

Advances in Experimental Medicine and Biology 807

Rameshwar Adhikari  
Santosh Thapa *Editors*

# Infectious Diseases and Nanomedicine I

First International Conference  
(ICIDN-2012), Dec. 15–18, 2012,  
Kathmandu, Nepal

 Springer

# **Advances in Experimental Medicine and Biology**

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Editors

# Infectious Diseases and Nanomedicine I

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Dec. 15–18, 2012, Kathmandu, Nepal

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# Preface

This Special Issue of *Advances in Experimental Medicine and Biology* is devoted to the First International Conference on Infectious Diseases and Nanomedicine (ICIDN) which was innovatively conceptualized by the Nepalese Association of Medical Microbiology (NAMM) and the Nepal Polymer Institute (NPI) in association with Kathmandu University, Dhulikhel, Nepal to promote interdisciplinary scientific study for systemic understanding of connections between major human diseases and their treatment regime by applying the tools and techniques of nanotechnology. The conference organized in Park Village Hotel and Resort, Budhanilkantha, Kathmandu from December 15 to 18, 2012, was accompanied by a one-day Short Course on *Recent Trends in Nanomedicine and Infectious Diseases* and had the motto: *Interdisciplinary Collaborative Education for Research & Innovation in Biomedical Sciences*. The ICIDN-2012 was attended by approximately 180 scientists from 21 countries including dozens of eminent scientists from throughout the globe.

One of the aims of this congress was to get researchers from the fields of nanomedicine (including physics, chemistry, and engineering) and various fields of infectious diseases (including pathology, microbiology, and clinical sciences) together at the same congress to explore common ground. The conference focused on themes on nanomedicine with special attention to anticancer therapy, antibiotic resistance, and virology.

The Inauguration Ceremony was attended by Rt. Hon'ble President of Nepal, Dr. Ram Baran Yadav as Chief Guest. In his inaugural address, President Yadav stressed on the role of young scientists and students in developing the nation through science, technology, and innovations. He praised the efforts of the ICIDN organizers to arrange such a global scientific meeting of enormous scientific and practical significance in Nepal. The inauguration ceremony was also addressed by Prof. Geoffrey L. Smith (President of the International Union of Microbiological Societies (IUMS); Head of the Department of Pathology, University of Cambridge, England), Prof. Jamboor K. Vishwanatha (Dean, Graduate School of Biomedical Sciences, University of North Texas Health Science Center, USA), Prof. Surendra Raj Kafle (Vice Chancellor of Nepal Academy of Science and Technology (NAST)), Prof. Ishwar Chandra Dutta (Chairman of Tribhuvan University Service

Commission), and Dr. Rajendra Koju (CEO, School of Medical Sciences, Kathmandu University, the representative of Vice Chancellor of the University). The congress was opened formally through the video lecture on *Helicobacter pylori* by Nobel Laureate Prof. Barry J. Marshall from The University of Western Australia.

The conference served as a meeting point for young researchers and students with their peers and well-known scientists for making scientific contacts and exchanging their experiences. The enthusiastic participation of numerous young scientists and students from all over the world led to vivid scientific discussions during the breaks, poster sessions, as well as after the sessions. Ms. Pramila Adhikari, Ms. Manisha Pradhan, and Mr. Eak Dev Khanal were bestowed best Poster Presentation Awards (selected from total 44 presentations) during the closing ceremony. Prof. Geoffrey L. Smith (President of the IUMS) and Prof. Chirika Shova Tamrakar (Dean, Institute of Science and Technology, Tribhuvan University, Kathmandu) expressed their positive impression about the content, quality, and performance of the conference in their closing remarks.

We are thankful to the IUMS delegates including President Prof. Geoffrey L. Smith (Department of Pathology, University of Cambridge, England); President Elect Prof. Yuan Kun Lee (Yong Loo Lin School of Medicine, National University of Singapore, Singapore); Vice Presidents Prof. Stephen A. Lerner (Wayne State University School of Medicine, Michigan, USA) and Prof. Pierre J. Talbot (University of Quebec, Canada and organizing President of IUMS 2014 congress), and IUMS Ambassador to Asia Prof. Fusao Tomita (Hokkaido University, Japan) for their cordial support.

We would like to extend our special thanks to Prof. Suresh Raj Sharma (then Vice Chancellor of Kathmandu University) for the kind patronage of the conference. Particular thanks go to Mr. Dhurba Acharya, Mr. Radium Adhikari, Mr. Santosh Adhikari, Mr. Netra Lal Bhandari (Conference Secretary), Ms. Sulakshana Bista, Mr. Kedar Nath Dhakal, Dr. Surendra Kumar Gautam, Ms. Jyoti Giri, Mr. Khagendra Prakash K. C., Mr. Eak Raj Kadariya, Mr. Suresh Raj Kandel, Mr. Santosh Khanal, Mr. Bhuvan Khatri, Mr. Prayag Raj Kuinkel, Mr. Surendra Kumar Madhup, Mr. Rajesh Pandit (Treasurer), Mr. Tarini Prasad Paneru, Mr. Chakravarty Paudel, Ms. Sharmila Pradhan, Mr. Krishna Kumar Raut, Mr. Din Dayal Regmi, and many other students and researchers affiliated to Kathmandu University, NPI as well as NAMM, and Nanochemistry and Polymer Research Group at Tribhuvan University for their untiring efforts to make ICIDN-2012 a grand success. Thanks are due to the members of National and International Advisory Boards for their valuable feedback and support.

The financial support to the congress was generously granted by the Nepal Polymer Institute (NPI), Kathmandu University, University Grants Commission (UGC), National School of Sciences (NSS), Lainchour; Kantipur College of Medical Sciences (KCMS), Sitapaila, and National Health Care Ltd., Kathmandu.

This conference has definitely sensitized the young scientists and students from Nepal toward strengthening Research and Education in various avenues of

nanomedicine, infectious diseases, virology, and antibiotic resistance. The congress is hoped to be a milestone in promoting education and researches in the field of microbiology, drug delivery, and biomedical sciences in particular fostering our endeavors in sustainable applied Nanoscience and Nanotechnology in Nepal.

We take this opportunity to thank Mr. Aninda Bose and Dr. Tobias Wasserman from Springer publication for their interest and cordial support in bringing out this special issue.

Rameshwar Adhikari  
Santosh Thapa

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# Auger-Architectomics: Introducing a New Nanotechnology to Infectious Disease

Chantel W. Swart, Carolina H. Pohl and Johan L. F. Kock

**Abstract** In 2010, we developed a new imaging nanotechnology called Auger-architectomics, to study drug biosensors in nano-detail. We succeeded in applying Auger atom electron physics coupled to scanning electron microscopy (SEM) and Argon-etching to cell structure exploration, thereby exposing a new dimension in structure and element composition architecture. Auger-architectomics was used to expose the fate and effect of drugs on cells. This technology should now be expanded to diseased cells. This paper will outline the development, proof of concept, and application of this imaging nanotechnology. A virtual tour is available at: <http://vimeo.com/user6296337>.

**Keywords** Auger-architectomics · Infectious disease · Nanotechnology · NanoSAM

## Introduction

Since 1982, research by our group showed that the sexual reproductive stages in yeast (asci) and sporangia of other fungi and fungus-like organisms are characterized by increased levels of mitochondrial activity when compared to vegetative reproductive structures. This is attributed to an increased energy demand needed for the development of such complex spore dispersal structures [1].

It was found that asci and other fruiting structures are selectively inhibited by various anti-mitochondrial drugs, for example, antimycin A and rotenone, as well as when oxygen was limited. This is in contrast to the vegetative cells (i.e., yeast cells and hyphae) that were less affected. This phenomenon was found to be highly

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conserved among fungi and prompted the following hypothesis: (i) That the sexual and fruiting phases of fungi are more sensitive to anti-mitochondrial drugs and other mitochondrial inhibitory environments compared to the asexual growth phases; and (ii) That sexual and other fruiting structures of fungi may be used as biosensors to screen for mitochondrial inhibitors [1]. This hypothesis has been visualized with the development of the Anti-mitochondrial Antifungal Assay (3A system), where especially pigmented yeast sexual cells are used as color biosensors to screen for anti-mitochondrial drugs. Here, changes in the color of yeast growth indicate positive hits [2].

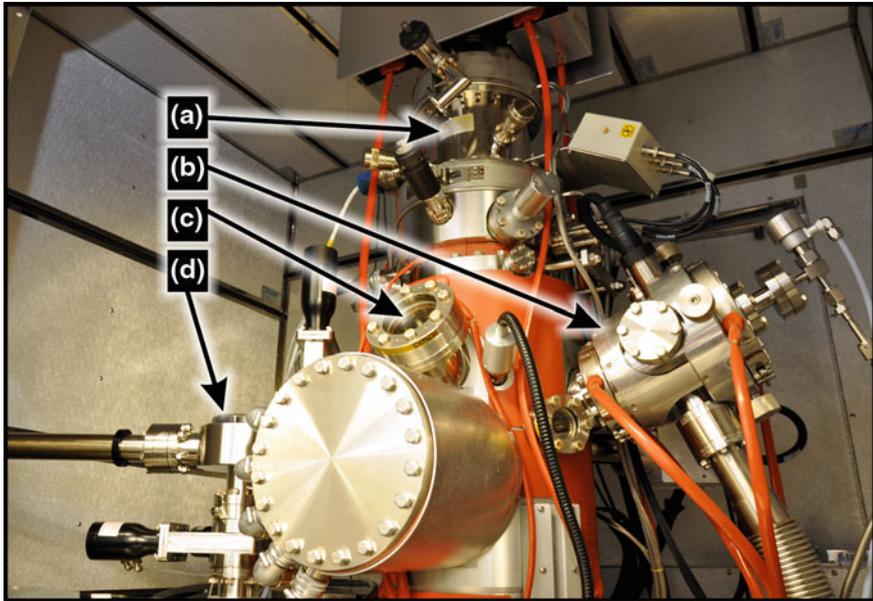
Consequently, various 3A systems with different indicator yeasts were developed and applied by our group. Strikingly, the anti-mitochondrial activity of many well-known drugs [such as anti-cancer, antifungal, non-steroidal anti-inflammatory (NSAIDs), and anti-malarial drugs] were detected using these 3A systems. Interestingly, some of these drugs are known to pose mitochondrial liabilities in humans, while others have beneficial dual actions [3]. For example, NSAIDs may be used as effective antifungal [4, 5] as well as anti-cancer agents while anti-cancer drugs may also inhibit fungal infections [3].

It soon became apparent that biosensors may also provide valuable information regarding the holistic influence of these drugs on cells. These may be used to forecast activity, especially during further downstream tests of new drugs. Consequently, it was decided to develop a new imaging nanotechnology called Auger-architectomics, to study the effects of drugs on biosensors in nano-detail.

## What is Auger-Architectomics?

This nanotechnology concerns the visualization of the atomic and 3D architecture of cells using Auger electron optics (based on Auger atom electron physics) linked to scanning electron microscopy (SEM), while etching with Argon [3, 6]. Auger-architectomics is a new and unique nanotechnology to biology and medicine and has been adapted from the field of Physics where it is used to analyze semiconductors and the like. The challenge was to adapt this technology to fit biology and medicine [3, 6, 7]. The main adaptation hinges on the sample preparation procedure. This should assure atom and 3D structure stability while Argon nano-etching occurs during nano scanning Auger microscopy (NanoSAM; Fig. 1) and SEM visualization with an electron beam at 25 kV instead of 5 kV as per normal SEM. Sample fixation and dehydration methods that do not create sample distortions, had to be developed and optimized for NanoSAM. Dehydration regimes based on alcohol extraction procedures were used and optimized while fixation using various fixatives was included. Electron conductivity of samples through Argon-etching was assured by optimized gold sputtering.

With Auger-architectomics the surface of the gold-plated biological sample is (i) scanned in SEM mode and the surface visually enlarged. (ii) Auger atom electron



**Fig. 1** A nano scanning Auger microscope photo showing (a) the electron gun at the top as well as the different detectors similar to that found in scanning electron microscopy (SEM), the ion gun (b) that uses Argon to etch the samples, the viewport (c) where samples can be viewed in the working chamber and the introductory chamber (d), where the samples are placed before entering the working chamber. Taken with permission from Kock et al. [5]

physics are applied and selected target areas on the sample surface are beamed with electrons. The incident beam ejects an electron in the inner orbital of the atom, leaving a vacancy. This is filled by an electron from an outer orbital by relaxation. Energy is released causing the ejection of an electron from the outer orbital. This electron is called an Auger electron. The amount of energy that is released is measured by Auger electron spectroscopy (AES). Since each element has a specific Auger profile, the atoms in the sample as well as their intensity/concentration can be determined. Similarly, the surface area can be screened by an electron beam eventually yielding Auger electrons that are mapped, showing the distribution of different atoms in different colors covering a surface area of predetermined size. (iii) The surface of the sample is etched with Argon at 27 nm/min, exposing a new surface of the sample that is then again analyzed as described above. In this way the 3D architecture is visualized in SEM as well as element composition mode. This nanotechnology unlocks a new field in biology where the 3D ultrastructure and element composition of the whole cell is determined while nano-“dissected” with Argon.

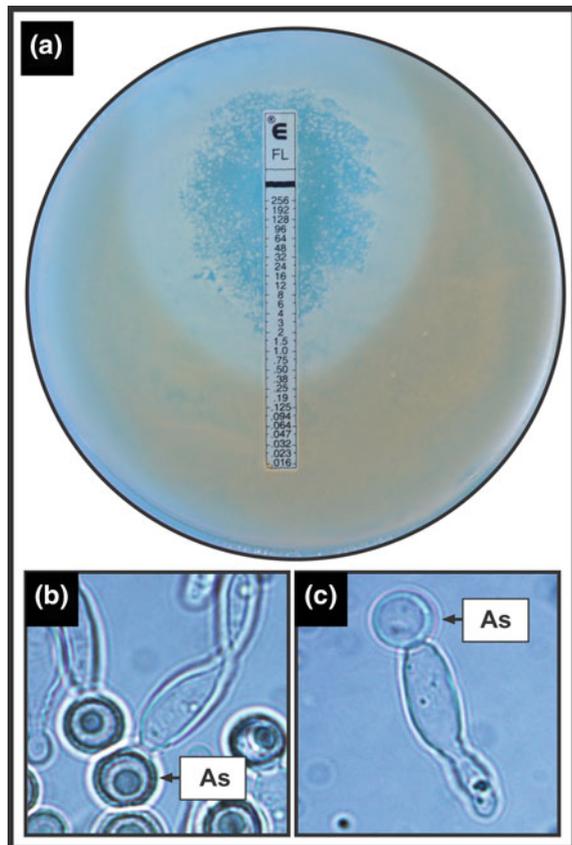
## Proof of Concept

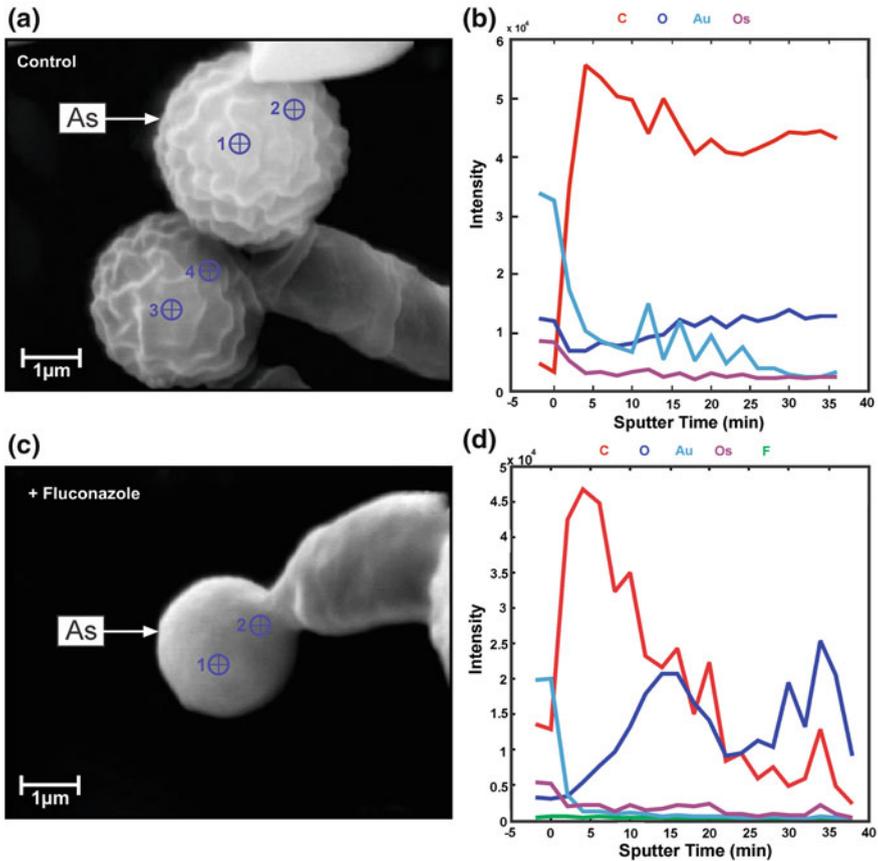
This was achieved by successfully linking Auger-architectomics with biosensors of *Nadsonia fulvescens* treated with high and low concentrations of fluconazole [3, 6]. Biosensor results suggest that fluconazole at high concentrations also has an anti-mitochondrial action by selectively inhibiting mitochondrial-dependant biosensor development as is indicated by the white zone in Fig. 2a. This zone contained immature spores and is characterized by a wall surrounding a transparent bubble-like structure (Fig. 2c). This was not the case in the brown zone where mature, brown-pigmented biosensors formed, each housing a fully developed spore (Fig. 2b).

Interesting results were obtained when biosensors of both zones were subjected to Auger-architectomics (Fig. 3). When etching through the fluconazole-inhibited biosensors (Fig. 3c, d), the bubble-like structure reported in Fig. 2c was confirmed. As etching started, a wall consisting of mainly carbon was recorded,

**Fig. 2** The effect of fluconazole on growth and asci (As) development of *Nadsonia fulvescens*.

**a** Antifungal bio-assay based on the dilution plate method showing inhibition of cell growth (*blue zone*) at high concentrations of fluconazole, inhibition of mainly ascus development (*white zone*) at lower concentrations and eventually no inhibition of sexual stage development (*brown zone*) at even lower concentrations. **b** Light micrograph of mature ascus with ascospore surrounded by spiky protuberances (isolated from *brown zone* in (a)). **c** Light micrograph of a bubble-like structure with less dense area positioned inside an ascus (isolated from *white zone* in (a)). Parts taken with permission from Swart et al. [6]





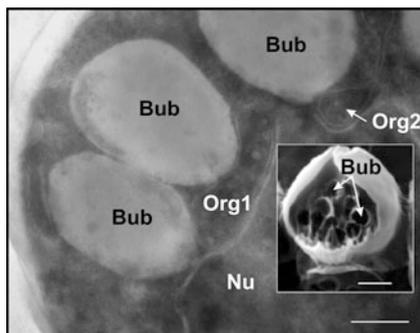
**Fig. 3** Element analysis through biosensors (asci = As) during sequential etching of the yeast *Nadsonia fulvescens*. **a** Scanning electron microscopy (SEM) micrograph of two biosensors from the *brown zone*, each attached to a parental cell (Control = low fluconazole concentrations). The crossed circles show targets for element analysis. **b** A graph depicting element intensity (=concentration) over sputter time of the Control sample in (a) (Target 3). **c** An SEM micrograph of a smooth-walled fluconazole treated (at high concentrations) biosensor attached to a parental cell as found in the *white zone*. Crossed circles indicate the targets for element analysis. **d** A graph showing element intensity (=concentration) over sputter time of a fluconazole treated ascus taken from the *white zone* (Target 2). Taken with permission from Swart et al. [6]

whereafter a drastic decrease in carbon concentration occurred (Fig. 3d) when compared to the control (Fig. 3a, b). Strikingly, after etching to a depth of 945 nm (i.e., after 35 min of mining at 27 nm/min) into the biosensor, a C:O concentration ratio of 1:2 was recorded. This ratio fits the molecule CO<sub>2</sub>. This was not surprising since inhibition of mitochondrial function of this fermenting yeast will switch on fermentation metabolism thereby increasing CO<sub>2</sub> production [8]. This served as the key for the unexpected discovery of gas bubbles inside brewer’s and baker’s yeasts.

In addition, fluorine, which is part of the fluconazole structure, could be recorded throughout the fluconazole-treated biosensor. This makes it possible to follow the distribution of this antifungal for the first time in cells. The same should be possible for other drugs and compounds that contain elements that are foreign to cells. With the above results, proof of concept was achieved for Auger-architectomics and it was clearly shown that this nanotechnology may be used to analyze biosensors in nano-detail.

## Application

The discovery of CO<sub>2</sub> gas bubbles inside biosensors of the yeast *Nadsonia fulvescens*, where fermentation metabolism was enhanced by fluconazole (also acting as anti-mitochondrial) [3], forms the basis for the discovery of gas bubbles in the biotechnologically important fermenting yeast *Saccharomyces*. This group of yeasts is used in the brewing, wine, and bread making industries. Strikingly, using this nanotechnology, we found that a significant part of yeast cells consisted of CO<sub>2</sub> gas bubbles under fermentative conditions [8]. This was shown by Auger-architectomics in SEM as well as element analysis modes and verified by transmission electron microscopy (TEM) and light microscopy. Furthermore, these bubbles drastically deformed the life giving organelles inside these cells (Fig. 4) [9]. Auger-architectomics should now be applied to all cells to determine the conserved status of these gas bubbles and the presence of other inclusions.



**Fig. 4** Intracellular gas bubbles that deform organelles present inside fermenting brewing yeasts. Bub: gas bubbles; Org organelles; Nu: nucleus. Insert: yeast filled with gas bubbles—exposed by Auger-architectomics in scanning electron microscopy (SEM) mode. Scale bar, 200 nm. Scale bar insert, 1  $\mu$ m. Taken with permission from Swart et al. [9]

## Conclusions

This review highlights, in a nutshell, Auger-architectomics as a nanotechnology that is applicable to biomaterials. Not only may it be applied to disassemble biosensors and at the same time follow drug delivery and concomitant cell response on ultrastructural and element level, but may also expose new cell structures in nano-detail [10, 11]. This technology should now be applied to all cells, especially to pathogens and concomitant cell responses observed with infectious disease.

A problem with this tool concerns the sputtering and fixation steps that introduce contaminants such as gold, osmium, or phosphate to the samples prepared for the SEM part of this nanotechnology. Care should therefore be taken when interpreting results, especially regarding element composition and architecture. An ideal way of overcoming this obstacle is to use tracer elements that are foreign to the cell and not present as a mentioned contaminant. This strategy has been used successfully to track zinc inside yeast cells when grown in the presence of  $\text{ZnSO}_4$  [8]. Here, zinc was used as a  $\text{CO}_2$  gas bubble marker that “galvanized” the outer lining of gas bubbles that are present inside these cells, thereby further demarcating their respective architecture and composition. Consequently, drugs and other compounds with such “cell-foreign” probes may be easily tracked by Auger-architectomics, thereby obtaining information about their distribution and metabolic fate. This will contribute to our knowledge of, for example, cell metal detoxification processes. This approach may find application in especially nanomedicine, where gold nanoparticles attached to targeting molecules and drugs are used in target delivery.

A drawback of the 3A system is that false positive hits may be obtained by compounds that inhibit sexual reproduction processes such as meiosis and not mitochondrial activity [3]. Auger-architectomics may be applied in this case to further analyze the response of biosensor sexual cells toward these compounds to obtain a better understanding of their metabolic activity in vivo [10]. This has been demonstrated in the brewer’s and baker’s yeasts, where the enhancement of fermentation and therefore  $\text{CO}_2$  production, could clearly be visualized by this nanotechnology [8]. This implies that an increase in bubble formation inside yeast cells may now also be used to detect mitochondrial inhibitors or inhibiting conditions such as anoxic environments that will inhibit respiration and favor fermentation and thus  $\text{CO}_2$  production in fermenting fungi [8]. The in vivo response of cells toward other drugs as well as drug metabolism should now be assessed with this nanotechnology. Gas formation in general by different types of prokaryotic and eukaryotic cells should also be further researched with this technology and their exact composition and effects on cell metabolism, especially via organelle deformation, assessed. The possibility to use gas metabolism as a target to combat various diseases such as fungal infections by fermenting *Candida* should be studied using Auger-architectomics. Auger-architectomics has also successfully been applied to bacteria (see [Chap. 7](#) of this volume and Chapter 1 of Vol. 808 of *Advances in Experimental Medicine and Biology*).

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# Rational Design of Antigens to Improve the Serodiagnosis of Tick-Borne Borreliosis in Central Regions of Russia

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**Abstract** Tick-borne borreliosis (Lyme disease-LD) is caused by pathogenic *Borrelia* spirochetes that is transmitted through bite of *Ixodes* ticks to humans and animals. In the Russian Federation, borreliosis registered with an index of 6–7 per 100,000 people annually. In reality, LD morbidity in Russia is much higher because Russian strains develop less erythematous rashes compared to North American strains, thus missed by physicians in most of the early cases, and current serology tests have insufficient sensitivity as well. The aim of this work was to improve the sensitivity and specificity of serology tests for LD in Russia using rationale-designed *Borrelia* antigens. It was anticipated that sensitivity of LD serodiagnosis will be higher if antigen for test-systems are derived from a strain that is circulated in a geographical region of test application. A large portion of the Russian population lives in the Central region. Thus, effort has been made to create a serological test using antigens from Moscow region, Tula and Ul'janovsk areas. In this study we included wild strains (ultrasonic-treated spirochetes *B. garinii* H19, *B. afzelii* P1, *B. afzelii* P1H13, *B. burgdorferi* s.s. 39/40, *B. burgdorferi* s.s. B31), recombinant (expressed in *E. coli* DbpA, Bgp, Bbk *B. garinii*, and *B. afzelii*) antigens and some of their combinations were produced and tested against LD patients and donors serum collected in hospitals of Central regions of Russia by ELISA and Western blotting. Considering sensitivity and specificity, DbpA *B. afzelii* and DbpA *B. garinii* recombinant antigens were selected among all probed

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antigens for regional serology test. As long as DbpA *B. afzelii* and DbpA *B. garinii* antigens interacted with LD patient's serum in a complementary mode, it is possible to combine epitopes DbpA *B. afzelii* and *B. garinii* in a single antigen for improving sensitivity. We created recombinant fusion protein DbpA *B. afzelii/B. garinii* using dbpA genes from Russian isolates of *B. afzelii* and *B. garinii* in *E. coli*. Fusion DbpA A + G protein was then used for formulation of fast immunochromatographic serodiagnosis test (LF) in a "deep-stick" format. The trials of LF-test were conducted separately at Institute of Rheumatology Russian Academy of Medical Science (using 325 sera) and at the Borreliosis Reference Center of Ministry of Health RF (using 120 reference sera). The average sensitivity and specificity of LF-test was 80.5 and 100 %, respectively.

**Keywords** Lyme disease · *Borrelia garinii* · *Borrelia afzelii* · DbpA · Serology · LF-test

## Introduction

Lyme disease (Lyme borreliosis) is an emerging global public health problem. Over 10,000 cases are registered in the USA, 50,000 cases in Europe, and 8,000 cases in Russia annually. The causative agent of borreliosis is *Borrelia burgdorferi sensu lato* transmissible by *Ixodes* ticks [1–4]. The group of *B. burgdorferi sensu lato* divided further into 13 species (genotypes). This classification has been based on outer surface proteins (Osp A, Osp B, Osp C), flageller gene structures, other protein profiles, metabolic activities, and genetic diversity determined through molecular typing and/or sequencing [4]. Direct detection of Lyme *Borrelia* in infected vectors, host tissues, and clinical specimens from patients include microscope-based assays, antigen detection assays, in vitro cultivation, and molecular tests. Lyme borreliosis is caused by mostly three species: *Borrelia burgdorferi sensu stricto* (s.s.), *B. afzelii*, and *B. garinii* found in Europe and Asia [5] and North America [6, 7]. Lyme borreliosis may be caused by other species of *Borrelia burgdorferi sensu lato* as well and can be diagnosed using both clinical and laboratory information such as *B. bissettii sp. nov.*, *B. vailaisiana*, and *B. miyamotoi* may also cause infection in humans [8, 9]. *B. afzelii* and *B. garinii* are predominantly found in Central (European) regions of the Russian Federation. Antibiotics could effectively treat Lyme disease during its early stage, however, illness may persist in host for years if not treated and the person may end up with a long-term disability. Undoubtedly, early diagnostics is necessary for treatment and to prevent *Borrelia*-related complications. Diagnostic strategies may vary between early and late disease manifestations and are usually determined through clinical information and serological testing. Erythema migrans is pathognomonic and does not require any further laboratory investigations. By contrast, the diagnosis of neuroborreliosis requires the assessment of serum and cerebrospinal fluid. Lyme arthritis is diagnosed in the presence of newly recognized arthritis and high-titer serum IgG antibodies against *B. burgdorferi* [10]. It was shown in Russian hospital

laboratories that foreign ELISA tests for serodiagnosis of Lyme disease detected that 30–70 % of cases depend on the geographic location and stages of disease. It may be due to the fact that antigenic determinants of *Borrelia* could be significantly different in geographical zones and “regional” strains need to be used as antigen sources for serological testing [11]. Earlier, we showed that sensitivity of LD serodiagnosis can be increased if whole cell ultrasonic antigen for ELISA test-systems was received from strains *B. afzelii* predominantly circulating in geographical regions of test application [12]. However, such test-systems demonstrated insufficient specificity (mainly due to cross-reaction with syphilis patient’s sera) and more specific recombinant antigens were made using DNA from “regional” strains. DbpAB were selected as viable alternatives to original antigens. The aim of this study was to improve the sensitivity and specificity of serology tests for LD in Russia using rationally designed *Borrelia* antigens considering geographical region of test application. This fast, simple, relatively cheap, and field-applicable diagnosis of LD would greatly benefit monitoring LD programs. Our focus targeted to constructing LD serological tests in an immunochromatographic format which will improve laboratory testing of LD in Russia.

## Materials and Methods

### *Human Sera*

Human sera were obtained from patients with disseminated and late stages of LD (164 patients), autoimmune disease (26 patients), syphilis (42 patients), and also from healthy blood donors who live in endemic areas (105 donors) and healthy blood donors who live in non-endemic area (100 donors). The LD patients’ sera were derived from recently diagnosed and previously untreated individuals who were recruited in 2012 at the Institute of Rheumatology Russian Academy of Medical Science, Moscow. All serum specimens were obtained after blood was drawn and stored at  $-70\text{ }^{\circ}\text{C}$  prior to assay. Additionally, in this study the patients’ (58 patients) and donors’ (62 donors) reference sera stored at Borrelioses Reference Center of Ministry of Health RF, Obolensk, were used during trial of LF serological tests.

### *Strains Isolation and Typing*

*Borrelia* Cultures were obtained from intestines of ticks *I. persulcatus* and *I. ricinus*, which have been collected in Ul’yanovsk and Tula regions. Briefly, *Borrelia* were cultured in modified BSK II medium and incubated at  $33\text{ }^{\circ}\text{C}$  for 12 weeks. Spirochete grown in BSK II media were confirmed as *Borrelia* species through molecular testing (RFLP). Spirochaetal DNA was extracted from cultures during late log phase and subsequently intergenic spacer between 5S and 23S genes of ribosomal RNA

was amplified using primers RS1(5'-CTGCGATTTCGCGGAGA-3') and RS2 (5'-TCCTAGGCATTCACCATA-3'). Amplicons were treated with endonucleases MseI and DraI and digested. DNA were run through gel electrophoresis. Finally, speciation was confirmed using banding pattern.

### ***Whole Cell Ultrasonic Antigen***

*Borrelia* cell grown in 0.5 l BSK II media were precipitated by centrifugation (5 min at 5,000 g). Pellet was washed 3 × with PBS, suspended in 3 ml PBS, and treated with Ultrasonic Homogenizer Bandelin Sonopuls GM 3200 using horn MS72 with the following parameters: amplitude 308 μmss, frequency 20 kHz, pulsation ON cycle 5 s, OFF cycle 30 s three times. Whole cell ultrasonic antigen was stored at -70 °C prior to assay.

### ***Recombinant Antigens***

DNA encoding selected *Borrelia* proteins were amplified by PCR from *B. garinii* H19 and *B. afzelii* P1 genomic DNA using Taq-polymerase (Promega, USA). Gene-specific PCR primers were designed to amplify the gene coding sequence with restriction enzyme sites at the 5' and 3' ends. The PCR products were digested by restriction enzymes and directionally cloned into expression vector pET32b (Novagen, Madison, WI) with a six-His tag at the N terminus. Each sequence-verified expression construct was transformed into strain BL21(DE3) to produce a recombinant protein. The next synthetic oligonucleotides were used for DNA cloning and sequencing were as follows: forward AFZ 5'-aacatatgttagtttaacaggaaaagctag-3' forward GAR 5'-aaaagcttgatgtggcttaacaggagaa act-3'; reverse AFZ 5'-ggaagcttttttgatttttagttgttt t-3'; reverse GAR 5'-aaaagctttgtagtagcagcagtggtggc-3'; T7 forward primer 5'-tatatcagactcactataggg-3'; T7 reverse primer 5'-tatgctagtattgctcagcgg-3 (Novagen). PCR reaction cycles were: 95 °C\30 s; 45 °C\30 s; 72 °C\35 s; 30 cycles. The PCR reaction comprised of 1.5 mM MgCl<sub>2</sub>, 0.2 mM dNTP, and 10 pM of each primer, 20 ng of total DNA of *B. garinii* H19 or *B. afzelii* P1 were used as a matrix in PCR. The PCR products were analyzed by electrophoresis in 1 % agarose gel in the presence of ethidium bromide. The target DNA fragments were cloned into vector plasmid pET32b on restriction sites NdeI-HindIII. DNA sequence was determined by the CEQtm2000XL DNA Analysis System from Beckman Coulter. Hybrid proteins were found to be synthesized in *E. coli*. For the isolation of fusion protein DbpA(A + G)-his *Borrelia*, standard methods of refolding were used. Recombinant proteins were purified by metal-chelating Sepharose CL4B. Recombinant proteins were purified with Ni-nitrilotriacetic acid resin (Qiagen, Gaithersburg, MD) and quantified with the bicinchoninic acid protein assay (Pierce, Rockford, IL), and quality was assessed by sodium dodecyl sulfate-polyacrylamide gel electrophoresis and immunoblotting

according to Laemmli and Towbin [13, 14]. Soluble recombinant proteins were determined by anti-his antibodies (A7058, Sigma). Purified DbpA proteins were subjected to SDS-PAGE under reducing conditions and stained with Coomassie Brilliant Blue (10 % gel) and transferred onto a nitrocellulose membrane using 12 % gel. After blocking additional protein-binding sites, proteins on the membrane were probed with positive, negative sera, and sera from patients with syphilis and goat anti-human HRP conjugate as the secondary antibody (A8794, Sigma).

## ***ELISA***

Ninety-six-well ELISA plates (Corning Inc., Corning, NY) were coated with 100  $\mu$ l of *Borrelia* antigen (1–10  $\mu$ g/ml) per well in coating buffer (0.1 M carbonate buffer, pH 9.2) and incubated at 4 °C overnight. After two washes (3 min each) with 200  $\mu$ l of PBST (10 mM sodium phosphate, 150 mM NaCl, and 0.1 % Tween 20, pH 7.4) per well, 200  $\mu$ l of blocking buffer (PBST supplemented with 5 % nonfat dry milk, BioRad) was applied to each well. The plate was shaken at 150 rpm for 1 h at 37 °C. After three washes with PBST as described above, 100  $\mu$ l of human serum diluted 1:200 with blocking buffer was added to each well. The plate was incubated with shaking at 150 rpm for 1 h at 37 °C and then washed three times with PBST as before. Each well then received 100  $\mu$ l of goat anti-human IgG, IgM (0.5  $\mu$ g/ml) (Sigma, A8794) conjugated to horseradish peroxidase and dissolved in blocking buffer. Plates were incubated at 37 °C for 1 h with shaking at 150 rpm. After four washes with PBST for 3, 4, 5, and 6 min, respectively, 100  $\mu$ l of a solution composed of the chromogen 3,3',5,5'-tetramethylbenzidine at 0.2 mg/ml and 0.01 % hydrogen peroxide in the buffer supplied by the manufacturer (ChemBioTest, Russia) was added, and allowed 10 min to develop color. The enzyme reaction was stopped by addition of 50  $\mu$ l of 1 M H<sub>2</sub>SO<sub>4</sub>. The optical density (OD) was measured at 450 nm with an ELISA plate spectrophotometer model Pikon Uniplan (Russia). The cutoff OD value was defined as the mean OD plus 3 standard deviations (SDs) for 7 serum samples collected from patients of a hospital in Astrakhan' (where Lyme disease is not endemic). All the samples were assessed blindly in duplicate and repeated twice. Mean OD values from duplicate results were reported. OD values of individual samples never varied more than 5 % [3].

## ***Formulation of LF-Test***

To formulation of LF-test antigen was adsorbed on paper and protein G (or anti-human IGG) was conjugated with colloidal gold nanoparticles. For preservation of antibodies binding activity “fusion DbpA” was adsorbed on nitrocellulose paper in presence of protease inhibitors and drying-protectors. Developer reagents—conjugates protein G with gold nanoparticles with size 5, 20, or 40 nm (according Atomic Force Microscopy data) were preliminary tested concerning antibodies

binding activity and visualization accuracy. As results, a “deep-stick” tests composing from nitrocellulose strip containing sample pad with dried 40 nm colloidal gold-labeled protein G and test-line with dried capture antigen (“fusion DbpA”) were fabricated.

## Results

### ***Determination of Sensitivity and Specificity of Cell Antigens Based on Regional Borrelia Strains by ELISA***

The strains from ticks collected in Central region of Russia (Moscow, Tula and Ul’janovsk areas) were used for whole cell antigen preparation. *Borrelia* whole cell ultrasonic antigens were received from *B. garinii* H19, *B. afzelii* P1, *B. afzelii* H13, *B. burgdorferi* s.s. 39/40, and *B. burgdorferi* s.s. B31 strains and tested with a patient’s and donor’s human sera.

It was shown that depending on the strains used, sensitivity for detecting by ELISA in disseminated and late stages of LD varied from 64 % (*B. burgdorferi* 39/40) to 88.0 % (*B. afzelii* P1). All strains demonstrated acceptable level of specificity with donors’ sera and high-level cross-reaction with sera from syphilis patients (Table 1). Besides, the different immune reactivity with LD patients’ pool sera in immunoblot for the foreign and Russian *Borrelia* strains was observed (Fig. 1). The more intensive immunoreactions with LD patients’ pooled sera for Russian strains *B. garinii* H19 and *B. afzelii* P1 in the areas 40–70 and 34–18 kDa were detected.

This part of the study demonstrated that ELISA test systems for serodiagnosis of LD constructed using antigen sources corresponded to the geographical region of application demonstrated better sensitivity. These results indicated a possibility to increase sensitivity of LD serodiagnosis by using *Borrelia* strains circulated in Central region of Russia as an antigen source.

### ***Determination of Sensitivity and Specificity of Recombinant Antigens Received Using DNA from “Regional” Strains***

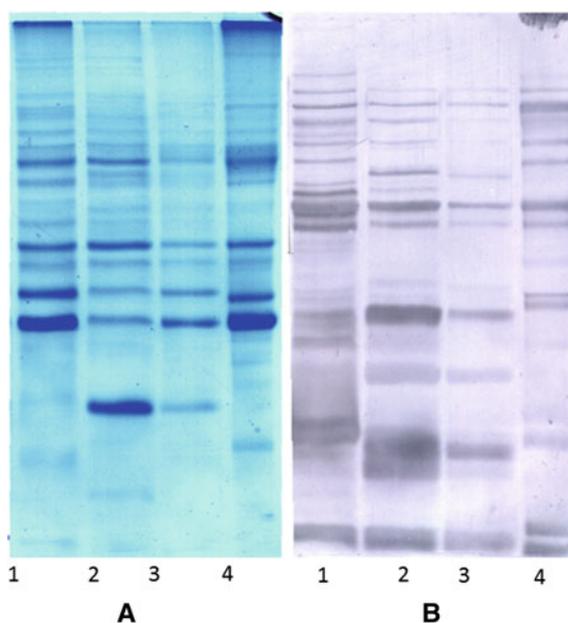
Since whole cell antigens demonstrated insufficient specificity (mainly via cross-reaction with syphilis patients sera) the more specific recombinant antigens were selected as a viable alternatives to the original whole cell antigens.

We cloned and expressed genes *bbk*, *bgp*, and *dbpa* from regional strains of *B. afzelii* P1 and *B. garinii* H19 in *E. coli*. Recombinant proteins were tested through ELISA using LD patient’s sera (dissemination and late stages) from European region of Russia (Table 2).

Additionally the *Borrelia* recombinant antigens were tested with LD patients’ sera collected in different areas of Central region—Moscow, Tula, and Ul’janovsk.

**Table 1** Interaction of various *Borrelia* whole cell antigens with patients' and donors' serum collected from Central Region of Russia

Patients sera	Borrelia antigens				
	<i>B. afzelii</i> H13 (%)	<i>B. afzelii</i> P1 (%)	<i>B. garinii</i> H19 (%)	<i>B. burgdorferi</i> 39/40 (%)	<i>B. burgdorferi</i> B31 (%)
LD patients ( <i>n</i> = 50)	82.0	88.0	68.0	64.0	68.0
Healthy blood donors ( <i>n</i> = 100)	10.0	8.0	8.0	6.0	8.0
Autoimmune disease patients ( <i>n</i> = 20)	15.0	15.0	10.0	10.0	15.0
Syphilis patients ( <i>n</i> = 40)	65.0	65.0	62.5	60.5	65.0



**Fig. 1** SDS-PAGE and Western blot of whole cell ultrasonic antigens *B. garinii* H19, *B. afzelii* P1, *B. burgdorferi* 39/40, and *B. burgdorferi* B31 against pooled positive LD patient's sera. *A* SDS PAGE electrophoresis, *B* immunoblotting against pooled positive LD patient's sera. 1 *B. afzelii* P1, 2 *B. garinii* H19, 3 *B. burgdorferi* 39/40, 4 *B. burgdorferi* B31

The more frequent immunoreactions of LD patients' sera from Moscow and Tula areas for DbpA *B. afzelii* were observed (66 %). Meanwhile only for 17 % of these sera reacted with DbpA *B. garinii*. The reactivity of sera from Lyme Borreliosis patients of Ul'janovsk regions with DbpA *B. afzelii* consist of 53 % and for DbpA *B. garinii*—23 %. It is important that DbpA *B. afzelii* and DbpA *B. garinii* antigens interacted with LD patient's sera in a complementary mode that creates possibility to improve sensitivity by combining DbpA *B. afzelii* and *B. garinii* in

**Table 2** The sensitivity of the ELISA serology on a base of recombinant antigens for LD patient's sera (dissemination and late stages) from European Region of Russia

Lyme disease patients' sera (n = 164)	<i>Borrelia</i> antigens				
	<i>B. afzelii</i> Strain H13 (%)	<i>B. afzelii</i> DbpA (%)	<i>B. garinii</i> DbpA (%)	<i>B. afzelii</i> Bbk (%)	<i>B. afzelii</i> Bgp (%)
Positive	71.9	73.8	24.4	11.6	15.2
Equivocal	15.2	16.4	12.8	3.0	6.0
Negative	12.9	9.8	62.8	85.4	79.8

single antigen. The analyses of dbpA *B. afzelii* and *B. garinii* sequences (Fig. 2) indicate that Russians' strains have essential variability of dbpA sequences similar or more to described European isolates.

As we can see from the alignment, there is essential interspecies/strains heterogeneity between dbpA *B. afzelii* and *B. garinii* sequences. To combine epitopes DbpA *B. afzelii* and *B. garinii* in single antigen the structural parts of genes encoding important regions of dbpA *Borrelia afzelii* and *garinii* have been obtained by PCR and fused in one ORF under control of a strong promoter. As a result, fusion protein containing structural parts of genes dbpA *B. afzelii* and *B. garinii*—DbpA(A + G) was expressed in *E. coli*. All received recombinant proteins were analyzed by immunoblotting with pooled LD patients' sera (Fig. 3).

Fusion DbpA (A + G) and other recombinant proteins were comparatively tested though ELISA using LD patient's sera (dissemination and late stages) from European Region of Russia (Tables 3 and 4).

So it was shown that in case of fusion antigen, sensitivity reaches to 84.1 % that is essentially higher than observed in case of DbpA *B. afzelii* (73.8) or DbpA *B. garinii* (24.4) individually.

ELISA test using fusion DbpA recombinant antigen had a specificity of 100 % with sera from healthy persons, sera from patients with autoimmune disease, and 96.7 % with sera from syphilis patients (Table 4).

### ***Development of a Immunochromatographic Test for Serodiagnosis of LD Based on “Fusion DBPA”***

Fusion DBPAG protein was used for formulation of fast immunochromatographic serodiagnosis test in “deep-stick” format. On a base fusion antigen DbpAG experimental test was developed (Fig. 4).

The trials of deep stick were conducted with LD patient's sera from various disease stages. Deep stick was interacted with reference sera (dissemination and late stages) with sensitivity in a range 80.5 %. The test had a specificity of 100 % (no cross-reactivity was found with sera from healthy persons and syphilis patients). During clinic trials the possibility of novel recombinant protein to identifying specific anti-*Borrelia* IgG was demonstrated.

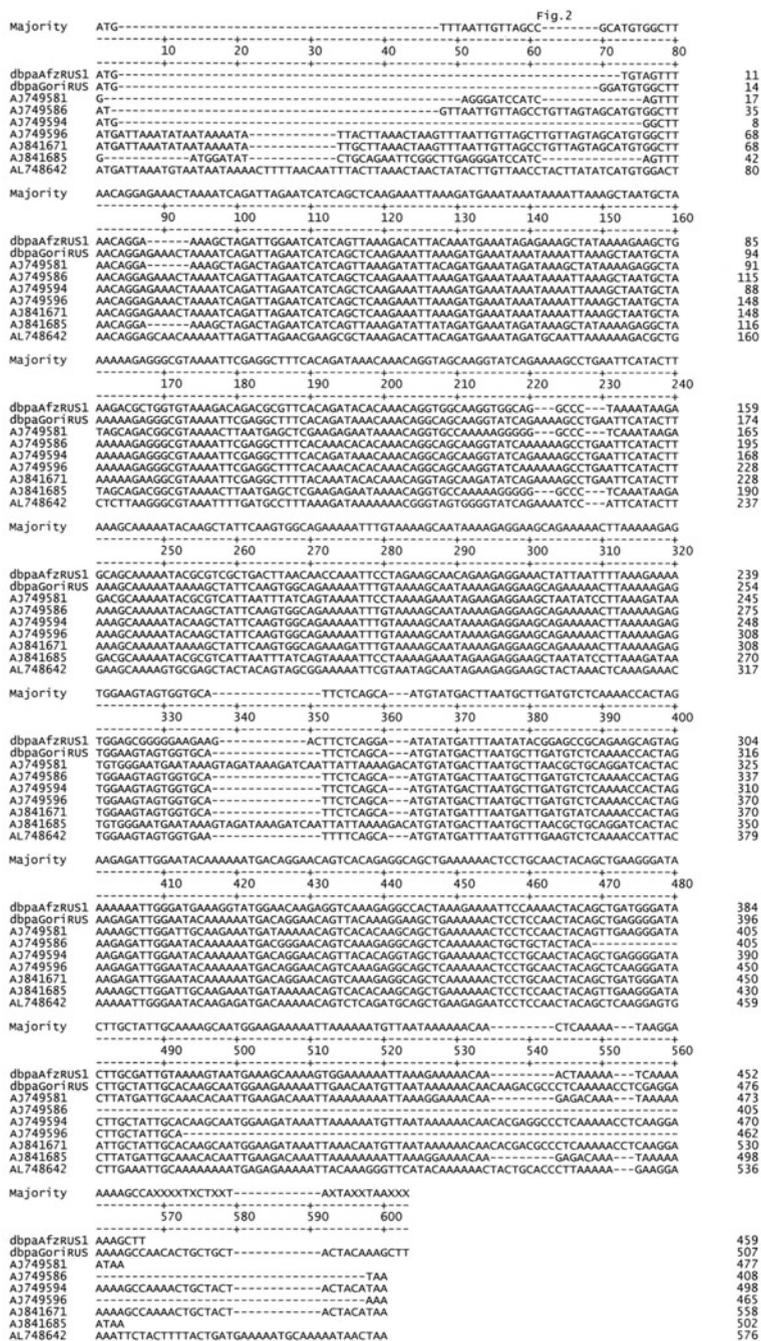
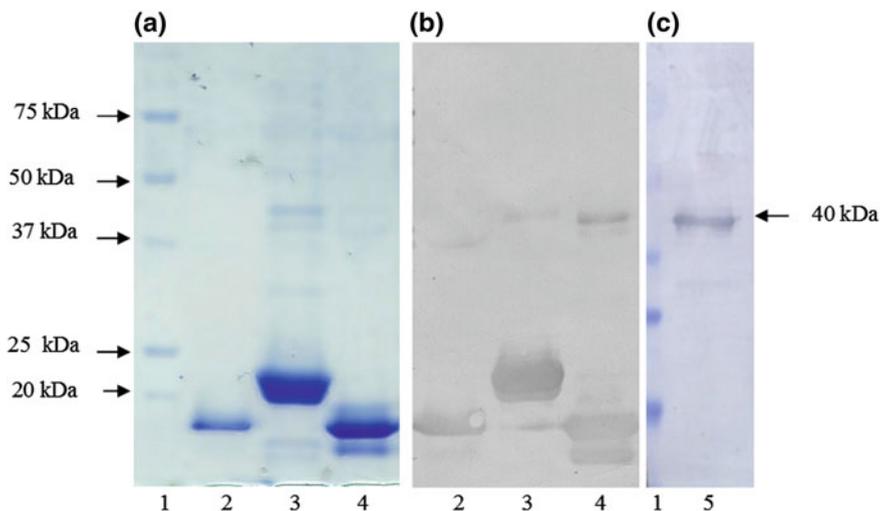


Fig. 2 Alignment of dbpa nucleotide sequences from *B. afzelii* and *B. garinii* strains isolated in different European geographic regions, including Russia



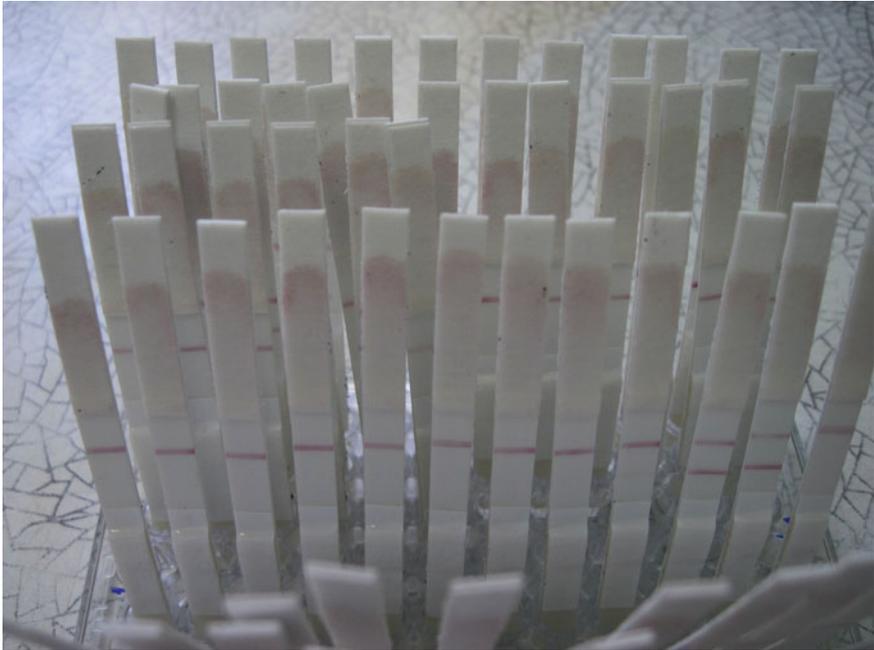
**Fig. 3** SDS-PAGE and Western blot analysis of recombinant DbpA. **a** SDS PAGE electrophoresis: 1- MW markers; 2 – DbpA *B. afzelii* P1; 3 – DbpA *B. garinii* H19; 4 – DbpA *B. burgdorferi* B31 **b** and **c** - immunoblotting with pooled positive LD patient's sera: 2 – DbpA *B. afzelii*; 3 – DbpA *B. garinii*; 4 – DbpA *B. burgdorferi* B31; 5 - DbpA (A+G)

**Table 3** The sensitivity of the ELISA serology on a base of natural and recombinant antigens with LD patients' sera (dissemination and late stages) from European Region of Russia

Lyme disease patients' sera ( $n = 164$ )	<i>B. afzelii</i> Strain H13 (%)	<i>B. afzelii</i> DbpA (%)	<i>B. garinii</i> DbpA (%)	<i>B. afzelii/B. garinii</i> fusion DbpA (%)
Positive	71.9	73.8	24.4	84.1
Equivocal	15.2	13.4	12.8	12.2
Negative	12.9	12.8	62.8	3.7

**Table 4** Specificity of the ELISA on a base of natural and recombinant antigens

Patients' sera	<i>B. afzelii</i> H13 (%)	<i>B. afzelii</i> DbpA (%)	<i>B. garinii</i> DbpA (%)	<i>B. afzelii/B. garinii</i> fusion DbpA (%)
Healthy blood donors endemic areas ( $n = 105$ )	96.2	100.0	100.0	100.0
Healthy blood donors non-endemic areas ( $n = 100$ )	99.0	100.0	100.0	100.0
Autoimmune disease patients ( $n = 26$ )	88.5	100.0	100.0	100.0
Syphilis patients ( $n = 42$ )	38.1	95.2	97.6	96.7



**Fig. 4** Deep stick for detection of anti-Borrelia antibodies

## Conclusion

We aimed to develop a serological test using local strains from the Central region of Moscow since a large portion of the Russian population lives in this area. We isolated a number of strains from ticks collected from Moscow and Ul'janovsk area and from the skin biopsy of patients with clinical diagnosis of Lyme diseases. The strains from ticks (*B. afzelii* P1, *B. afzelii* Y6 M, *B. afzelii* H13, *B. garinii* H19) and from patients (*B. garinii* Siu, *B. garinii* Kol) were isolated using standard methods and confirmed by molecular methods such as RFLP and used as antigen sources. We searched antigenic spectrums of selected isolates. All diagnostically significant bands with molecular weights 93, 80, 66, 45, 41, 39, 37, 34, 31, 28, 25, 21 kDa are well represented in our antigen preparation of those isolates. Ultrasonic cell lysates of these strains were used as antigenic basis in experimental immunochemical test-systems produced "in house." However, false-positive result levels that were relatively high was observed. Therefore, genes *dbpA*, *bgp*, and *bbk* were cloned and appropriate recombinant proteins were expressed using templates DNA from isolates *B. garinii* and *B. afzelii*.

As results, recombinant antigens expressed in *E. coli*—*DbpA*, *Bgp*, *Bbk B. garinii* and *B. afzelii*, and some of their combination were produced and tested by ELISA using LD patient's and donor's serum collected in hospitals of Central regions of Russia. Taking into consideration that *DbpA B. afzelii* and *DbpA*

*B. garinii* recombinant antigens demonstrate higher specificity compared to ultrasonic cell lysates, they were targeted for the specific population (regional). Decorin-binding *Borrelia* protein DbpA represents a lipoprotein, which participates in spirochete adhesion. High titer of antibodies to DbpA among infected people makes this protein suitable for serological diagnosis of Lyme disease [15, 16]. The genes encoding DbpA synthesis from *Borrelia* species are structurally highly heterogeneous. Analysis of dbpA sequences from European isolates *B. burgdorferi* s.s., *B. afzelii*, *B. garinii*, and human pathogenic genospecies A14S revealed five distinct DbpA groups. Group I comprises *B. burgdorferi* s.s. and group II *B. afzelii*, *B. garinii* is divided into groups III and IV, whereas A14S strains form group V [17]. We also found that Russian isolates demonstrate essential variability of dbpA sequences. Hence, it is important that DNA encoding selected *Borrelia* proteins should be amplified by PCR from genomic DNA of *B. afzelii* and *B. garinii* strains circulated in geographical regions of test application. As long as DbpA *B. afzelii* and DbpA *B. garinii* antigens interacted with LD patient's sera in a complementary mode, it is possible to combine epitopes DbpA *B. afzelii* and *B. garinii* in single antigen for improving the sensitivity and DbpA *B. afzelii*/*B. garinii* (DbpA A + G) recombinant fusion protein were created [18]. Fusion DBPA G protein was used for formulation of serodiagnosis test in "deep-stick" format (rapid point of care test). The trials of test were conducted separately in the Borreliosis Reference Center of Ministry of Health RF and Institute of Rheumatology Russian Academy of Medical Science. The average sensitivity and specificity of test consisted 80.5 and 100 % appropriately. This test was found to be useful as a screen test on LD and could be accurately performed and interpreted by minimally trained healthcare workers within 20 min.

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# Ayurvedic Bhasmas: Overview on Nanomaterialistic Aspects, Applications, and Perspectives

Rameshwar Adhikari

**Abstract** In this paper, we present an overview of Ayurvedic Bhasmas as nanomedicine of herbo-metallic and mineral origin with particular attention to their structural aspects. We find, the Bhasmas as nanomedicines may offer a huge potential for designing new drugs employing the concept of nanotechnology. Thus, the standardization of fabrication process of these formulations is a crucial issue to be addressed. The structure and effectiveness of the Bhasmas as drugs depend largely on their processing history. Bhasmas are generally safe drugs for human beings in spite of the presence of seemingly toxic elements and compounds as indicated by recent studies using modern analytical techniques. Nevertheless, more systematic nanomaterialistic investigations on Bhasmas are recommended for gaining the complete and reliable composition-processing-structure-effectiveness picture of these drugs.

**Keywords** Ayurveda · Bhasma · Nanomedicine · Heavy metal toxicity

## Introduction

Charak Samhita, the ancient work compiled by Maharshi Charaka and his followers some 2000 years ago is the basis of Ayurveda (or the Science of Life). A part of Ayurveda is concerned with the therapeutic application of metal–mineral formulations called as Bhasmas (literally meaning ashes). Different kinds of Bhasmas have been used in Ayurvedic medicine, viz., Swarna Bhasma (gold),

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Tamra Bhasma (copper), Rajata Bhasma (silver), Makardwaja (an alloy of gold, sulfur, and mercury), Loha Bhasma (iron), Jasada Bhasma (zinc), Mandura Bhasma (iron oxide), etc., are some popular examples [1]. The ashes of minerals are also frequently used in Ayurvedic Bhasma medicines. The example of this category includes Coury (cowry shells), Abrakha (mica), Muga (coral), Sankha (conch shell), Sipi (oyster shell), Moti (pearl shells), etc., Bhasmas. All the Bhasmas are fabricated using traditional Ayurvedic techniques called *Bhasmi-karana* [1–8]. The techniques are easy to handle and do not require pre-knowledge of sophisticated equipments. Thus, the Ayurveda system is economical and has no potential health hazards [9].

The use of herbs and herbo-metal preparations is strongly advocated in Ayurvedic systems of medicine [1–13], in which the particles used have a diameter of about 10–50 nm [5–7, 10, 13]. It is well known that the tools that can safely operate inside the living cells with metal-based or carbon-based materials up to 100 nm in dimension are termed as nanomedicines. In this respect, it is interesting to note that various metals such as zinc, iron, calcium, copper, mercury, gold, and silver (and their compounds) in particulate forms have been used both in traditional Ayurvedic system and modern nanomedicines. For instance, Jasada Bhasma derived from zinc has been used for treatment of diabetes, arthritis, and tuberculosis. Likewise, diseases such as anemia, diabetes, and rheumatism have been cured by using iron-based formulations while muscles wasting, nerve disorders, and brain diseases are cured by silver-based Rajata Bhasma [9, 13–15]. Tamra Bhasma (copper ash) has been long used for curing acidity, tuberculosis, and cirrhosis (that may lead to cancer in later stage). Similarly, rheumatoid and arthritis are being handled by Swarna Bhasma (gold ash).

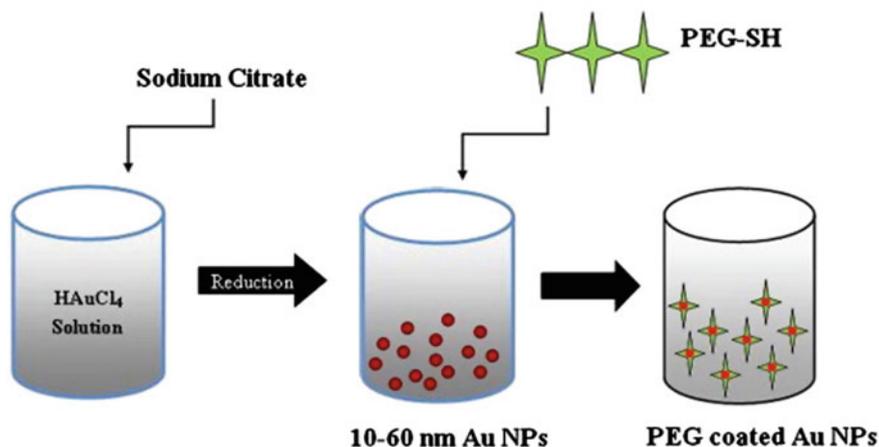
In the context of growing worldwide interest on alternative medicine and the increasing resistance of microbes against refined medicaments, Ayurvedic medicines have attracted the attention of therapists worldwide.

The aim of this paper is to provide an insight into the correlation between modern nanomedicine and Ayurvedic Bhasmas in terms of structural characterization, biocompatibility, and toxicology of the Bhasma drugs. We will further briefly introduce the perspectives of these nanodrugs in our society.

## **Bhasmas as Nanomedicine and Their Physicochemical Characterization**

### *Nanomedicine Fabrication and Characterization Aspects*

The fabrication procedures of Bhasma formulations closely correspond to the “top-down” approach of nano-objects synthesis. The number of different steps employed, nature of the additives used, time and temperature of the treatment, etc., have tremendous impacts on the morphology and efficiency of Bhasma particles [11–13, 16, 17].



**Fig. 1** Schematic representation of preparation of PEG-coated gold nanoparticles [14]

Let us begin our discussion with modern nanoparticles which are used for the preparation of nanodrugs through a wide range of chemical modifications. The nanoparticles (NPs) derived from such metals as gold (Au), silver (Ag), and copper (Cu) have been advocated for their activity in the human bodies to fight against several chronic diseases also in modern medicines [15, 18–20]. For instance, gold nanoparticles (AuNPs) have great therapeutic potential to fight against cancer; and these act as special drug delivery vehicles that can be synthesized by facile routes such as using gold containing salts [14, 15, 18]. The method is, however, entirely different from the Ayurvedic route of Swarna Bhasma preparation.

The preparation of AuNPs, 10–60 nm in diameter prepared by refluxing chloroauric acid ( $\text{HAuCl}_4 \cdot 4\text{H}_2\text{O}$ ) with sodium citrate (i.e., formed due to reduction of gold ions by citrate ions) is shown in Fig. 1 [14]. Addition of polyethylene glycol (PEG) solution to the resulting mixture yields the PEG-coated gold nanoparticles. Several unique physicochemical properties of gold nanoparticles make them potential candidates for targeted drug delivery vehicles in cancer therapy.

There have been many attempts to demonstrate that nanomaterials have great potential to solve several medical problems facing mankind these days. Attention has been focused on the effects of nanoparticles that enter the body accidentally. In contrast, much lesser attention has been paid toward the toxicology of nanoparticles that are used for biomedical applications, such as drug delivery or imaging, in which the nanoparticles are deliberately incorporated into the body. It was found that nanoparticles can stimulate and suppress the immune responses. Further, their compatibility with the immune system is largely determined by their surface chemistry and structures. Thus, the modification of these factors may contribute to reduce the toxicity of nanoparticles and hence make them useful platforms for drug delivery [15]. This issue is concerned with Bhasmas, which we will briefly discuss in the following paragraphs.

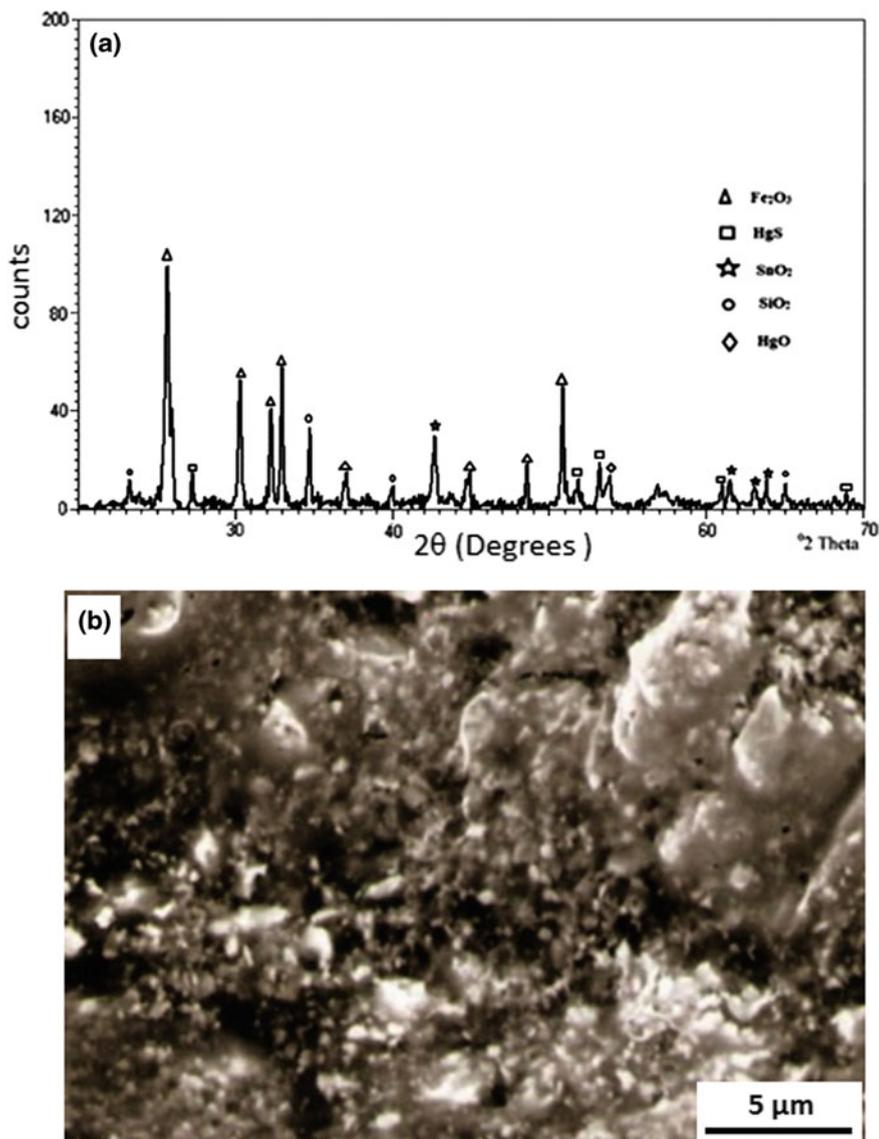
Recently, several Bhasmas have been investigated using modern analytical tools aiming at the structural characterization of these drugs and their functioning inside the living bodies via in vivo tests in different animals [1–7, 17–19, 21]. Bhatia et al. evaluated the protective effect of Abrakha Bhasma on spermatogenesis in the rat testes deteriorated then by action of heat. The histological analysis of *sukravaha srotomula* (testes) of albino Wistar rat was carried out to investigate the potency of the Ayurvedic drug in preventing the heat-induced testicular damage [2]. It was concluded that the test drug can act effectively to treat the heat-induced oligozoospermia and azoospermia also in humans.

It has been confirmed by several studies that different Bhasmas used in Ayurvedic medicines do not adversely affect the physiological functions of the body when properly used as medicament. In this regard, Sarkar and coworkers have briefly highlighted the importance of proper dose and way of administration of Ayurvedic drugs [3]. It has been underlined that improper application of Ayurvedic Bhasmas may lead even to the death of the patients. This fact is true, however, also for modern synthetic drugs. We will discuss the structural aspects of the Bhasma nanodrug exemplified by two different formulations (viz., Tarakeshwara Rasa and Mandura Bhasma); see the discussions below.

Tarakeshwara Rasa [17] comprises different Bhasmas (such as Abhrakha, Loha, Vanga, and Rasa Sindhura) and is generally administered to diabetes mellitus patients [17]. Recently, Tarakeshwara Rasa was prepared using standard protocols and studied by various methods. The results from the X-ray diffraction (XRD) are shown in Fig. 2a. Based on XRD and energy dispersive X-ray (EDX) analyses, the presence of different elements such as tin, iron, aluminum, mercury, calcium, manganese, and magnesium in combined forms was confirmed in this drug. SEM study revealed that the compound comprises the agglomerated particles, 0.5–2  $\mu\text{m}$  in diameter, Fig. 2b.

Results on a similar line were reported recently by Jagtap et al. and Wadekar et al. on Tamra (copper) Bhasma [4, 5], Unni et al. on Annavedi Sinduram [6], Mulik and Jha on Mandura Bhasma [7], and Mohaptra and Jha on Swarna Makshika Bhasma [19]. Wadekar et al. found that the particle size of the drug was bigger than that in the standard sample, which was explained as the result of the repeated calcination procedures leading to agglomeration of the smaller copper oxide particles. In contrast, reduction in the particle size of the drug was claimed compared with that of the original material by Unni et al. [6]. One of the most important conclusions that can be drawn from the results of recent works was on the effect of drug processing history on the particles size, and hence on the final activity of the drug.

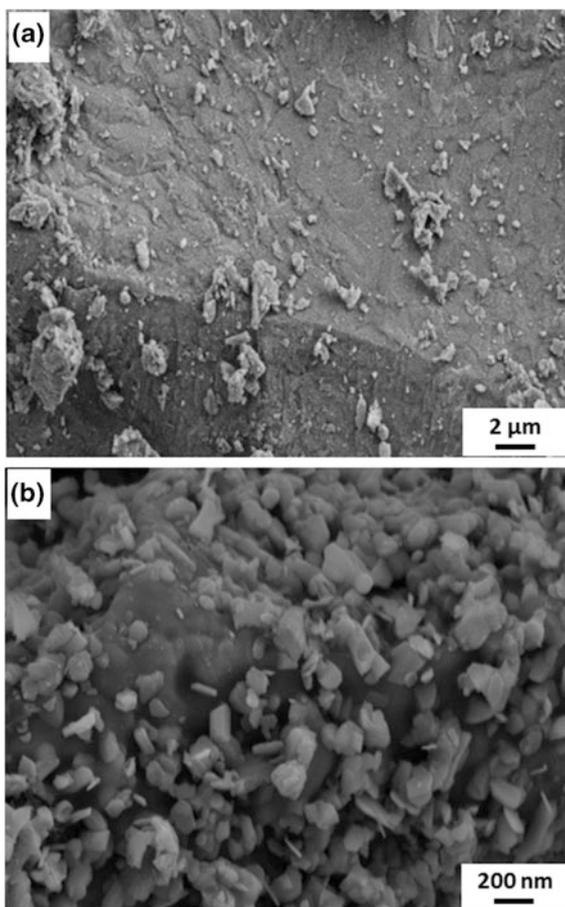
The nanostructural basis of Bhasma medicine can be illustrated further by Mandura Bhasma, an iron-based preparation used in therapeutics of anemia, jaundice, poor digestion, edema, skin diseases, etc. [7]. The chemical analysis showed that the Mandura in the raw form contained  $\text{Fe}_2\text{SiO}_4$  while the Bhasma contained  $\text{Fe}_2\text{O}_3$  and  $\text{SiO}_2$  with the grains 200–300 nm in diameter organized in uniform fashion (Fig. 3b), much smaller than the micron-sized particles in the raw Mandura (Fig. 3a).



**Fig. 2** a X-ray diffraction pattern, and b scanning electron microscopy image of Tarakeshwara Rasa [17]

In summary, the nanostructured morphology of Bhasmas of various types was thus demonstrated by different techniques. It should be emphasized that the morphology of various Bhasmas described in the literature, in particular with respect to texture and size of the particles, remains still contentious and requires

**Fig. 3** Scanning electron micrographs of **a** Mandura, and **b** Mandura Bhasma [7]

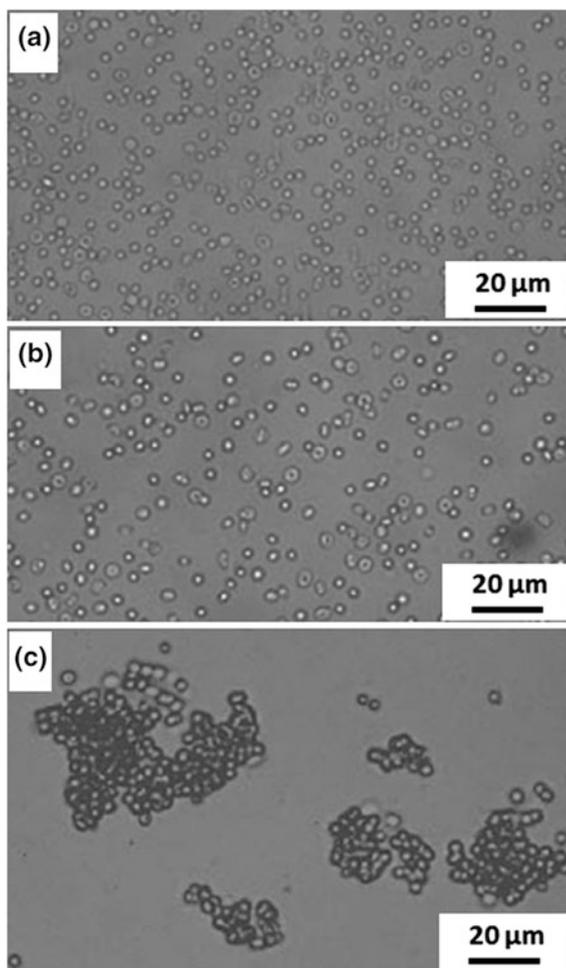


more systematic investigation. Nevertheless, it is established that Bhasmas are nanodrugs and have therapeutic potential as we will describe in the next section briefly.

### *Application Aspects of Bhasma Medicines*

So far we have reviewed the materials scientific aspect of selected Bhasmas with particular attention to their nanoscopic morphology. In the application aspects of the drugs, there are several therapeutic requirements to be met in order that the given formulation becomes a useful drug. The two crucial aspects are the compatibility with body cells and fluids, and their action on the targeted objects in the body. Here, in order to shed light on the biocompatibility and effective action of

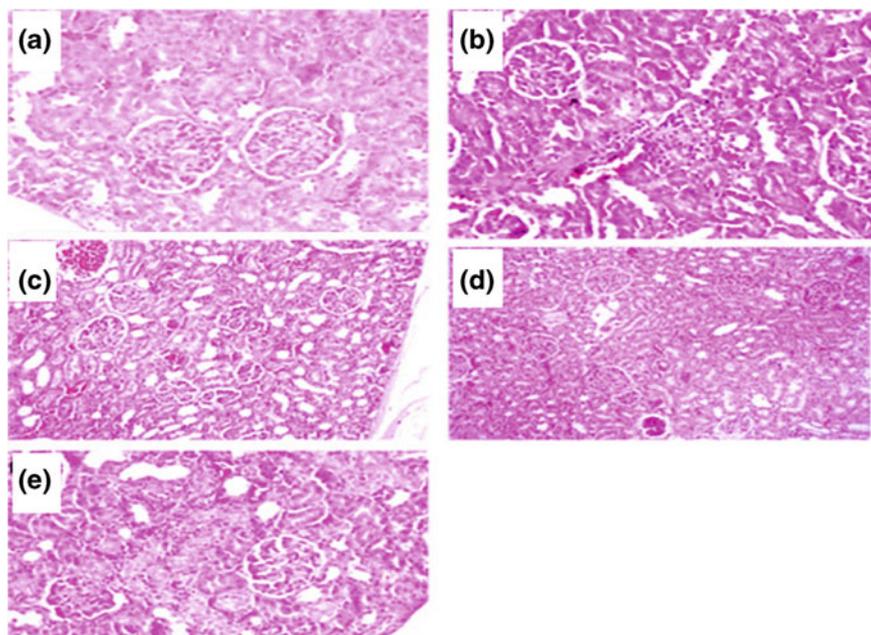
**Fig. 4** Aggregation of RBC by incubation of **a** Swarna Bhasma (*Gold ash*), **b** normal saline (*negative control*), and **c** polyethylene imine, PEI (*positive control*) [11]



Ayurvedic Bhasmas, we present two examples: blood compatibility study of Swarna Bhasma [12] and cytotoxicity study of Arogyavardini Vati [13].

In vitro cytotoxicity studies of Swarna Bhasma (gold) particles, approximately 30 nm in diameter, were carried out on L929 fibroblast cells using 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) assay following the recommended ISO protocols [11]. For instance, the aggregations of the human blood cells subjected to interaction with the Bhasma nanoparticles, are shown in Fig. 4 for RBCs [11].

No aggregation of the blood cells was observed upon incubation of the Swarna Bhasma even at a high interaction ratio of 10 mg/ml. During the experiment, polyethelene imine (PEI) used as positive control showed aggregation, whereas the normal saline used as negative control did not (see Fig. 4). Similar results were obtained for tests with WBCs and platelets as well as with the hemolytic property



**Fig. 5** Micrographs of rat's kidney histology showing: **a** normal control **b** mercuric chloride ( $\text{HgCl}_2$ ) treated, **c** 50 mg/kg/day treated **d** 250 mg/kg/day treated, and **e** 500 mg/kg/day treated with Arogyavardini Vati (H&E  $\times 10$ ) [12]

of the nanoparticles. In summary, the *in vitro* cytotoxicity studies confirmed the nontoxic properties of the Bhasma particles. The particles showed 100 % cell viability as compared to control (medium) [11, 12].

As a second example, we present the cytotoxicity study using an Ayurvedic mercury-based formulation, the Arogyavardini Vati (see Fig. 5). This drug is a mixture of several Ayurvedic formulations such as sulfur, mercury, and asphaltum and Bhasmas of copper, iron and mica, different herbs, etc. It has been used for curing various skin and liver disorders, obesity, etc. This drug was evaluated recently in detail in terms of its toxicity that might arise from the mercury content [12].

The tests were performed on mice using doses of 50–500 mg/kg which are up to 10 times higher than the amount recommended for human beings. The study was aimed at evaluation of the safety of Arogyavardini Vati on brain, liver, and kidney in rats. Biochemical parameters, histopathology, and mercury level were assessed [12].

The optical micrographs showing the effects of chronic administration of Arogyavardini Vati on rat's kidney histology are shown in Fig. 5. The normal control, as expected, shows usual histological texture of the kidney while the mercury chloride ( $\text{HgCl}_2$ ) treated group shows the congestion of blood vessels and epithelium disruption in proximal convoluted tubules. The histological textures of the cells after Arogyavardini Vati treatment using the doses of 50, 250, and

500 mg/kg/day do not show any damage to the kidney [12]. Different liver functions tests (LFTs) and kidney functions tests (KFTs) confirmed the notion.

It was concluded that Arogyavardini Vati in doses equivalent up to 10 times of the human dose administered to the rats under examination for several weeks does not have remarkable toxicological effects on brain, liver, and kidney of the tested animal.

Based on the discussion of this section, we can conclude that Bhasmas and similar formulations act beneficially in the bodies of living beings without posing any severe threats to normal physiological functions.

## Concluding Remarks

Today, nanotechnology is emerging as a new industrial revolution worldwide and has several promises. The invasion of nanotechnology in biomedical fields has made us to dream of several opportunities, one of them being a renaissance in the field of Ayurvedic Bhasmas. There is a great chance of developing new drugs by coupling the knowledge of traditional medicine with nanotechnology. Efforts should be directed toward finding solutions to crucial issues of infectious diseases and in particular tackling with more vulnerability the come back of malaria and the devastating spread of cancer in our region.

The recent investigations on Bhasmas have undoubtedly confirmed their nanoscopic structural features. However, much has to be done to upgrade the efficiency of Bhasmas to that of modern nanodrugs. More investigations are desirable which explore the correlation between the structural nature and mechanisms associated with their therapeutic activity.

Finally, the benefit should reach in the first place to those whose traditional knowledge has basically created the foundation for the modern nanomedicine.

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# Nanobiosensors: Role in Cancer Detection and Diagnosis

Andrew Gdowski, Amalendu P. Ranjan, Anindita Mukerjee  
and Jamboor K. Vishwanatha

**Abstract** The ability to detect many cancers at an early stage in its clinical course has the potential to improve patient outcomes in terms of morbidity and mortality. Nanosized components incorporated into existing clinical diagnostic and detection systems as well as novel nanobiosensors have demonstrated improved sensitivity and specificity compared with traditional cancer testing approaches. Nanoparticles, nanowires, nanotubes, and nanocantilevers are examples of four nanobiosensor systems that have been used experimentally in the context of detection and diagnosis of prostate, breast, pancreatic, lung, and brain cancers over the past few years. Nanobiosensors will begin to transition into clinically validated tests as experimental and engineering techniques advance. This paper presents examples of some such nanobiosensors for cancer diagnosis and detection.

**Keywords** Nanobiosensors · Cancer detection and diagnosis

## Introduction

Novel nanobiosensors have the potential to vastly improve current standards and techniques for the diagnosis and treatment of cancer. Many nanobiosensor systems have proven remarkably successful in research models of various cancers and the

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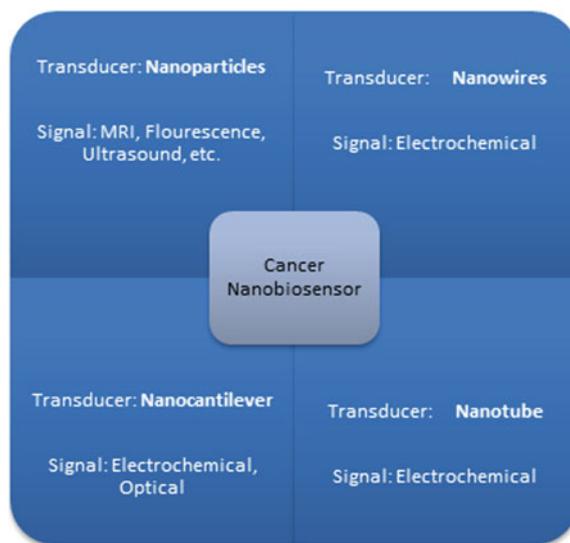
future promises further translation of these nanomaterials and techniques into clinical practice. A number of advantages compared to traditional biosensor systems make nanobiosensors attractive modalities for development. Detection sensitivity can be dramatically increased due to the nano-sized components utilized in the construction of nanobiosensors. It is feasible to engineer smaller sensors that can be used to decrease lab space requirements or possibly create implantable monitors. Enlargement of the operative range is possible through extension of upper and lower limits of detection for biomarkers. Finally, fabrication costs of these nanosensors can be decreased using advanced technology and this can in turn decrease clinical healthcare testing expenditures for the detection and diagnosis of cancer.

A major reason why cancer continues to cause mortality among patients is that it is not detected early enough and current treatments for advanced stages are not as effective as treatment protocols for cancer that is caught early [1]. According to the American Cancer Society, cancer is the second leading killer across all age groups, behind cardiovascular disease, and in 2012 it is expected that 577,190 Americans will die from cancer [2]. It is promising to note that recent progress has been made in survival from cancer as evidenced from an increase in survival rate. The most current available data documenting survival from cancer during the time period from 2001 to 2007 is 67 %, which is significantly higher than the 49 % from the period of 1975–1977 [2]. The trend of increasing survival rates from all cancers has been attributed to technology that has improved treatment options and diagnostics [3]. Although the general trend is an increased cancer survival rate, there are still many types of cancer that remain quite deadly, particularly when diagnosed in a later state (pancreatic, liver, lung, etc.). Thus, one of the main issues that has limited adequate treatment of cancer is not detecting it early enough and as the cancer progresses it becomes increasingly difficult to treat [4]. Further, approximately 60 % of cancers are diagnosed after the patient's initial tumor has metastasized [3]. Developing and implementing new nanobiosensors for use in the clinical setting has the potential to vastly improve early noninvasive diagnostics, enhance imaging, and advance monitoring of treatment progress.

In order to accurately detect evidence of cancer in a biological sample, normal specimens must be differentiated from that which is cancerous. To accomplish this, various biomarkers are employed. A biomarker is a molecule that can be found in tissue specimens, blood, exhaled breath, or other fluids and can indicate a disease or health status [3]. More specifically, biomarkers can be alterations of cellular DNA, RNA, proteins, or metabolites that helps distinguish between health and disease as well as allow us to monitor treatment progress [5]. Knowledge of cancer biomarkers continues to become more sophisticated for early cancer detection and determination of prognosis. A discussion of important biomarkers currently being integrated into nanobiosensor technologies will be reviewed in later sections.

The field of biosensors has been around for nearly four decades [6] and recently much academic research has been invested in experimenting and developing new methods using nanotechnology that promise to improve current standards of disease detection. The field of nanobiosensors especially in relation to cancer

**Fig. 1** Cancer biomarkers can be used in the detection and diagnosis of cancer utilizing various methods of biosensing including: nanoparticles, nanowires, nanocantilevers, and nanotubes



detection is still only in its infancy but new technological advancements and further development in understanding the complexities associated with cancer behavior should help to improve treatment outcomes by driving down many of the morbidities and mortality rates associated with cancer.

Nanobiosensors work at the level of the nanoscale broadly defined as between 1 and 500 nm or roughly 1 billionth of a meter. Development of nanobiosensors has been most successfully achieved through multidisciplinary collaborations encompassing the fields of medicine, biology, chemistry, physics, engineering, and technology. The unique contribution that nanotechnology has made are possible due to increased knowledge in the molecular biology field and the ability to exploit special properties of materials at the nanoscale through engineering and material science [7]. There are two main reasons materials have unique properties at these small sizes: (1) there is a large surface area to volume ratio which means that many of the atoms that comprise the material are a close distance from the surface of the material; (2) quantum forces are exhibited due to the fact that the material size is close to wavelengths which can excite the nanomaterial components [7].

This chapter takes the approach of first describing the characteristics known about a select number of modalities and components that comprise nanobiosensors. Particular emphasis is placed on nanoparticles, nanowires, carbon nanotubes, and cantilevers (Fig. 1). Then examples of the above-mentioned nanobiosensors are illustrated from the recent literature in the areas of diagnosis, detection and imaging of prostate, breast, pancreatic, lung, and brain cancers.

## Selected Modalities

**Nanoparticles:** In many nanobiosensor systems, nanoparticles often play a crucial component for detecting different cancers. These particles can be made of a variety of materials and the unique properties that each possess have been engineered and exploited to achieve enhanced biomarker detection. In general, nanoparticles function in various ways to provide clinical utility whether it be through diagnostic applications such as imaging or biomarker detection, therapy application, or a combination of diagnostic and therapeutic also referred to as theranostics [8]. The first generation of nanoparticles in oncology research were simple in design and functioned as either a therapeutic cargo delivery method by allowing improved delivery of drugs to cancer sites or as an imaging agent for tumors. As research progressed in the nanotechnology field, so did the sophistication of nanoparticles. The most recent nanoparticle platforms incorporate diagnostic and imaging functions simultaneously with surface functionalized nanoparticles for targeted delivery and increased uptake at the desired area. The following sections highlight some important general categories of nanoparticles used in cancer diagnostics as well as discussions of properties that make them advantageous constituents of many nanobiosensor systems. As you will see, many of the properties of one type of nanoparticle can be applied to others.

**Quantum dots:** Quantum dots (QDs) are one category of nanoparticles that have been used for both in vitro and in vivo cancer detection. These are nanocrystals that are made up of semiconductor particles, consisting of an inorganic element in its core with a surrounding metal shell [9]. They generally measure less than 10 nm in diameter [10]. The benefits of using QDs in research, diagnosis, and treatment of cancer are due to some of their unique properties. The first of these properties is that their size and composition can be adjusted to give the QDs a unique fluorescence emission that can vary from 400 to 2000 nm [9, 11]. Varying wavelengths allow for tuning QDs to any color, which enables recognition and tracking of differently labeled biomarkers using only a single light source [12]. Another characteristic that makes QDs useful is their resistance to photobleaching and thus they can be used for an extended period of time [9]. One problem that is traditionally seen with imaging normal healthy tissue is that it often exhibits autofluorescence and this interferes with the signal from cancerous tissue. QDs have been engineered to have fluorescence properties in the near-infrared spectra and thus can eliminate much of this interference [9, 13]. A potential problem involved in using QDs in vivo is whether injection poses a toxic risk or not. Modifications have been made to decrease potential toxicity, however, more research needs to be carried out to determine appropriate clinical adaptability [14].

**Paramagnetic nanoparticles:** Contrast agents are an important consideration for detection of tumors in any region of the body. Superparamagnetic iron oxide nanoparticles (SPIONs) have been used as contrast agents in imaging cancer tumors with both magnetic resonance imaging (MRI) and computed tomography (CT) and are the most established nanomaterial in clinical practices [15]. These

agents can vary in size from 50 to 100 nm for some particles to an even smaller size range of 5 to 10 nm for other particles [16]. Generally speaking, particles with smaller size tend to be taken up by a wider range of tissues including lymph nodes and bone marrow. SPIONs can also be functionalized with antibodies to various tumor markers to improve uptake and imaging procedures [17]. It has been shown through certain functionalized surface modifications, these nanoparticles can differentiate between non-apoptotic and apoptotic tumor cells. This knowledge could help guide clinicians in determining the most prudent chemotherapeutic regimen for a particular patient through easily and directly monitoring response to treatments [18]. Magnets located external to the body surface can be used to exploit intrinsic magnetic properties of these nanoparticles by directing them to a tumor site. This targeting mechanism can be coupled with cytotoxic drugs encapsulated within the nanoparticle to greatly increase the concentration of drugs at tumor sites. The goal of this therapy is to decrease the total amount of drug being administered which in turn minimizes many potential toxic side effects patients must tolerate while being able to monitor this process through MRI [19].

**Nanoshells:** Nanoshells comprise another category of nanoscale particles that combines a dielectric core with a surrounding metal shell often composed of gold. These particles are particularly useful due to their ability to be tuned to different optical resonances by adjusting the size of the core and shell similar to the QDs mentioned earlier [20]. Nanoshells extend their effectiveness by incorporating the ability to be used as an imaging component in addition to having the ability to load drugs into the core [21]. Antibodies have also been conjugated to nanoshells allowing for targeted delivery of its cargo to specific tumor types [22]. One common means of increasing circulation half-life of nanoshells and other nanoparticles is coating the outer surface of the nanoshell with poly ethylene glycol (PEG) otherwise known as PEGylation. In addition to increasing in vivo circulation, PEGylation has also been shown to decrease toxicity of gold nanoshells, decrease aggregation, improve avoidance of macrophages, and the reticuloendothelial system [23]. Another interesting application of nanoshells that has been reported is the ability to generate heat after exposure to near-infrared light [24]. Heat generated at the tumor site where nanoshell have aggregated can cause a photothermal ablation effect to kill cancer cells [25]. In this way nanoshells can have a diagnostic imaging function combined with cytotoxic consequences.

**Gold nanoparticles:** Another class of particles which have shown promise in diagnostics is nanoparticles made from colloidal gold. Gold nanoparticles mostly exist as gold nanospheres, which exhibit an intense ruby color in aqueous solutions [26]. The fascinating optical properties of gold nanoparticles arise from localized surface plasmon resonance (LSPR), in which valence electrons in gold nanoparticles oscillate coherently with incident light at specific frequency [27]. Part of the energy absorbed by gold nanoparticles is emitted in the form of scattered light, which forms the basis of gold nanoparticle-based optical imaging [28]. The rest of the energy decays in a nonradiative form which is converted into heat, which can be used in killing cancerous cells and hence play a role as photothermal therapy. Gold nanoparticles may find use in multiple diagnostic potential areas such as

labeling precancerous cervical biopsies [29] as well as other prospective uses in cancer treatment [30].

**Liposomes:** Liposomes are nanoparticles composed of a lipid bilayer which can be used in transporting imaging agents or drugs to the site of a tumor. Along with other types of nanoparticles, liposomes use the property of enhanced permeability and retention (EPR) to enter tumor vasculature and remain there. The phenomenon of EPR stems from a structural understanding of vasculature associated with solid tumors. Nanoparticles have increased ability to extravasate through less tightly formed endothelial junctions. Once in the tumor microenvironment, increased retention is due to inadequate lymphatic drainage [31]. In order to utilize the EPR effect, liposomes are usually engineered with a size of less than 200 nm to improve accumulation in the tumor [32]. Liposomes can also be labeled with a targeting component in order to increase cellular uptake at target tissue.

**Nanowires:** Nanowires also make up an interesting category of biosensors. A nanowire can be defined as a material consisting of millimeters in length but achieves a diameter that is measured in the nanometer range. Nanowires composed of silicon have been best characterized [33] due to advancement of manufacturing techniques at the large scale and represent an example that may prove useful as point of care diagnostic devices [34]. Their ability to detect biomarkers in a sample, such as a drop of blood, rely on the nanowire being a field effect transistor (FET) device. The basic concept behind biosensing in this application is when a biomolecule of interest comes into contact with the nanowire, a measurable change in the electric field of the nanowire occurs due to increased resistance. Further, direct detection utilizing nanowires has been shown to be extremely sensitive for a number of different substances including: metal ions, nucleic acids, proteins, protein-DNA interactions, small molecule-protein interactions, cells, and viruses by surface functionalization techniques [34]. Specific applications will be mentioned in the following sections regarding how nanowires can be used to detect cancer biomarkers.

**Carbon nanotubes:** There has been much interest in the area of carbon nanotubes (CNTs) since their discovery over 20 years ago by Japanese physicist Iijima [35]. Carbon nanotubes are structures composed of either single-walled or double-walled carbon molecules self-arranged in hexagonal pattern with diameters ranging from 0.3 to 100 nm [36]. There are several characteristics that make CNTs attractive for use in nanobiosensors. High heat resistance and conductivity allow CNTs to remain operable even while exposed to high temperature or electrical currents. CNTs also exhibit a high degree of tensile strength that permits them to resist permanent deformation after exertion from physical forces. Often CNTs are placed into two general categories based upon how they sense biomarkers, they can generate an electrochemical signal based on oxidation-reduction reactions that occur or as FET-based detection which derives its signal from charges generated on the carbon nanotube surface [37] similar to nanowires described above. Nanotubes of both single and multiple-walled types have been used in an application known as nanotube forests. This technique requires nanotubes to be lined up next to each other in a parallel fashion and then antibodies for specific biomarkers

are attached to the surface. After the binding interaction of antigen and antibody, an additional binding event can occur between an antibody coupled to a signaling agent which binds the other side of the antigen and essentially makes a sandwich. Measurement of the amount of antibody binding events allows for quantification of cancer biomarkers. The other common method of detection incorporating carbon nanotubes is the previously mentioned FET method, in which a nanotube is connected to an electrode at either end using photolithography and functionalized to be able to bind biomarkers. Once these biomarkers are bound, a decrease in conductive properties of the nanotube is detected that is proportional to the amount of binding that has occurred.

**Nanocantilevers:** The last general category of nanobiosensors that will be discussed in this paper is nanocantilever devices. Cantilevers are able to conduct biosensing through the principle that these tiny probes naturally vibrate at a certain frequency dictated by mechanical and mass properties. When a biological molecule binds to this nanoscale probe it will alter baseline probe frequency, this change is typically measured by a difference in the characteristics of the light deflection pattern of the probe or through electrical means [38]. Different nanocantilevers systems can detect different phenomenon regarding behavior of the probe. Two common types of probes exist: static, which when bound by a biological molecule will bend to one side or another, and resonant probes, which when bound by a biological molecule change their resonance frequency. Interestingly, it has been observed that cantilevers with diameter in the micrometer or thicker range tend to decrease resonant frequency when attaching mass while nanosize cantilevers tend to increase frequency when mass such as antibodies are attached. This is explained by effecting a property called the net stiffness constant of the nanocantilever as mass is added [38]. Nanocantilevers have been described as a simple replacement to PCR reactions and detection methods because they do not require costs associated with sample preparation such as time and expensive materials. Nanocantilevers could also be used to monitor various cancer biomarkers and expand the usefulness of microarray technologies [39].

## Applications in Various Cancers

### *Prostate Cancer*

The PSA screening test is the most widely used screening tool for prostate cancer and the long controversy surrounding it illustrates the need for more sensitive and specific tests that can better determine a patient's course of treatment [40]. Prostate-specific antigen (PSA) is a glycoprotein secreted by epithelial cells of the prostate gland that was first discovered and utilized for forensic purposes [41]. In 1994, the Food and Drug Administration approved the PSA test for prostate cancer screening in men over 50 along with digital rectal examination and this was the

standard screening protocol for years [42]. Most recently, in May 2012, the U.S. Preventative Services Task Force (USPSTF) recommended against the use of the PSA screening test [43]. The USPSTF's report highlights the need for a better diagnostic test that can distinguish between aggressive cancer and types of cancer that are nonprogressive or progressing so slowly that it won't affect the patient's life [43]. Current work in nanobiosensors and tumor marker discovery may help to create and validate such a test that can spare patients unnecessary procedures and biopsies if they are unlikely to benefit.

**Nanoparticles:** Although the PSA test has been scrutinized for its clinical utility as a general screening test, it has been accepted as an important tool in monitoring the status of cancer recurrence after radical prostatectomy as well as determining response to treatments. One emerging nanotechnology assay technique that may prove useful clinically for PSA testing is bio-barcodes [44]. These bio-barcodes have been shown to be hundreds of times more sensitive than conventional assays used commercially [45]. The concept behind bio-barcodes is that attached to gold nanoparticles are antibodies to PSA and hundreds of strands of DNA barcodes. Magnetic bead particles also have PSA antibodies attached. When PSA antibodies of the magnetic beads and gold nanoparticles encounter the PSA glycoprotein they form a complex by sandwiching the PSA molecule between them. A magnetic field is then used to separate the complex from the sample. Subsequently, the amount of DNA barcode that has been separated can be quantified to determine the amount of PSA in the sample [45, 46].

Detection of cancer cells in blood can also serve as an indicator of a patient's cancer status. Prostate cancer cells can be tagged with gold nanoparticles so that the cells can be detected in blood through a photoacoustic flowmeter. Through this method cancer cells can be detected, making it have great potential as a serum detection method [47]. Another important detection modality that utilizes gold nanoparticles is to detect whether prostate cancer cells have migrated to lymph nodes. In order to determine if migration has occurred, highly lymphotropic superparamagnetic nanoparticles have been shown as effective clinical imaging agents to detect small metastasis in lymph nodes through MRI [48].

Nanoparticles that fall into the category of theranostic nanoparticles may play a future role in prostate cancer treatment. These multifunctional nanoparticles allows for simultaneous administration of therapeutic and diagnostic agents and can even be taken a step further by having a targeting agent attached to the outer portion. This addition helps to improve nanoparticle cargo uptake at target cancer cells [49]. These nanobiosensors hold promise for improved detection and survival for patients with prostate cancer, whether it be on initial diagnosis, monitoring, or planning the most effective treatments.

**Nanowires:** Another category of nanobiosensors that may prove beneficial for prostate cancer patients is nanowires. Silicon nanowires have been reported to be able to detect PSA at the level of 1 fg/ml of PSA through optimization of dimensions of the nanowire as well as amount of doping concentrations for antibody functionalization during nanosensor construction [50]. Further, multiplexed tumor antigen recognition is possible utilizing silicon nanowires. Zheng

et al. were able to construct arrays composed of nanowires functionalized with antibodies against PSA, PSA-alpha1-antichymotrypsin, carcinoembryonic antigen, and mucin-1. They were able to reliably detect these biomarkers at femtomolar concentrations in undiluted serum samples [51]. Another system reported by Stern et al. uses a two-step approach that incorporates microfluidic purification chips which capture multiple biomarkers from whole blood, concentrates the analyte with the biomarkers of interest, and releases the biomarkers for quantitative detection with silicon nanoribbon detectors. This technique reduces the minimum required sensitivity of the system [52].

**Carbon Nanotubes:** Carbon nanotubes forests have been shown to present advantages for cancer antigen detection. One group reported up to 15-fold increased detection sensitivity of cancer antigens based on their ability to densely pack and immobilize more surface antibodies compared with sensors utilizing a flat surface [53]. The proteins: PSA, prostate-specific membrane antigen, platelet factor-4, and interleukin-6, all known to be increased in prostate cancer patient serum, were measured simultaneously through an array based on carbon nanotube forests [54]. Examples of carbon nanotube forests are increasing in the literature and represent important assays that can detect multiple antigens during one measurement with important implications for better identification and improved risk stratification for cancer patients.

**Nanocantilevers:** PSA antigen antibody binding has also been detected using piezoelectric nanomechanical cantilevers. Analysis of one type of cantilever used in PSA detection showed resonance frequency change as a result of surface stress placed on the nanocantilever rather than from increase in protein mass associated with binding events [55]. Some reported benefits of using nanocantilever systems in cancer detection are there are no requirements for fluorescent or radioactive labeling, detection can take place in liquid samples, and this technology can easily be translated to lab on a chip techniques providing point of care diagnostics [56].

## ***Breast Cancer***

Although there have been many advances in the detection and treatment of breast cancer, it still remains the most prevalent cancer in women with about 230,480 women being diagnosed with breast cancer in 2011, and almost 40,000 deaths [57]. Current strategies for treating and diagnosing women with breast cancer often carry noteworthy side effects, require invasive procedures and leave women permanently scarred [58]. The application of nanobiosensors has been applied to multiple facets of breast cancer diagnosis. The areas that will be discussed in the following paragraphs are early detection methods, improved prognosis estimation, advances in sentinel lymph node biopsies, screening, and monitoring treatment responses in breast cancer.

One biomarker that has provided both diagnostic and therapeutic usefulness in breast cancer is HER2, which is a plasma membrane-bound receptor tyrosine

kinase encoded by the ERBB2 gene [59]. Amplification of this gene occurs in about 30 % of breast cancer patients and when detected indicates a worse prognosis [17].

**Nanoparticles:** There have been a numerous examples of nanoparticle systems utilizing HER2 introduced for detection of breast cancer. Wu et al. showed that attachment of IgG and streptavidin to QDs can be used to fluorescently label HER2 positive cells on both histologically fixed cells as well as live cells. The benefit of using QDs over traditional staining procedures is that with QDs the authors were able to show a stronger targeted fluorescent signal that was more stable than traditional techniques. In addition, this form of labeling can be used for multiple cellular targets and simultaneously excite various colored QDs with only one light source [60]. Similarly, a study done by Chen et al. showed that their QDs-based probe was more accurate and sensitive than immunohistochemical techniques in detecting HER2 in clinical breast cancer samples [61]. Other fluorescently labeled silica nanoparticles have also shown a high degree of sensitivity to breast cancer cells when conjugating anti-HER2/neu to the nanoparticle [62].

Multiple examples in the literature demonstrate the use of superparamagnetic nanoparticles conjugated to various targeting moieties to serve as targeted contrast agents in MR imaging. The HER2/neu receptor has been used as a target for streptavidin conjugated superparamagnetic nanoparticles made from iron oxide. The nanoparticles in this instance were imaged using MR molecular imaging and proved to have proportional contrast with the amount of HER/neu expression on the surface of the cells that were being studied [17]. LHRH conjugated to SPIONs have shown utility through a mouse model for in vivo detection of lymph node metastasis along with MRI [63]. In addition, SPIONs have been functionalized with a recombinant peptide that targets urokinase-type plasminogen activator (uPA) receptor known to be overexpressed in breast cancer tissues [64].

Herceptin, the antibody that targets HER2, has been attached to gold nanoparticles so that the nanoparticles could be used as a targeted contrast agent while using the imaging method of optoacoustic tomography. The authors of this study were able to show that using this method in a gelatin breast model, it was possible to sensitively detect small tumors that were implanted up to 6 cm deep [65]. Herceptin conjugated to iron oxide nanoparticles was also tested using ultrasound as the imaging modality and was found to be able to elicit a significant ultrasound signal and thus has the potential to be used in the future as an inexpensive detection method for breast cancer [66].

Another strategy incorporates the use of ultrasound for both diagnostic purposes and therapeutic delivery of drugs. Two different nanoparticles were used in this study: polymeric micelles loaded with doxorubicin and echogenic nanobubbles loaded with doxorubicin in the walls of the nanobubble. The polymeric micelles use the well-known EPR effect that is seen in all tumor vasculature for delivery to the tumor site. The nanobubble also utilize the EPR and once at the tumor site the nanobubbles coalesce into a microbubble. This allows for increased drug delivery from the nanobubble, increased drug delivery from the corresponding micelle and also a high quality contrast agent for ultrasound imaging. In addition, the

ultrasound can be adjusted to more precisely control where the drug in the nanobubbles is released [67].

Gold nanoparticles have been functionalized with a variety of surface targeting molecules such as transferrin. The transferrin receptor is important for iron uptake in normal cells and cancers. Tumor cells are in a stage of rapid proliferation so they up regulate transferrin receptors to maintain growth [68]. It has been shown that transferrin-mediated cellular uptake of gold nanoparticles is more pronounced by a factor of 6 in breast cancer compared to non-cancerous cells [69].

Another class of nanoparticles that uses HER2 as a target are nanoshells. Nanoshells are particles that are made of a dielectric core and covered with a gold shell. These particles can be adjusted similar to QD to have different optical imaging properties and absorb near-infrared (NIR) light [70]. Nanoshells have added benefit because they have also been shown to have dual therapeutic and diagnostic imaging properties. They are able to reflect light and thus be used in imaging as well as absorb light allowing the nanoshells that have been taken up in the cells to increase in thermal activity thereby killing breast cancer cells [22].

In addition to the potential use of nanoparticles for detection of primary breast cancers that have remained localized, nanoparticles have also shown promise in assisting surgeons in identifying breast cancer that has metastasized to the lymph nodes. One challenge that surgeons face when performing a mastectomy after detection of breast cancer is determining the extent, if any, the primary cancer has spread to lymph nodes [71]. Sentinel lymph node mapping has greatly improved surgical treatment of women with breast cancer due to less nodes having to be removed for examination by the surgical pathologist which in turn results in a more concentrated histological examination and decreased morbidity [72]. The current clinical standard generally involves the surgeon taking one of the two approaches, either injecting vital blue dyes or using radioactive technetium-99 m sulfur colloid [73]. Both ways present drawbacks due to radioactive exposure to patients or limited visibility using dyes. QDs and ICG-human serum albumin nanoparticles have been proposed as mitigating the above problems and providing improved intraoperative imaging of sentinel lymph nodes using fluorescence imaging systems that utilize NIR wavelengths and improved contrast compared to current approaches [74, 75]. A study by Ballou et al. has shown that PEG coated QDs could be used as a method for identifying sentinel lymph nodes in mice [76]. Again, in other studies, single molecule targeting is used and sentinel lymph nodes are detected using QDs [77, 78].

Sentinel lymph node mapping can also be done using gold nanotubes. The benefits of one reported method is that it uses photoacoustic imaging so it is noninvasive and can be used to sensitively detect sentinel lymph nodes in tissues that are up to 33 cm deep [79].

Another interesting area that is currently being researched is in vivo characterization of tumor subtypes so that specific treatment protocols can be rapidly implemented and carried out. Again, QDs have been used to study and differentiate cancer subcategories by using different markers in a single tissue specimen [80]. In addition, dendrimer nanoparticles have been created which can be dually utilized

for imaging using MRI or NIR fluorescent modalities in the single probe. This has been shown effective in mouse sentinel lymph node mapping as well [81, 82].

One common way of obtaining a biopsy of a breast lump is through fine needle aspiration (FNA). Issues can arise using FNA as a diagnostic test for cancer due to the high amount of false negatives and false positives originating at least partially from the limited biopsy sample of this method. Nanobiosensor techniques are ideal for the specific difficulties of analyzing the FNA sample. Lee et al. devised a method that can label breast cancer cells with magnetic nanoparticles that have been obtained through a fine needle aspiration. They then used a diagnostic magnetic resonance probe to detect characteristics often seen in cancer cells as compared to normal non-cancerous cells. This method illustrates the ability to maintain a sensitive test while only requiring a small amount of tissue from the fine needle aspirate [83].

**Nanowires:** One of the capabilities of nanowires is to detect protein-DNA interactions. An illustration of the importance of using this interaction for breast cancer detection can be seen with an example from the estrogen receptor (ER). The ER plays an important role in many normal physiological processes but an abnormal ER $\alpha$  exists in over half of breast cancers where it is a ligand-dependent transcription factor and plays a role in cancer initiation and progression [84]. A sensitive assay for detection of ER $\alpha$  interaction with double-stranded (ds)DNA has been developed. In this assay a silicon nanowire was surface functionalized with dsDNA of wild-type estrogen receptor elements. When nuclear extracts of breast cancer cells expressing the ER $\alpha$  receptor were evaluated using the nanowire apparatus there was notable detection due to abnormal receptor binding to dsDNA functionalized nanowire and this was distinguishable from normal ER binding. The conductance change reported for this nanowire was able to detect a biomarker protein concentration as low as 10 fM [85].

**Carbon nanotubes:** The use of carbon nanotubes has been demonstrated in a number of different purposes for detection of breast cancer. Using carbon nanotubes functionalized with IGF1R and Her2 antibodies (known to be upregulated in some breast cancer cells) one group created a device able to detect single circulating cancer cells from human breast cancer cell lines MCF7 and BT474 in two microliter drops of blood [86]. A group used paclitaxel (PTX) as a therapeutic agent and coupled it via a cleavable ester bond to the PEGylated nanotube surface. This construct was tested in a murine 4T1 breast cancer model and the results depicted a 10-fold increase in tumor accumulation than PTX alone followed by improved tumor suppression compared with clinically used Taxol [87]. They also reported the coupling of other agents like Pt(IV) prodrug PEGylated carbon nanotubes to improve the pharmacokinetics and therapeutic effects [88].

**Nanocantilevers:** Detection of BRCA1 mutations can be an important tool in determining risk for development of breast cancer, ovarian cancer, and prostate cancer. A cantilever assay has been developed that can detect a single nucleotide polymorphism (SNP) for the BRCA1 gene. The benefits of this assay is that it is highly specific and it only takes about 30 min to complete the process of DNA immobilization of the target DNA of interest, hybridization, washing, and readout [89].

## ***Pancreatic Cancer***

In 2012, approximately 37,390 people in the United States died from pancreatic cancer and about 43,920 new diagnoses were made [2]. Oftentimes cancer of the pancreas develops without early warning signs and symptoms and this factors into the reason that pancreatic cancer has such a low survival rate. The survival rate for pancreatic cancer has unfortunately remained somewhat stagnant over the past 30 years with an overall 5-year-survival rate of less than 5 % [90]. The majority of people who are diagnosed with pancreatic cancer will eventually die, either from metastasis to distant organs or from local tumor invasive of the superior mesenteric artery or celiac artery, however in either case the cancer is inoperable when diagnosed at this stage [91]. Thus, when surgical intervention is appropriate the patient will have the highest chances of survival and detection and diagnostic approaches should be focused on the early stages of pancreatic cancer development. Nanobiosensors approaches offer the capability to sense small quantities of biomarkers in small sample volumes as well as improve imaging techniques and potentially advance early detection of pancreatic cancer.

**Nanoparticles:** There are a number of different categories of nanoparticles that have been studied in pancreatic cancer systems. SPIONs represent one of these groups that have been used in multiple experimental applications for identification and treatment of pancreatic cancer. Different targeting ligands have been utilized in successful surface functionalization for targeting of these iron oxide nanoparticles including [92]: urokinase plasminogen activator receptor (uPAR) which is a surface receptor that has increased expression on pancreatic tumor cells and stromal cells that surround the tumor [93], as well as folate. These multifunctional nanoparticles have potential for use in diagnostics, with both MR imaging and fluorescent imaging after a dye is loaded [94]. Yang et al. demonstrated that single-chained epidermal growth factor receptor antibody to the surface of either QDs or magnetic iron oxide nanoparticles results in targeted delivery to pancreatic cell and could be beneficial in drug and imaging delivery [95]. ZnO QDs have also been used as a signaling agent in sandwich immunoassays to detect CA19-9 cancer biomarkers with detection methods using both square wave stripping voltammetry and photoluminescence [96].

Another example of nanoparticles that has been used to target pancreatic cancer cells is organically modified silica nanoparticles measuring approximately 20 nm in diameter. These nanoparticles were surface functionalized with transferrin, anti-claudin 4, and antimesothelin and used the fluorophore rhodamine B as an imaging agent. This technique was found to be simple and suitable for optical bioimaging studies [97]. Similarly, mesoporous silica nanospheres were functionalized in a different study with a targeting ligand and a covalently linked Gd(III) through a disulfide moiety. It was demonstrated to be an effective MRI contrast agents in the in vitro pancreatic cancer system but when tested in vivo, the disulfide was quickly cleaved which highlighted the challenges associated with release kinetics of linker systems [98].

As mentioned earlier, there has been concern about toxicity associated with injecting humans with semiconductor metals used in construction of QDs. In response to this trepidation, over recent years, a trend has been set to engineer non-cadmium-based QD that avoid the potential barrier to widespread adoption into clinical practice. One such effort engineered QDs that were composed of an indium phosphide core and a shell made of zinc sulfide that were able to target live pancreatic cancer cells after functionalization with anti-claudin-4 or anti prostate stem cell antigen [99]. Another study took a different approach in attempting to reduce potential toxicity of CdTe/ZnS QDs by effectively encapsulating them into a triblock polymeric nanomicelle. This was effective at showing decreased toxicity while at the same time effectively accumulating in pancreatic tumors. The polymeric micelles were then conjugated with anti-mesothelin antibodies for targeting to pancreatic tumors and the size of the micelle and enclosed QD were measured to be around 120 nm [100]. Zaman et al. reported effective functionalization of QDs with a single domain antibody (2A3) which targets CEACAM6. This could be used as a new biomarker for pancreatic cancer. The authors also report that using single domain antibodies is better for targeting because they are most stable, are less likely to cause nanoparticles to aggregate, and are more cost-effective than using a traditional antibody attachment [101]. Various techniques [102] and materials have been reported that incorporate numerous targeting ligands and core materials being effective in directing QDs to pancreatic cancer for detection and diagnosis [103–107].

In addition to the other nanoparticles listed, gold and silver nanoparticles have been successfully employed for detection and diagnosis of pancreatic cancer [108, 109]. In a specific example gold nanoparticles were used to label human pancreatic cancer tissue. The authors reported that covalently attached F19 human monoclonal antibodies to gold nanoparticles were effective at labeling pancreatic carcinoma tissue and were able to visualize cancerous areas through darkfield microscopy [110]. In a different approach, functionalized gold nanorods and silver nanoparticles proved their capacity to be used as probes in pancreatic cancer detection employing darkfield microscopy or TEM [111].

Most of the experiments that use nanoparticles to view MRI images discussed so far utilize the strategy of labeling cancerous cells by targeting a receptor that has been upregulated on the surface of cancerous cells compared to normal healthy cells. An alternative approach to labeling has been proposed by a group that has created a method for labeling normal cells in pancreatic ductal adenocarcinoma. They created nanoparticles to target bombesin receptors which are known to reside on healthy cells of the pancreas. In this approach they were able to improve T2-weighted pancreatic images on magnetic resonance imaging [112].

**Carbon nanotubes:** Carbohydrate antigen 19-9, an important tumor antigen for pancreatic, gastric, colorectal, and hepatic cancers, has been used in the construction of a novel immunosensor incorporating carbon nanotubes, gold nanoparticles, and SiO<sub>2</sub> nanoparticles as components. The process used to create this nanosensor was the peripheral surface of the CNT was covered with bovine serum albumin (BSA) molecules, gold nanoparticles were attached to the BSA-CNT,

next electrochemical deposition of gold was added with the first gold nanoparticles providing nucleation sites for this composite layer. These initial steps provided a large surface in which CA19-9 antibody could be immobilized to and serve as a sensing component. For signal improvement and thus better sensitivity of the assay, SiO<sub>2</sub> nanoparticles were used to decorate the secondary antibody used in this sandwich immunoassay. Based upon experiments incorporating various concentrations of CA19-9 the authors demonstrated a detection limit 100 times lower than current ELISA standards used in clinical practice [113].

Multiwalled carbon nanotubes have also been used to construct a genetic fingerprint map for pancreatic cancer. In one study, the authors combined random amplified polymorphic DNA and multiwalled carbon nanotube electrochemical sensing to detect differences of guanine and deoxyguanine triphosphate in peripheral blood DNA samples of pancreatic cancer patients and controls [114].

## *Lung Cancer*

Lung and bronchus cancer is estimated to account for nearly 226,160 new cases of cancer diagnosed in the United States. It is second among new cancer diagnosed in men and women every year behind prostate and breast cancer. However, lung and bronchus cancer account for more than three times the amount of deaths than prostate cancer and nearly twice as many deaths in women from breast cancer [2]. This makes lung cancer truly the most deadly of all cancers. The same importance of early diagnosis that has been stressed in the other cancers should be reinforced for this lethal form of cancer. Current methods of diagnosing and classifying lung cancer are imaging and biopsy-based, however these procedures are often invasive and require large imaging equipment.

An important component in lung cancer diagnosis and treatment options is differentiating various types and subtypes of lung cancer as well as stage due to the essential role this knowledge plays in selecting treatments [115]. Adenocarcinoma, squamous cell carcinoma, large cell carcinoma, and small cell carcinoma are categories of lung tumors that have been distinguished. These categories exhibit behavior that responds differently to various treatment avenues. Thus, earlier and more accurate diagnosis of lung cancer utilizing nanobiosensor technology can play a tremendous role in the outcome of patients.

**Nanoparticles:** Efforts are being pursued to create valid clinical screening tests for lung cancer and other cancers based on chemical patterns recognized in exhaled breath. Barash et al. proposed a method for detection of various volatile organic compounds (VOCs) with gold nanoparticles. VOCs were collected from the headspace of numerous lung cancer cell lines. The researchers were able to create a chemical profile and determine which type and subtype of cancer cell the VOCs came from based on detection of binding gold nanoparticles (GNPs) with VOCs ligands [116]. In another study that also used a functionalized GNP-based array linked with gas chromatography–mass spectroscopy (GC–MS), it was shown

that cancer patients with not only lung, but also breast, prostate, and colorectal cancers, were able to be categorized based on their breath samples [117]. While it has long been established that VOCs could differentiate lung cancer patients from healthy patients through GC-MS [118] there are drawbacks to using mass spec techniques compared to proposed nanotechnology analysis such as additional expensive equipment, time requirements of sample preparation procedures, and the need for knowledgeable technician to manage the GC-MS whereas nanobiosensors eliminate or drastically reduce some of these challenges (Table 1).

**Nanowires:** Similar to the discussions of other cancers mentioned, nanowires have also been used in the experimental context to capture and analyze circulating lung cancer cells. One group fabricated a quartz nanowire array and functionalized it with antibodies against epithelial cell adhesion molecules (EpCAM) which are upregulated on the surface of lung carcinoma cells. Blood samples were fed through a microfluidic cell capture apparatus and the cells were captured through binding the nanowire and then imaged with laser scanning cytometry. In this method, circulating tumor cells that only constitute a few cells per milliliter of whole blood could be detected [33].

Nanowires have also been utilized to detect two other potential biomarkers for lung cancer: IL-10 and osteopontin (OPN). A silica nanowire was used with a capture antibody that could bind either IL-10 or OPN. After binding cancer antigen to antibody, an additional detector antibody attached to an alkaline phosphatase also binds to the antigen. The second binding triggers the alkaline phosphatase to dephosphorylate the p-nitrophenyl phosphate substrate. When the reaction was measured the anodic peak current had a direct linear relationship with the concentration of the biomarkers being studied [119].

**Carbon nanotubes:** One example of incorporating carbon nanotubes into lung cancer detection is shown with a sensor array of single-walled carbon nanotubes that has been shown competent to distinguish breath profiles utilizing VOCs of lung cancer patients from healthy subjects [120].

## ***Brain Cancer***

Primary and metastatic brain tumors have the potential to cause devastating consequences. While brain tumors are not the most common cancer to cause death in the adult population, they represent the most common cause of cancer associated death in the pediatric population [121]. Consistent with the theme of every other cancer discussed to this point, early detection of brain cancers is associated with improved prognosis and chances of survival. Further, two challenges specific to cancers originating in the brain complicate the ability of diagnosis and treatment: (1) tight junctions of the capillary endothelium that make up the blood-brain barrier (BBB) and (2) delicate structures may be in close contact to tumor consequently instigating severe morbidity or mortality if damaged.

**Table 1** Examples of various cancer biomarkers/targets and modalities as well as the biosensor principles that have been used for detection

Cancer	Biomarker/target	Modality	Biosensor principle	References	
Prostate	PSA	NPs	Bio-barcodes	[44–46]	
	PSA	NPs	Photoacoustic	[47]	
	PSA	NPs	MRI	[48]	
	PSA	Nanowires	FET	[50]	
	PSA, PSA-alpha 1, Antichymotrypsin, CEA, Mucin	Nanowires	FET	[51]	
	PSA	Nanoribbons	FET	[52]	
	PSA, Platelet factor-4, IL-6	Nanotubes	Electrochemical	[54]	
Breast	PSA	Nanocantilever	Mechanical resonance	[55, 56]	
	CA15-3	Nanoribbons	FET	[52]	
	HER2	NPs	Fluorescence	[22, 60–62, 70, 77]	
	HER2	NPs	MR	[17, 83]	
	LHRH	NPs	MR	[63]	
	uPA	NPs	MR/fluorescence	[64]	
	HER2	NPs	Optoacoustic	[65]	
	HER2	NPs	Ultrasound	[66, 67]	
	Transferrin	NPs	Fluorescence	[69]	
	Lymph node	NPs	Fluorescence	[75, 76, 78]	
	Lymph node	Gold nanotube	Photoacoustic	[79]	
	CD44v6 and CD24	NPs	Fluorescence	[80]	
	Lymph node	NPs	MRI/fluorescence	[22, 81]	
	Eralpha	Nanowires	FET	[85]	
	IGFIR and HER2	Nanotubes	FET	[86]	
Pancreatic	BRCA1	Nanocantilever	Microelectronic	[89]	
	uPAR	NPs	MRI/fluorescence	[93]	
	EGFR	NPs	MRI/fluorescence	[95]	
	CA19-9	NPs	Electrochemical/fluorescence	[96]	
	Transferrin, claudin 4, mesothelin	NPs	Fluorescence	[103, 105]	
	Anastimide	NPs	MRI	[98]	
	CEACAM16	NPs	Fluorescence	[10]	
	F19	NPs	Darkfield microscopy	[110]	
	Bombesin	NPs	MRI	[112]	
	Lung	Lymph node	NPs	Fluorescence	[74]
		VOCs	NPs	GC–MS	[116, 117]
EpCAM		Nanowires	Cytometry	[33]	
IL-10 and OPN		Nanowires	Electrochemical	[119]	
VOCs		Nanotubes	GC–MS	[120]	
Brain	F3 peptide	NPs	MRI	[124]	
	GPNMB	NPs	MRI	[125]	
	Chlorotoxin	NPs	MRI	[127]	

**Nanoparticles:** The brain offers a particularly promising area for nanoparticles to improve not only delivery of therapeutics but also imaging agents for better diagnosis and detection standards. The blood-brain barrier (BBB) is notable for allowing only drugs and small molecules with a molecular mass below 400–500 Daltons and high lipid solubility to cross through into the brain parenchyma [122]. These restrictions can be overcome through engineering various nanoparticles that bypass requirements of the BBB.

Many traditional imaging technologies such as positron emission computed tomography (PET), single photon emission computed tomography (SPECT), CT, X-ray, and MRI used clinically can benefit from enhancing tumor detection through nanoparticle-based modalities. The field of theranostics is working to capitalize combining diagnostic and therapeutic applications into a single preparation often utilizing current clinically available imaging systems as well as newer optical imaging. Both organic NPs as well as magnetic NPs have been used for theranostic applications in brain cancer with magnetic NPs being the most important so far due to their intrinsic MRI function [123].

One example that uses organic nanoparticles for theranostic application was shown as a proof of concept experiment using polyacrylamide nanoparticles. The NPs were functionalized with F3 peptide to target the NPs to glioma tumor vasculature. Encapsulated within the polymeric NP were iron oxide nanoparticles and a photosensitizing agent. The iron oxide is responsible for the MRI imaging element of this multifunctional nanoparticle and when the photosensitizing agent is activated by light irradiation, it generates a singlet oxygen cytotoxic component. In this system they were able to both treat and image rat gliomas in a targeted manner [124].

Further, use of functionalized magnetic NPs has been carried out in interesting theranostic applications. In one example, a focused ultrasound was used to increase the permeability of the BBB in a locally directed manner, next magnetic targeting was applied to direct magnetic nanoparticle to the target site. This MRI monitored process led to an increased dose of cytotoxic medication that was loaded into the NP being delivered to the target [132]. Another group has taken a surface functionalization approach to magnetic nanoparticles. Glycoprotein non-metastatic melanoma protein B (GPNMB) is overexpressed by glioblastoma cells and an antibody against this target was conjugated to paclitaxel-loaded magnetic nanoparticle. This magnetic nanoparticle system was shown to effectively deliver the cytotoxic agent while being able to monitor treatment through MRI in a rat model [125]. Other examples of technologies based on magnetic nanoparticles for detection of brain cancer can be found in the literature [126, 127].

In addition, newer optical-based imaging methodologies incorporating fluorescent nanoparticles, bioluminescence, and optoacoustic tomography provide exciting possibilities. The radiation exposure from light is non-ionizing and can be used frequently without the same worry as X-ray or CT-based cumulative exposure [128]. Optical approaches have also been used to target tumors for imaging such that a near-infrared dye conjugated to a tumor-specific small peptide can show improved retention within tumor tissue being detected by a continuous-wave optical imaging system when using the rat tumor model CA20948 [129].

**Nanowires:** One intriguing demonstration in the application of nanowires comes from a collaboration of researchers that developed a system to use platinum nanowires with a 0.6  $\mu\text{m}$  diameter to travel into the spinal cord vascular bed and record electrical stimulation. These researchers are working on improving their technique and envision replacing the platinum nanowire with a biodegradable polymer with 200 nm diameter fiber which when stimulated with an electric current could bend and be driven through the various curves intrinsic to the vascular system. Among many possibilities for monitoring the central nervous system this technology could eventually be used to help detect or monitor intracranial tumors [130].

**Carbon nanotubes:** Another author speculates about the potential role of carbon nanotubes and their role in intracranial monitoring. It could be possible that a carbon nanotubes could be embedded in a shunt that could then be used to detect specific sequences of DNA indicative of primary malignancy or recurrence [131].

## Conclusion

This paper provides an overview of the current available nanobiosensor technologies being developed for diagnosis and detection of various cancers. The general themes discussed in the above sections focus on the need for reliable diagnostic tests with high sensitivity and specificity for early cancer detection. Nanotechnology-based platforms that meet these goals are still in their infancy but should become a valuable clinical and research tool in the coming years.

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# Cell Compatible Arginine Containing Cationic Polymer: One-Pot Synthesis and Preliminary Biological Assessment

Nino Zavrashvili, Tamar Memanishvili, Nino Kapatadze, Lucia Baldi, Xiao Shen, David Tugushi, Christine Wandrey and Ramaz Katsarava

**Abstract** Synthetic cationic polymers are of interest as both nonviral vectors for intracellular gene delivery and antimicrobial agents. For both applications synthetic polymers containing guanidine groups are of special interest since such kind of organic compounds/polymers show a high transfection potential along with antibacterial activity. It is important that the delocalization of the positive charge of the cationic group in guanidine significantly decreases the toxicity compared to the ammonium functionality. One of the most convenient ways for incorporating guanidine groups is the synthesis of polymers composed of the amino acid arginine (Arg) via either application of Arg-based monomers or chemical modification of polymers with derivatives of Arg. It is also important to have biodegradable cationic polymers that will be cleared from the body after their function as transfection or antimicrobial agent is fulfilled. This chapter deals with a two-step/one-pot synthesis of a new biodegradable cationic polymer—poly(ethylene malamide) containing L-arginine methyl ester covalently attached to the macrochains in  $\beta$ -position of the malamide residue via the  $\alpha$ -amino group. The goal cationic polymer was synthesized by in situ interaction of arginine methyl ester dihydrochloride with intermediary poly(ethylene epoxy succinimide) formed by polycondensation of di-*p*-nitrophenyl-*trans*-epoxy succinate with ethylenediamine. The cell compatibility study with Chinese hamster ovary (CHO) and insect Schneider 2 cells (S2) within the concentration range of 0.02–500 mg/mL revealed that the new polymer is not cytotoxic. It formed nanocomplexes with pDNA (120–180 nm in size) at low polymer/DNA weight ratios (WR = 5–10). A preliminarily transfection efficiency of the Arg-containing new cationic polymer was assessed using CHO, S2, H5, and Sf9 cells.

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**Keywords** L-arginine · Polyamides · Biodegradable polycations · pDNA · Complex formation · Cytotoxicity

## Introduction

Cationic polymers are widely used for various biomedical applications among which one of the most important is intracellular gene delivery—the major challenge for the success of gene therapy, which represents promising and innovative options for the treatment of serious illnesses. Safe and successful gene delivery, however, needs effective carriers that help DNA to get over biological barriers and achieve the nuclei or cytoplasm of target cells. Various cationic polymers have been broadly investigated for intracellular gene delivery (transfection agents), mainly because they easily form conjugates with negatively charged strands of DNA, condensing it into nanometer-scale structures small enough to enter cells via endocytosis [1]. Among cationic polymers those composed of the amino acid arginine (that contains the guanidine group) attracted special attention during the recent years. It was raised by the findings of Ryser and Hancock [2] that only Arg-rich, and not lysine-rich, histones were able to transport albumin into tumor cells. The biological activity of the transactivator of transcription (TAT), the peptide (**{Gly}{Arg}{Lys} {Lys} {Arg}{Arg}{Gln}{Arg}{Arg}{Arg} {Pro}{Gln}**) from HIV, is due to a high arginine content [3, 4] as well. Later, in the related studies, it was shown that the guanidine residues of arginine are essential to the ability of TAT to transfer nucleic acids, proteins, or drugs into a target cell [3–5]. Since this finding, guanidine-rich polymers such as, e.g., poly-Arg became popular transfection agents. Many Arg-based synthetic polymers including poly-Arg, however, showed rather high cytotoxicity [6–10]. Others showed good cell compatibility but low solubility in water [11] that restricts their applications.

The application as antimicrobial agents is another important scope of the application of cationic polymers. The advantages of cationic antimicrobials consist in their ability to form films and devices, in case of therapeutical applications to act in prolonged mode. Polymeric antimicrobials show much higher antimicrobial ability as compared with low-molecular-weight analogs, which is ascribed to a high local concentration of the active groups. Many effective organic antimicrobials, like transfection agents above, consist of derivatives of guanidine  $\text{H}_2\text{N}-(\text{C}=\text{NH})-\text{NH}_2$ —a well-known and very strong organic base found in many plants and animals. A family of substituted guanidine with a wide range of properties was obtained during the last two decades [12–15]. A comprehensive chemical library of derivatives of guanidine is compiled and an antimicrobial study of these compounds was done [16]. Antimicrobial peptides (AMPs), found in all classes of living organisms, represent a large and unique group of molecules with a broad spectrum of antimicrobial, antifungal, and antiviral activity [17–19]. Unlike most conventional antibiotics, which are bacteriostatic, AMPs are rapidly bactericidal (kill bacteria). They target the microbial membrane killing rapidly via

compromise membrane integrity. AMPs are composed of 12–50 amino acids, and are enriched by the cationic  $\alpha$ -amino acid arginine [17–22]. Bactericidal polymers containing guanidine are mostly carbon-chains obtained by polymerization of the corresponding unsaturated monomers [23]. These polymers are cytotoxic and nondegradable, and less suitable for therapeutical application. As to heterochain bactericidal polymers composed of arginine, to our knowledge, only regular polypeptides  $(-\text{Gly-L-Ala-L-Arg-})_n$ ,  $(-\text{L-Lys-L-Arg-L-Ala-})_n$ ,  $(-\text{L-Lys-L-Arg-Gly-})_n$  obtained by polycondensation of activated esters of the corresponding tripeptides are reported so far [24]. The regular polypeptides showed a high bactericidal activity against *Staphylococcus aureus*, however nothing was reported about their toxicity and biodegradation.

At the same time, cytotoxicity (toward eucaryotic cells) of cationic polymers destined for the application as either gene transfection or therapeutic bactericidal agents is crucial in their practical applications. Therefore, it is relevant to discuss here briefly the cytotoxicity issue of cationic molecules or particles that are associated with cytotoxic effects [25]. For example, cationic lipids containing tertiary or quaternary amines are cytotoxic because of their interference with critical enzymes such as PKC (Protein Kinase C) [25, 26]. However, the high toxicity can be partly prevailed by delocalizing the positive charge of the cationic group. Heterocyclic rings (e.g., pyridine) or guanidine were found to be significantly less toxic when compared to the ammonium functionality, especially to the quaternary ammonium functionality [25]. Yingyongnarongkul et al. [27] synthesized guanidine-containing cationic lipids and demonstrated that these compounds were safer. It was demonstrated recently that Arg-based poly(ester amide)s, poly(ether ester amide)s, and related polymers [11, 28–31] are nontoxic within the tested concentration range (up to 2 mg/mL). At a low concentration (0.1 mg/mL) they even slightly enhanced cell growth [30].

Along with low cytotoxicity of Arg-based polymers it is desirable that they are biodegradable and cleared from the body after their function is fulfilled [32–35]. From this point of view, the Arg-based polymers with hydrolyzable ester bonds in the backbones appear promising due to the capability of these types of polymers to undergo both chemical (nonspecific) and enzyme-catalyzed hydrolysis [29–31]. However, the so far described polymers of these types were of low-molecular-weights ( $\leq 3100$  Da) [11, 29–31] that restrict their practical applications.

This chapter deals with the synthesis of a new biodegradable Arg-containing cationic polymer, which shows virtually no cytotoxicity and is promising for the said practical applications. The two-stage/one-pot synthetic strategy developed for this polymer and consisting in the chemical transformation of intermediary poly(ethylene epoxy-succinimide) by the in situ interaction with arginine methyl ester dihydrochloride opens a new way to synthesize a variety of Arg-enriched cationic polymers. The specific feature of the new polymers obtained according to this synthetic strategy is that they contain in the backbones neighboring amide groups (formed by 1,2-dicarboxylic acid) that support the hydrolysis of each other in acidic medium owing to the anchimeric assistance [36].

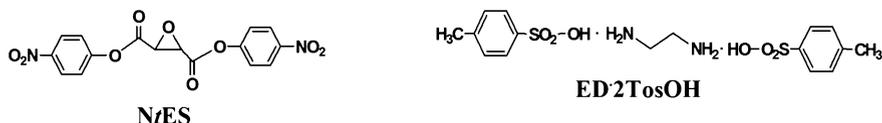
## Experimental

### Materials and Methods

L-Arginine, ethylenediamine, *p*-toluenesulfonic acid, benzene, dimethyldichlorosilane (all from Aldrich) were used as purchased. Triethylamine, TEA (from Lancaster) was purified using a standard method and distillation under atmospheric conditions. Hexamethylphosphoramide (HMPT, from Aldrich) was dried over P<sub>2</sub>O<sub>5</sub> and distilled under vacuum over a fresh portion of P<sub>2</sub>O<sub>5</sub>. The FT-IR spectra were recorded for fine powders using a Thermo Nicolet Avatar 370 FT-IR spectrophotometer coupled with EZ OMNIC software and an Avatar Multi-Bounce Flat Plate 45° Ge. The dynamic light scattering (DLS) measurements were performed on a Nano-ZS ZEN 3600 (Malvern Instruments, UK).

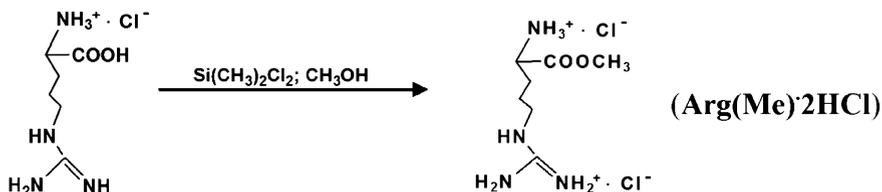
### Monomers

A key bis-electrophilic monomer, an activated di-*p*-nitrophenyl ester of *trans*-epoxy succinic acid NtES, was synthesized by interaction of *trans*-epoxy-succinyl chloride (0.1 mol) with *p*-nitrophenol (0.2 mol) under the conditions of a Schotten-Baumann procedure using the two-phase system chloroform/water as reported in Ref. [37]. The product was recrystallized from acetone. The m.p. 182–184 °C was in accordance with reported data [37].



A key bis-nucleophilic monomer, a di-*p*-toluenesulfonic acid salt of ethylenediamine (ED · 2TosOH), was synthesized by interaction of ethylenediamine (0.1 mol) with *p*-toluenesulfonic acid (0.2 mol) in refluxed benzene until the liberation of 0.2 mol of water, which was collected in a Dean-Stark trap. The obtained white solid was recrystallized from ethanol. Yield: 83.3 %, m.p. 306–308 °C.

L-Arginine methyl ester dihydrochloride (**Arg(Me) · 2HCl**) was synthesized in methanol solution in the presence of dimethyldichlorosilane.



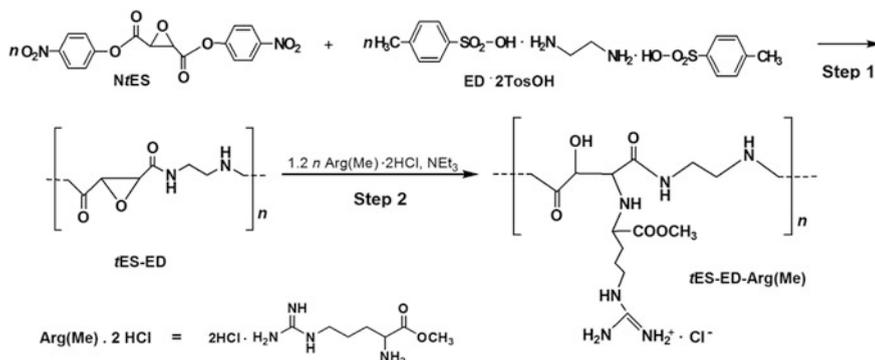
Typically, to a chilled ( $-5\text{ }^{\circ}\text{C}$ ) mixture of Arg.HCl (0.1 mol) and 100 mL of *abs.* methanol, 10 mL of dimethyldichlorosilane were added dropwise and stirred for 2 h, then additionally for 1 h at room temperature, and finally left overnight. The excess of methanol was evaporated on a rotary evaporator. The obtained white solid was recrystallized from ethanol/diethyl ether and dried in vacuum at  $50\text{ }^{\circ}\text{C}$ . Yield: 93.6 %, the m.p.  $192\text{--}193\text{ }^{\circ}\text{C}$  coincides with reported data ( $190\text{ }^{\circ}\text{C}$ , [38]). The FT-IR spectrum of Arg(Me)  $\cdot$  2HCl showed the ester CO absorption band at  $1743\text{ cm}^{-1}$  and no absorption at  $1666\text{ cm}^{-1}$ .

## ***Polymer Synthesis and Characterization***

### **One-Pot Synthesis**

The intended Arg-containing cationic polymer was synthesized by a two-steps/one-pot synthesis consisting of in situ interaction of L-arginine methylester dichloride with the intermediate product poly(ethylene epoxy-succinimide), which was previously formed by polycondensation of the bis-electrophilic monomer *Nt*ES and the bis-nucleophilic monomer ED  $\cdot$  2TosOH. The successive steps were the following: First, for the polycondensation, the bis-electrophilic monomer *Nt*ES (2.40 g, 0.0064 mol) and the bis-nucleophilic monomer ED  $\cdot$  2TosOH (2.84 g, 0.0064 mol) were placed into a three-neck 50 mL round-bottom flask equipped with a stirrer. Dry HMPA (8.6 mL) and dry  $\text{NEt}_3$  (2 mL, 0.014 mol), with a total volume of 10.6 mL corresponding to a monomer concentration 0.6 mol/L, were added and stirred gently at room temperature, for 24 h. Second, for the in situ transformation, the powdery Arg(Me)  $\cdot$  2HCl (2 g, 0.0076 mol) and  $\text{NEt}_3$  (1.1 mL, 0.0076 mol) were added to the viscous homogeneous solution and stirred at  $60\text{ }^{\circ}\text{C}$  for 24 h. The reaction solution was separated from the precipitated salt ( $\text{NEt}_3\text{ HCl}$ ) by filtration and poured in dry acetone. The solid product precipitated in acetone was filtered off, thoroughly washed with acetone, and dried in vacuum at  $40^{\circ}$  over  $\text{P}_2\text{O}_5$ . Yield: 89.0 %. The obtained Arg-containing cationic polymer shown in Scheme 1 and designated as *t*ES-ED-Arg(Me) was further purified to remove the unreacted Arg(Me)  $\cdot$  2HCl. For this, the polymer was dissolved in distilled water and dialyzed against water using Spectra/Por Biotech, CE dialysis tubing (MWCO 500) until no chloride ions were detected in the outer volume of water. The content of the dialysis bag was lyophilized yielding a yellowish-white solid.

For calibration purposes, the intermediate poly(ethylene epoxy-succinimide) designated as *t*ES-ED (Scheme 1) was separated by precipitation in water. The precipitated powdery *t*ES-ED was filtered off, thoroughly washed with acetone, and dried in vacuum at  $40^{\circ}$  over  $\text{P}_2\text{O}_5$ .



**Scheme 1** The synthesis of the goal polymer *t*ES-ED-Arg(Me)

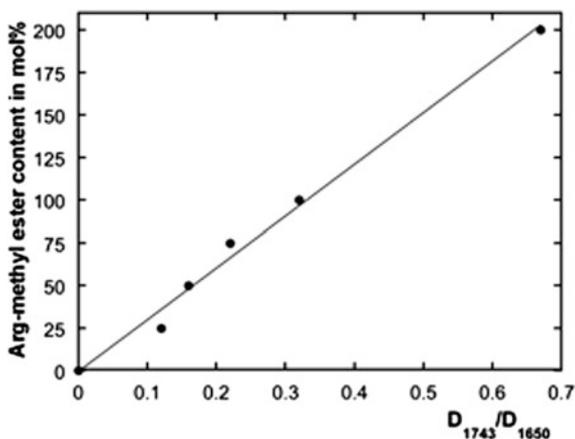
## Polymers Characterization

The structure of the goal polymer *t*ES-ED-Arg(Me) was analyzed by FT-IR. The following absorption bands were observed ( $\text{cm}^{-1}$ ): 2500–3500 (wide, NH–CO + guanidine group), 1743 (CO ester), 1666 (CO amide). In the FT-IR spectrum of the intermediate *t*ES-ED, the basic absorption bands were ( $\text{cm}^{-1}$ ): 3350 (NH–CO) and 1666 (CO amide), and no absorption was observed at 1743. The degree of transformation (DT) of the intermediate *t*ES-ED after the interaction with Arg(Me) · 2HCl was assessed from the ratio of the optical densities of the ester and amide absorption bands  $D_{1743}/D_{1666}$  using a calibration curve. To obtain the calibration curve, predetermined quantities of *t*ES-ED and Arg(Me) · 2HCl were mixed, thoroughly homogenized by grinding to fine powders, and a FT-IR spectrum of each mixture was recorded using Avatar Multi-Bounce Flat Plate 45° Ge. The ratio  $D_{1743}/D_{1666}$  versus the content (in mol %) of Arg(Me)·2HCl in the mixture with *t*ES-ED is plotted in Fig. 1.

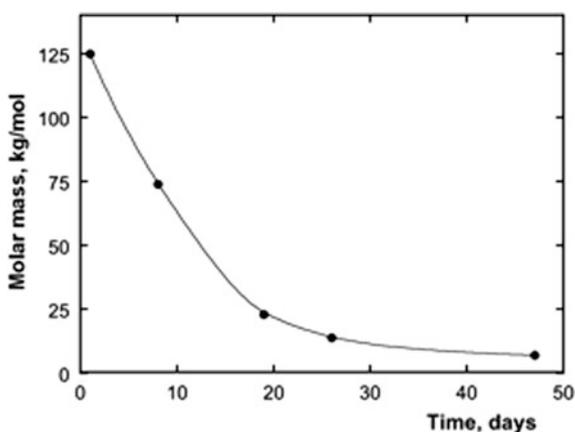
## Molar Mass Determination

The molar mass (MM) of the goal polymer *t*ES-ED-Arg(Me) was determined by both HPLC and DLS. The gel-chromatographic determination of the MM was done by Polymer Standards Service GmbH (Mainz, Germany) in 0.1 M NaCl/0.1 % (v:v) TFA using HPLC equipped with PSS SupremaMax, 10  $\mu\text{m}$ , 300 Å, ID 8.0 × 300 mm columns calibrated with Dextran/Pullulane molar mass standards. DLS analysis was performed in 0.25 M acetate buffer (pH 4.5) using solutions with concentrations of 10, 15, and 20 mg/mL.

**Fig. 1** Calibration curve Arg-methyl ester content in mol. % versus optical density ratio  $D_{1743}/D_{1666}$  ( $R = 0.996$ )



**Fig. 2** The degradation curve of *t*ES-ED-Arg(Me) in 0.25 M acetate buffer at pH 4.5 and 37 °C



### In Vitro Degradation Study

To monitor the in vitro degradation of *t*ES-ED-Arg(Me), DLS was applied. For this, the polymer *t*ES-ED-Arg(Me) was dissolved in 0.25 M acetate buffer (pH 4.5). The solution concentrations used for this study were 0.5, 1.5, and 2.5 mg/mL. The solutions were placed into the cuvettes of the Nano-ZS ZEN 3600 (Malvern Instruments, UK) and incubated at 37 °C. MM measurements were performed after predetermined periods using DLS. The obtained values were plotted versus time (Fig. 2).

## Biological Study

### In Vitro Cytotoxicity Study

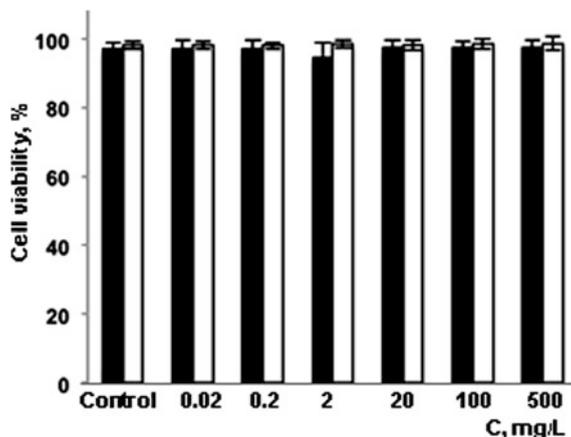
The in vitro cytotoxicity of the new cationic polymer *t*ES-ED-Arg(Me) was evaluated in suspension cultures of Chinese hamster ovary cells (CHO) and insect Schneider 2 cells (S2), which are both industrially relevant cell lines used for the production of recombinant proteins [39]. Suspension cell cultures were maintained in TubeSpin<sup>®</sup> 50 bioreactors (TPP AG, Trasadingen, Switzerland) in serum-free culture media. ProCHO5 medium was used for CHO cells (Lonza AG, Verviers, Belgium), and Sf900 II medium (Life Technologies, Carlsbad, CA, USA) for S2 cells. Both cell cultures were kept agitated at 180 rpm in a 85 % humidified ISF1-X incubator (Kuhner AG, Birsfelden, Switzerland). CHO cell cultures were maintained at 37 °C in a 5 % CO<sub>2</sub> atmosphere, while S2 cells were maintained at 28 °C.

In vitro cytotoxicity was evaluated using tests that probe the metabolic activity. The cell viability was measured by Guava Viacount Reagent (Millipore, Zug, Switzerland) and performed as described in [40]. Briefly, on the day of the experiment, cells were centrifuged and resuspended in 2 mL of medium at a density of  $2 - 4 \times 10^6$  cells/mL (depending on cell line) in TubeSpin<sup>®</sup> 50 bioreactor tubes. Then, the samples of new polycations were added as a solution in PBS to afford a polymer concentration in the culture medium that was varied from 0.01 to 500 mg/L. After 24 h of incubation time an aliquot of 200  $\mu$ L of cell suspension was withdrawn and incubated with 180  $\mu$ L Viacount Reagent in a 5 mL round-bottom polypropylene tube for 5 min. After that, the sample was diluted with 1 mL PBS and analyzed by flow cytometry in a Guava PCA-96 Easy-cyte<sup>™</sup> cytofluorimeter (Guava Technologies, Hayward, USA). Cells incubated with culture medium alone were used as a control. Each experiment was carried out as three independent replicates. Viability was measured by 5,000 counts from each samples. Viability percentages after incubation with *t*ES-ED-Arg(Me) polycation for 24 h are given in Fig. 3.

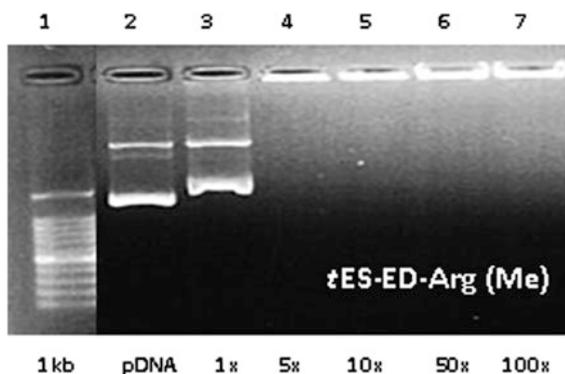
### Polymer/DNA Complex Formation Study

*Gel Retardation Assay* The DNA-binding capability of the new cation polymer *t*ES-ED-Arg(Me) was investigated by gel retardation assay with circular plasmid DNA. Polymer solutions of various concentrations were used to provide different weight ratios (WR) polymer/pDNA (pMYKEF1-EGFP-puro) [41] complexes (designated as 1, 5, 10, 50, and 100x). The polymer solutions (with  $c = 0.1, 0.5, 1.0, 5.0,$  and  $10.0 \mu\text{g}/\mu\text{L}$ ) and pDNA stock-solution (with  $c = 0.1 \mu\text{g}/\mu\text{L}$ ) were filtered through a 0.45  $\mu\text{m}$  sterile filter (Nylon Syringe Filters, Thermo Fisher Scientific, Pittsburgh, PA, USA). Polymer/pDNA (pMYKEF1-EGFP-puro) complexes were prepared freshly prior to use. For this 2  $\mu\text{L}$  of the stock-solution of pDNA and 2  $\mu\text{L}$  of each of the polymer solutions above (that provides Polymer/

**Fig. 3** The Chinese Hamster Ovary (■ CHO) and insect Schneider 2 (□ S2) cells viability after 24 h incubation with various concentration of *t*ES-ED-Arg(Me) untreated CHO and S2 cells, were used as a control

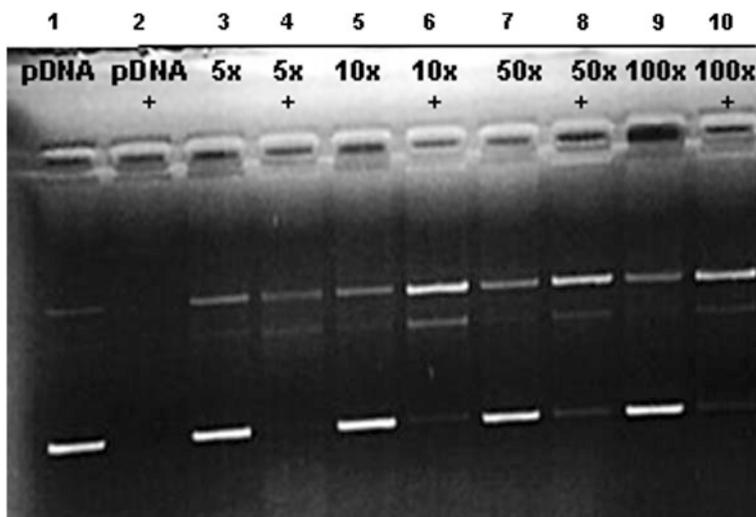


**Fig. 4** Gel retardation assay of *t*ES-ED-Arg(Me) polymer. Lane 1 1 kb DNA Ladder; Lane 2 naked (pMYKEF1-EGFP-puro) as a control. Lanes 3–7 different WR of polymer/pDNA complexes designated as 1, 5, 10x, etc.



pDNA WR1, 5, 10, 50, or 100x) were vortexed for 10 s and the mixtures were incubated for 30 min at room temperature. The samples were analyzed by electrophoresis on a 1 % agarose gel with Tris–acetate (TAE) running buffer at 100 V for 30–40 min. DNA bands were visualized with 0.2  $\mu$ g/mL ethidium bromide staining and UV transillumination. The results are shown in Fig. 4.

**DNase I digestion assay** The complex formation was evaluated also by the digestion of a protective shield formed by the new cationic polymer *t*ES-ED-Arg(Me) around plasmid DNA. For the DNA digestion assay the appropriate complexes of polymer/pDNA (obtained above) were incubated for 1 h at 37 °C with 1  $\mu$ L DNase I enzyme in a 20  $\mu$ L reaction volume (Life Technologies). The enzymatic reaction was terminated with 4  $\mu$ L of 0.5 M EDTA solution, and complexes were heated to +75 °C for 10 min. The samples were then subjected to 1 % agarose gel electrophoresis in TAE buffer at 100 V for 50–60 min and stained with 0.2  $\mu$ g/mL of Gel Red (Biotium, Hayward, CA, USA). The protective shield for pDNA, was achieved even at polymer/pDNA ratio of 10x WR (Fig. 5).



**Fig. 5** Agarose (1%) gel electrophoresis of DNase I digestion assay. Lane 1 naked pDNA(pMYKEF1-EGFP-puro), Lane 2 pDNA upon the addition of DNase I as a control. Lane 3, 5, 7, and 9 different W/R of Polymer/pDNA (designated as 5, 10x, etc.), Lane 4, 6, 8, and 10 the same complexes as in Lanes 3, 5, 7, and 9 treated with DNase I

**Table 1** Particle size and zeta potential of *tES*-ED-Arg(Me)/pDNA complexes

Weight ratio polymer/pDNA	Size (nm)	$\zeta$ (mV)
5x	181.2	24.1
10x	124.2	40.8
50x	155.7	40.0
500x	214.6	32.4

*The DLS study* The size and zeta potential of the obtained complexes were analyzed using a Nano-ZS ZEN 3,600 (Malvern Instruments, UK). Experiments were carried out in the standard disposable capillary cells, DTS1061 at 25 °C using the obtained above polymer/pDNA complexes. Average values were calculated from at least ten runs. The obtained data are listed in Table 1.

### Preliminary Transfection Study

To evaluate the transfection efficiency of *tES*-ED-Arg(Me) and compare it with the transfection efficiency of polyethyleneimine (PEI, Mw 25KDa), we tested other commonly used insect cell lines such as S2, H5, and Sf9, as well as CHO cells. The insect cell lines were obtained from Life Technologies and routinely cultivated as describes above for S2 (see section [In Vitro Degradation Study](#)). Transfection of CHO cells were executed as described [41]. On the day of transfection, cells were centrifuged and resuspended in 10 ml of their respective

pre-warmed culture medium at the density of  $4 \times 10^4 + 6$  cells/mL for CHO, S2, and Sf9 cells and  $2 \times 10^6$  cells/ml for H5 in TubeSpin<sup>®</sup> bioreactor 50 tubes (TubeSpin; TPP, Trasadingen, Switzerland). For each culture, 300  $\mu$ L of DNA (pMYKEF1-EGFP-puro for CHO and pIEx-XEGFP for insect cells) [42] and 300  $\mu$ L of each of the polymer solutions above (to provide various WR polymer/pDNA) were mixed and incubated at room temperature for 30 min. The complexes were then added to the cells followed by incubation in the shaker at agitation speed of 180 rpm. The temperature and CO<sub>2</sub> concentration settings were as described above for CHO and insect cells, respectively. The percentage of transfected cells were measured at 2 days post-transfection using a Guava EasyCyte<sup>™</sup> flow cytometer. Results were from 5,000 cell counts.

## Discussion

For the synthesis of the new Arg-containing cationic polymer, we developed a two-steps/one-pot synthetic strategy depicted in Scheme 1. According to this new strategy, the epoxy-polyamide *t*ES-ED was synthesized by solution polycondensation of di-*p*-nitrophenyl-*trans*-epoxy succinate (*Nt*ES) with di-*p*-toluenesulfonic acid salt of ethylenediamine (ED · 2TosOH) using triethylamine (NEt<sub>3</sub>) as a *p*-toluenesulfonic acid acceptor. The epoxy-polymer formed at the first stage was interacted in situ with arginine methyl ester dihydrochloride (Arg(Me) · 2HCl) in the presence of NEt<sub>3</sub> resulting in the goal cationic polymer, poly(ethylene malamide) containing L-arginine methyl ester covalently attached to the macrochains in  $\beta$ -position of the malamide residues via  $\alpha$ -amino groups, designated as *t*ES-ED-Arg(Me).

This synthesis relies on our recent finding that di-*p*-nitrophenyl-*trans*-epoxy succinates after the solution polycondensation with fatty diamines or their di-*p*-toluenesulfonic acid salts resulted in high-molar-mass polymers, and the obtained epoxy-polymers interacted with mono-amines under mild conditions, leading to various functionalized derivatives [37]. In the case of ethylenediamine, we used di-*p*-toluenesulfonic acid salt instead of the liquid free base (m.p. 8 °C) since the solid salt is much more convenient to purify and to manipulate. The polycondensation was carried out in HMPT in which the polycondensation proceeded homogeneously unlike in other aprotic solvents like DMF, DMA, NMP, and DMSO, in which the intermediary *t*ES-ED is insoluble, and the reaction proceeded heterogeneously. The homogeneity of the reaction is important for the subsequent stage, the in situ interaction of *t*ES-ED with Arg(Me) · 2HCl resulted in the goal cationic polymer *t*ES-ED-Arg(Me). The new polymer showed excellent water solubility due to ionogenic guanidine and *sec*-amino groups, and neutral hydroxyl groups arose after the opening epoxy-cycle (Scheme 1).

The FT-IR spectrum of the *t*ES-ED-Arg(Me) after thorough dialysis showed two absorption bands (cm<sup>-1</sup>): 1743 (CO ester) and 1666 (CO amide), whereas in the FT-IR spectrum of the intermediate *t*ES-ED no absorption at 1743 was observed. This means that Arg-ester was covalently attached to the macrochains.

The FT-IR spectrum of Arg(Me) · 2HCl showed the ester CO absorption band at  $1743\text{ cm}^{-1}$  as well. In other words, no change of the ester CO absorption band of Arg(Me) · 2HCl was observed after the attachment to the polymer chains. This allowed to use the mixtures *t*ES-ED/Arg(Me) · 2HCl for calibration purposes and quantitative determination of the degree of transformation of *t*ES-ED. The ratio  $D_{1743}/D_{1666}$  versus the content of Arg(Me) · 2HCl (in mol %) in the mixture is given in Fig. 1. The degree of transformation of *t*ES-ED into *t*ES-ED-Arg(Me) determined by this calibration curve was about 75 %.

The HPLC molar mass determination revealed that the obtained *t*ES-ED-Arg(Me) has a rather high molar mass of  $M_w = 19.4\text{ kg/mol}$ . The MM of this polymer was also determined by DLS within the concentration range of 10–20 mg/mL and was found as 21.6 kg/mol, which coincides well with the HPLC measurement.

The in vitro biodegradation of *t*ES-ED-Arg(Me) was performed at 37 °C in 0.25 M acetate buffer with pH 4.5 within the concentration range of 0.5–2.5 mg/mL and was monitored by DLS. At lower concentrations, the apparent MM determined by DLS was too high (130 kg/mol) due to polyelectrolyte effects. However, this range of concentration was found to be useful to monitor the biodegradation. According to the study performed, the cationic polymer *t*ES-ED-Arg(Me) was subjected to degradation under the given conditions, as it was expected taking into account that the polymer contains vicinal amide groups, which support the hydrolysis of each other in acidic medium owing to the anchimeric assistance [36].

The formation of nanocomplexes between the new cationic polymer *t*ES-ED-Arg(Me) and pDNA was studied using both gel retardation and DNase I digestion assays, and DLS. The results of the gel retardation assay given in Fig. 4 shows that the tested *t*ES-ED-Arg(Me) was able to bind pDNA and thus retarded DNA mobility during electrophoresis. A high binding potential of *t*ES-ED-Arg(Me) was expected due to Arg-residues, the concentration of which in the polymeric chains is high enough owing to a short elemental link. This assumption was confirmed by the formation of the complexes at rather low polymer/pDNA weight ratio (5x).

The complex formation was evaluated also by the digestion of a protective shield formed by the new cationic polymer *t*ES-ED-Arg(Me) around plasmid DNA. The data given in Fig. 5 shows the protective shield for pDNA, was achieved even at polymer/pDNA ratio of 10x WR.

The DLS study shows that the complexes formed after binding the polymer with pDNA are in the nanometer range (124–215 nm) (Table 1) and their zeta potential ( $\zeta$ ) is within of 24–41 mV that means the complexes are stable. The smaller complexes were formed at polymer/pDNA WR 10x.

To evaluate the transfection efficiency of *t*ES-ED-Arg(Me), cellular uptake of polymer/pDNA (pMYKEF1-EGFP-puro and pIEx-XEGFP) complexes at various WR was studied. For a comparative study, the well-known transfection agent poly(ethyleneimine) (PEI,  $M_w = 25\text{ kg/mol}$ ) was used. The transfection efficiency was examined with several cell lines including Mammalian cells CHO and Insect cells S2, H5, and Sf9. The study was done under a protocol optimal for PEI. Under

**Table 2** Transfection efficiency of *t*ES-ED-Arg(Me) versus PEI with various cell lines

Cells	<i>t</i> ES-ED-Arg(Me)		PEI	
	Polymer/pDNA WR	Transfected cells (%)	Polymer/pDNA WR	Transfected cells (%)
CHO	12.5x	1.7	5x	63.0
S2	10.0x	2.0	2x	51.3
H5	100.0x	4.6	3x	54.3
Sf9	60.0x	5.6	1.5x	16.6

these conditions, transfection efficiency study with *t*ES-ED-Arg(Me) showed the results given in Table 2. It is visible that the transfection efficiency of the new cationic polymer is not as high as the efficiency of PEI. That could be ascribed to the transcription protocol that might be not optimal for *t*ES-ED-Arg(Me). The optimization of the transfection protocol as well as further modification of the new Arg-containing polymer is in progress. We plan also to study the antibacterial activity of *t*ES-ED-Arg(Me) and related cationic polymers obtained via the one-pot synthetic strategy developed.

## Conclusions

The developed new two-stage/one-pot synthetic strategy yielded the new Arg-containing cationic polymer *t*ES-ED-Arg(Me) of relatively high molar mass, which showed high water solubility, lack of cytotoxicity and formed nanocomplexes with pDNA at low weight ratios, 5–10x. These results were confirmed by gel retardation and DNase I digestion assays, as well as dynamic light scattering studies. The complexes were rather small in size (124–214 nm) and had positive zeta potentials (24–41 mV). The added value of the cationic polymer obtained via the new scheme is its biodegradability, since biodegradable transfection agents that will be cleared from the body after their function is fulfilled, are of special interest. So far, the new polymer showed weak transfection efficiency. It is suggested that this can be improved under optimal conditions. It is anticipated that the polymer will be a much more perfect and effective carrier for intracellular gene delivery compared to the existing cationic polymers such as PEI, poly(L-lysine), poly(arginine). Better cationic polymers are also promising, for example, as bactericidal agents, surfactants, or additives to biodegradable scaffolds for cell cloning.

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# Neuroinvasive and Neurotropic Human Respiratory Coronaviruses: Potential Neurovirulent Agents in Humans

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**Abstract** In humans, viral infections of the respiratory tract are a leading cause of morbidity and mortality worldwide. Several recognized respiratory viral agents have a neuroinvasive capacity since they can spread from the respiratory tract to the central nervous system (CNS). Once there, infection of CNS cells (neurotropism) could lead to human health problems, such as encephalitis and long-term neurological diseases. Among the various respiratory viruses, coronaviruses are important pathogens of humans and animals. Human Coronaviruses (HCoV) usually infect the upper respiratory tract, where they are mainly associated with common colds. However, in more vulnerable populations, such as newborns, infants, the elderly, and immune-compromised individuals, they can also affect the lower respiratory tract, leading to pneumonia, exacerbations of asthma, respiratory distress syndrome, or even severe acute respiratory syndrome (SARS). The respiratory involvement of HCoV has been clearly established since the 1960s. In addition, for almost three decades now, the scientific literature has also demonstrated that HCoV are neuroinvasive and neurotropic and could induce an over-activation of the immune system, in part by participating in the activation of autoreactive immune cells that could be associated with autoimmunity in susceptible individuals. Furthermore, it was shown that in the murine CNS, neurons are the main target of infection, which causes these essential cells to undergo degeneration and eventually die by some form of programmed cell death after virus infection. Moreover, it appears that the viral surface glycoprotein (S) represents an important factor in the neurodegenerative process. Given all these properties, it has been suggested that these recognized human respiratory

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pathogens could be associated with the triggering or the exacerbation of neurological diseases for which the etiology remains unknown or poorly understood.

**Keywords** Respiratory viral infection • Coronavirus • Neuroinvasion • CNS infection • Neurological diseases

## Introduction

Viral infections of the respiratory tract represent a major problem for human and animal health around the world. These respiratory infections induce the most common illnesses [1] and are a leading cause of morbidity and mortality in humans worldwide, especially children, the elderly, and immune-compromised individuals [2–4]. On a statistical basis, children represent a highly susceptible group, as they may experience multiple infections each year until they reach the age of 10 [5]. Respiratory viral infections also represent an economic threat for agriculture, especially in cattle, swine, and poultry production. The idea that viruses can cause respiratory tract infections has been demonstrated since the early 1930s [2]. Nevertheless, with the help of modern diagnostic tools, a significant number of new respiratory viruses have been discovered since the beginning of the twenty-first century and it is estimated that there are about 200 antigenically distinct viruses able to cause infection of the respiratory tract, especially in infants and children [6]. In fact, it is now believed that viruses cause 95 % of respiratory diseases in children and infants, and about 30–40 % in the elderly [2].

Although the airway epithelial cells in the respiratory tract represent a first line of defense against pathogens, they can be targeted by several different respiratory viruses that can infect them as a way to penetrate the human host. Several infections are self-limited and the infection remains local as the virus is cleared by the immune system in the respiratory tract with minimal clinical consequences. However, in some circumstances, viruses can avoid the immune response and cause more severe respiratory diseases [1] or even spread to other tissues, including the central nervous system (CNS), where they could induce other types of pathologies [7].

## Neuroinvasive and Neurotropic Viruses: Associated Neuropathologies

Over the years, the CNS has been shown to represent a frequent site of viral infection. Using different routes of entry, several different viruses, including respiratory pathogens, have been shown to be able to penetrate the CNS (neuroinvasion), where they can infect neurons and glial cells (neurotropism) and possibly

induce or participate in the induction of neurological diseases (neurovirulence) [8]. In humans, a long list of viruses possess these “neuroproperties” and infection often leads to acute encephalitis, which can be fatal depending on virus tropism [9]. Rabies virus [10], herpes simplex virus (HSV) [11], and arthropod-borne flaviviruses [12] can induce encephalitis in humans. Chronic human neurological diseases may also be linked to viral infection. In acquired immunodeficiency syndrome (AIDS) dementia and related disorders, human immunodeficiency virus (HIV) induces neurodegeneration [13], which can result in motor dysfunctions and possibly cognitive impairments [14]. Progressive multifocal leukoencephalopathy (PML) is a human demyelinating disease [15] where prolonged immunosuppression leads to reactivation of latent polyoma JC virus (JCV) [16]. Subacute sclerosing panencephalitis (SSPE), a progressive fatal neurological disease, is caused by CNS persistence of measles virus [17]. Human T-cell lymphotropic virus (HTLV-1) causes progressive tropical spastic paraparesis/HTLV-1-associated myelopathy (PTSP/HAM) in 1–2 % of infected individuals [18] and HSV-1 and human herpes virus 6 (HHV-6) were proposed to cause or exacerbate Alzheimer’s disease (AD) [19].

As mentioned above, respiratory viral agents also have the capacity to invade the CNS where they will infect resident cells and potentially be neurovirulent in inducing a neuropathology. Several of these recognized respiratory pathogens can gain access to the CNS, where they can eventually cause health problems in humans.

## **Respiratory Viruses with Neuroinvasive and Neurotropic Properties: Associated Neuropathologies**

Respiratory syncytial virus (RSV), the most common pathogen to cause lower respiratory tract infection in infants worldwide [20], is one such neuroinvasive respiratory agent that has been detected in the cerebrospinal fluid (CSF) of patients [21, 22] and that was associated with convulsions [23], febrile seizures, and encephalitis [24]. Furthermore, it was recently shown that RSV can spread from the airways to the CNS in mice after intranasal inoculation, and that it induces behavioral and cognitive impairments [25].

Measles virus (MV) from the *Paramyxoviridae* family is another common virus that causes a disease of the respiratory airways associated with fever, cough, and congestion. However, MV infection also induces other symptoms including a characteristic rash and Koplik’s spots [26] in the oral mucosa. One of two most important sequelae associated with MV infection is immunosuppression, which facilitates infection by opportunistic bacteria or parasites that can lead to pneumonia or diarrhea. A second type of rare but significant sequelae is long-term CNS disease [26]. Postinfectious encephalomyelitis (PIE) or acute disseminated encephalomyelitis (ADEM) occurs in 1 of 1,000 measles cases in children and adolescents. Measles inclusion body encephalitis (MIBE) is a second CNS

complication that can arise after a MV infection in immune-compromised patients. Finally, subacute sclerosing panencephalitis (SSPE) is a third form of CNS disease associated with MV infection. It is a slow progressive neurological disease that appears 6–10 years after infection in about 4–11 cases per 100,000 cases of measles (for review see [27]).

Hendra virus (HeV) and Nipah virus (NiV) are two members of the genus Henipavirus (HNV), also from the *Paramyxoviridae* family. They represent important emerging viruses that were discovered in the 1990s [28]. Fruit bats are the natural reservoir and both viruses can be transmitted to humans from intermediate reservoirs such as pigs and horses [29]. The HNV causes acute and severe respiratory disease in humans, including necrotizing alveolitis with hemorrhage, pulmonary edema, and pneumonia [28]. Neurological signs of pathology include confusion, motor deficits, seizures, febrile encephalitic syndrome, and reduced level of consciousness. Moreover, neuropsychiatric sequelae have been reported but it is not known whether postinfectious encephalomyelitis occurs following infection [29]. The use of animal models showed that the main route of entry into the CNS is the olfactory nerve [30].

Influenza virus comes in three types: A, B, and C. Types A and B cause the flu syndrome, characterized by chills, fever, headache, sore throat, and muscle pains [31], and are responsible for seasonal epidemics that affect 3–5 million humans, of which 250,000–500,000 cases are lethal each year [32]. Although influenza type C virus is less frequent in humans, it is also distributed around the world where it mainly infects infants and young children; most of the time infection results in mild upper respiratory tract illnesses. However, complications associated with lower respiratory tract infection do occur in children under 2 years of age [33, 34]. Human influenza A virus is of particular interest because of its capacity to recombine and rearrange with its avian and porcine counterparts to generate new emerging viruses that are introduced into the human population and that may lead to pandemic outbreaks associated with significant morbidity and mortality, as it was observed at least four times during the twentieth century and already once in the twenty-first century [32, 35]. Influenza virus type A is highly contagious and, even though most infections are localized to the upper respiratory tract, some more severe cases may result in pneumonia [36] and even complications involving the CNS [37]. Several studies have shown that influenza A can be associated with encephalitis, Reye's syndrome, febrile seizure, acute necrotizing encephalopathy, and possibly acute disseminated encephalomyelitis (ADEM) in humans [31, 38–41]. Making use of murine models, it has also been shown that influenza A virus could reach the CNS through the olfactory nerve route and alter hippocampal morphology or expression of synaptic regulatory genes while impairing cognition and emotional behavior [42, 43]. Influenza A virus was also described as a factor which may increase the risk of Parkinson's disease (PD) [37].

Among the different respiratory viruses, coronaviruses are important pathogens of humans and animals, causing a range of symptoms, including in the CNS.

## Coronaviruses

Coronaviruses, a family of enveloped positive-stranded RNA viruses with a characteristic crown-shaped appearance, are widespread in nature and can infect several different species [44], in which they cause mainly respiratory and enteric pathologies, with neurotropic and neuroinvasive properties in various hosts including humans, cats, pigs, rodents, and fowl [45–48].

They are taxonomically grouped in the family *Coronaviridae*, within the order *Nidovirales*, and they are classified within four different genera, namely Alpha, Beta Gamma, and Deltacoronaviruses [49, 50]. They form a group of enveloped viruses that have the largest genome among RNA viruses. This non-segmented 30 kb positive single-stranded polyadenylated RNA possesses 4 or 5 genes encoding structural proteins (S, E, M, N; HE for the genus Betacoronaviruses) and several genes encoding non-structural proteins.

The spike protein (S) is a type-1 glycosylated transmembrane protein responsible for the recognition of the cellular receptor used by the virus to infect a susceptible cell. The envelope (E) protein is a small structural protein anchored in the viral envelope, and which has a role in the assembly of the virion; it appears to be responsible for the adequate curving of the viral envelope. The membrane (M) protein possesses three transmembrane domains and interacts with all the other structural viral proteins and therefore helps to shape and maintain the virion structure. The nucleocapsid (N) protein associates with the viral genome and plays an essential role in encapsidating it into a helical nucleocapsid within the viral particle. The hemagglutinin-esterase (HE) is only present in most species of the betacoronavirus genus. Like the S protein, it is a transmembrane protein which forms homodimers and which interacts with different types of sialic acid, associated with an apparent role in hemagglutination. It also possesses an acetyl-esterase function, which may be important early during infection or during the release of viral particles from the infected cells at the end of the replication cycle of the betacoronaviruses [48].

### ***Animal Coronaviruses: Pathogens of the Respiratory Tract and the Central Nervous System***

As mentioned above, coronaviruses are widespread in nature and can infect several different animal species, in which very often they are both respiratory and enteric pathogens. Although several animal coronaviruses induce severe enteric diseases, they also often reach the respiratory tract, where they can be associated with mild to severe diseases. Some examples of coronaviruses that can infect livestock or poultry, in which they have a respiratory tropism, are transmissible gastrointestinal virus (TGEV) and its associated S protein deletion mutant: porcine respiratory coronavirus (PRCoV) and porcine hemagglutinating encephalitis virus (PHEV),

which infect swine; bovine coronavirus (BCoV), which infects cattle; and infectious bronchitis virus (IBV), which infects chicken [51]. Several of these animal coronaviruses cause severe economic burden to poultry, swine, and cattle industries worldwide. Other animal coronaviruses that have a respiratory tropism are feline coronavirus (FCoV); canine respiratory coronavirus (CRCoV); and bat CoV, which infects the bat species *Miniopterus* [51].

Among the respiratory animal coronaviruses, FCoV and PHEV have been associated with neurological diseases. Neurological symptoms may occur in cats infected with a highly virulent FCoV variant, designated FIPV [52, 53]. Neurological disease appears partially immune-mediated and may result in uncontrolled secretion of cytokines [54] that leads to diverse pathological manifestations including meningitis [55] and even spinal cord involvement [56]. Furthermore, there is often a small amount of infectious FCoV present in brain tissue [52]. The PHEV was isolated from the brains of suckling pigs suffering from encephalomyelitis several years ago in Canada [57] and the disease could be reproduced experimentally in piglets following intranasal inoculation [58]. After oronasal infection, it was shown that the virus first infects epithelial cells of the respiratory tract and small intestine and, using retrograde neuronal spreading via peripheral nerves, was able to enter the CNS [59]. More recently, the neuroinvasiveness and neurotropism of the virus were again demonstrated in a murine model, where PHEV induced a poor inflammatory reaction in the CNS and infected cells showed no cytopathological changes [60].

The last, but not the least, example of another animal coronavirus, i.e., neuroinvasive, neurotropic, and neurovirulent, is mouse hepatitis virus (MHV). This virus is a subspecies of the species murine coronavirus (MuCoV) [49], which represents a collection of viral strains with different tropism, including respiratory for the MHV-1 strain, and neurotropic for the MHV-JHM and MHV-A59 strains. In susceptible mice, these two latter strains of MHV induce a demyelinating disease that resemble human multiple sclerosis (MS) [61].

Coronaviruses are all molecularly related in structure and mode of replication [62]. Therefore, the close structural and biological relatedness of HCoV to the neurotropic animal coronaviruses has led to speculation about possible involvement of HCoV in neurological diseases. Till now, no clear specific association has ever been made between coronaviruses and any known human neuropathology. However, HCoV-229E and HCoV-OC43 [63–66], as well as SARS-CoV [67, 68], were shown to be neuroinvasive and neurotropic.

### ***Human Coronaviruses: Respiratory Pathogens***

Human coronaviruses (HCoV) usually infect the upper respiratory tract, where they are mainly associated with common colds. However, in more vulnerable populations such as newborns, infants, the elderly, and immune-compromised individuals, they can also reach the lower respiratory tract, where they could

instead be associated with pneumonia, exacerbations of asthma, respiratory distress syndrome or even severe acute respiratory syndrome (SARS) [44, 69].

Ever since their discovery in the late 1960s, coronaviruses able to infect humans were neglected by the international medical community. However, when a variant emerged from animals in Southeast Asia to cause the first pandemic of the twenty-first century: the severe acute respiratory syndrome or SARS, these apparently innocuous viruses suddenly became “more interesting.” Indeed, the 2002–2003 SARS pandemic was caused by a coronavirus variant that appears to have emerged from a bat reservoir to infect palm civets, sold live in open markets, which served as intermediate reservoirs before crossing into humans. Moreover in the fall of 2012, 10 years after the SARS episode, the World Health Organization (WHO) warned the international medical community, that a SARS-like disease affected individuals that traveled from the Arabian Peninsula to the United Kingdom, which may indicate a possible resurgence of SARS. However, using molecular sequencing, it was rapidly shown that this new respiratory coronavirus was genetically different from SARS-CoV, underlining the importance of a molecular approach in making a viral diagnostic. It is now recognized that the new epidemic is caused by a new coronavirus from the genus Betacoronavirus that was first named HCoV-EMC (for Human Coronavirus—Erasmus Medical Center), human betacoronavirus 2c, and nCoV or nCoV (for novel Coronavirus), and that is now known under the official name MERS-CoV: the Middle-East Respiratory Syndrome Coronavirus [50]. As of August 30, 2013, WHO indicated that the MERS-CoV has spread to eight different countries, where 108 laboratory-confirmed cases of individuals have been identified as infected by the MERS-CoV, with 50 deaths [70].

Although coronaviruses that infect humans are mainly recognized respiratory pathogens, as they usually first target respiratory and mucosal surfaces, infectious particles, antigens or RNA, were detected in other tissues than the respiratory tract, including the CNS.

### ***Human Coronaviruses in the CNS***

The detection of HCoV RNA in human brain samples clearly demonstrates that these respiratory pathogens are naturally neuroinvasive in humans and suggests that they establish a persistent infection in human CNS [63]. Furthermore, we have shown that these viruses are able to establish a persistent infection in human cells representative of the CNS [64, 65] and that HCoV-OC43 RNA could be detected for at least a year in the CNS of infected mice that survived the virus-induced acute encephalitis [71]. Therefore, an apparently innocuous human respiratory pathogen may persist in the human CNS as a component of what is proposed to be a «viral flora» of the brain, like HSV in a large proportion of the population. It would therefore be possible that such a persistent infection may become a factor or cofactor of neuropathogenesis in genetically or otherwise predisposed individuals.

Human coronaviruses were first isolated in the mid-1960s from patients with upper respiratory tract disease [72]. Until the end of the twentieth century, only two serological groups, represented by strains OC43 and 229E, were known to infect humans and they were recognized as respiratory pathogens responsible for up to 30 % of common colds [72]. Over the last 10 years, SARS has generated renewed interest in coronaviruses that led to the discovery of new coronaviruses that can infect humans: SARS-CoV [73, 74], HCoV-NL63 [75], HCoV-HKU1 [76] and MERS-CoV [77]. Among these six coronaviruses, at least HCoV-229E and HCoV-OC43, as well as SARS-CoV, possess neuroinvasive properties as viral RNA [63] or infectious virus [67, 68] can be detected in human brains.

To our knowledge, there exist no reports on the detection of HCoV-HKU1, HCoV-NL63, and MERS-CoV in the human CNS. On the other hand, neurological symptoms have been described in association with both HCoV-HKU1 and HCoV-NL63 [78] and a recent report, which evaluated MERS-CoV cell tropism, suggest that, among several cell lines representative of different tissues and organs, this virus seems to be able to infect the neuron-committed human cell line NT2 [79].

### **Possible Mechanisms of Neuroinvasiveness**

Viruses may enter the CNS through two distinct routes: hematogenous dissemination or neuronal retrograde dissemination. Hematogenous spread involves the presence of a given virus in the bloodstream and retrograde viral spread toward the CNS occurs when a given virus infects neurons in the periphery and uses the transport machinery within those cells to gain access to the CNS [80].

In order to be neuroinvasive, viruses such as HCoV-229E, HCoV-OC43, and SARS-CoV may use both entry routes from the periphery. The hematogenous route involves the presence of a given virus in the blood, where it can either remain free for a period of time before it can infect the endothelial cells of the blood–brain-barrier (BBB), or infect leukocytes that will become some sort of viral reservoir for dissemination to other sites. Both situations occur during HIV infection of the CNS. Indeed, HIV-infected leukocytes that migrate through the BBB (called the Trojan horse [81]), is one of the route of spread, and direct infection of endothelial cells of the BBB is also possible even though the viral replication is at a low level [82].

Infection of human monocytes/macrophages by HCoV-229E and HCoV-OC43 was reported [83, 84] and infection by HCoV-229E of murine dendritic cells expressing the human aminopeptidase N [85] suggests that human coronaviruses may use these cells to disseminate to other tissues, including the CNS, where they could be associated with other type of pathologies. SARS-CoV was also shown to be able to infect human monocytes/macrophages [68, 86]. Moreover, monocyte-derived dendritic cells are also susceptible to infection by SARS-CoV [87].

Human primary monocytes are activated following infection by HCoV-229E [83]. Since they eventually become macrophages as they invade tissues, this activation suggests that HCoV-229E-infected monocytes would serve to facilitate

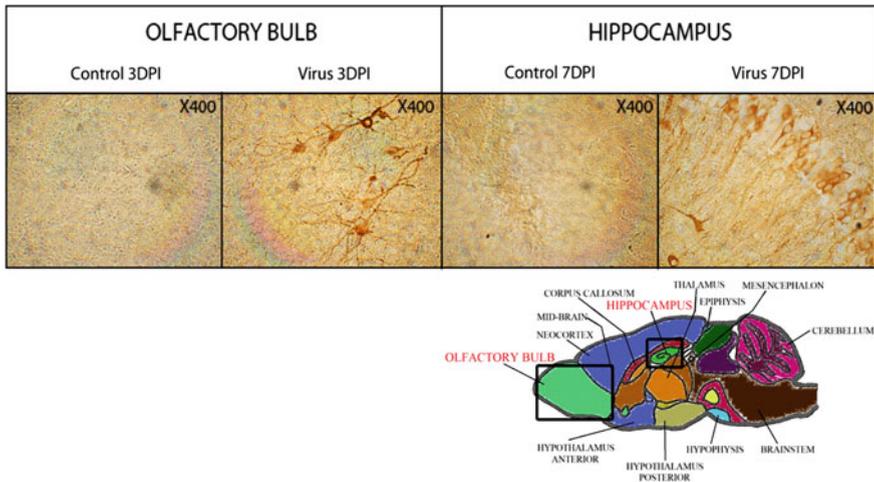
their passage toward other tissues including the CNS, especially in immune-compromised individuals, as this was observed for murine cytomegalovirus (MCMV) [88]. The fact that HCoV-229E could only infect partially immune-compromised transgenic mice [89] suggests that HCoV-229E could take advantage of an immune-suppressed environment and disseminate to the CNS within susceptible individuals. The establishment of a persistent infection in a human leukocytic cell line [83] is also consistent with the possibility that monocytes/macrophages serve as a reservoir and vector for this neuroinvasive HCoV [63]. The SARS-CoV also infects monocytes/macrophages [68, 86] and dendritic cells, in which it modulates innate immunity [87]. These cells could also serve as a reservoir for the virus to reach and maintain itself in the CNS. Our results indicate that HCoV could also infect human endothelial cells of the BBB in culture (unpublished data) and it has been speculated that SARS-CoV could do the same after viremia [90]. Therefore, the neuroinvasive HCoV could use the hematogenous route to penetrate into the CNS.

The second form of any viral spread toward CNS is through neuronal dissemination, where a given virus infects neurons in periphery and uses the machinery of active transport within those cells in order to gain access to the CNS [80]. After an intranasal infection, both HCoV-OC43 [91] and SARS-CoV [92] were shown to infect the lungs in mice and to be neuroinvasive as HCoV-OC43 [93, 94] and SARS-CoV [95] were detected in the CNS of susceptible mice. Therefore, these two coronaviruses may use both the hematogenous and trans-neuronal route toward the CNS.

Furthermore, as shown in Fig. 1, once in the brain, HCoV-OC43 can disseminate from the olfactory bulb to the cortex and we have previously shown that it could also reach the medulla, while the cerebellum remained almost uninfected. The hippocampus represents another specific structure infected by HCoV-OC43 in the brain (Fig. 1) and once in this region of the brain, the virus appears to spread by a transneuronal route before it eventually reaches the spinal cord [48].

### **Mechanisms of HCoV-Induced Neurodegeneration and Programmed Cell Death: Possible Associated Neuropathologies**

Neuroinvasive viruses can damage the CNS as a result of misdirected host immune responses (virus-induced neuroimmunopathology) and/or viral replication, which directly induces damage to CNS cells (virus-induced neuropathology). In acute encephalitis, viral replication occurs in the brain tissue itself, possibly causing destructive lesions of the gray matter [47]. As mentioned above (Section “[Neuroinvasive and Neurotropic Viruses: Associated Neuropathologies](#)”), chronic human neurological diseases may also be linked to viral infection. However, in several cases of these chronic diseases, it is difficult to ascertain a role for any given virus, in part due to the difficulty of establishing the time at which these viruses become involved. Also, the four Koch’s postulates for disease induction dictate whether a particular infectious agent causes a specific disease [96].



**Fig. 1** Illustration of the transneuronal route used by HCoV-OC43 for neuroinvasion and dissemination into the central nervous system. The *left panel* shows the olfactory bulb area, either mock-infected (control) or HCoV-OC43-infected (virus) at 3 days postinfection (DPI). The *right panel* shows the hippocampus, either mock-infected (control) or HCoV-OC43-infected (virus) at 7 days postinfection (DPI). In both regions of the brain, neurons are the target of infection. Magnification is 400X

However, several viral infections, especially slow viral infections related to diseases that are rare manifestations of an infection, represent situations where Koch's postulate should be modified to better adapt to the situation [97, 98]. A series of new criteria, adapted from Sir Austin Bradford Hill's criteria for causation [98], has been elaborated by Giovannoni and collaborators [99] and should replace Koch's postulates when one wants to evaluate the relevance of any given virus in relation to MS etiology [99] or any other long-term human neurological diseases potentially related to a viral infection as well, including infection by human coronaviruses.

### Possible Coronavirus-Induced Neuroimmunopathology

The presence of HCoV-229E and HCoV-OC43 was detected in various neurological diseases in humans, including PD and MS [63] and ADEM [100].

Multiple sclerosis truly represents a human neurological disease where an infectious agent or agents may play a triggering role, with viruses the most likely culprit in genetically predisposed individuals [101]. There is a presumption that several neurotropic viruses could be involved in MS pathogenesis but that they may do so through similar direct and/or indirect mechanisms [102–105]. However, research has not yet led to a direct link to any specific virus or other microbes with MS. Association of coronaviruses with MS was suggested in numerous reports that

**Table 1** Detection of viral RNA in brain samples and of cross-reactive T-cell clones between myelin and HCoV antigens in control and MS patients

	Gender	HCoV-OC43	HCOV-229E	Both		
Normal controls	Male	4(19)	9(19)	4(19)		
	Female	1(5)	2(5)	0(5)		
AD, PD, ALS and OND	Male	2(13)	6(13)	2(13)		
	Female	1(13)	3(13)	0(13)		
Multiple Sclerosis	Male	7(20)	11 (20)	5(20)		
	Female	7(19)	9(19)	6(19)		
<i>T cell clones</i>	<i>Monospecific</i>		<i>Cross reactive</i>			
	HCoV	Myelin	229E	OC43	MBP	PLP
Normal controls n = 6	28	7	0	0	0	0
Multiple Sclerosis n=32	114	31	4	2	2	2

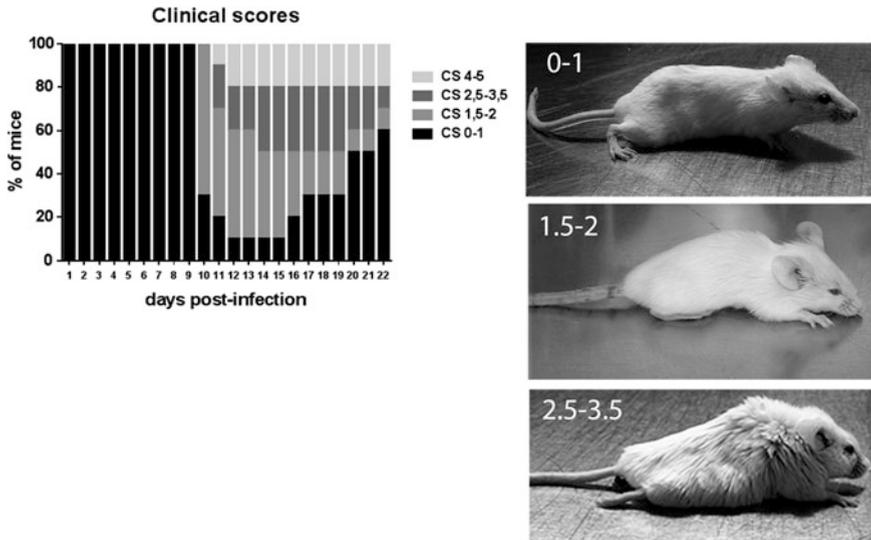
Adapted from Arbour et al. [63] and Boucher et al. [108]

Numbers in the *upper portion* indicate the number of individuals positive for viral RNA and numbers in *parenthesis* indicate the total number of individuals tested

Numbers in the *lower portion* indicate the number of T-cell clones obtained. Monospecific describes clones that react against a single antigen and cross reactive describes clones that react both with HCoV and myelin antigens

are reviewed elsewhere [48]. One of these reports demonstrated a significant association of colds with MS exacerbations and a significant association of HCoV-229E infection in MS patients [106] and another report on the association of viral infections and MS [107] commented that seasonal HCoV infection patterns do fit the observed occurrence of MS exacerbations. Furthermore, the case of these human coronaviruses in the CNS may represent a new example where the traditional Koch's postulates should be replaced by the previously cited adapted Hill's criteria [99].

More than a decade ago, we experimentally confirmed that HCoV-OC43 and HCoV-229E were naturally neuroinvasive in humans. Although viruses were also detected in some control brains, there was a significantly higher prevalence of HCoV-OC43 in brains of MS patients [63]. Moreover, these data, in association with the observation that autoreactive T-cells recognized both viral and myelin antigens in MS patients but not in controls [108, 109] during infection by HCoV-OC43 and HCoV-229E, suggest that the immune response may participate in the induction or exacerbation of neuropathologies such as MS in genetically or otherwise susceptible individuals (data summarized in Table 1). Furthermore, even though the use of the immunosuppressive drug cyclosporin A in HCoV-OC43-infected mice resulted in a faster onset of encephalitis, suggesting a role for T-cells in viral clearance and survival with no related immunopathology [71], it was shown that in recombination activation gene (RAG) knock-out mice, HCoV-OC43-induced encephalitis could be partially mediated by the T-cell response to infection [93]. The participation of different types of T-cells has been shown to play a significant role in the demyelinating neurological disease induced by the



**Fig. 2** Evaluation of the clinical scores (CS) related to motor dysfunctions (paralysis) of HCoV-OC43 infected mice. The *left panel* shows the percentage of mice observed at each of the different degree of motor dysfunctions over the course of infection, from 0 to 21 days postinfection. The CS were established according to a scale based on the recognized experimental allergic encephalitis (EAE) model (0–1 normal mouse with no clinical signs; 1.5–2 partial hind-limb paralysis, with a walk close to ground level; 2.5–3.5 complete hind-limb paralysis, and 4–5 moribund state or death). The *right panels* are a representation of mice at each stage of paralysis

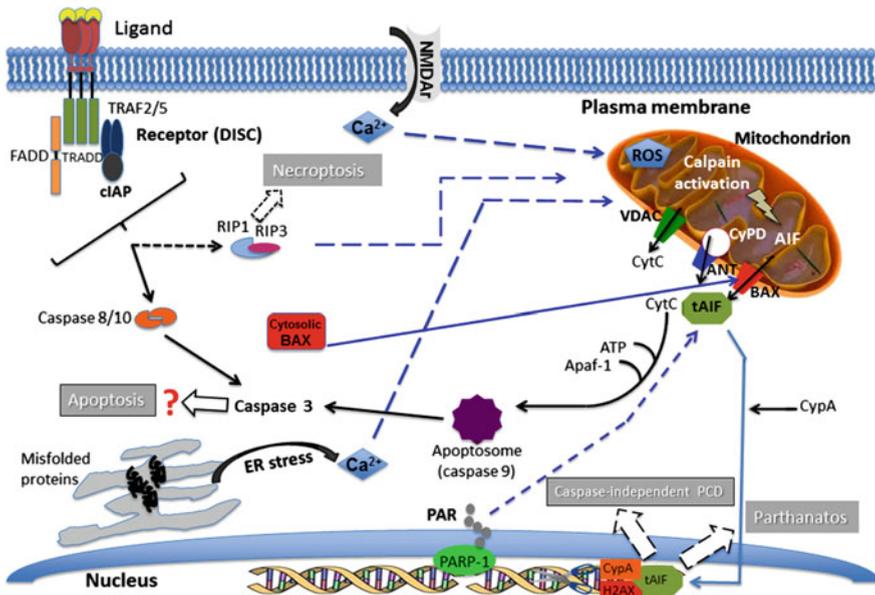
murine CoV, in particular for strain MHV-JHM [110], which represents the murine counterpart of HCoV-OC43.

More recently, making use of another mouse model, we showed that HCoV-OC43 induced immune cell infiltration and cytokine production in mouse CNS and that this response was significantly higher after infection by variants which harbor point mutations in the viral surface glycoprotein (S) [111]. Importantly, these S point mutations were acquired after persistent infections of human neural cell lines [112]. Moreover, we also showed that infection by the S mutants is linked to glutamate excitotoxicity [113]. Therefore, as this increase in cytokine production may induce damages to the neurons [114] that can be associated with problems in glutamate homeostasis, which in the end may create glutamate excitotoxicity [115], it can contribute to neuronal degeneration associated with hind-limb paralysis, as illustrated in Fig. 2, and possible demyelination [111, 113]. The outcome of the observed degeneration of neurons may eventually lead to the death of these essential cells.

As previously mentioned, infection of neurons by itself may also participate in the process of cell death by directly generating a cytotoxic insult related to viral replication and/or to the induction of different cell death pathways.

## Direct Viral-Induced Neuropathology

When present in the murine CNS, HCoV-OC43 infects neurons in several different regions of the brain [48] (Fig. 1) before reaching the spinal cord. Infection of these essential cells induces their degeneration [111, 113], as observed by aberrant state of neurofilament phosphorylation, a situation that often leads to cell death and that could be directly induced by viral replication. Furthermore, using two model cell lines of differentiated human neurons, we demonstrated that programmed cell death (PCD) was induced after HCoV-OC43 infection [116, 117] and that the inhibition of viral replication was also in direct correlation with increased cell survival, suggesting that infection and production of new infectious viruses directly participate in the process of degeneration and eventual death of neurons. Our results indicate that the underlying mechanisms appear to involve different cellular factors and pathways, including caspase-independent apoptosis, parthanatos, and necroptosis, three forms of programmed cell death (PCD), which are reviewed elsewhere by the Nomenclature Committee on Cell Death (NCCD) [118]. These cell death pathways can act separately but may also interact in response to a stimulus (including a viral infection), as they share some of the cellular factors involved in the overall process that leads to cell death and that often converges toward mitochondria [118]. Figure 3 is a tentative representation of the various pathways and cellular factors involved during HCoV-OC43-induced PCD of infected neurons. It is based on our data [111, 113, 116, 117] and on the scientific literature that describes some molecular pathways (parthanatos, necroptosis and apoptosis) and cellular factors, including calcium overload, endoplasmic reticulum (ER) stress, excitotoxicity, poly(ADP-ribose) polymerase (PARP), calpain and oxidative stress related to the formation of reactive oxygen species (ROS) involved in mitochondrial dysfunction, and eventual neurodegeneration and neuronal cell death [118–120]. Virus–cell interaction is always important in the regulation of cell response to infection. For HCoV-OC43, we clearly showed that the viral S glycoprotein is an important factor of neurovirulence and neurodegeneration of infected cells [111, 113, 116]. This was similarly shown for coronavirus strains MHV-A59 and MHV-JHM, which represent sub-species of the MuCoV species, the murine counterpart of HCoV-OC43 as they are both members of the Betacoronavirus genus. Indeed, several reports and reviews have, over the years, described that S protein of this neuroinvasive and neurotropic murine coronavirus is a major factor associated with neurovirulence during encephalitis and the eventual demyelinating disease in susceptible mice [121, 122]. Our more recent data also demonstrated that the HE protein is an important factor for the production of infectious HCoV-OC43, suggesting an attenuation of the eventual spread of viruses deficient in fully active HE protein into the CNS [123]. Therefore, as the infection of neuronal cells apparently directly participate in the induction of neuronal death, by abrogating the production of infectious virus, the HE protein of HCoV-OC43 could play a role in neurovirulence of HCoV-OC43, like it does for MHV [124].



**Fig. 3** Pathways of neuronal degeneration and cell death induced by HCoV-OC43 infection. Several cellular factors that regulate various mechanisms are activated in response to infection, which leads to programmed cell death (PCD). (1) Hallmarks of apoptosis, including relocalization of the activated pro-apoptotic protein BAX (Bcl-2 associated protein X) from the cytosol to the mitochondrial membrane, cytochrome C release from mitochondria toward the cytosol, DNA fragmentation, and activation of caspases -3 and -9, are observed during infection of human neurons. However, using a pan-caspase inhibitor (Z-VAD-fmk), cell death is not abrogated after infection, suggesting a caspase-independent type of apoptosis. (2) Relocalization of the mitochondrial protein AIF (apoptosis-inducing factor) toward the nucleus (tAIF) is observed after infection and participates in DNA fragmentation in conjunction with CypA (cyclophilin A) and histone H2AX. The AIF is known to be activated during caspase-independent apoptosis. However, AIF is also involved in Parthanatos, another form of PCD potentially associated with neurodegeneration. As they are synthesized by the poly(ADP-ribose) polymerase (PARP) during a neuronal stress, including during HCoV-OC43 infection, polymers of ADP-ribose (PAR) may relocalize toward mitochondria and participate in the activation and relocalization of AIF toward the cytosol before it reaches the nucleus. Cyclophilin D (CypD) inhibition decreases AIF release from mitochondria and abrogates cell death induced by infection. (3) AIF release from mitochondria may be induced through its truncation (tAIF) by activated calpain, which is usually activated by a rise in the mitochondrial calcium concentration. (4) This increase in calcium concentration may be linked with either an important entry from the extracellular milieu (for instance during excitotoxicity) or with a release of calcium from the endoplasmic reticulum (ER) following induction of ER stress. Both situations are probably taking place after infection of neurons by HCoV-OC43. The increase in calcium concentration in mitochondria may also induce production of reactive oxygen species (ROS) that can be harmful for mitochondria and hence neurons. (5) The presence during infection of an inhibitor (Nec-1) of the receptor interacting protein kinase-1 (RIP-1), significantly increases cell survival and partially abrogates viral replication, suggesting that necroptosis, a third form of PCD which involves RIP-1 and RIP-3 downstream of the tumor necrosis factor (TNF) receptor family (in the form of the death-inducing signaling complex (DISC)), may play a role in HCoV-OC43-induced neuronal death. Solid arrows indicate experimental data and dashed arrows represent possible pathways based on the current literature (see text for details)

As mentioned above, SARS-CoV is also neuroinvasive and neurotropic in humans [67, 68] and it could therefore be associated with the development of a neurological disease. Furthermore, the involvement of SARS-CoV in CNS infections was underscored by the findings that made use of transgenic mouse models expressing the human angiotensin-converting enzyme-2 (the cellular receptor used by SARS-CoV to infect susceptible cells). Indeed, using these mice, it was shown that SARS-CoV could invade the CNS after an intranasal infection primarily through the olfactory bulb [95] or even after an intraperitoneal infection [125], with concomitant neuronal loss [95, 125]; a phenomenon that can eventually lead to neurological problems.

## Conclusions and Significance

The presence of coronaviruses in the human central nervous system is now a recognized fact as they appear to be part of a viral flora of the brain, with potential neuropathological consequences in genetically or otherwise susceptible individuals, with or without additional environmental insults. Knowledge of mechanisms and consequences of virus interactions with the nervous system is essential to better understand potentially pathological consequences and design intervention strategies that are appropriate to encephalitis or exacerbations of other types of neurological diseases for which a given virus is involved. In that regard, Hill's criteria adapted by Giovannoni and collaborators may represent a highly relevant tool to evaluate the relevance of human coronaviruses as a factor which will influence the development and/or exacerbation of a chronic human neurological disease potentially related to a viral infection. Therefore, collecting new data will be instrumental to our understanding of how the ubiquitous human coronaviruses, given the proper susceptibility conditions and proper virus evolution and infection conditions, could participate in the induction or exacerbation of human neuropathologies.

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# Bacteriophages as Potential Treatment Option for Antibiotic Resistant Bacteria

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**Abstract** The world is facing an ever-increasing problem with antibiotic resistant bacteria and we are rapidly heading for a post-antibiotic era. There is an urgent need to investigate alternative treatment options while there are still a few antibiotics left. Bacteriophages are viruses that specifically target bacteria. Before the development of antibiotics, some efforts were made to use bacteriophages as a treatment option, but most of this research stopped soon after the discovery of antibiotics. There are two different replication options which bacteriophages employ. These are the lytic and lysogenic life cycles. Both these life cycles have potential as treatment options. There are various advantages and disadvantages to the use of bacteriophages as treatment options. The main advantage is the specificity of bacteriophages and treatments can be designed to specifically target pathogenic bacteria while not negatively affecting the normal microbiota. There are various advantages to this. However, the high level of specificity also creates potential problems, the main being the requirement of highly specific diagnostic procedures. Another potential problem with phage therapy includes the development of immunity and limitations with the registration of phage therapy options. The latter is driving research toward the expression of phage genes which break the bacterial cell wall, which could then be used as a treatment option. Various aspects of phage therapy have been investigated in studies undertaken by our research group. We have investigated specificity of phages to various avian pathogenic *E. coli* isolates. Furthermore, the exciting NanoSAM technology has been employed to investigate bacteriophage replication and aspects of this will be discussed.

**Keywords** Bacteriophage · Therapy · Antibiotic resistance · *Escherichia coli* · NanoSAM

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## Increasing Problems with Antibiotic Resistance

The world is facing an ever-increasing problem with antibiotic resistance. This was one of the main underlying themes of the First International Conference on Infectious Diseases and Nanomedicine, which was held in Nepal in December 2012 [1]. The impact of this increased antibiotic resistance and the ban of the use of antibiotics in animal production have been covered in this issue [2] and also in other chapters in this issue.

In 1947, researchers first recognized antibiotic resistant bacteria when penicillin resistance was found in *Staphylococcus aureus*. By the 1960s, this antibiotic resistance had become widespread and clinically significant [3]. In 1996, some bacteria were reported to show resistance against third generation antibiotics such as cephalosporin and vancomycin [4]. The multiple antibiotic resistant bacteria of the 1990s are a possible sign of an impending post-antibiotic era, which poses a threat to human and animal health in the future.

As we are moving toward a post-antibiotic era, alternative methods for the control of bacterial diseases need to be investigated. There are a few potential alternatives which need to be more fully investigated. Improvement of biosecurity is one such option and this has been covered elsewhere in this issue [2].

Another option is the use of bacteriophages, which is the main subject of this chapter.

An ideal therapy to cure bacterial diseases must be highly effective while having no toxic effects to the host. Bacteriophages have shown no toxic effects in hosts, except for some rare, reversible allergic reactions and high success rates have been reported [4].

## Review on Bacteriophages

Bacteriophages are the most abundantly available biomass on earth outnumbering prokaryotes by approximately tenfold in number [5]. They are viruses that recognize and target bacterial cells in order to replicate. The International Committee for Taxonomy of Viruses classifies viruses into three orders, 61 families, and 241 genera of which bacteriophages are included in the order Caudovirales consisting of 13 families and 30 genera [6]. Bacteriophages have capsid protein heads which carry and protect the genomic material of the viruses. The genomic material can vary in size, arrangement (circular, linear or segmented), and structure (ssDNA, dsDNA, ssRNA, dsRNA) depending on the virus [7]. Bacteriophages have been instrumental in the investigation and subsequent understanding of various molecular concepts.

The first reported discovery of bacteriophages was by Ernest Hankin who reported antibacterial activity against *Vibrio cholerae* in the Ganges and Jumna rivers, India, in 1896, which he described as a phenomenon caused by an unknown substance [8]. A British pathologist, Frederick William Twort, later observed

bacteriophages in 1915 in London [6]. In 1917 a French Canadian, Fèlix Hubert d'Hèrelle, working in Paris, observed the lysis of *Shigella* cells in a broth culture. Twort did not pursue his discovery, but d'Hèrelle did. This led to d'Herelle naming the virus "bacteriophage," which is a combination of "bacteria" and "pagein," which means, "to eat" in Greek. d'Herelle later used the bacteriophages to treat dysentery which was the first reported therapeutic use of bacteriophages.

Bacteriophages are highly host specific and will only attack specific strains depending on the bacteriophage used and the target proteins which facilitate adhesion to the bacterial host. If the normal microbiota is not targeted, as in an ideal therapy, the normal microbiota will be able to compete successfully with other potential pathogens. This is not the case during antibiotic treatment during which normal microbiota and nonresistant pathogens are destroyed simultaneously.

Bacteriophages recognize their host through specific receptors on the bacterial host cell. After attachment, the genetic material of the bacteriophage is injected into the host. Once the phage genetic material is intracytosolic, it can either integrate into the host genome or remain as unintegrated extragenomic genetic material. The former life cycle is lysogenic while the latter is lytic. Virulent phages follow a lytic life cycle and take over the host's replicative mechanisms with the aim of successfully producing multiple copies of mature virus particles and ultimately lysing the host cell. Temperate phages revert to lysogeny and integrate into the host genome until they are induced into a lytic life cycle via mutagenic stress. They are also more host specific than are virulent ones as they are limited to the host in which they are integrated.

What has been revealed about the two potential life cycles of bacteriophages, as illustrated by our understanding of phage  $\lambda$  is the importance of the bistable genetic switch. At a glance, this switch comprises a repressor gene and Cro, *cI*, and *cro*, respectively, which are found next to each other [9, 10]. The presence of high amounts of the repressor protein CI allows the bacteriophage to remain inactive within the host cell, effectively resulting in a lysogen, i.e., the integration and maintenance of the bacteriophage nucleic acid within the host in the form of a prophage. In a detailed view of this switch, there are promoter regions and operator regions that are specific for the control of transcription for both *cI* and *cro* [9–11]. The promoter  $P_R$  aligns RNA polymerase to transcribe *cro*, while the  $P_{RM}$  promoter aligns it to transcribe *cI* [9]. The simplicity and elegance of this biswitch lies in the ability of both repressor and Cro to bind to the operator  $O_R$  which consists of  $O_{R1}$ ,  $O_{R2}$ , and  $O_{R3}$  [9]. This operator partly covers both the  $P_R$  and  $P_{RM}$  region. Upon the binding of repressor to  $O_{R1}$  and  $O_{R2}$ , RNA polymerase binds and begins transcription at  $P_{RM}$  effectively transcribing *cI*. Upon a high concentration of repressor being present in the cell, it will eventually bind to  $O_{R3}$  which has the weakest binding affinity for it. This shuts down  $P_{RM}$  and RNA polymerase is then inhibited from attaching to this region and transcribing *cI*, which is autoregulation that prevents the switch from producing unnecessary amounts of repressor. The level of repressor that is present within a lysogen is usually constant which effectively keeps the prophage integrated.

However, if the host DNA is damaged in the presence of a stimulating inducer such as ultraviolet irradiation, RecA, a bacterial protein, begins to cleave the repressor protein [9, 10]. RecA's function in the cell is to repair and maintain DNA and it is biochemically linked to repressor LexA which represses the bacterial SOS response mechanism [9, 12]. Once DNA is damaged and in need of repair, RecA assists in the cleavage of LexA which allows for the SOS response to begin and its genes to be transcribed. Since LexA and the  $\lambda$  repressor CI are structurally similar to one another, RecA also cleaves the latter when DNA is damaged [9–12]. This action releases the repressor from  $O_R$  and allows RNA polymerase to transcribe *cro* starting from  $P_R$ . Cro is converse to the repressor in that its highest binding affinity is for  $O_R3$  which results in the repression of CI transcription. Thereafter, it will bind to  $O_R2$  and then  $O_R1$  with the accumulation of Cro at high concentrations. This too is an autoregulating negative feedback mechanism of the cell in preventing the unnecessary and excessive production of Cro. A study indicated that Cro strongly represses the  $P_{RM}$  and in this way converts the lysogenic state into a lytic one [13]. The function that Cro has in the cell is to ensure that this move from lysogeny to lysis transits efficiently and it is not necessary for the lytic state itself.

The bacteriophage–bacterial host liaison is an evolutionary relationship where resistance against bacteriophage attack is possible. In the same way that bacteria develop resistance against antibiotics, they also develop resistance to bacteriophages. Some methods that the host cell may employ include restriction digestion of the foreign phage DNA upon injection into the cell. The use of the CRISPR (clustered regularly interspersed palindromic repeats) via complementary binding to the phage DNA or subsequent RNA strands, effectively limiting replication. Another method is abortive infection that essentially destroys the infected host cell before bacteriophage virions are produced and in this way arrests the bacteriophage infection from spreading to surrounding healthy cells [14]. However, it has been shown that the bacterial host cell is able to revert to a susceptible state after a number of passages [15] which emphasizes the nature of bacteriophages as a sustainable tool to be used against bacterial infections.

## Review on Phage Therapy

With the discovery and development of antibiotics, research on bacteriophage therapy declined, although in 1970, the Society of Friends of Felix d'Herelle, was founded to continue bacteriophage research [3]. In 1980, Dr. Stefan Slopek and his colleagues in Wroclaw, Poland, started clinical trials to treat patients infected with antibiotic resistant bacteria with bacteriophages. Other countries, like the former Soviet Union, continued research on bacteriophages and continued using them to treat serious bacterial infections which were resistant to antibiotics [3]. However, Western researchers continued with their research on antibiotic development after the discovery of antibiotics in 1928 [8].

One of the main disadvantages of the use of antibiotics is the ever-increasing problem with antibiotic resistance. One of the main advantages of the use of bacteriophages for the control of bacterial diseases is that the problems with resistance to bacteriophages are far less of a concern than the resistance to antibiotics. There are various reasons for this. First, it has been hypothesized that bacteriophages naturally evolved alongside their host bacteria [16]. Therefore, if a bacterium develops resistance to a bacteriophage, the bacteriophages could adapt through mutation and evolve to once again infect the resistant bacterium. Second, there are countless varieties of bacteriophages everywhere in the environment. If a particular bacterium develops resistance to one bacteriophage, there is a strong possibility that other bacteriophages could still infect that bacterium. With antibiotics, the number of different antibiotics is limited and it is not a trivial matter to find a new antibiotic if a bacterium develops resistance to the antibiotics.

Another advantage of bacteriophage therapy is that it has been demonstrated that when administered intravenously, bacteriophages can be found in nearly all organs [17] which is ideal when treating localized infections in different parts of the body. This is an advantage when compared to some antibiotics, which only reach certain and specific organs during treatment [17]. Injection of bacteriophages is not a suitable option in the poultry industry, due to the large number of birds involved, but it demonstrates that if the bacteriophages are capable of reaching the blood stream, they should reach all the organs.

Another major advantage of bacteriophage therapy is that bacteriophages quickly reproduce during the lytic life cycle, growing exponentially in number [18]. On average, bacteriophages can release approximately 100 new bacteriophages per lytic infection cycle which takes about 25 min in the bacteriophage T4's life cycle [19]. If each of the bacteriophages successfully infects a bacterium, there will be 0.1 billion bacteriophages after the fourth cycle. This allows for highly effective therapy, even if the administered dosage is low. This is a great advantage over antibiotic therapies since phage therapy is self-replicating, unlike the fixed dose of antibiotics used in treatment. Antibiotics can also cause fatal allergic reactions and can have severe side effects. Bacteriophages are nontoxic and have low occurrences of fully reversible allergic reactions, making therapy with bacteriophages very safe [3].

Bacteriophage treatments have the potential to be highly effective and an ideal therapy for bacterial infection, but there are drawbacks which need to be accounted for during the development and testing of the therapy.

## **Investigations into the Use of Phage Therapy for the Poultry Industry**

Our research group has isolated various phages with varying specificity with the hope of selecting bacteriophages which are specific against avian pathogenic *E. coli* (APEC). The specificity of the isolated phages has been evaluated against a collection of avian pathogenic and nonpathogenic *E. coli* strains. The results of these specificity tests can be seen in Table 1.

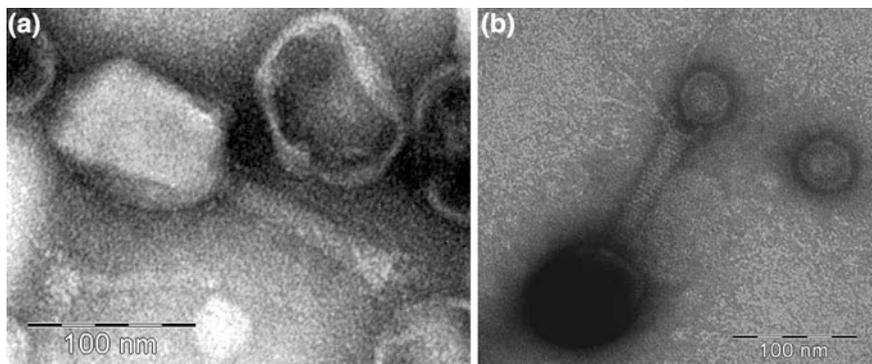
**Table 1** Bacteriophages' (Row 2) specificity profiles against various *E. coli* strains (Column 1). An "x" indicates the ability of the phage to lyse the appropriate strain of *E. coli*. The *last row* shows the total number of *E. coli* strains each bacteriophage is able to lyse. The *final column* shows the number of bacteriophages which are able to lyse each *E. coli* strain

Strains	Phages										Vir. Gene Total/18	Amount of phages lysing <i>E. coli</i> strain
	K12p	1080p	B98p	B98(3)p	1323p	1323p (3)p	B771p	B771(3)p	Zim11.6p	25922p		
WCD1	x		x		x				x		12	4
WCD2	x			x	x						12	2
WCD3	x		x		x				x		7	4
K12	x	x	X		x		x		x		5	7
O18	x	x	X		x		x		x		6	9
87					x		x		x		3	2
O142 /O125							x				5	2
O157:H7	x				x				x		6	3
172	x						x				5	3
214	x		x		x		x		x		5	6
25922	x				x		x		x		11	5
cos <sup>f</sup>											16	1
ExEgg											5	0
104	x	x	X		x		x		x		5	9
B98			X				x				12	5
31P	x	x	X		x		x		x		16	7
76					x		x		x		7	3

(continued)

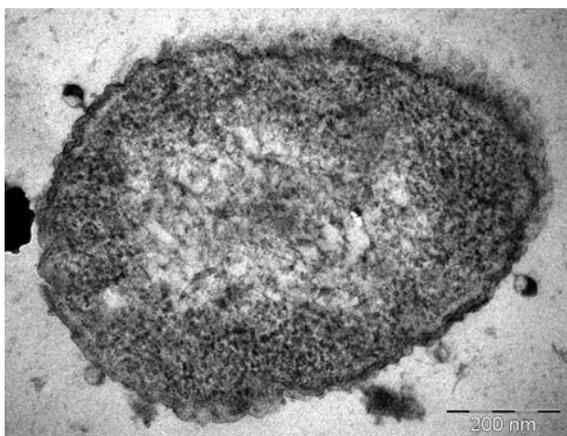
**Table 1** (continued)

Strains	Phages								Vir. Gene Total/18	Amount of phages lysing <i>E. coli</i> strain
	K12p	I080p	B98p	B98(3)p	I323p (3)p	B771p	B771(3)p	Zim11.6p		
B771						x	x		13	2
B841	x	x				x	x		16	5
I080				x					15	0
I304				x	x	x	x		17	4
I323		x		x	x	x	x		17	4
B1634						x			15	1
Zim11.6				x				x	6	2
Amount of <i>E. coli</i> strains lysed by phage	<b>5</b>	<b>13</b>	<b>5</b>	<b>6</b>	<b>6</b>	<b>16</b>	<b>15</b>	<b>1</b>	<b>8</b>	



**Fig. 1** Two TEM micrographs (a, b) of a T-even bacteriophage, designated B771p, negatively stained on a carbon-coated formvar-layered copper grid

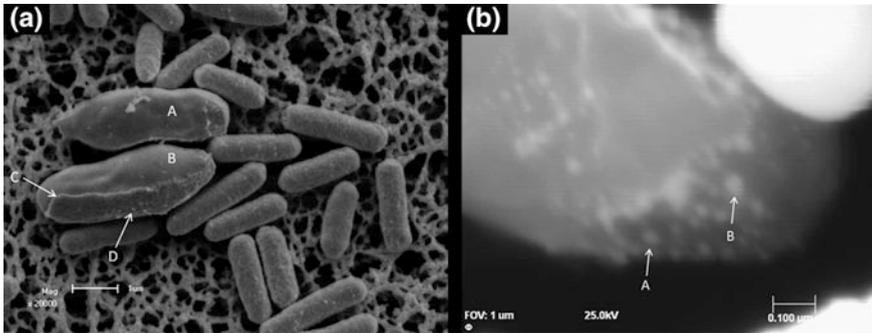
**Fig. 2** TEM micrograph of a section of sample embedded in epoxy (captured at 130 000x magnification) shows P4-like bacteriophages adhered to an *E. coli* cell on a formvar-layered copper grid



Transmission Electron Microscopy (TEM) was performed alongside molecular methods to classify the isolated bacteriophages (Figs. 1, 2), however this is an on-going process as more bacteriophages are isolated and added to our bacteriophage-library.

Bacteriophage screening was performed on APEC strains which virulence profiles have been determined [20]. From this information, bacteriophages can be selected which specificity profiles show higher specificity to APEC strains and more importantly, determining which bacteriophages can be used to lyse all known APEC strains in our collection. The future work will include challenging chickens with APEC and administering bacteriophages with the aim of treating and preventing infections.

As mentioned previously, our group has made use of NanoSAM technology on bacteriophages. NanoSAM technology has been reviewed in this issue [21].



**Fig. 3** SEM micrographs of *E. coli* cells which have been exposed to bacteriophage. **a** Enlarged cells were observed (cells *A* and *B*) and cell wall tearing is indicated by arrow *C*. Arrow *D* shows a protuberance suspected to be a bacteriophage. **b** An enlarged *E. coli* cell as in *A* which was subjected to Argon etching in the NanoSAM. Arrows *A* and *B* show protuberances that are suspected bacteriophages inside the cell, which have been exposed through the etching process

The NanoSAM was used in an investigation of the replication cycle of a P4-like bacteriophage which leads to the enlargement of *E. coli* cells [22]. In the study, scanning electron microscopy was used to observe these enlarged cells, and the Argon-ion gun of the NanoSAM was used to etch the surface of these enlarged cells to expose the bacteriophages present inside the cell (Fig. 3). Bacteriophage-like structures were found in these cells which prove to be much more resilient to etching in comparison to normal-sized cells.

## Induction of Lysogenic Phages as Possible Candidates for Highly Specific Phage Therapy

Based on the relevance of phage therapy and the added benefit of bacteriophage–host specificity, part of our study involved detection and induction of prophages from lysogens. The interest behind this focus point was the aim of finding bacteriophages that are highly specific for a single host as opposed to a host range that consisted of several strains of a species. As the microbial community that lines the colon is made up of 30 genera and several hundred species besides [23], the more specific a treatment is for a particular pathogen the more effective it is. The microbial lining of the large intestine is important for health and contains beneficial and opportunistic microorganisms that lower the chance of pathogens from attaching and causing disease. Therefore, targeting specific pathogenic bacteria as a treatment while leaving the general microbiota unharmed would be useful. The most specific bacteriophages are the temperate ones which are integrated into the host genome as they are closely linked with the host for survival. As opposed to highly virulent bacteriophages, the temperate bacteriophages are proposed as being stringent for their host cells. Therefore, it was hypothesized that temperate

bacteriophages would be the ideal candidate for highly host specific treatment of bacterial infection with an aim of targeting Avian Pathogenic *Escherichia coli* (APEC).

For this study, the *cro* and *cI* genes of  $\lambda$  phage were identified and primers designed on these genes were used in PCR to target and screen for the presence of these genes. The reason for this is because they encode for Cro and CI that play very important roles in the ability of the prophage to enter into a lytic life cycle. Without the presence of these, especially Cro, it is highly unlikely that the prophage will be able to become lytic. From the *E. coli* collection at our laboratory, 31 isolates containing both APECs and non-APECs were screened for the presence of Cro and CI. Of these, there were some strains that were positive for *cro* or *cI* and others that screened positive for both of the genes which was an indication that there were either lambdoid prophages or remnants of prophages present. Those that were identified as having both of the genes present were further used in induction studies in order to try and induce the bacteriophages into a lytic cycle. Methods of induction included shortwave UV, heat, and mitomycin C induction. All three induction methods were done over various ranges. For the UV induction study, a range of different exposure times was used. For the heat induction, a range of 40–60 °C was used and for the mitomycin C induction, a combination range of pH and mitomycin C concentration was used. Using the agar overlay method, there were some plaques that were visible after induction using UV and mitomycin C, but not with heat induction. However, the plaques could only be processed up to a maximum of three passages before they were not visible anymore. Furthermore, induction of the strains of *E. coli* using the same induction parameters often did not yield bacteriophage plaques again. This made the progress of the study difficult as the reproducibility of the experiments was unreliable. Although further work into the project will continue, we are currently approaching the viability of phage therapy from another angle with the investigation into and production of bacteriophage endolysins.

## **Identification of Bacteriophages in *Avibacterium paragallinarum***

*Avibacterium paragallinarum* is a bacterium which causes infectious coryza in poultry. This disease results in a drop in egg production which can be as high as 40 %. This bacterium can have a very serious economic impact in the layer industry.

Vaccine development against this disease is dependent on the correct identification of the different serovars of the bacterium as there is no cross protection between the different serovars [24].

There are limitations on the use of antibiotics for control of this disease in laying birds, as once the birds are placed onto antibiotics, the eggs should not be

sold for human consumption until the end of the antibiotic withdrawal periods which are prescribed by most of the antibiotics currently available for use in layer chickens.

The use of bacteriophages as a potential treatment option for infectious coryza holds much promise. Prophage sequences have been found in other members of the *Pasteurellaceae* family. Therefore, it is likely that there might be prophages present in the different *A. paragallinarum* serotypes. The family *Pasteurellaceae* includes the *Haemophilus*, *Actinobacillus*, *Pasteurella*, and *Mannheimia* genera of bacteria, which causes a variety of diseases in humans and animals [25]. At least two prophages have been found in *Mannheimia haemolytica*. Both these prophages encode several Mu orthologs [26]. Studies conducted by Froshauer et al. [27] indicate that the antibiotic danofloxacin could induce a prophage in a serotype A1 isolate of *M. haemolytica*.

There are numerous other reports of bacteriophages present in the *Pasteurellaceae* family [28–32]. These prophages include the following; the genomes of two phages HP1 and HP2 isolated from *H. influenzae* have been sequenced and both are members of the P2 family of temperate bacteriophages [28]. Also the complete genome of a lambdoid temperate bacteriophage was reported to be found in *Actinobacillus actinomycetemcomitans* [29]. There has also been a Mu-like prophage identified within the genome of the *H. influenzae* Rd strain [30] and HP1-like sequences were also reported in *H. somnus* [31].

It has been shown that the presence of prophages has an effect on the virulence and pathogenicity of bacterial species. One such example is in the case of avirulent strains of *Corynebacterium diphtheriae* that is infected with a bacteriophage yielded virulent lysogens that produced the diphtheria toxin which causes diphtheria in humans [33]. Another example of this is the production of the scarlatina exotoxin by a temperate bacteriophage within the genome of non-toxicogenic streptococci [33, 34]. Therefore, the presence of prophages within the genome of *A. paragallinarum* might explain the difference virulence levels of the different serovars. According to work done by Roodt and co-workers [32], two complete prophages have been assembled for *A. paragallinarum* C-2 serovar. One of these prophages resembles a Mu-phage ( $\Phi$ AvpmuC-2M) and the other a HP2 phage ( $\Phi$ AvpC-2M-HP2) that are present in *H. influenzae*. It would be interesting to determine whether there are similar prophages present in the other serovars of *A. paragallinarum*.

The findings of these prophages in *A. paragallinarum* might also contribute to the understanding or explain the occurrence of different serotypes in this bacterium. This might also shed light on the existence of NAD<sup>+</sup>-independent *A. paragallinarum* strains. Both bacteriophages and plasmids have the capability to enhance the pathogenicity of microorganisms [35]. Thus, the appropriate mechanisms of the emergence of new and more virulent serovars might be provided by presence of these elements [35]. The presence of these phages can also serve as an alternative treatment option against IC in chickens.

## Conclusions

The use of bacteriophages for the treatment of bacterial diseases in a post-antibiotic era holds much promise. In order to fully evaluate the potential use of bacteriophages as a treatment option, it is essential that all aspects of the biology of the phages be fully understood. Our research group has been focusing on the use of bacteriophages for the treatment of bacterial diseases in the poultry industry. Specificity of lytic phages against *E. coli* has been studied. Efforts have also been made to induce lysogenic bacteriophages from *E. coli*. This approach met with some success, but it was found that the phages reverted to a lysogenic state after only a few passages. Lysogenic phages have also been identified in *A. paragalinarum* and attempts will be made to induce these phages.

As a result of the very level of specificity identified among the lytic phages, and the problems encountered with the stable induction of lysogenic phages, the emphasis of our research is now moving toward the expression of selected genes from bacteriophages in the hope that these expressed antigens can lyse bacterial cells.

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