically modulated, as indicated by marked reduction of expression of SMC marker genes [42]. Moreover, during embryonic and post-natal development, SMCs show a very high proliferation rate, but at the same time they undergo a very rapid induction of expression of a number of SMC differentiation marker genes [43]. Interesting evidences supporting the contemporary occurrence of differentiation and proliferation of SMCs come from in vitro experiments on rat aortic SMCs: treatment of post-confluent cells with PDGF-BB is associated with a rapid downregulation of many SMC marker genes, including SM a-actin and SM-MHC, even if PDGF-BB stimulated only a transient mitogenic effect, returning to control values within 36 h, despite daily treatment of cells with this factor [44]. The same authors observed also that cultured SMCs can be sustained in a highly de-differentiated phenotype

indefinitely by treatment with PDGF-BB. Upon its removal, SMC marker genes are rapidly reinduced. Interestingly, GK Owens and collaborators showed that the concentration of PDGF-BB required for SMC phenotypic modulation was 10-fold lower than that required to elicit a growth response: this means that it is possible to downregulate SM α -actin expression in cultured SMCs without inducing cell cycle entry. In contrast, bFGF and fetal bovine serum (FBS) had little effect on SMC differentiation marker gene expression in post-confluent cultured SMCs despite stimulating a proliferative reaction. Moreover, thrombin-induced proliferation was associated with increased expression of SMC marker genes [44, 45]. Overall results indicate that PDGF-BB is an effective negative regulator of SMC differentiation, and that its effects on differentiation are not secondary to growth stimulation (see below for further details). Similar results in vivo are awaited to confirm these interesting data.

Many studies also demonstrated a heterogeneity of both phenotype and function of SMC population within the same vessel and among different kind of vessels [46, 47], presumably with different properties in phenotype switching and reactions to local environmental cues, such as differentiation and growth factors. Both developmental (cells of different embryonic origin and/or SMC stem cells) and environmental (e.g., hemodynamic force variations, metabolic changes) factors influence SMC heterogeneity.

The precise factors and mechanisms that regulate SMC differentiation in vivo are poorly understood. Many data are currently available about SMC differentiation factors in vitro, but these results should be considered with caution since it has been demonstrated that cultured SMCs often fail to adequately recapitulate regulatory pathways that are critical in vivo [43].

It has been demonstrated that the expression of SMC marker genes (e.g., SM22 α , desmin, SM α -actin, SM-MHC) is dependent on one or more CArG elements (i.e., the CC(AT)₆GG motif) within their promoter and\or intronic sequences [48, 49]. Interestingly, it has also been observed that mutations of these conserved elements had different effects on distinct subsets of SMCs [49]. This indicates that SM subtypes use different selective CArG-dependent transcription regulatory schemes, consistent with the high degree of plasticity of these cells.

CArG elements bind the serum responsive factor (SRF) as a dimer, a ubiquitously expressed transcription factor able to regulate both growth-responsive and cell-specific genes in SMCs and in other cell types by recruiting several cofactors [50].

Among molecules involved in stimulation of SMC differentiation, myocardin, an extremely potent SRF coactivator recently discovered by Wang D et al. [51] should first be mentioned. It is selectively expressed in cardiac and vascular differentiated SMCs in vivo, and complementary knock-out and adenoviral-mediated overexpression studies [52, 53] demonstrated that myocardin is able to selectively induce the expression of all CArG-dependent differentiated SMC marker genes, including SM α -actin, SM-MHC, SM22 α , and calponin. It has been demonstrated that the leucin zipper motif of myocardin may bridge adjacent CArG elements and unmask myocardin's activation domain [52]. In more detail, it has been demonstrated that

upon chromatin structure relaxation through histone hyperacetylation promoted by stimulation with retinoic acid, SRF becomes able to bind CArG elements in SMC-specific gene promoters and recruits myocardin and other possible coactivators, inducing the expression of multiple differentiated SMC genes [54]. Recent studies demonstrated that different SMC subtypes exhibit differential dependence on myocardin and/or myocardin-related transcriptional factors (MRTFs) [55].

Conversely, PDGF-BB has been demonstrated to be associated with a rapid downregulation of SMC marker genes [56] and thus it can be considered a potent negative regulator of SMC differentiation. Other suppressors of SMC differentiation, distinct from PDGF-BB, include the forkhead transcription factor FOXO4, upregulated after vascular injury and able to suppress SMC differentiation marker gene expression by interacting with and inhibiting the activity of myocardin and of SRF [57]. A similar SMC differentiation-suppressive function has been attributed to atypical homeodomain protein (HOP), able to inhibit the ability of myocardin to activate SRF-dependent transcription of SM22a, and able to interact directly with SRF, thus modulating its DNA binding. It has also been demonstrated that HOP can increase histone deacetylase 2 (HDAC2) binding to SM22a promoter, thus inducing deacetylation of histone H4 and transcriptional repression [58]. Finally, among repressors of SMC differentiation, we would lie to mention the transcription factor Yin Yang-1 (YY1), induced in SMCs in response to vascular injury [59], and FHL2/DRAL/Slim3 [60], both able to bind and inhibit SRF. Further studies are necessary to analyze the contribution of all these factors in vivo.

It is well known that vascular injury induces a decrease or a complete transient loss of expression of differentiated SMC marker genes, such as SM-a actin and SM-MHC and thus a phenotype switching. Experiments conducted by Owens GK et al. revealed that repression of SMC marker genes is mediated at transcriptional level. In more detail, this group used SM- α actin, SM22, and SM-MHC LacZ transgenic mice for vascular injury experiments. While above-mentioned transgenes were highly expressed in the media of uninjured mouse carotid arteries, after vascular injury there was an almost complete loss of the three transgenes, thus demonstrating for the first time that SMC phenotype switching in vivo was mediated at least in part by transcriptional repression [61]. The same authors also observed that 14 days after injury, subpopulations of cells began to exhibit redifferentiation, as indicated by increased expression of SM- α actin and SM-MHC, further documenting the dynamic nature of SMC phenotypic modulation in vivo. For what concerns the molecular elements involved in transcriptional regulation of expression of SMC marker genes, it has been identified a cis G/C-rich regulatory element in the SM-MHC promoter able to bind the transcription factors Sp1 and Sp3 and that functioned as a repressor in vitro. Sp1 and Sp3 are both increased after vascular injury [62]. It has also been found that G/C-rich elements are located between previously mentioned CArG elements of many SMC marker gene promoters. On this basis, the model proposed by researchers implies that phenotypic modulation of SMCs may be regulated by injury-induced increase of expression of Sp1 transcription factors that bind to the C/G repressor element, disrupt cooperative interaction between CArG elements, and consequently inhibit SMC marker gene expression. Interestingly, it
has been found that Sp1 is also involved in the activation of genes characteristic of modulated SMCs, such as PDGF-BB [63]. This observation suggests that some pathways or factors can simultaneously turn off and turn on group of genes during SMC phenotype switching.

From the studies described above it emerges that the phenotype switching of SMCs from a differentiated state is actively regulated and is not simply a function of loss of normal positive differentiation cues. It is also clear that multiple repressive pathways contribute to SMC phenotype switching, and that they are not mutually exclusive but are combined.

Similar in depth studies focused on post-translational mechanisms of regulation of phenotype switching of SMCs are currently lacking but would be very important to add new information to the field of SMC phenotype modulation in reaction to microenvironmental changes.

Some of the above-mentioned studies, related in particular to myocardin mechanisms of action and to suppressors of SMC differentiation, implied a fundamental role for histone modification, and in particular for histone acetylation, in regulation of SMC differentiation. The histone post-translational modifications control the chromatin-binding properties of SRF and cofactors and consequently the subsets of genes expressed in SMCs and the related phenotype in response to microenvironmental cues. This represents an example of how cellular differentiation is dynamically controlled at chromatin level within the context of variable conditions [64].

As previously stated in the introductive paragraph, the use of knock-out mice has been of great importance for the comprehension of the role played by a number of molecular factors and cofactors in regulation of vascular cell differentiation and phenotype switching. Nevertheless, the development of conditional and/or chimeric knock-out mice is necessary for the comprehension of the role played in vivo by a number of transcriptional factors and transcriptional repressors, since conventional knock-out of these genes is associated with early embryonic or prenatal lethality [65, 66].

4 The Myofibroblasts: Origins and Functions

MFs, also defined as "mesenchyme-like interstitial cells," are specialized cells originating in pathophysiological conditions and contributing to tissue repair during wound healing. They are responsible for granulation tissue contraction and soft tissue retractions typical of fibrocontractive diseases. Their main activities are the production and modification of the extracellular matrix (ECM), secretion of angiogenic and pro-inflammatory factors, and generation of tensile force.

MFs are not specific of the vascular wall. Nevertheless, MFs have been demonstrated to play a key role in vascular diseases, and as such will be described in this chapter. Discovery of this peculiar cell type is related to pioneering research led by Prof. G. Gabbiani [67]. MFs are known to participate to arterial remodeling in a variety of vascular pathophysiological processes, including restenosis induced by angioplasty or surgical injury (e.g., arterial graft). In vascular tissue, MFs are known to derive from adventitial fibroblasts and from transdifferentiation of SMCs resident in the tunica media.

Interestingly, vascular MFs can also derive from circulating fibrocytes, i.e., mesenchymal progenitors that exhibit mixed morphological and molecular characteristics of hematopoietic stem cells, monocytes, and fibroblasts. Fibrocytes likely represent the obligate intermediate stage of differentiation into mature mesenchymal cells of a bone marrow-derived precursor of the monocyte lineage under permissive conditions. On in vitro stimulation with pro-fibrotic cytokines and growth factors, human fibrocytes produce large quantities of extracellular matrix components (e.g., vimentin and collagens I and III). Fibrocytes contribute to the remodeling response by secreting MMPs and further differentiating into cells identical to the contractile MFs that emerge at the tissue sites during repair processes and in fibrotic lesions. Studies in various animal models of wound healing or fibrotic diseases have confirmed the ability of fibrocytes to differentiate into mature mesenchymal cells in vivo and have suggested a causal link between fibrocyte accumulation and ongoing tissue fibrogenesis or vascular remodeling in response to tissue damage or hypoxia. The available data indicate that human fibrocytes serve as a source of mature mesenchymal cells during reparative processes and in fibrotic disorders or stromal reactions predominantly associated with a persistent inflammatory infiltrate or with the selective recruitment of monocytes induced by ischemic changes [68].

Other studies highlighted that MFs can derive from transdifferentiation of macrophages during inflammatory process. Furthermore, MFs can derive from transdifferentiation of ECs. Of interest, the MFs have been proposed also to transdifferentiate into an endothelial-like cell as well as into synthetic phenotype SMCs during intimal thickening [69].

Activated MFs and SMCs share a number of common markers including SM α -actin (α -SMA), SM22, vinculin, h-calponin. This is not surprising, since these two cell types have common functional properties, such as force development and contraction, as well as the production of extracellular matrix. Conversely, SM-MHC and the transcription factor myocardin have been found only in SMCs and not in MFs [70] and thus can be considered as SMCs specific markers. Nevertheless, these observations should be confirmed in vivo. Of interest, recent studies revealed that SMCs and MFs use distinct transcriptional mechanisms for α -SMA expression [71]. In more detail, results of small interfering RNA-induced knockdown experiments in mice showed that RTEF-1 regulated α -SMA transcription in MFs, but not in differentiated SMCs. Moreover, quantitative chromatin immunoprecipitation assays revealed that RTEF-1 bound to the MCAT element-containing region within the α -SMA promoter in MFs, whereas transcriptional enhancer factor (TEF)-1 was bound to the same region in differentiated SMCs. These results provide novel evidence that, although both SMCs and MFs express α -SMA, they use distinct transcriptional control mechanisms for regulating its expression.

Nevertheless, it should be also underlined that there are still some unresolved questions regarding the properties that distinguish SMCs from MFs and the lineage and relationships between these two cell types.

Force generated by MFs to produce tissue remodeling involves mechanisms different from those classically attributed to SMC contraction [72, 73]. Three major ultrastructural features discriminate MFs from quiescent fibroblasts in tissues: (1) bundles of contractile microfilaments, (2) extensive cell-to-matrix attachment sites, and (3) intercellular adherens and gap junctions [74].

4.1 Myofibroblast Differentiation Pathways

Expression of α -SMA renders fibroblasts highly contractile and hallmarks MF differentiation. Less frequently, acquisition of contractile properties by MFs is reflected also in other SMC-specific proteins, as myosin heavy chains, desmin, and caldesmon [75].

The mechanisms of force generation by the MFs are clearly different than those occurring in classical striated and smooth muscle contraction, depending on the formation and contraction of stress fibers. It has been identified α -SMA as a mechanosensitive protein that is recruited to stress fibers under high tension. Generation of this threshold tension requires the anchoring of stress fibers at sites of 8–30-µm-long "supermature" focal adhesions (suFAs), which exert a stress approximately fourfold higher (approximately 12 nN/µm²) on micropatterned deformable substrates than 2–6-µm-long classical FAs. Inhibition of suFA formation by growing MFs on substrates with a compliance of < or = 11 kPa and on rigid micropatterns of 6-µm-long classical FA islets confines α -SMA to the cytosol [76]. These authors propose that the different molecular composition and higher phosphorylation of FAs on supermature islets, compared with FAs on classical islets, accounts for higher stress resistance.

TGF- β 1 is a prototypical tumor-suppressor cytokine with cytostatic and proapoptotic effects on most target cells. TGF- β 1 and downstream Smad family of signal transducers play an important role in tissue fibrosis and matrix remodeling. In particular, TGF- β 1 is a well-known inducer of MF differentiation, as it has been demonstrated that it is able to induce expression of α -SMA in differentiating MFs, due to the presence of a TGF- β 1 response element in α -SMA promoter [77].

Activated TGF- β 1 binds to a heteromeric receptor complex consisting of one TGF- β 1 type I and one type II receptor. Both of these receptors possess tyrosine kinase activity.

A distinctive feature of TGF- β 1 is the ability to control cell adhesion and migration by modulating the adhesion molecule repertoire [78], as well as the synthesis of ECM components such as fibronectin (Fn) and collagen [79]. Furthermore, Serini G et al. [80] well demonstrated that ECM can influence TGF- β 1 expression and effects on target fibroblasts and consequently on MF differentiation. All these data suggest a feedback loop in vivo between ECM and TGF- β 1. Fn is a dimeric glycoprotein widely distributed in plasma and ECM. Fn polymorphism is due to alternative splicing of the type III segments ED-A, ED-B, and IIICS. In vitro, TGF- β 1 preferentially promotes the accumulation of the ED-A Fn isoform [81]. It has been demonstrated that ED-A probably induces a conformational change of Fn, which in turn increases the accessibility of the amino acid sequence RGD to interaction with the integrin α 5 β 1 [82], generating intracellular signals in a conformational sensitive manner. The ED-A Fn can thus exert a cooperative function with TGF- β 1 to activate α -SMA expression in differentiating MFs.

For what concerns the intracellular pathways triggered by TGF- β 1, this cytokine is known to induce MF differentiation in association with the delayed activation of focal adhesion kinase (FAK) and protein kinase B (PKB/AKT).

Horowitz et al. [83] demonstrated that FAK and AKT are independently regulated by early activation of SMAD3 and p38 MAPK, respectively. Pharmacological or genetic approaches that disrupt SMAD3 signaling block TGF- β 1-induced activation of FAK, but not AKT; in contrast, disruption of early p38 MAPK signaling abrogates AKT activation, but does not alter FAK activation.

TGF- β 1 is able to activate AKT in cells expressing mutant FAK or in cells treated with an RGD-containing peptide that interferes with integrin signaling, inhibits FAK activation, and induces anoikis (apoptosis induced by loss of adhesion signaling). TGF- β 1 protects MFs from anoikis, in part, by activation of the PI3K–AKT pathway. Thus, TGF- β 1 coordinately and independently activates the FAK and AKT protein kinase pathways to confer an anoikis-resistant phenotype to MFs. Activation of these pro-survival/anti-anoikis pathways in MFs likely contributes to essential roles of TGF- β 1 in tissue fibrosis and it is adhesion dependent and focal adhesion kinase (FAK) mediated.

Another study, focused on cultured rat aorta fibroblasts, revealed that TGF- β 1 is able to induce MF differentiation not only through PKB/AKT but also through a protein kinase C alpha (PKC alpha) [84].

A recent paper by Greenberg et al. [85] reconstructed the signaling pathway involved in the FAK-dependent regulation of MF differentiation. In more detail, it has been showed that TGF- β 1 induces MF differentiation and increases expression of integrins and Fn. Fn binding to integrins activates FAK, that in turn leads to increased cell surface expression of fibroblast growth factor receptor (FGFR). Binding of FGF to its receptors triggers intracellular signal transmission, which negatively regulates the levels of α -SMA. This means that normally FAK activation by TGF- β 1 may contribute to a negative feedback mechanism to prevent excessive MF differentiation, ameliorating fibrosis, and tissue remodeling.

In the context of regulation of MF differentiation, it is also known that prostaglandin E(2) (PGE(2)) inhibits MF differentiation via E prostanoid receptor 2 (EP2) signaling and cAMP elevation, but whether PGE(2) does so by interfering with TGF- β 1 signaling was unknown. Recently, it has been demonstrated that PGE(2) does not interfere with TGF- β 1-induced Smad phosphorylation or its translocation to the nucleus. Rather, PGE(2) has dramatic effects on cell shape and cytoskeletal architecture and disrupts the formation of appropriate focal adhesions. PGE(2) treatment diminishes TGF- β 1-induced phosphorylation of paxillin, STAT-3,

and FAK and, in turn, limits activation of the protein kinase B (PKB/Akt) pathway. These alterations do not, however, result in increased apoptosis. Interestingly, the effects of PGE(2) stimulation alone do not always mirror the effects of PGE(2) in the presence of TGF- β 1, indicating that the context for EP2 signaling is different in the presence of TGF- β 1. Taken together, these results demonstrate that PGE(2) has the potential to limit TGF- β 1-induced MF differentiation via adhesion-dependent, but Smad-independent, pathways [86].

4.2 What Stimulates Myofibroblast Differentiation?

For what concerns the external stimuli and agents that are able to trigger the differentiation of adventitial fibroblasts to MFs, recent studies demonstrate that they can be quite heterogeneous. Vascular injury, causing a loss of interaction between vascular cells and ECM, can stimulate the formation of MFs aimed at a rapid wound healing. TGF- β 1, above described as the inducer of MF differentiation, is synthesized as latent precursor complexed with latent TGF- β 1 latent proteins (LTBP) in the matrix. TGF- β 1 is activated when LTBP is removed extracellularly via proteolytic cleavage. The TGF- β 1 activators found so far are proteins intimately associated with the wound healing response, such as MMP-2 and MMP-9, thrombospondin-1, integrin $\alpha_v\beta$ 6 [87].

It has also been demonstrated that angiotensin II is able to induce MF differentiation through a pathway that involves NADPH oxidase generation of reactive oxygen species (ROS) and activation of p38MAPK and JNK pathways [88]. Endothelin-1, another vasoactive peptide, is also able to induce differentiation to MFs of cultured lung fibroblasts through the ETA receptor [89].

4.3 Myofibroblast Ultimate Fate

The fate of recruited/activated MFs in injured vascular tissue may ultimately determine whether normal healing occurs or progression to end-stage fibrosis ensues.

For what concerns the question whether MF differentiation is terminal or reversible, several studies demonstrated a downregulation of α -SMA in cultured differentiated MFs in response to different factors, like TGF- β 1 antagonists, growth factors, cell density, without evident increased apoptosis. In vivo, however, reversal of MFs has not been detected, while massive apoptosis normally occurs after wound healing [90]. If this not happens, then MFs increase in number and induce marked remodeling and fibrosis. Normal MF apoptosis can be countered by persistence of TGF- β 1 expression and ECM deposition which promote the prosurvival/anti-apoptotic phenotype, that can lead to tissue chronic fibrosis [91]. The combinatorial activation of the adhesion-dependent focal adhesion kinase pathway and the soluble growth factor-mediated AKT pathway (see below for details) confers

anoikis/apoptosis resistance to differentiated MFs [83]. Zhang et al. [91] have also demonstrated a selective susceptibility of MFs to nitric oxide-induced apoptosis in vitro. Thus, the combinatorial effects of reduced growth factor expression increased ECM turnover, and nitric oxide generation may set the stage for triggering MF apoptosis during the resolution of tissue repair and remodeling [74]. Alternatively to growth factor signals, two mechanisms are conceivable to account for MF disappearance at the end of physiological tissue repair: cell release from stress and increased formation of cell-cell contacts. In more detail, it has been hypothesized that in properly repaired tissue, the ECM regains its original mechanical properties and returns to stress-shield the resident fibroblasts. To support this hypothesis, it has been demonstrated that the prevention of tension release of granulation tissue by splinting the wound inhibits MF apoptosis [92]. Similarly, it has been demonstrated that apoptosis is induced by relaxing fibroblasts attached to collagen gels [93]. The mechanisms that link stress release to induction of apoptosis are probably similar to those that control fibroblast to MF transition, i.e., stress perception pathways involving cell-matrix junctions. Cell-cell contacts and cadherins, other than cell-matrix contacts, have been demonstrated to be also involved in transmission of survival signals in MFs [94]: in this context, it has been demonstrated that formation of homotypic cadherin junctions is a possible signal of the presence of MF accumulation in late granulation tissue. Consistently, corneal MFs in dense culture decrease the expression of α -SMA and de-differentiate into fibroblasts [95], probably due to contact-induced desensitization to TGF- β 1 [96].

5 The Role of Stem Cells in Vascular Pathophysiology

Recent evidence has shown that vascular function not only depends on cells within the vessels but is also significantly modulated by circulating cells derived from the bone marrow [97]. Stem cells hold a great potential for the regeneration of damaged tissues in cardiovascular diseases. In particular, in the past, it was believed that the regeneration of injured endothelium and media in arteries was due to migration and proliferation of neighboring ECs and SMCs. Recent studies clearly indicated that different stem cell populations, derived from bone marrow and characterized by different markers and with different behaviors, contribute to vascular remodeling after injury [98]. Moreover, different studies indicate that the contribution of bone marrow-derived cells to (re)stenosis depends on the type of model of injury [99].

Finally, we would like to mention that it has been demonstrated that pluripotent embryonic stem cells are also able to differentiate into vascular ECs in primates, thus revealing primate-specific vascular developmental mechanisms [100]. In this context, Yamamoto et al. demonstrated that shear stress can induce mouse embryonic stem cell proliferation and the expression of EC specific markers, such as Flk-1, Flt-1, cadherin, but not SMC marker α -actin [101].

Both hematopoietic and nonhematopoietic bone marrow-derived stem cells have been demonstrated to participate in vascular repair after injury. Nevertheless, it should be mentioned that other tissue-specific niches, as well, distinct from bone marrow, are probably a source of vascular progenitor cells, whose circulation in blood is triggered by vascular damage. In particular, Tintut et al. [102] demonstrated that mesenchymal stem cells (MSCs) with self-renewal, lineage plasticity, and a unique differentiation repertoire are also contained in the artery wall. These vascular MSCs apparently lack adipogenic lineage in their differentiation repertoire, and the authors suggest that this vascular cell population could represent a stage of commitment one generation below the MSCs in the mesengenic lineage hierarchy.

Recruitment and incorporation of vascular cell precursors at the injury site require a coordinated sequence of events, including chemoattraction, cell adhesion, and transmigration, and finally differentiation to ECs or SMCs. All these steps involve a large variety of molecules, including integrins, chemokines, MMPs, and kinases.

This last paragraph will provide an overview of the current evidence of the role played by different vascular cell precursors in models of vascular injury. In particular, we will overview the data available for MSCs, endothelial progenitor cells (EPCs), smooth muscle precursors, mesoangioblasts (Mabs), hemangioblasts, and monocyte lineage cells (MLCs). Such division can be considered arbitrary and is based mainly on the descriptions and definitions provided by the papers we analyzed.

Further studies aimed at defining univocal markers and hierarchy of bone marrow-derived stem cells would be required, as well as a well-defined nomenclature to be adopted by all researchers.

5.1 Mesenchymal Stem Cells

MSCs have been first identified in adult bone marrow [103]. Subsequent studies demonstrated that MSCs are widely distributed in vivo since they have been isolated also from other tissues, including lung, adipose tissue, skeletal muscle, trabecular bone, synovium, and the human umbilical cord perivascular cells derived from the Wharton's jelly [104–106]. In particular, in human long-term bone marrow culture, a subset of adherent cells resembles immature SMC in cytoskeletal features such as α -SMA and vimentin filaments [107]. A clone of mouse bone marrow smooth muscle-like cells has also been isolated [108].

MSCs can be distinguished from HSCs on the basis of their cell surface antigens and can be separated from HSCs by their propensity to adhere to cell culture plastics. In fact, MSCs do not express CD34, which conversely is a marker of hematopoietic cells. MSCs in bone marrow have been described as a very rare population; in particular, Wexler estimated the frequency of MSCs in bone marrow nucleated cell populations as 1 in 3.4×10^4 cells [109].

Studies demonstrated that MSCs extensively proliferate in vitro while preserving a normal karyotype and telomerase activity on several passages [110].

Bone marrow-derived MSCs can potentially differentiate along different mesenchymal lineages including those forming bone, cartilage, fat, ligament/tendon, muscle, neurons, astrocytes, and bone marrow stroma that supports hematopoiesis [111]. MSC potentiality has been first described by Prockop in a study showing that transplanted marrow cells engraft nonhematopoietic connective tissues such as spleen and liver [112, 113].

Many studies have focused so far on MSCs due to their intrinsic ability to differentiate into functional cell types able to repair the diseased or injured tissue in which they are localized. This trend to adopt the local identity may be correlated to local cytokines and matrix factors, as well as to adequate contact with host cells.

MSCs injected in blood flow immediately after injury in a model of rat common carotid arteriotomy [114] are able to home at the injury site, as demonstrated by the presence of labeled MSCs in the area around adventitial *vasa vasorum* detected 1 week after injury (Forte A et al., unpublished data).

Han [115] demonstrated that bone marrow-derived MSCs contribute to neointima formation only in a model of severe injury of iliac artery in chimeric mice and not in arteries submitted to minimal damage. In particular, these authors demonstrated that about 56% of α -actin-positive cells detectable in a large neointima induced by scratch injury were derived from bone marrow. These cells resemble fetal/immature vascular SMCs. These data are in agreement with findings published by Tanaka [99], suggesting that bone marrow cells substantially contribute to lesion formation when arteries are subjected to severe injuries and that these cells expressed α -SMA but not markers for highly differentiated SMCs.

5.2 Endothelial Progenitor Cells

EPCs are a specific subset of circulating bone marrow-derived cell population and are characterized by coexpression of Sca-1 and VEGF receptor 2 (VEGFR2 or Flk-1). It is now known that EPCs are a heterogeneous population, derived chiefly from HSCs, and consist of cells at different stages of maturation, ranging from early CD133+ VEGFR2+ to more mature CD34+ VEGFR2+ phenotypes. An exhaustive description of EPC markers is in Sata et al. [116]. Despite the differences, these cells have the defining characteristic of being able to differentiate into more mature forms and being able to line the internal elastic membrane of blood vessels, they thus play a key role in neovascularization. Asahara and collaborators [97] were the first group to demonstrate that CD34+ hematopoietic cells purified from adults were able to differentiate to an endothelial phenotype (expressing various specific markers, such as vWF) and were named EPCs. Also, nonhematopoietic cells are able to differentiate to EPCs, expressing CD34 and specific endothelial markers.

5.3 Smooth Muscle Progenitor Cells

In comparison to EPCs, only a few papers are fully focused on putative smooth muscle progenitor cells and on their markers. Simper et al. demonstrated for the first

time in human that SMCs can derive from blood smooth progenitor cells cultured in endothelial growth medium supplemented with platelet-derived growth factor BB [117]. These cells were positive for α -actin, myosin heavy chain, calponin, CD34, Flt-1, and Flk-1 VEGF receptors, as well as for $\alpha 5\beta 1$ integrin. It should be underlined that CD34 is a surface marker known to be absent from adult human SMCs. Moreover, smooth progenitor cells do not express Tie-2 receptor, a receptor tyrosine kinase, consistent with an angioblastic lineage distinct from ECs that has been described as Tie-2 receptor positive [118].

Deb described the integrin profile of this cell population, underlying that smooth muscle precursors are characterized by a high expression of $\beta 1$ integrin but do not express other integrins, which are conversely typical of the EPCs [119]. The first evidence that circulating smooth muscle precursors were able to participate in neointima formation in coronaries in a model of heterotopic cardiac transplantation between wild-type mice and LacZ mice came from Saiura [120]. Similarly, Shimizu demonstrated in a model of graft arterial disease that intimal smooth muscle-like cells derived from bone marrow and were positive to α -actin, calponin, and SM1 [121].

Interestingly, Kobayashi demonstrated that multipotent MSCs differentiated toward SMC phenotype under the stimulus represented by shear and compressive stress induced by blood flow in a model in vitro [122].

5.4 Mesoangioblasts

Recently, a novel type of vessel-associated stem cell named mesoangioblast (Mab), that can differentiate into different mesoderm cell types, has been described [123].

Mabs are physically associated with the embryonic dorsal aorta in avian and mammalian species and express the key marker of angiopoietic progenitors, such as Sca-1, Kit, Flk-1, and CD34, as well as genes typical of mesoderm, including receptors and signaling molecules for classical mesoderm inducers, such as BMP, Wnt, and Notch [124]. Presumably, they derive from a primitive angioblast [125] and are able to efficiently differentiate into endothelium, smooth, and cardiac muscle in vitro [126] and when transplanted in vivo. In particular, it has been demonstrated that the differentiation of Mabs into smooth muscle is dependent on expression of msx2 and necdin, two transcription factors able to induce, in turn, a number of smooth muscle markers [127, 128]. In vivo experiments demonstrated that Mabs are as effective as bone marrow progenitor cells in reducing postinfarction left ventricular disfunction [129]. These authors also demonstrated that Mabs in this model differentiate into smooth muscle, whereas the production of endothelium is extremely rare. Finally, Mabs are able to produce several growth factors in the heart that stimulate the proliferation of SMCs, but not of ECs.

Mabs are also able to home inside damaged muscle through the general circulation and proliferate there to reconstruct the tissue [130]. High-mobility group box 1 protein (HMGB1) has been recently identified as a chemoattractant of Mabs at the injury site [124]. Nevertheless, a positive or negative role of Mabs in vascular injury-induced remodeling has not been clearly established yet.

5.5 Hemangioblasts

Hematopoietic cells and ECs develop from mesoderm via a transitional progenitor named hemangioblast. Gene-targeting studies using embryonic stem cells have identified Flk-1 and Scl as important regulatory molecules that specify both hematopoietic and vascular outcome [131]. Flk-1 is the VEGF receptor 1 and acts as a receptor tyrosine kinase. Scl is a basic helix-loop-helix transcription factor.

Hemangioblast is present not only during the embryonic development, but its activity persists into adult life. For example, human AC133+ cells from granulocyte–CSF-mobilized peripheral blood can differentiate both into hematopoietic and ECs in culture. Moreover, these AC133+ cells can form new blood vessels in vivo [132]. As a result of this recent finding, questions are currently arising about the roles and the factors influencing the hemangioblast activity in adults and which could be the power of this cell population in therapeutic strategies involving neovascularization. No studies specifically targeting the analysis of the role of adult hemangioblasts in restenosis and to their potential applications are currently available in literature.

5.6 Bone Marrow Monocyte Lineage Cells

Recent findings suggest that peripheral blood-derived mature CD34- CD14+ monocytes are able to transdifferentiate into ECs under angiogenic conditions [133] and play a role in neovascularization via leukocyte–leukocyte interaction via CD34+ cells [134]. Others demonstrated that bone marrow-derived monocyte mononuclear cells (MLCs) differentiate into neocapillaries in ischemic limb or myocardium [135, 136]. On this basis, Fujiyama demonstrated the effectiveness of bone-derived MLCs in stenosis prevention in a model of carotid angioplasty in immunodeficient nude rats [137] (see subsequent paragraph for details).

Another study by Ohtani and colleagues demonstrated that the blockade of VEGF by soluble Flt-1 in a model of intraluminal injury in rabbits, mice, and rats inhibits the recruitment of bone marrow-MLCs with a reduction of neointima formation after injury [138]. Consequently, the exact role of monocytes, as well as of VEGF, in stenosis progression remains unclear.

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10 Cell Cycle and Differentiation in Vessels

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Part V Cell Cycle and Differentiation in the Muscle

Chapter 11 Cell Cycle Regulation in Myogenesis

Cristina Giacinti and Antonio Giordano

Abstract Skeletal myoblasts differentiation begins with irreversible withdrawal of myoblasts from the cell cycle. This growth arrest is mediated and maintained by the Rb protein, together with p21 and other inhibitors of cell cycle progression. The subsequent activation of muscle-specific promoters at the onset of differentiation is regulated by myogenic bHLH transcription factors, such as MyoD. MyoD protein binds DNA and recruits coactivators and corepressors of transcription to specific promoters and orchestrates the early differentiation events that lead to the fusion of myoblasts into myotubes and the formation of skeletal muscle.

Keywords Myoblasts · Muscle cell differentiation · Retinoblastoma gene family · bHLH transcription factors · Cyclin kinase inhibitors

1 Introduction

When the preconditions for dividing cells are not met, cells can cease progressing the division cycle and withdraw into a quiescent state G0; when the circumstances change so as to favor cell division, cells resume their progress through the cycle. In contrast skeletal myoblasts differentiation begins with irreversible withdrawal of myoblasts from the cell cycle. This permanent cell cycle withdrawal is characterized by a loss in their ability to reenter the cell cycle in the presence of growth factor stimulation [1]. This growth arrest is mediated and maintained by the Rb protein, together with p21 and other inhibitors of cell cycle progression. The subsequent activation of muscle-specific promoters at the onset of differentiation is regulated by myogenic bHLH transcription factors, such as MyoD. MyoD protein binds DNA and recruits coactivators and corepressors of transcription to specific

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promoters [2] and orchestrates the early differentiation events that lead to the fusion of myoblasts into myotubes and the formation of skeletal muscle. The MyoD family of bHLH proteins are transcription factors that form heterodimers with ubiquitously expressed members of the E-protein family, E12/47, E2-2, E2-5, and HEB, and bind to a DNA consensus CANNTG, known as an E-box, found in the promoters of several muscle-specific genes [3, 4]. Even though MyoD and myf-5 are expressed in dividing myoblasts [5], their function is kept in check and only when the myoblast has withdrawn from the cell cycle upon mitogens reduction, muscle-specific genes are activated. This implies that there are regulatory mechanisms that control myogenic factor function by sensing the cell cycle status of myoblast as it responds to growth factors and external signals.

2 Cell Cycle Overview

2.1 Cell Cycle

The cell cycle is a process through which cells duplicate themselves. The cell cycle is divided into four phases: G1, S, G2, M. In eukaryotic cells, cell cycle progression involves a series of tightly regulated and coordinated events.

Two of the most important protein involved in the cell cycle machinery mechanisms are cyclin-dependent kinase (cdks) and cyclins. A variety of cyclin:cdk complexes are in fact able to guide the cdks to appropriate substrates and activate their catalytic activity. Cyclin:cdk complexes are formed during distinct phases of the cell cycle and are specifically involved in the phosphorylation of a distinct set of target proteins. Mammalian G1 cyclins D and E mediate progression through G1/S phases. Three D-type cyclins exist (cyclin D1, D2, and D3), which are expressed differently in various cell lineages, with most cells expressing cyclin D3 and either D1 or D2 [6, 7]. Two types of cyclin E (E1 and E2) exist, which show overlapping expression patterns in mouse tissues and can be co-overexpressed in human tumors [8]. Mitotic cyclins A and B mediate progression through the S/G2/M phases. Cyclin A1 is expressed in meiosis and in early embryogenesis, whereas cyclin A2 is found in proliferating somatic cells [9]. Cyclin B2 probably plays a role in Golgi remodeling during mitosis [9], while cyclin B1 controls other functions of this cyclin type. Until now at least 16 cyclins have been discovered, for many of which binding partners and functions have yet to be identified.

D-type cyclins are short-lived proteins whose synthesis and assembly with Cdk4 or Cdk6 in G1 are dependent on mitogenic signaling [10]. Cyclin D/Cdk activity goes on through the first and subsequent cycles as long as mitogenic stimulation continues. Cyclin E-protein levels peak at the G1/S progression, followed by an increase in cyclin A levels in the S phase. Both cyclin E and A interact with and activate Cdk2, while cyclin A can also bind Cdk1 [11]. At the G2/M boundary, cyclin B levels increase, resulting in activation of its partner, Cdk1. This fluctuation in cyclin expression and resultant oscillation in Cdk activity form the basis of a coordinated cell cycle progression.

The cell responds to mitogenic stimuli and advances through the various phases of the cell cycle only for a limited phase of its cycle. In fact they need stimulation only during the first two-thirds of their G1 phase where the cell may decide to continue its advance and complete its cell cycle. This point is termed "restriction point" (R point); it is a central event in normal cellular proliferation control [12]. It has been demonstrated that pRb is the molecular device that serves as the R point switch. pRb results to be hypo-phosphorylated in resting G0 cells, to be increasingly phosphorylated during progression through G1, and to be maintained in a hyperphosphorylated state until late mitosis [13]. pRb phosphorylation seems to be related to mitogenic signals which converge on the cell cycle machinery, represented by the cyclinD/cdk4 [6] complex in the early and mid-G1 and composed of cyclinE/cdk2 in late G1.

The Rb gene family includes three members, pRb105, p107, and p130, collectively referred to as "pocket proteins" [14]. The term "pocket proteins" is derived from the conserved binding pocket region through which pRb, p107, and p130 bind viral oncoproteins and cellular factors such as the E2F family of transcription factors. pRB/105 and p107 are the best substrate for cyclinD1–cdk4/6 complex activity, while p130 phosphorylation depends on the cyclinD3–cdk4 complex activity. All of the three pocket proteins are phosphorylated by cyclinE/cdk2 complex, instead both p130 and p107 are phosphorylated by cyclin A–cdk2 but not pRb/105. When in its actively growth-suppressing hyperphosphorylated state, pRb physically associates with E2F factors and blocks their ability to activate expression of genes that encode products necessary for S phase progression. In addition pRb recruits chromatinremodeling factors such as histone deacetylase 1 (HDAC) [15], SWI/SNF factors (Harbour et al., 2000), Polycomb group proteins [16], or methyl transferase [17] that act on the nearby surrounding nucleosome structure.

The Rb proteins repress gene transcription, required for transition from G1 to S phase, by directly binding to the transactivation domain of E2F and by binding to the promoter of these genes as a complex with E2F [18]. Pocket protein regulates G1–S transition also through E2F-independent mechanisms: (1) p107 and p130 bind and inhibit the cyclinE/cdk2 and cyclinA/cdk2 kinases, (2) pRb inhibits cdk activity and G1–S progression by increasing the expression of p27 and stabilizing the p27 protein by binding the Skp2–p27 complex, avoiding p27 ubiquitination. Progression of the cells through G1 and S phase requires inactivation of Rb protein phosphorylation. The phosphorylation status of these proteins is regulated by CKI binding to the cyclin/cdk complexes [19]. The CKI inhibitor p15, p16, and p17 specifically act on cyclin D kinase activity, p21, p27, and p57 on all other cyclin/cdk complexes. It has been reported that both cyclinD1 overexpression and related CKI inhibitors alterations produce persistent hyperphosphorylation of pRb, resulting in cell cycle arrest.

Extracellular physiological signals induce the phosphorylation of Rb protein, affecting the decision to transit the R point. Mitogens directly induce rapid expression of cyclin D which begins to inactivate pRb through its ability to associate with its previously cited cdk4 [6] partners [20]. Each type of cyclin D could receive different upstream signals that converge on it, so that we can say that the control of

cell proliferation in various cell type, known to be exercised by different mitogens, is modulated via expression of a distinct D-type cyclin gene, which is under the control of a distinct transcriptional promoter. The common point is all these different signals converge to a common target which is pRb. There is no evidence that mitogenic stimuli modulate directly the levels of cyclin E or cycline/cdk2 complex. Extracellular signals can affect the cyclin/cdk machinery negatively as well. Serum starvation leads to a collapse of cyclin D levels and activity and to an increase of specific cdk inhibitor (CKI) [21].

3 Cell Cycle and Myogenesis

3.1 Regulation of MyoD Function in Dividing Myoblast

The bHLH protein MyoD is functionally regulated during myoblast proliferation; different models explain how MyoD activity might be suppressed in the dividing myoblasts.

During myoblasts proliferation MyoD activity is regulated by interactions with the Id family of proteins [22]. The Id family proteins are negative regulators that contain HLH domains, but lack the basic DNA-binding domain, and consequently fail to bind DNA. Therefore, the HLH domain of Id proteins allows heterodimerization with other HLH proteins, such as the MyoD and E-proteins, thus sequestering MyoD and/or E-proteins into complexes that fail to bind DNA [23]. However at the onset of differentiation, Id gene expression is downregulated, resulting in MyoD and E-protein dimerization, which leads to the activation of muscle-specific genes [22].

In addition phosphorylation on serine 200 by cdk2 and cdk1 has been shown to inhibit MyoD activity, thereby triggering its degradation. Ser 200 phosphorylation of MyoD may also reduce the interaction of MyoD with its associated factors, such as Rb [1], muscle enhancer factor MEF-2, and the co-activator p300 [24].

Olson and colleagues observed that a conserved threonine residue in the basic region of all the myogenic factors was essential for activity. This threonine was also a consensus site for protein kinase C (PKC) phosphorylation in vitro, a kinase activated by β -FGF and TGF- β . These factors inhibit the activity of the myogenic factors through the direct PKC-dependent phosphorylation [25].

Finally, cyclin D1 overexpression promotes the nuclear accumulation of cdk4, which in turn binds the C-terminus of MyoD and prevents its binding to the DNA. Indeed, increasing amounts of cdk4 could specifically disrupt DNA binding of both MyoD homodimers and MyoD/E12 heterodimers [25, 26]. Disruption of MyoD DNA binding did not require the active kinase since cdk4 alone could inhibit the interaction with DNA. Since cdk4 is expressed at similar levels in both myoblasts and myotubes [27], this result suggested that cdk4 would likely not be present in myotube nuclei to potentially disrupt MyoD function. In dividing myoblasts both cyclin D1 and cdk4 are nuclear, but in well-formed myotubes cyclin D1 is absent and cdk4 is in the cytoplasmic compartment of newly differentiated muscle, as

postulated. Cyclin D1 is the mitogen sensor and the limiting factor in the assembly of active cdk4/cyclin D1 complexes, and it is absent in differentiated myotubes [28]. The specific MyoD–cdk4 interaction in dividing myoblasts, coupled with the cyclin D1-dependent nuclear targeting of cdk4, suggested a mitogen-sensitive mechanism whereby cyclin D1 can regulate MyoD function and the onset of myogenesis by controlling the cellular location of cdk4 rather than the phosphorylation status of MyoD [26].

Genes that respond rapidly to growth stimuli, the immediate early genes (myc, jun, and fos) also repress myogenic factor function and expression [23, 29]. In addition, peptide growth factors and phorbol esters induce PKC, an activator of cJun and cFos [30]. Initial studies suggested that the leucine zipper of the bZip protein cJun interacted directly with the bHLH domain of MyoD to suppress myogenic activity (Bengal, 1992 1 /id).

3.2 Regulation of MyoD During Terminal Growth Arrest and Differentiation of Myoblasts

3.2.1 MyoD and Rb Functional Interaction

The functional interaction between MyoD and Rb during muscle differentiation suggests that they act in the same pathway governing cell cycle arrest and muscle differentiation. Rb is drastically induced during terminal differentiation of skeletal muscle cells [31] suggesting the accumulation of Rb protein is likely to be required for growth arrest during differentiation of mitogenic cells.

One of the early events that occurs during differentiation is the accumulation of Rb in the hypo-phosphorylated form. Hypo-phosphorylated Rb is correlated with lack of cell growth, repression of genes involved in DNA replication, and the differentiated state of a variety of cell types. Indeed, the hypo-phosphorylated form of Rb in association with E2F ensures myoblast G1 arrest. Functional MyoD, liberated from cdk inhibition upon the reduction in cyclin D1 levels in response to decreased mitogen signaling, activates myogenesis as well as genes that maintain cell cycle exit, such as p21 and Rb.

MyoD induces Rb expression as early as 48 h after induction of muscle differentiation [32], reinforcing the Rb-mediating inhibition of the G1–S phase transition. The fact that hypo-phosphorylated pRb accumulates upon muscle differentiation, exceeding the levels of E2F, suggests that pRb might have other targets during the myogenic program. It has been reported that MyoD directly binds hypophosphorylated Rb both in vitro and in vivo [33]. This result suggested that a direct MyoD/Rb interaction blocked Rb phosphorylation by cdks during the early stages of muscle differentiation and led to the suppression of myoblast cell growth, cell cycle exit, and differentiation.

Thus, in differentiating myocytes, MyoD-mediated expression of the cdk inhibitor p21 inhibits the residual cyclin/cdk activity [34] and prevents the formation of E2F complexes containing the kinase cyclin E/cdk2 and cyclin A/cdk2

[35], which are possibly involved in the initiation of DNA synthesis. In addition, induction of the cdk inhibitors p18 and p21 has been observed to couple cell cycle arrest to myogenic differentiation [36]. The positive feedback loop is then accomplished by the hypo-phosphorylated form of pRb that co-activates MyoD resulting in further upregulation of expression of p21 and of genes necessary for continued differentiation.

The bHLH MyoD protein can also directly inhibit cyclin kinase activity, which would in turn lead to an increase in the hypo-phosphorylated form of Rb and terminal cell cycle arrest of myoblasts. Indeed, MyoD interacts with the kinase cdk4 through a conserved 15 amino acid domain in the C-terminus of MyoD [26]. Surprisingly, full MyoD, the C-terminus beyond the bHLH region, or just the 15 amino acid cdk4-binding domain inhibit cdk4 phosphorylation of an Rb target in vitro, whereas myogenin does not. Expression of only the MyoD 15 amino acid cdk4-binding domain in vivo fused either to GFP or GST with an NLS, blocks Rb phosphorylation, inhibits cell growth and promotes differentiation of C2C12 cells in growth medium.

Unlike other cyclin/cdk complexes, cyclin T2a/cdk9 levels and activity are not downregulated during muscle differentiation [37]. Furthermore, MyoD-mediated recruitment of cyclin T2/cdk9 on muscle-specific regulatory regions activates transcription, whereas inhibition of cdk9 kinase activity prevents the activation of the myogenic program [38, 39]. Intriguingly, cdk9 is able to phosphorylate pRb in vitro, and this kinase activity peaks at 96 h after the induction of the differentiation program in C2C12 cells [40-42]. Phosphopeptide analysis of p56/pRb after phosphorylation by cdk9, compared to that mediated by cdk2 and cdk1, indicates that, at least in vitro, the three cdks share several target phosphosites, but cdk9 affects only serine residues [41]. By studying the composition of cyclin T/cdk9 complexes, we identified pRb as a cdk9-interacting protein in murine C2C12 myoblasts, in murine NIH3T3 fibroblasts, and in two human tumor cell lines, HeLa and Jurkat. Cyclin T2/cdk9 binds to pRb, involving residues 129–195 of cdk9, the first 642 amino acids of cycT2 and the C-terminal region of the RB protein [835-928] and phosphorylates the pRb region spanning amino acids 793-834. This region contains at least three proline-directed serines (sp), \$795, \$807, and \$811, which have been reported to be phosphorylated in vivo and which could be targeted by the cdk9 complex [39].

3.2.2 MyoD and Chromatin Remodeling Factors

Transcription is achieved by the MyoD binding to its cognate sequences (E-box, CANNTG), and consequent recruitment of HATs, SWI/SNF chromatin-remodeling complexes, and polymerase II-activating kinases [38, 43]. When differentiation is induced, cAMP responsive element binding protein (CREB) transcription factor is upregulated and phosphorylated on serine 133, a critical residue for CREB-CBP/p300 association and transcription activation. After that step, CREB is able to recruit a multiprotein complex containing MyoD and the HATs p300 and PCAF on RB promoter to induce gene expression [44]. The engagement of HATs draws

attention to the balance between acetylation and deacetylation of histone and nonhistone proteins that controls gene expression in a variety of cellular processes, with transcription being activated by HATs and silenced by HDAC. Furthermore it has been demonstrated that MyoD is acetylated by p300/CBP or pCAF on two lysines located at the boundary of the MyoD DNA-binding domain, and this leads to an increase in MyoD transactivation activity. However, it now appears that p300 acts as a scaffold for HAT, P/CAF, and it is the HAT activity of P/CAF that is important for the myogenic activity of MyoD [45, 46]. Injection of P/CAF antibodies into C2C12 muscle cells also inhibited differentiation. Only deletions in P/CAF that remove HAT activity blocked myogenesis but HAT deletions in p300 had no effect. P/CAF also acetylates MyoD in vitro and replacement of the acetylated lysine residues with arginines reduced reporter activation substantially but this had little effect on DNA binding in vitro with or without E12 [46]. The disparity between DNA binding and reporter activation suggests the acetylated domain adjacent to the MyoD basic region may interact with additional transcriptional activators yet to be identified. These studies indicate that p300-pCAF can facilitate MyoD activity through direct acetylation.

It is still not known if all Rbs in differentiated myotubes are inactive or in association with the histone deacetylase transcriptional repressors, such as HDAC1 [47]. The physical interaction between the hypo-phosphorylated form of pRb and HDAC1 in growth-arrested cells has suggested an additional mechanism of cooperation between pRb and MyoD in the absence of a direct interaction. In fact, once hypo-phosphorylated in response to cdk inactivation by serum withdrawal, pRb disassembles HDAC1 from MyoD, thereby removing its inhibitory effect on myogenic transcription [24]. As a consequence, the HDAC1–pRb complex in myotubes can both allow accumulation of hyperacetylated MyoD and block the E2F-dependent transcription of genes, which antagonizes myogenesis. Thus, the hypo-phosphorylated form of pRb can switch HDAC1 from being a direct repressor to an indirect activator of muscle-specific transcription.

3.3 Myogenesis and the CKIs

Progression through the G1 phase of the cell cycle is closely modulated by a family of cdks, cdk4, and cdk6, whose activities are in turn constrained by a group of proteins known as the CKIs (see review, [48]).

The CKIs are divided into two groups based upon their structure and cdk targets. The first group is known as the INK4 proteins since they bind specifically to and inhibit the catalytic subunit of cdk4 and cdk6 and include p15, p16, p18, and p19.

The second group, the cip/kip family, binds to the cyclin D-, A- and E-dependent kinases via both the cyclin and the catalytic subunits and include p21, p27, and p57. It has been shown in transfection studies that MyoD can upregulate the promoter for the CKI p21, implying similar regulation during cell cycle exit in myogenesis [49].

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However, mice lacking both MyoD and myogenin genes have normal expression patterns of p21 and mice lacking the p21 gene develop normally, suggesting that the role of p21 in myogenesis is either redundant or minor {Deng, 1995 2 /id}. Interestingly, mice lacking both p21 and p57 fail to form myotubes and myoblasts show increased proliferation and apoptosis, suggesting that p21 and p57 redundantly play a role in skeletal muscle terminal cell cycle withdrawal [50]. p57 is predominantly expressed in differentiated tissues, and the 7 kb mRNA for this inhibitor is only detectable in skeletal muscle and heart, so its importance in cdk regulation in muscle may be dominant compared with p21 [50, 51]. Unexpectedly, the p21 and p27 CKIs are also essential activators of cyclin D-dependent kinases in mouse fibroblast. p21/p27 remain associated with cyclin D-cdk4 in an active kinase complex and are liberated later in the cell cycle to inhibit cyclin E/cdk2. Both p21 and p27 are required for the assembly and nuclear import of cyclin D1/cdk4 and their participation in this process is thought to provide the nuclear import signal that is lacking in the kinase. The calcium-binding protein calmodulin is also a key regulator of the cell cycle [52]. Recent studies have shown that calmodulin is essential for cdk4 activity and the nuclear accumulation of cyclin D1-cdk4 complexes during G1 [52, 53] and that this accumulation likely involves Hsp90.

3.4 Differentiated Muscle Cells

Myotubes cannot be induced to reenter S phase in response to growth factor stimulation. Although the mechanisms preventing myotubes from reinitiating DNA synthesis are still unclear, there are several studies that indicate that Rb, p21, and cyclinD3 are involved. However, a large body of evidence suggests that Rb and p21 also function to prohibit the replication of DNA in differentiated muscle cells. For example, myocytes lacking p21 can synthesize DNA indicating that p21 is also involved in preventing DNA synthesis in differentiated muscle cells [52, 54].

The expression of cyclins in muscle cells is downregulated at the onset of terminal differentiation, as cells arrest in the G0/G1 phase of the cell cycle [55], with the exception of cyclin D3, whose expression is induced during terminal differentiation . By using a hormone-activated MyoD cell line, cyclin D3 was induced as well as stabilized following MyoD expression. Moreover, cyclin D3 is found in inactive complexes with cdk4, cdk2, and PCNA [32]. Therefore, the mechanism by which cyclin D3 prevents differentiated muscle cells from reinitiating DNA synthesis is likely due to the ability of cyclin D3 to trap proliferating cell nuclear antigen (PCNA), a positive regulator for DNA synthesis, into inactive complexes with cdk4, cdk2, and Rb.

3.5 Differentiation Checkpoint

Recently it has been demonstrated that the differentiation checkpoint mechanism to be independent of the cell cycle and indeed to become activated in cells that have already entered into the early differentiation program [56].

For many cell types, arrest of proliferation induces the differentiation program in an irreversible manner. Therefore, growth arrest of precursor cells due to DNA damage could conceivably cause inappropriate differentiation prior to DNA repair, leading to the formation of abnormal, non-functional tissues. This differentiation of damaged precursor cells would be avoided if the checkpoint-induced growth arrest occurred at points within the cell cycle that are incompatible with the differentiation process. For example, for many cells types, differentiation can only occur when the cells are in early G1/G0 phase and will not be induced by growth arrest in G2/M. However, some of the cell cycle checkpoint may coincide with the exit into differentiation. In this case, multicellular organisms will need an additional filtering system, a "differentiation checkpoint," which will not allow cells with massive mutations to differentiate and form tissues.

They demonstrate that while various genotoxic agents arrest myoblasts at distinct points of cell cycle progression, they are not sufficient to promote differentiation. On the contrary, treatment with genotoxic agents significantly decreases the efficiency of myogenic differentiation. This observation clearly indicates the existence of two distinct checkpoints that regulate the fate of myogenic cells: a first checkpoint that blocks cell cycle progression in response to DNA damage and a second checkpoint that blocks terminal differentiation.

The differentiation checkpoint requires phosphorylation of MyoD at Tyr30, a modification that may change the transcriptional activity of this key myogenic factor. The kinase that mediates the activation of the differentiation checkpoint and phosphorylates MyoD protein was identified as the nuclear tyrosine kinase c-Abl. It should be noted that c-Abl is a known mediator of DNA damage checkpoints and promotes apoptosis in proliferating cells in response to DNA damage [57]. It appears that the differentiation checkpoint is MyoD dependent and is either activated by the cell cycle checkpoint or is independently induced by DNA damage.

However, the growth arrest of myoblasts, caused by genotoxic agents, induces expression of p53, whereas the differentiation check point itself is p53 independent. Moreover, the c-Abl kinase, which is typically inactive in the early G1/G0 cells, in the presence of active Rb [57] appears to be the key regulator of the myogenic differentiation checkpoint.

4 Cell Cycle Deregulation in Muscle Cells

Permanent withdrawal from the cell cycle is a crucial event during terminal differentiation. Dysfunction of either cell cycle control or differentiation machinery is responsible for deregulated growth and transformed phenotype [58]. Control of G1/S transition is regulated by a set of specific CDK and cyclin complexes, sequentially expressed, activated, and degraded to ensure both entry and progress in the cell cycle [58] (see above). In large part, the cyclin/CDK complexes are needed to phosphorylate pRb, which in turn releases E2F and leads to the transcription of growth regulating genes such as cyclin A {Reed, 1997 3 /id}. p21WAF1, a cyclin-dependent kinase inhibitor (CKI), which inhibits all cyclin/CDK complexes, particularly those in the G1 phase, has been found to be associated with the growth arrest of both normal and malignant cells [48]. Enhanced p21WAF1 mRNA expression occurs through both p53-dependent and -independent mechanisms [59] and as a result of mRNA and protein stabilization induced in a number of different cell lines and signal transduction mechanisms [60].

Rhabdomyosarcoma (RMS), the most common soft-tissue sarcoma arising from undifferentiated mesenchymal cells bearing developing skeletal muscle features consists of several subtypes, with ERMS, the embryonal subtype, and ARMS, the alveolar subtype, being among the most frequent tumors in children [61]. RMS presents a number of genetic alterations which define the embryonal [61] and the alveolar subtype [62]. These different subtypes also share molecular changes, including disruption of the p53 pathway through mutation or MDM2 amplification and deregulation of imprinted genes at the chromosome region 11p15.5 [63].

The established RD cell line, originating from the ERMS tumor, is one of the most representative models of pathological myogenesis. RD cells fail to control cell cycle mechanisms [64] and differentiation progress in spite of the expression of the myogenic-specific transcription factors MyoD and myogenin, which are transcriptionally inactive despite apparently being able to bind DNA [61]. MyoD and myogenin, when ectopically expressed in RD cells, do not induce muscle differentiation, even in the presence of cyclin-dependent kinase inhibitors (CKIs) or myogenic co-factors[65], while ectopic expression of MRF4, which is undetectable in RD, induces exit from the cell cycle and myogenic differentiation, both of which are enhanced in the presence of CKIs.

The MEK/ERK pathways control the growth and survival of a broad spectrum of human tumors [66] and have also been involved in differentiation [67]. Indeed, a role of the MEK/ERK pathway in growth inhibition has been reported to be dependent upon whether activation is acute or chronic [68]. Although ERKs are constitutively activated in tumor growth and are involved in the induction of proliferation, a high p38 level is believed to be a negative regulator [6]. Furthermore, the ERK and p38 pathways have recently been reported to cooperate to cause sustained G1 cell cycle arrest requiring p21WAF1 expression [6, 69].

Recently it has been demonstrated that the mechanism of ERK mediated and ERK-independent growth arrest and myogenic differentiation in RD cells, particularly with regard to the expression of proteins involved in cell cycle control, such as p21WAF1. p21WAF1 expression is post-transcriptionally regulated by TPA-mediated MEK/ERK activation, but transcriptionally induced by MEK/ERK inhibition and p38 activation.

In this study they highlight the importance of targeting the MEK/ERK pathway as a means of restoring the expression of the tumor suppressor p21WAF1 as well as the growth arrest mechanism. The results of this study suggest that the targeting of ERKs to rescue p21WAF1 expression and myogenic transcription factor functions leads to the reversal of the Rhabdomyosarcoma phenotype [70].

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Subject Index

A

Abcg2 protein expression in cardiac SP cells, 84 during embryonic and cardiac development, 84 Activator protein 1 (AP-1) transcription factor proliferation and differentiation, 38 terminal differentiation, 40 Acytokinetic mitosis, 179, 181 Adipocyte differentiation, 40 A disintegrin and metalloprotease (ADAM) family, 20 Adult human brain, SVZ astrocytes, 72 Aging and cardiac progenitor cells, 95 cardiac cells renewal, 96 cardiomyocytes population males and females, 96 telomerase activity, 96 Akt-mediated phosphorylation, 187 Alkaline phosphatase (ALP) expression, 113 Anaphase-promoting complex (APC), 8 Apoptosis, 76, 185 Astrocytes, 16, 22 Astrocyte-specific glutamate transporter (GLAST), 145 Ataxia-telangiectasia, 10 ATF/CREB family, 39 ATP-binding cassette transporters (ABCG2), 194 Atrial tumors, 192 Avian myoblast differentiation, 41

B

Basic helix-loop-helix (*bHLH*) genes, 143–144, 153 activator-type bHLH factors *Hes6* expression, 26 neuronal specification, 26

combinatorial functions, cell-type diversity, 26 GABAergic neurons, 27 Heslike factors, 27 Ngn2 coexpressed, 27 Olig1 and Olig2, 27 oligodendrocyte development, 27 gene expression, 26 generation of chordotonal organs, 25 gliogenesis by, 27-28 Mist 1 and MyoR proteins and MyoD transcriptional activity, 37 muscle-specific bHLH transcription factors, 36 network in neural development, 25 neuronal differentiation, 24 neuronal-specific gene expression, 26 neuronal subtype and, 24 Ngn2 and Mash1, 24-25Ngn1 and Ngn2, 25 Nscl-1 and Nscl-2, 25 proneural bHLH genes, 26 types of repressor and activator, 16 B-cell translocated gene 1 (BTG1), 38 expression of, 41 AP-1 activity and, 53-54 Bcrp1 protein expression, 84 BDNF, see Brain-derived neurotrophic factor (BDNF) Blastema formation precardiac markers, 191 Blood vessel development adult arteriogenesis, 204 angiogenesis, 204 arteries, 203-204 ECs and SMCs, 203 myofibroblasts (MFs), 204

A. Giordano, U. Galderisi (eds.), *Cell Cycle Regulation and Differentiation in Cardiovascular and Neural Systems*, DOI 10.1007/978-1-60327-153-0, © Springer Science+Business Media, LLC 2010

Subject Index

Blood vessel (*cont.*) vasculature structure, 203–204 veins, 204
BMPs, *see* Bone morphogenetic proteins (BMPs)
Bone marrow derived hematopoietic stem cells, 115 transplantation, 80
Bone morphogenetic proteins (BMPs), 19 in neural plate, 152
Brain-derived neurotrophic factor (BDNF), 74, 162
Burkitt's lymphoma, 42
Bystander immunomodulation, 76

С

CAK, see CDK-activating kinase (CAK) Calcitonin receptor (CTR), 109 CAM, see Cell adhesion molecules (CAM) cAMP response element-binding protein (CREB), 73, 236 cAMP-responsive element (CRE), 39 Cardiac cell cycle progression cardiac myocyte proliferation during development during fetal life, 181 FoxO transcription factors, 186-187 Myc-Mad signaling network, 185–186 p300, 187-188 pathology cardiac cell cycle reactivation in adult heart, 188 DNA synthesis, 188 heart regeneration, 188 molecular basis for terminal differentiation, 189-191 regulators expression during cardiac development, 181-184 transcriptional control E2F family, 184-185 transcriptional control of, 184 Cardiac myocytes acytokinetic mitosis, 179 in adult, strategies to reactivate cell cycle, 192-193 cell cycle developmental time point, 182 model, 182 regulating factors, 180, 182 growth and differentiation, model of, 180 proliferation, 179 during development, 181 mouse cardiac development study, 181 Cardiac progenitor cells, 191 Cardiac regeneration, 191 endothelial cells, 191 MRL mice. 191 Cardiac SP cells Abcg2 protein expression in, 84 biochemical and functional differentiation. 85 and cardiomyocytes, 82 dynamic changes during cardiac injury, 85-86 isolation procedures, 85 myocardial cryoinjury rat model study, 85 TGFb and Notch signaling pathways, 84 transcription regulators, 84 in vitro cardiomyogenic differentiation of. 85 Cardiac stem cells, 80 comparative data on, 83 derived from bone marrow, 92 hypothesized hierarchy schematic, 81 identification of, 81 cardiac SP cells, 82-86 cardiospheres, 90-91 c-kit positive cardiac cells, 86-88 Islet 1 (Isl1) positive cardiac cells, 89-90 niches, 92 BrdU long-term label-retaining assay, 94-95 calcium translocation assay, 93 cellular distribution, 94 genetic "pulse-chase" strategy, 94 immunohistochemistry, 94 Numb and α -adaptin, 94 periostin expression, 95 origin of, 91 repair and regeneration, role in cell-based therapy, 97 stimulation, 92 See also Progenitor cells Cardiomyocytes in heart, 80 Cardiomyopathy, 192 Cardiospheres cardiac regeneration and function, 91 cardiomyogenic differentiation, 91 and cell therapy, 91 clonogenic, 91 cultured, 90 identification of, 91 neurosphere-like clusters, 91 CBP-Smad1 transcriptional complex, 27

Subject Index

CD45 expression in donor-derived GFP cells. 86 CDK-activating kinase (CAK), 6 CDKs, see Cyclin-dependent kinases (CDKs) Cell adhesion molecules (CAM), 76 Cell cvcle arrest c-Myc and c-Jun, cellular oncogenes, 38 p43 pathway and, 49-50 and Rb phosphorylation, 37 cardiac myocytes regulation by, 180 terminal differentiation, 180 checkpoints in, 8 cyclin-dependent kinase, 232 cyclins, E-protein levels, 232 defined, 3-4 deregulation in muscle cells CKI, 239-240 dysfunction of, 239 ERMS tumor, 240 MEK/ERK pathways, 240 RMS, 240 diagram of, 9 D-type cyclins, 232 extracellular physiological signal, 233-234 G1 phase, 4 cyclin/CDK complexes, 5-6 E2F proteins, role in, 5 pRb phosphorylation, 5 Rb activity and, 5 "restriction point", 5 by Hesl regulation and boundary formation, 28 - 30histone deacetylase 1 (HDAC), 233 inhibitors, retinoblastoma (Rb), 181 INK4 family, role in, 9 mammalian G1 cyclins, 232 molecules controlling cyclins and CDKs, 4 M phase cyclin B/Cdc2 activity, 8 cyclin B expression, 7 polo-like kinase-1 protein, 7 and myogenesis C-terminus of, 234 cyclin D1, 235 HLH, 234 MyoD function, 235 MyoD function in dividing myoblast, regulation of, 234-235 PKC, 234

phosphorylation status of, 233 pocket proteins, 233 pro-inflammatory cytokine-dependent inhibition. 74 Rb gene family, 233 regulators "critical" or "ubiquitous", 180 cyclin-dependent kinase, 181 cyclins A and E, 181 restriction point (R point), 233 S and G2 phases cyclin A/CDK2 complex, 7 cyclin A role in, 6 DNA replication, 6 "feedback regulation loop", 7 RB hyperphosphorylation of, 7 SWI/SNF factors, 233 during terminal growth arrest and differentiation of myoblasts checkpoint mechanism, 238-239 and chromatin remodeling factors, 236 - 237differentiated muscle cells, 238 MyoD and Rb functional interaction, 235-236 myogenesis and CKIs, 237-238 Cellular oncogenes c-Jun and AP-1 complex, 38-39 myogenic influence, 40–41 c-Myc cellular oncoprotein, 41-43 myoblast differentiation, 43-45 targeting, ligand-dependent transcription factors AP-1 activity, 51-52 BTG1 expression, 53-54 dual myogenic influence, 52 myoblast differentiation, 54-57 MyoD transcriptional activity, 50-51 nuclear crosstalk, 56–57 RXR expression, 52-53 Cellular plasticity, 80 Central nervous system (CNS) acute focal inflammatory disorders, 73 "intrinsic" self-repair process during, 74 MS, 74-75 BrdU-based analysis, 72-74 development, 16 and diseases, endogenous neural stem cells, 73 gene expression patterns, 71 injury, 73
Co-repressor complex CoR/HDAC: histone deacetylase, 20 CRE, *see* cAMP-responsive element (CRE) CREB, see cAMP response element-binding protein (CREB) Cre/Lox donor/reporter system, 88 CTR, see Calcitonin receptor (CTR) Cyclin-dependent kinase inhibitor (CKI), 239 Cyclin-dependent kinases (CDKs), 149 CDK inhibitors (CKIs), 4 Cdk inhibitors families, 182, 192 Cdks inactivation, 190 cell cycle progression, 4 phosphorylation and dephosphorylation, 4 Cyclin kinase inhibitors (CKI) classes of INK4 family, 4 p21^{Cip1}, p27^{Kip1}, and p57^{Kip2}, 4 delineating of, 6 Cyclins, 181 cell cycle progression, 4 cyclin D-dependent kinases cardiac development and, 183 D-type in G1 associate with Cdk4/6, 182 G1, S, G2, and M-phase

D

Delta–Notch signaling, 26 Delta Notch ligands, 16
Depressed mitochondrial activity, 38
Dermomyotome, 36, 106
DNA damage and cell in senescent state, 4
DNA polymerase alpha (PCNA), 5
Dopaminergic neurons, 28
Dorsal root ganglia (DRG), 25
Doublecortin-reactive neuronal progenitors, 73
DRG, *see* Dorsal root ganglia (DRG) *Drosophila*, *E(spl)* expression, 23
D-type cyclins, 5

D2, D3, A, B1 and E, 182

overexpressing, 183

E

 EAE, see Experimental autoimmune encephalomyelitis (EAE)
 Early-generated TrkC+ and TrkB+ neurons, 25
 E2F family activators and repressors, 184–185 cell cycle progression and, 185
 E2F/DP1 transcriptional complex, 37
 E2F transcription factors E2F1–E2F5 isoforms, 5 functional redundancy in, 185

Subject Index

Central nervous (cont.)

structural plasticity and cell renewal in, 74-75 Chemokine receptors, 76 Chondrocyte differentiation, 40 Chronic brain inflammation, myelinspecific immune cells, 74 Chronic multifocal inflammatory demyelinating disorders experimental models of, 74 Ciliary neurotrophic growth factor (CNTF), 76 Cip/Kip family members expression, 183 c-Jun/ATF2 formation, 35 CKI, see Cyclin-dependent kinase inhibitor (CKI) c-kit positive cardiac cells BrdU analysis, 86 in cardiomyocytes of adult hearts, 86 chronic ischemic cardiomyopathy and, 86-87 clonogenic and self-renewal, 86 isolation and characterization from adult feline hearts, 87 cardiomyocytes, 87-88 rodent model of myocardial infraction study, 87 c-Myc cellular oncoprotein cell proliferation, 42 cell transformation and apoptosis, 42 c-Myc expression, 35 expression, 42 functional domains, 42 inhibition of genes in cell adhesion, 42 Max, 42 myoblast differentiation antimyogenic activity, 43-44 cell cycle progression, 43 myoblast withdrawal, 43 MyoD/Rb interactions, 45 paired-related homeobox gene Pitx 2C, 43 proliferation and differentiation, 44 regulating cell cycle, 43-44 terminal differentiation, 43 transcriptional activity, 44 repressor of cell cycle arrest, 56 TBP and, 42 transactivation domain, 41 transcription factor L-Myc and N-Myc, 41 translation, 42 CNTF, see Ciliary neurotrophic growth factor (CNTF)

Embryonic stem cells (ESCs), 122 Endogenous cardiac stem cells recruitment and expansion, 193-195 Endogenous neural stem cells and CNS diseases, 73 BrdU-based analysis, 72-74 "intrinsic" self-repair process during, 74 neurogenesis and gliogenesis, 74 Endomitosis, 188 Endoreduplication, 188 Endothelial cells (ECs), 203 cell cycle and differentiation MMP, 206 transforming growth factor (TGF)-b1, 206 - 207vascular endothelium, 205 VEGF. 205 Endothelial progenitor cells (EPCs), 130-131, 217-218 Enhancer of split E(spl), 16 EPCs, see Endothelial progenitor cells (EPCs) Ependymal cells, 22 Epibranchial placode-derived cranial sensory ganglia, 25 Epicardial tissue developmental markers, 191 Epilepsy, 75 ES cell-derived myogenic cells, 115 ESCs, see Embryonic stem cells (ESCs) Experimental autoimmune encephalomyelitis (EAE), 74 Extra-cardiac-derived stem/progenitor cells, 88 Extracellular matrix (ECM) modification of, 211 Extracellular-signal regulated kinases (ERK), 39 pathway, 41

F

FAK, *see* Focal adhesion kinase (FAK) "Feedback regulation loop", 7 Fetal bovine serum (FBS), 209 Fibroblast growth factor receptor (FGFR), 214 Fibroblast growth factors (FGFs), 162, 193 in neural plate, 152 Fluorescent analyzer cell sorter (FACS), 49 Focal adhesion kinase (FAK), 214–215 Forebrain adult neurogenesis areas in, 162 BDNF and CNTF, 162 bFGF and Shh, 162 candidates for CNS repair, 163

olfactory bulb (OB), 161 SVZ, 161 type B cells, 161–162 neural stem cells and radial glia amino acid L-glutamate, 142 bHLH genes, 143-144 cortical interneurons, 142-143 mammalian cerebral cortex, 142 negative feedback loop, 145 neuroepithelial cells, 143 Notch receptors, 145 NSCs, 143 pyramidal cells, 143 radial glial cells, 145–146 neuronal subtype identities, specification BMP, 159 gain-of-function experiments in, 160 and glial cells, 160-161 Forkhead Box O (FoxO) transcription factors activity, 186 Caenorhabditis elegans DAF-16 orthologs, 186 cell cycle and differentiation, 186 characteristics, 187 FoxO1 and FoxO3, 187 FoxO-mediated transcription, 187 in regulating cardiac growth, 186-187 Fos families. 38–39 Fos-regulating kinase (FRK), 39 Functional death receptor ligands, 76

G

GABAergic neurons, 27 GATA4 and MEF2c cardiac-specific transcription factors, 88 GDNF, see Glial-derived neurotrophic growth factor (GDNF) Germline deletions of p107 and p130, 184 GFAP, see Glial fibrillary acidic protein (GFAP) GFP bone marrow-derived stem cells phenotypic conversion, 86 Glial-derived neurotrophic growth factor (GDNF), 76 Glial fibrillary acidic protein (GFAP), 128-129, 145 expression, 71 GFAP, astroglia-specific gene, 26 GFAP-expressing astrocytes in SGZ, 72 Gliogenesis by bHLH genes astrocyte and oligodendrocyte cell fate acquisition, 28 Hes1 and Hes5 misexpression, 27

Gliogenesis (cont.) Ngn1 genes and, 27 Nkx2.2 genes, 28 oligodendrocyte development, 28 Scl function in, 28 Gonadotropin releasing hormone (GnRH)-1 neurons, 25 G1 phases of cell cycle, 4 checkpoint, 8-9 cyclin/CDK complexes, 5-6 E2F proteins, role in, 5 G1/S transition, 5 pRb phosphorylation, 5 Rb activity and, 5 "restriction point", 5 G2 phases of cell cycle, 6-7 checkpoint, 10 Groucho homologs, 18

H

HAT, see Histone acetyltransferase (HAT) HDAC, see Histone deacetylase 1 (HDAC) Heart cardiomyocytes in, 80 in cellular turnover, 81 self-renewal capacity and, 80 Helix-loop-helix (HLH) domain, 37 Hematopoietic stem cell, 123 Hepatocyte growth factor (HGF) signaling pathways, 110 Hes genes mammalian homologs of Drosophila hairy, 16 structure and transcriptional activities binding affinity, 17–18 domains, 17-18 Hesr, 17 Mash1 expression, 17 members of, 17 proline residue, 17-18 protein-protein interaction, 17-18 RBP-J binding sites, 19 High-mobility group box 1 protein (HMGB1), 219 Hippocampus dentate gyrus (DG), 71 Histone acetyltransferase (HAT), 20 Histone deacetylase 1 (HDAC), 233 transcriptional repressors, 184 HMGB1, see High-mobility group box 1 protein (HMGB1) Hoechst efflux property in stem/progenitor cells, 82 Homeodomain protein (HOP), 210

HOP, see Homeodomain protein (HOP)
Hormone responsive elements (HREs), 45
Human hippocampus neurogenesis in BDNF and T cells, 74 microglia in DG, 74 and neurons generation, 72
Huntington's disease (HD), 75
6-hydroxy-dopamine (6-OHDA), 163
Hypertrophy, 180

I

IGF1, see Insulin growth factor-1 (IGF1) Indomethacin drug, 74 Insulin growth factor-1 (IGF1) administration of, 147 Integrins, 76 Interleukin (IL)-6 and neurogenesis, 74 Interstitial myogenic progenitors, 114-115 Intracellular domain (ICD), 19 Islet 1 (Isl1) positive cardiac cells during early cardiac development, 90 expression, 90 Islet-1, homeobox gene, 194 Isl1+/Nkx2.5/Flk1 cells, 90 localization of, 90 MICP and, 90 study on. 89 Isthmus function Hes1 and Hes3 genes, 28 Wnt1 and Fgf8 expression, 28

J

JAK2-STAT3 signaling and Notch signaling, 23 Jumonji, transcriptional repressors, 184 Jun families, 38 c-Jun antibodies, microinjections of, 40 cell cycle genes regulation, 40 depleted fibroblasts, 40 expression during myoblast differentiation. 39 functional domains, 39 myogenic activity, 40-41 overexpression, 40-41 p38 pathway and, 41 transcription by MEF-2A, 41 Jun/Fos AP-1 complexes, 35 Jun N-terminal kinase (JNK), 39

L

Lateral motor column (LMC), 158 LEK1, murine homolog of cardiomyogenic factor 1, 184 inflammation, 74 LMC, *see* Lateral motor column (LMC)

М

Maf proteins functional domains, 39 Maf-responsive elements (MARE), 39 Mammalian cardiomyocytes, 188 Mammalian D-cyclins, 183 Mash1 genes, 16 Mastermind-like proteins (MAML) family, 20 Math genes, 16 Matrix metalloproteinase (MMP), 206 MBP, see Myelin basic protein (MBP) MCK, see Muscle creatine kinase (MCK) MDSC, see Muscle-derived stem cells (MDSC) Median motor column (MMC), 158 Mesenchymal stem cells (MSCs) adult stem cells criteria, 122 bone marrow-derived, 122 biological characterization of, 123 cell cycle and proliferation genome-wide transcriptome comparison of. 124 Hayflick's limit, 123–124 primary mammalian somatic cells, 123 transformation, mechanisms, 124 defined, 121-122 ESCs, 122 immunophenotype hematopoietic stem cell, 123 mechanisms for therapeutic utility anti-inflammatory effects, 127-128 data, 125 differentiation/fusion, 125 immune responses, modulation, 127 paracrine-mediated effects, 125-127 therapeutic efficacy in heart and CNS BDNF, 129 and b-nerve growth factor, 129 EPCs, 130-131 GFAP, 128-129 multiple tracking techniques, 128 myocardial infarction (MI), 130-131 transplantation of, 129 Mesoangioblasts, 113-114 MHC, see Myosin heavy chain (MHC) MICP, see Multipotent Isl1+ cardiovascular progenitors (MICP)

Mitogen-activated protein kinases (MAPKs) signaling pathways, 110 Mitotic index, 192–193 Mitotic promoting factor (MPF), 7 MMC, see Median motor column (MMC) MMP, see Matrix metalloproteinase (MMP) Monocyte lineage cells (MLCs), 217 MPF, see Mitotic promoting factor (MPF) M phase of cell cycle cyclin B/Cdc2 activity, 8 cyclin B expression, 7 polo-like kinase-1 protein, 7 MRTFs, see Myocardin-related transcriptional factors (MRTFs) Müller glial cells in retina, 27 Multinuclear cells, 105–106 Multipotent Isl1+ cardiovascular progenitors (MICP), 90 Multipotent stem cells, Pax7 and Pax3, 106 Muscle cells deregulation in cell cycle CKI. 239-240 dysfunction of, 239 ERMS tumor. 240 MEK/ERK pathways, 240 RMS. 240 Muscle creatine kinase (MCK), 106 Muscle-derived stem cells (MDSC), 107 Muscle fibers, 105 Muscle lineage specification, 106 Muscle satellite cells as candidate for stem cell-based therapies, 111-112 cell surface markers, 109 heterogeneity, 109 identification and molecular markers, 107 multipotency of, 111 Notch signaling and, 110 Pax7, role of, 109-110 proliferation and differentiation, 110 regulation of, 110 transcription factors, 109 wedged between two membranes, 109 Muscle-specific bHLH transcription factors, 36 Muscle stem cells categories of, 107 Myc associated factor X (Max), 42 Myc family activation, 185 deficiency, 186 differentiation and apoptosis, 185 expressed in embryonic ventricular myocytes, 185

Subject Index

Myc family (cont.) Myc activation CycD2 upregulation, 186 cyclin-dependent kinase, 186 Myc-Mad signaling network, 185 Myc:Max complexes, 185 Myc target genes, 187 in proliferation, 186 in regulating growth, 185 regulation of growth in tissues, 185 in suppression, 185 as transcription factors, 185 Myc-Mad signaling network third messengers, 185 Myelin basic protein (MBP), 74 Myf5 and MyoD expression, 36 in acquisition of muscle phenotype, 36 Myoblast terminal differentiation, 36, 38 Myocardial infarction (MI), 192 Myocardin-related transcriptional factors (MRTFs), 210 Myocyte cytokinesis binucleation of adult ventricular myocytes, 181 Myocyte enhancer factor-2 (MEF-2), 39 Myocyte hyperplasia, 186 MyoD transcriptional activity E12/E47 proteins and, 37 Mist 1 and MyoR proteins, 37 MRF and activity, 38 MyoD responsive elements, 37 and myogenin coactivator, 38 PCAF interaction with, 38 terminal differentiation, 38 Myofibres, 105 hypertrophy, 36 Myofibroblasts (Mfs) differentiation pathways FAK and PKB/AKT, 214 FGFR, 214 force generation, mechanisms, 213 latent TGF-b1 latent proteins (LTBP), 215 ROS. 215 TGF-b1, 213-215 origins and functions ECM, modification, 211 MMPs and, 212 transcriptional enhancer factor (TEF)-1, 212 vascular tissue, 212 ultimate fate cell-cell contacts and cadherins, 216

ECM. 216 TGF-b1, 215 Myogenesis, cell cycle regulation CANNTG, 232 MyoD function in dividing myoblast, regulation of C-terminus, 234 cvclin D1. 235 HLH, 234 PKC, 234 MyoD protein, 231–232 Myogenic differentiation, 106 Myogenic lineage, 36 Myogenic progenitors non-resident to muscle, 115 Myogenic repressor, 41 Myogenic stem cells, 108 developmental link among, 115-116 interstitial myogenic progenitors, 114-115 non-resident to muscle, 115 side population (SP) cells, 112-113 vessel-associated myogenic progenitors pericytes and mesoangioblasts, 113-114 Myogenin expression and myoblast differentiation, 56 induction of terminal differentiation, 36

Ν

Nerve growth factor (NGF), 76 Nestin-expressing proliferating neural progenitor cells, 73 NeuN neurons, 72 Neural stem cells (NSCs), 16, 143 cytokine signaling and, 22 during development, change of characteristics, 23 JAK-STAT pathways in, 23 maintenance and differentiation in CNS, 73 maintenance by repressor-type bHLH genes, 21-24 Hes1;Hes5 double knockout mice study, 22 Hes1;Hes3;Hes5 triple knockout mice study, 22 Notch signaling, regulation of Hes genes, 19-20 structure and transcriptional activities of *Hes*, 17–19 nervous system, maintenance and, 23-24

Myosin heavy chain (MHC), 106

transplantation and CNS diseases anatomo-pathological features, 75 axonal protection and remyelination, 76 bystander mechanism(s), 76 cell administration route, 75 CNS repair by neuroprotective molecules, 76-77 endogenous glial and neuronal progenitors, 76 MS and epilepsy, 75 NPC-based therapies, 75 putative mechanism(s), 75 tyrosine hydroxylase (TH)-immunoreactive neurons, 76 Neural stem/precursor cells (NPCs), 71 NeuroD, homologs of Drosophila proneural genes, 16 Neuroepithelial cells bHLH genes, 143-144 generation, 16 and Hes genes, 23 negative feedback loop, 145 Notch receptors, 145 radial glial cells, 145 Neurogenesis, 19, 21 by activator-type bHLH genes neuronal determination and subtype specification, 24-26 and interleukin (IL)-6, 74 Ngn1 and Ngn2 genes, 25 Neurogenin (Ngn) genes, 16, 26-27 Neuron-specific enolase (NSE), 72 NGF, see Nerve growth factor (NGF) Nitric oxide (NO) signaling pathways, 110 Non-myogenic cells, skeletal muscle phenotype in, 36 Notch signaling definitive neural stem cells from, 22 Delta and Jagged ligands, 19 Delta-Notch signaling, 26 Hes1 and Hes5 expression, 19–24 JAK2–STAT3 signaling and, 22 neural stem cells maintenance, 19 neuronal differentiation and, 19 Notch-Hes signaling active membrane-tethered form, 20 Notch receptors and, 20 Notch ligands, 16 NPCs, see Neural stem/precursor cells (NPCs) NSCs, see Neural stem cells (NSCs) Nuclear tumor suppressor pRb phosphorylation, 5

0

Oculomotor and trochlear nuclei, 28 Oligodendrocytes, 16, 22 Oncoproteins, 192 Orange domain, 17–18 See also Hes genes

P

Paired box homeodomain transcription factor (Pax7), 109 Parkinson's disease (PD), 75 Pax 7, see Paired box homeodomain transcription factor (Pax7) Pax3+/Pax7+ progenitor cells in embryonic dermomyotome, 106 PCNA, see Proliferating cell nuclear antigen (PCNA) Pericvtes. 113-114 Periostin and cardiac development, 95 Peroxysome proliferator activated receptors (PPAR), 45 PKC, see Protein kinase C (PKC) Pocket proteins, 182-184 expressed in heart, 183 regulating cardiac cell cycle, 184 Polo-like kinase-1 protein, 7 Polyubiquitylation, 186 Positive cell cycle activator, 193 Postnatal cardiomyocytes and cell cycle, 183 Postnatal muscle growth, 36 PPAR, see Peroxysome proliferator activated receptors (PPAR) p53-related pathways and G1 arrest, 8 Progenitor cells, 80 comparative data on, 83 hypothesized hierarchy schematic, 81 identification of, 81 Sca1 + cardiac progenitor cells, 88-89 See also Cardiac stem cells Programmed cell death, 76 Proliferating cell nuclear antigen (PCNA), 73, 238 Protein kinase B (PKB/AKT), 214 Protein kinase C (PKC), 234 Proteolytic process, 5 p300 transcriptional adaptor acetyltransferase activity, 187 anaphase promoting complex, 187 E1A-binding factor, 187 E1A mutants, 187 effects of, 187 hypoplastic heart, 187 inactivation, 187 temporal progression, 187

Q

Quiescent satellite cells, 106-107

R

Radial glial cells, 16, 146 brain size control cell cycle length hypothesis, 147 Drosophila, 148 insulin growth factor-1 (IGF1), administration of, 147 SVZ, 148 cell cycle exit signalling in CNS CDKs. 149 control of, 148 fate determinants, cross-talk between 150 Cre-recombinase, 145 differentiation into neurons, 24 GFAP and GLAST, 145 proliferation and cell death during CNS apoptosis, 150 developmental cell death, occurrence, 151 symmetric and asymmetric cell divisions anti-proliferative protein, 146 Drosophila, genetic studies, 146-147 Reactive oxygen species (ROS), 215 Regenerating myocardium metazoan phylogeny, 191 Newt. 191 Zebra fish. 191 Repression domain, 17-18 See also Hes genes Retina Müller glial cells in, 27 neuron types in, 26 Retinoblastoma protein (Rb) phosphorylation cyclinD/cdk4 and cyclinD/cdk6 complexes, 37 Rb/E2F complexes, 37 9-cis-Retinoic acid receptors (RXR), 38 Rhabdomyosarcoma (RMS), 240 RMS, see Rhabdomyosarcoma (RMS) ROS, see Reactive oxygen species (ROS) R point switch, 5

S

Satellite cells, *see* Muscle satellite cells Sca1 + cardiac progenitor cells blood lineage markers, 88 cardiac-specific transcription factors, 88 cardiomyocyte-depleted mono-nuclear cells, 88

cardiomyogenic differentiation, 88 expression, 89 identity and function, role in, 88 immunohistochemistry of, 89 in injured hearts. 88 isolated form myocardium, 88 in small interstitial cells, 88 Western blot of. 89 g-Secretase activity of Presenilins 1 and 2, 20 Self-renewing primary neural stem cells, 72 Senescence, 4 and senescent cells, 190 Serine, 5 Serum responsive factor (SRF), 209-210 Serum-starved human fibroblasts, mitogenic stimulation, 6 SGZ, see Sub-granular zone (SGZ) Shh, see Sonic hedgehog (Shh) Side population (SP) cells, 194 bone marrow-and muscle-derived SP cells, 112 genetic lineage analysis, 112 hematopoietic and myogenic potentials, 112 isolation, 112 Skeletal muscle development myoblast terminal differentiation, 36 regeneration, model to study stem cell function, 105 molecular regulation, 106 transcriptional control, 106-107 types of, 107 Skeletal myocytes, 188 Smooth muscle cells (SMCs), 203 cell cycle and differentiation FBS, 209 histone post-translational modifications, 211 HOP. 210 **MRTFs**, 210 PDGF-BB, 208-209 SMCs, 207-213 SRF. 209-211 Somites, 106 Sonic hedgehog (Shh), 162 signaling pathways, 19 S phase of cell cycle checkpoint ATM gene mutation, 10 cyclin A/CDK2 complex, 7 cyclin A role in, 6 DNA replication, 6

"feedback regulation loop", 7 RB hyperphosphorylation of, 7 Sphingosine-1-phosphate (S1P) signaling, 110 Spinal cord dorso-ventral patterning in bHLH, 153 and BMPs, 158-159 FGF signalling, down-regulation of, 153 neural precursors, 152 RA participates in, 157-158 and Shh, 153, 155-157 transcription factors, 152 ventricular zone (VZ), 152 embryonic development, 151 neural plate, 151 FGFs and BMPs, 151-152 spinal cord injury (SCI), 73 Spindle checkpoint, 10-11 SRF, see Serum responsive factor (SRF) Stem cell antigen 1 (Sca-1+), 88 engraft Sca-1+, 194 Stem cells recruitment and expansion cardiac niches, 193 c-kit, 193 genetic tracking systems, 193 post-mitotic non-regenerating organ, 193 stem cell antigen 1 (Sca-1+), 194 Stroke, 73 Stromal stem cells, 115 Sub-granular zone (SGZ), 71 GFAP-expressing astrocytes, 72 Subventricular zone (SVZ), 71, 148 cell lineage differentiation pathway in, 72 NPCs in, 72 resident endogenous NPCs in vivo, 74 SVZ, see Subventricular zone (SVZ) Syndecan3 and Syndecan4, 109

Т

TACE, *see* TNF-converting enzyme (TACE) T Ag proteins, 190 Tamoxifen treatment, 94 TATA box binding protein (TBP), 42 TBP, *see* TATA box binding protein (TBP) T-cell-associated cytokines, 74 Terminal differentiation, 181 molecular basis cell cycle arrest, 189 differentiation pathway, 189 irreversible cell cycle arrest, 190

Myf5-Cre, 189 myoblasts, 189 Terminal growth arrest and differentiation of mvoblasts and chromatin remodeling factors CREB. 236 engagement of HATs, 236-237 P/CAF antibodies, injection of, 237 differentiation checkpoint mechanism, 238 genotoxic agents, 239 growth arrest of precursor cells, 239 muscle cells myotubes, 238 PCNA, 238 MyoD and Rb functional interaction bHLH region, 236 hypo-phosphorylated, 235 mediated expression of, 235-236 phosphopeptide analysis of p56/pRb, 236 myogenesis and CKIs calcium-binding protein, 238 transfection studies, 237 Tetradecanoyl phorbol acetate-responsive element (TPARE), 39 Tfam gene disruption, 48 Threonine regulation, 4 Thymidine kinase, 5 Thyroid hormone receptor (TR), 45 TNF-converting enzyme (TACE), 20 TPA-inducible AP-1 activity, 35 TPARE, see Tetradecanoyl phorbol acetate-responsive element (TPARE) Transforming growth factor (TGF)-b1, 206-207 TR/c-Jun/MyoD complex, 35 Triiodothyronine (T3) nuclear receptors c-erbAa and c-erbAb, 46 multiplicity of proteins, 47 functional domains, 45 ligand-dependent transcription factors, 45 myogenic influence, 47-48 physiological role, 46 T3 mitochondrial receptors cell proliferation, 48 differentiation, 48 induction of apoptosis, 48 physiological importance of, 48 p43 pathways, 49-50 Tfam gene disruption, 48 transcriptional complexes, 46 Twist negative regulators, 37

Tyrosine, 4 Tyrosine hydroxylase (TH)-immunoreactive neurons, 76

U

Ubiquitination, 5 Ubiquitin-protease system, 186 Ubiquitous acetyltransferase coactivator CBP/p300, 38 Ubiquitous cell cycle regulators, 180

V

Vascular endothelial growth factor (VEGF), 205 Vascular pathophysiology, stem cells role in bone marrow monocyte lineage cells MLCs and VEGF, 220 EPCs and MLCs, 217 hemangioblasts gene-targeting studies, 220 hematopoietic and nonhematopoietic bone marrow, 216-217 mesenchymal stem cells bone marrow, 217-218 EPCs, 218 MSCs, 218 studies, 217 mesoangioblasts (Mab) BMP. 219 HMGB1, 219

MSCs. 217 smooth muscle progenitor cells, 218 SMCs, 219 VEGF receptors, 219 studies, 216 VEGF, see Vascular endothelial growth factor (VEGF) Ventral patterning and Shh in spinal cord caudal stem zone, 155 hedgehog (HH) signalling, 153 homeodomain proteins, 157 neural tube, 155 smoothened (SMO), 156 Ventricular dilation, 192 Ventricular zone (VZ), 16 Verapamil drug, 82 Vessel-associated myogenic progenitors, 113-114

W

Wee1/Myt1/Mik1 kinases, 6 Wnt signaling pathways, 19 WRPW (Trp-Arg-Pro-Trp) domain, 17–18 See also Hes genes

Z

ZEB negative regulators, 37 Zipper dimerization sequence (zip), 39 Zona limitans intrathalamica (Zli), 28